DIETETIC EXCESSES.

How Some Case-Hardened Palates Are Tickled and Soothed.

In the Sinclair House restaurant the other morning, a guest was waiting for his breakfast at a table next to a reporter's. He poured some Worcestershire sauce into a tumbler, added as much water, and drank it off. Then he dumped half the contents of a full decanter of catsup on his plate and sopped it up with his bread. When the breakfast came the bread and catsup were all gone, so he ordered a fresh supply of the former, and soaked it in Worcestershire sauce to give it a flavor. "He does it every day," said the waiter, "but he eats a $1.50 breakfast. So I guess the house does not lose any thing. There's a good many cheap customers that's nearly as bad, though. Ketchup is what they most y go for and they go for it so heavy that we never have a bottle on the table and only bring it when it is asked for. Some are very fond of oil. I've seen a man dump a whole cruet of oil into his plate and soak his bread in it and eat it. Another one mixes vinegar with his water and soaks his bread in it. About the only things they let alone are the salt and pepper. Mustard and horse-radish they eat by the spoonful, and when cakes are in season they'll take a whole half-pint pitcher of sirup to a ten cent plate of wheats or flannels. We've got one customer who makes a drink for himself out of sirup, water and vinegar and drinks it before meal. He says it's good for his stomach. I'd like to know what his stomach's lined with." The physicians say that this craving for stimulating codiments and odd compounds is due to diseases of the stomach. Hard drinkers and dyspeptics are guilty of the most extraordinary excesses of this character. Cases are cited of men who make meals off bread and mustard, and the drinking of Worcestershire sauce is by no means uncommon. In Munich, where enormous quantities of beer are consumed, the heaviest drinkers, who absorb quarts a day, are constantly nibbling at raw turnips seasoned with salt and bread besmeared with mustard. The wine topers of France, Spain and Italy consume vast quantities of oil, often drinking a glass of it between a number of stoups of wine, whose intoxicating effects it is supposed to offset. In many Italian drinking-sho s in this city a bowl of peanut or cotton-seed oil is kept on the bar, with a dish heaped with cubes of sour bread made from damaged flour, by way of free lunch.—N. Y. News.

A "LOCOED" HORSE.

The Singular Effect of Eating a California Weed.

"Look out, that horse is locoed!" cried a driver, as a couple of policemen stepped up to help get his team out of the way of the cable cars, in front of the Flood building, on Market street.

The horse plunged wildly and struck savagely with his fore feet at every one within reach.

"Yes, he's locoed," assented another horseman, who went to his friend's assistance.

The harness was partly removed, and the horse was unhitched, but it was impossible to get him to move. He would do nothing but stand on his hind feet, and, using his hind feet as pile-drivers, tried to demolish all who came near him, at the same time snapping right and left like a vicious dog.

Four more policemen hastened to the spot, thinking that the two or three thousand people who had gathered betokened the beginning of a mob, or that a glove contest was going on in the street. Although earnestly urged by the crowd to do so, none of the policemen ventured to take hold of the horse.

"What do you mean by locoed?" demanded one of the bystanders, speaking to the driver.

The driver said: "In some portions of California a plant known as the loco weed is common, and when horses or cattle get it in their feet it drives them crazy. Sometimes they recover, but frequently they have to be shot. Loco has been confused with wild parsnip by many, though there is really no great resemblance. Wild parsnip is simply poisonous and is dangerous only to the animals that eat it. Loco, on the other hand, drives the animals into a frenzy, and people have frequently been killed by horses and cattle when thus affected."

The horse was finally crowded off the track by driving a heavy truck against him. He was then lassoed with strong ropes, and these being hitched to a dray, he was dragged bodily to his stable. The cars were stopped for several minutes.

When asked by a reporter where he supposed his horse got the loco weed, the driver said he supposed it was in some hay that was shipped here recently from a southern country.—San Francisco Examiner.

