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Geo. E. Peoples

"Emotional Outbursts."

We give below a paper by Miss Ellen N. Beamis, teacher of the 7th and 8th grades in our public school, entitled "Emotional Outbursts," which was read at the meeting of the Coquille Public School Improvement League, held on the 6th inst, and should be read by all pupils of the higher grades, as well as the patrons of the school:

"The importance and necessity of controlling emotional outbursts must always appeal to any one who has had much experience with humanity. The control or absence of control of the emotions must always bring much quiet and happiness, or quite the reverse to every individual and those with whom he is associated.

"Before attempting to speak of the management of outbursts in the young, it is necessary first to consider some of the causes which produce the all too common ebullitions of feeling, which in many cases because of neglect become habits which are sorely distressing to the unfortunate possessor.

One of the most perplexing problems which confronts every parent or teacher is that of attempting to teach the child to control his emotions. A very young child cries lustily and often as nature intended he should to relieve his nerves, exercise his lungs and increase the power of his circulation. As the first of several years pass he cries less often, but with increasing energy and vehemence, dependant in a great degree on the restraint and discipline or lack of these in the home training.

"In this connection it may be interesting to note that it is said the discipline of Susannah Wesley, the mother of the great preachers, was so perfect that after the age of one year, her children were never known to cry aloud. From nine until thirteen the normal, healthy child who has reasonable parental control is generally a content follower of his elders, and is so largely occupied with the concrete world and its manifold attractions that his own emotions seem in a degree to be subordinated to his intense preoccupation in this direction.

"From thirteen years to eighteen and twenty, or during the adolescent period of life of which it is the purpose of this paper to deal particularly, the individual is passing through a very critical stage of existence and is often the victim of varying and conflicting emotions. The rapid increase in stature and weight seems to exert a remarkable influence on the nervous and muscular systems. The muscles of the larynx are so adjusted that articulation becomes difficult while the voice is undergoing a transformation. The muscles of the body are not under control and the individual leans on some near by object when standing, and lolls when sitting. The physical system is rapidly changing and the nervous system is in much the same state of growth and transition. The brain rapidly increases in weight and the mind is conscious of added power in every fibre.

"Under these conditions of brain and body the individual who is now entering a new world emerging, as it were, from the chrysalis into the butterfly, is decidedly emotional and usually impatient of restraint. The emotions strive for control and bursts of joy are usually followed by equally strong bursts of anger or excessive sorrow. The emotional laughing of the young girl so generally termed "giggling" or "tittering" is a familiar example. Never again in life will occurrences be so excruciatingly funny to her.

"Only those who have observed closely know how nearly this laughter borders on tears. Hysteria may then be very easily developed in sensitive highly wrought natures. Inherited blood diseases generally make their appearance in early adolescence.

"Since the emotions are so alert at this stage, the opposite sexes begin to attract each other, sometimes to the total exclusion of things temporal, or things spiritual. The love emotion often predominates to such an extent that the individuals

are so completely absorbed in each other that their minds seem incapable of any effort. At least one year of the adolescent stage is usually devoted to the blind god, Cupid. The imaginative faculties are usually very active, and idealism is predominant, in this, the most rapidly formative period of life.

The adolescent is a hero-worshiper, his imagination building on the stories read or told him, while he himself sighs for far off worlds to conquer, as he elevates his hero so far above ordinary mortals on this mundane sphere. The indifference of middle age to these visions is distressing to him.

"At this time comes the instincts to lead and to follow, especially do the new-born powers urge leadership. Aggressiveness is strongly developed. To cause the adolescent to follow masterful strength and authority are needed. For this reason it is contended by some that men are better teachers than are women for pupils above the age of thirteen years. The nervous, sensitive teacher will usually have little success in managing pupils of that stage. The one possessing strength, calmness and will power will succeed, regardless of sex. Self control must be taught and exemplified by the parent. Innumerable occasions must arise where decision and firmness are required. Moral teaching by parents is especially necessary at this period as the adolescent mind seems often to react against early moral training, and the parent is often astonished and sorely grieved by the irritability, impatience and objection to restraint which is made by the individual. More than at any previous period of life does the adolescent require wise care and restraint. The constant exercise of sympathy, firmness and caution on the part of parents and guardians are necessary, or acts may be done which will mar the entire future. Then, if ever, is the child entitled to careful attention as to his associations and to the companionship of parents and teachers.

"One has but to pay slight attention to the news reports from the large cities, and even from the small town to learn how large a proportion of boys and girls in adolescent life go down in the awful vortex of ruin. Juvenile courts and reformatories are doing much good work, but they leave a scar and a stigma. To form character is grander than to reform it, and prevents many heartaches.

Emotional outbursts are not to be treated as unpardonable sins, but the youth must be shown that such outbreaks lessen his power, injure his strength of character, in way make him weaker; that well balanced strong manhood and womanhood must come only through his own efforts in over-coming and conquering self; that for others, but more than all for his own good, must he endeavor to control his conduct, to cultivate firmness of purpose and steadiness of character.

"Experience and observation have led to the conclusion that corporal punishment at this period is unwise, and seldom, if ever, gives good results. Parents, but especially teachers, must base their right to control upon superiority of character and intelligence, rather than on threats or blows which so often cripple a weak nature and create defiance in a strong one. The wise giving of freedom to the adolescent means much. Complete liberty which is often granted is most pernicious as it develops into license. Children whose lives have been carefully guarded are far less likely to develop unbalanced tendencies and yield much more readily to judicious treatment which calls out new activities, gives added responsibilities and awakens new interests in life.