—It is no novelty to find vegetarians capable of long endurance of muscular exertion. In India, where the prevailing religion forbids the eating of flesh food, it is a constant subject of wonder and remark from all newly arrived English or Americans what extraordinary strength and tenacity of muscle is shown by the runners and porters there, who live on rice, and but little even of that.

—At High Ridge, near Stamford, Conn., there is a wife who is the mother of fourteen children, all living, and none of them twins. All but two live at home, and these two, catching the scarlet fever, went home to be nursed. They gave it to the other dozen, and the whole fourteen were sick at once, and medicine had to be mixed in pitchers and bread pans.

—Some Persian women smoke cigarettes made of tea.

—In England check-reins are now entirely out of use, being forbidden by law.

—The electric light is making great progress in Berlin, the number of lamps now in use there being about 25,000, against 850 at the end of 1886.

—The four pages of honor attached to the English court get $750 apiece, their only duty being to attend the drawing-room receptions du ng the winter season.

POLITICAL PRISONERS.

The Many Unusual Liberties and Favors They Enjoy in France.

In France, during the empire and now during the republic, political prisoners enjoy special and separate treatment. At Paris they are generally confined in the Ste. Pelagie prison. Here they occupy a wing apart from the rest of the jail, which is known as the Pavillon des Princes. It is a common saying that the Pavillon des Princes is the first stage on the road to a seat in the cabinet; and certainly, I should say, the majority of French ministers of state have at some time or another been imprisoned at Ste. Pelagie. Some few years ago I went to see M. Paul Lafargue, who was then confined in this prison under a sentence of six months. He had been guilty of some revolutionary speech, or had written a violent newspaper article. The prison bore the usual somber and threatening aspect. There were sentinels pacing up and down with bayonets fixed to their guns and jailers with great bunches of keys. After passing a long number of windows I was at last introduced into a large, lofty room. The first object that attracted my attention were a number of dolls, tin soldiers, and other toys that lay strewed on the floor. Then I noted a very handsome carved oak writing table with a comfortable arm chair. The table was covered with books and manuscripts. On the wall close by were numerous charts illustrating the fluctuations in the price of grain in different countries. "Yes," remarked M. Lafargue, noticing my look of astonishment, "I am studying the price of breadstuffs and all the social problems involved in the corn trade. It is a very important subject, and I hope to treat it in a series of articles." "But surely," I rejoined, "the prison authorities do not supply carved oak writing tables?" At this remark M. Lafargue fairly laughed. The prison furniture, he explained, was of the most modest character. A plain, but comfortable bed, with spring mattress, the simplest of tables, chairs and washstands. But, then, if a person was not satisfied he could always have his furniture brought to him from his own house, and could thus continue his studies and his work with considerable comfort. At this moment sounds of laughter were heard on the stairs, and two or three persons came bouncing in the room with loud exclamatins. These were other prisoners, all sentenced for some political offense. They were quite free to go into each other s rooms, and made a merry time of it. But this is not the only society the prisoners enjoy. There is hardly any restriction placed on the visits they receive from the outside. M. Lafargue had his wife and children to call on him every day, and it was his children's toys I noticed on the floor. Thus, in common with the other political prisoners, he was able to select what company, what books, what furniture suited him best. In respect to food, if the prison allowance was not to his taste, he could send out for any delicacy he might fancy. Then there were prisoners, common law offenders, who, as a reward for exceptionally good behavior, were allowed to go and offer their services to the political prisoners, to help to clean their rooms, cook their dinners, etc. Even all these indulgences, I was subsequently told, did not satisfy M. Lafargue. He found the daily exercise in the prison yard too monotonous, and therefore petitioned the Governor of the prison to grant him some variety; and nothing but the boulevards, with its trees, its throngs of gay, well-dressed people, and its brilliant cafes, could satisfy him. Consequently the governor of the prison ordered two jailers to put on civilian clothes and accompany M. Lafargue for a two hours' stroll on the boulevards. Followed by his two guardians M. Lafargue, I was told, went to his favorite cafe, drank an absinthe with his friends, and then walked quietly back to prison. Needless to say that when the six months' imprisonment were over M. Lafargue did not feel any the worse for the persecution he had endured. This did not prevent his claiming the honors of political martyrdom.—Paris Cor. Philadelphia Telegraph.

A Gain and Yet a Danger.

There is a gain, and there is added danger, in being well informed on almost every subject. The gain is obvious; for it is very pleasant to be able to speak promptly and with confidence on any topic which comes up for consideration or comment. The danger is none the less real for not being obvious. He who knows that he is generally well informed is liable to take it for granted that he is correct in his memory or in his impressions; and, in consequence, he is more likely to be in error than is the man who takes the precaution to look up the facts in each case before he passes upon it positively. No man can know so much that he is not the gainer by making sure that he is correct, at any and every point where there is a possibility of error in his recollections or in his opinions. Many an important discovery is made in important fields of research by men who are moved to their new investigation by a consciousness of their special ignorance in that direction. In every sphere it is true that he that thinketh he standeth should take heed lest he—slip.—S. S Times.

—A Norristown (Pa.) farmer, on making his nightly census of his nine sleeping children, to see that all was serene, found that one was missing. After a rigorous and exciting hunt of the house and neighborhood the lost one was discovered peacefully sleeping in the family wash-basket into which it had crept at play.

—It is the busy men who keep the world moving. It is the busy men who sustain society, and the busy men are the projectors of the progress and improvement. The lazy man is always full of trouble. He is never content with himself. He never succeeds. He has fault to find with every one but himself. Besides being a burden to himself, he is a pest to society; for when he is too lazy to earn for himself, he then begs for charity.

MARY JANE HAD HIM.

The Costly Experience of a Man Who Won't Be Caught Again.

"You kin read writin', I presume?" he querled, after we talked for a while on the weather, crops and other matters.

"I hope so," I replied.

"Wall, then, mebbe you'd like to read this. No pertickler interest to you, but it cost me six hundred dollars—that leetle scrap o' paper."

"It seems to be a receipt in full of all damages and accounts from Mary J. Lapham, of Blankville, County of Niagara and State of New York."

"That's what she is, stranger. Got it this forenoon after three months' hard work, and I'll be lam-slathered if I'm ever caught in that boat agin."

"Business transaction?"

"No—love. Paid her six hundred dollars in cold cash to settle a breach of promise suit. I feel as if a ten ton sand hill had been taken off my shoulders."

"Then, as I understand it," I remarked, "you and Mary were in love—engaged—and you broke your promise."

"Perzactly. Couldn't have hit it straighter. The trouble was I couldn't remember that I ever asked her to marry me. I kinder loved to pass away the time. Jist felt spooney, and so I spooned. Struck a girl after awhile whom I wanted to marry, and Mary Jane bobs up with a breach of promise—$20,000. Told her to whistle. Didn't believe she could prove any thing. Couldn't remember of writing her more than three letters. She whistled, Mary did. She also employed a lawyer to whistle. He came down and showed me fifty-two of my letters, every one spouting love as a whale spouts water."

"That was queer."

"I should smile! Hadn't the slightest recollection of them epistles, but they were mine, just the same, and, mor'n that, I'd signed the bulk of 'em 'Yours forever and ever, with ten thousand kisses.'"

"Then you had no defense."

"Not a shadder. I was ready to swear I'd never even hinted at marriage, but the lawyer had marked twenty-six different paragraphs reading: 'My angel one. Heaven designed you to be my wife. Set the day as soon as possible.' Mary J. had me agin. Then she had made affidavit of my hugging and squeezing and calling her pet names, and it was no use for me to stand out. Mortgaged my land and slipped down and cried and got a settlement."

"And it is a great moral lesson to you."

"You chuckle! It's a pause in my mad career as a lovist. It's a set-back to my loose ways of doing business. No gal on the face of this earth will ever git that sort of a bulge on me agin."

"But you have another love affair on hand."

"Jist so, but what have I done?" Taken a copy of every letter written, and done all our talking in front of the old man. More'n that, I've obliged the gal to give me a certificate every Saturday night that I haven't popped the question up to date. Kissed her once, but had two witnesses hid in the shed to see that it was a calm, brotherly kiss, and the only time I ever squoze her hand I put the date right down. Oh, no, they don't Mary Jane me agin—not for Joseph and all his relations.—N. Y. Sun.

Monkeys Raiding a Corn-Field.

When they get ready to start on their expedition an old monkey, the leader of the tribe, with a staff in his hand, so as to stand upright more easily, marches ahead on two legs, thus being more elevated than the others, so as to see signs of danger more readily. The rest follow him on all fours. The leader advances slowly and cautiously, carefully reconnoitering in all directions, till the party arrives at the corn-field. He then assigns the sentinels to their respective posts. All being now in readiness the rest of the tribe ravage and eat to their hearts' content. When they retire each one carries two or three ears of corn along, and from this provision the sentinels are regaled on their arrival at their lair. Here we see ability to rule and a willingness to submit to rule; a thoughtful preparation of means to the end in view and a recognition of the rights of the sentinels to be suitably rewarded at the close of the expedition. Wherein does all this differ from a similar foray of a tribe of savage men? The only difference that really exists is in degree; otherwise it is much the same.—Popular Science Monthly.

—The Johns Hopkins Hospital was formally opened in Baltimore recently. It is said to be the most richly endowed, largest and best institution of the kind in the world. It is open to the poor as well as to the rich. It cost $2,000,000, and the seventeen buildings, with one or two exceptions, are connected by covered passages. Telephones connect the different apartments, and every thing about the institution is wonderfully complete. There are buildings for physicians, nurses and students, as well as for patients and contagious diseases. The lecture-room for clinical instruction will accommodate 250 students.

Make the hills for lima beans very rich. Fine compost is the best material, but manure is also excellent. The point is to use plenty of it as the pods fill out very slowly if there is a deficiency of available plant food in the soil.

—The progress of the age is nowhere more strikingly exhibited than in these two occurrences: The Maharaja of Judhpore has ordered two of his ministers to discuss with an assembly of notables the advisability of abolishing polygamy. Again, on April 20 a public meeting was held in Madrid, presided over by the conservative leader, Canovas del Castillo, for the purpose of establishing a Spanish society for the abolition of negro slavery. The promoter of the movement is Don Luis Sorela, a friend and disciple of Cardinal Lavigerie.

Consumption Surely Cured.

TO THE EDITOR:—Please inform your readers that I have a positive remedy for the above named disease. By its timely use thousands of hopeless cases have been permanently cured. I shall be glad to send two bottles of my remedy FREE to any of your readers who have consumption if they will send me their express and postoffice address. Respectfully,

T. A. SLOCUM, M. C., 181 Pearl st., New York.

Now I have a sheep and a cow everybody bids me good morning.

There is a man in our town
And he is very wise, sir.
When e'er he doesn't feel just right
One remedy he tries, sir.
It's just the thing to take in spring
The blood to purify,
He tells his friends, and nothing else
Is he induced to try
because, having taken Dr. Pierces Golden Medical Discovery to cleanse his system, tone it up, and enrich the blood, and finding that it always produces the desired result, he considers that he would be foolish to experiment with anything else. His motto is, "Prove all things and hold fast to that which is good." That's why he pins his faith to the "Golden Medical Discovery."

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A 10c. smoke for 5c.—"Tansill's Punch."

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I was taken with sharp pains in the lower part of my bowels in the region of the bladder. Shortly blood appeared mixed with my urine and a few weeks later I had an attack of gravel. I tried a number of doctors. One said it was gravel, another inflamation of the bladder, and another stone in kidneys. For three months I was under the care of an eminent doctor at Albany, but constantly growing worse, went home to die. At this time I was induced to try Dr. David Kennedy's Favorite Remedy, of Rondout, N. Y., and am now robust and strong. A remedy which can do this for one so near death as I was should be known everywhere. I hope this statement will cause others afflicted as I was to use the Remedy. C. W. Brown, Petersburgh, N. Y.
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