"A year of steady work has often wrought the transformation from adolescence to manhood. Giving responsibility is the keynote. Examples of finely moulded character, of honor, of heroism, stir the blood at all ages, and parents and teachers can do no better than make use of such while they work in harmony to secure well rounded womanhood

and manhood. Parents must ever bear much the greater share of the responsibility. And how cheerfully would they accept it could they realize as every teacher with good red blood in his veins must realize, what a precious treasure they will possess in later years in the love and gratitude of those children whom they have reared and trained into intelligent men and women for time and eternity."

Liquor Election Invalid.

Salem, April 10.—The supreme court today rendered the following decisions:

In the matter of the petition of E. D. Hussey for a writ of habeas corpus, Hussey was the appellant and the state of Oregon the respondent in an appeal from the circuit court of Coos county, J. W. Hamilton, judge. Hussey was convicted in the recorder's court at North Bend of violating the provisions of the local option act and made to pay a fine of \$50 and placed in jail until the fine was paid. He petitioned the court to be discharged on the ground that he was illegally deprived of his liberty. The petition was denied and he appealed. The supreme court reversed the decision of the lower court.

The supreme court in the case of Marsden against Harlocker decided the act void in Coos county; judgment is reversed, the case remanded and the prisoner ordered to be discharged in an opinion by Justice Moore.

In the case of Robert Marsden, appellant, against L. Harlocker and others, respondents; H. H. McPherson, appellant, against L. Harlocker and others, respondents, appeal from the circuit court of Coos county, L. T. Harris, judge, in an opinion by Judge Moore the judgment of the lower court is reversed.

Robert Marsden instituted suit November 22, 1904, against the county judge and the commissioners of Coos county to enjoin them from declaring the result of an election held to determine whether the sale of intoxicating liquors as a beverage should be prohibited. The plaintiff conducts a wholesale and retail liquor business and has \$20,000 invested. The complaint alleges that the county court called a special election and that by reason of failure to give proper notice as to the time and purpose of the election a majority vote in favor of prohibition resulted. The two cases were argued and submitted together. Marsden against Harlocker is a suit in equity.

McPherson against Harlocker is a writ of review to have the decision and determination of the officers of the officers of Coos county in the matter of the election referred to reviewed and annulled. The county court's threat to declare the result of said election will do irreparable injury to plaintiff's business.

A demurrer to the complaint having been sustained and plaintiff declining further to plead the suit was dismissed and he appeals.

The supreme court holds that the county court did not as required by law order the election in question and such election was invalid and declares the judgment of the court below reversed.

Chastet Death.

Kidney troubles often ends fatally, but by choosing the right medicine, E. H. Wolfe, of Bear Grove, Iowa, cheated death. He says: "Two years ago I had Kidney Trouble, which caused me great suffering and anxiety, but I took Electric Bitters, which effected a complete cure. I have also found them of great benefit in general debility and nerve trouble, and keep them constantly on hand, since, as I find they have no equal." R. S. Knowlton, druggist, guarantees them at 50c.

Living indoors so much during the winter months creates a sort of a stuffy, want-of-ozone condition in the blood and system generally. Clean up and get ready for spring. Take a few Early Risers. These famous little pills cleanse the liver, stomach and bowels and give the blood a chance to purify itself. They relieve headache, sailow complexion, etc. Sold by R. S. Knowlton.

Proclamation.

Whereas, the Secretary of State of the State of Oregon has notified me in writing that pursuant to the provisions of an Act entitled "An Act making effective the initiative and referendum provisions of Section 1 of Article IV of the Constitution of the State of Oregon, and regulating elections thereunder, and providing penalties for violations of provisions of this act," approved February 24th, 1903, a committee of citizens of Clackamas County, C. W. Kerns being the chairman thereof, duly filed in his office on January 22nd, 1906, an initiative petition containing 7761 signatures, properly attached to a copy of said measures, certified in accordance with law, demanding that a proposed law, the title, tenor and effect of which is hereinafter particularly set forth shall be submitted to the legal voters of the State of Oregon for their approval or rejection at the general election to be held in said state on the 4th day of June, being the first Monday in June, 1906.

Now, Therefore, I, Geo. E. Chamberlain, Governor of the State of Oregon, in obedience to the provisions of said act herein before first mentioned, do hereby make and issue this proclamation to the people of the State of Oregon, announcing that the said committee of citizens of Clackamas county, Oregon, C. W. Kerns being the Chairman of said committee, has filed said initiative petition with the requisite number of signatures thereto attached, demanding that there shall be submitted to the legal electors of the State of Oregon for their approval or rejection at the regular election to be held on the 4th day of June, 1906, said day being the first Monday in said month, a bill to propose by initiative petition a bill entitled "A bill to propose by initiative petition a law for the abolishment of tolls on the Mount Hood and Barlow Road, and providing for the purchase of the same by the State of Oregon," the tenor and effect of which in brief is to direct the Secretary of State to purchase the Mount Hood and Barlow Road from the Pacific Abstract, Guaranty & Trust Company, the owner thereof, for a sum not exceeding \$24,000.00, and to deliver to said company before the 1st day of September, 1906, or as soon as said bill may become a law, a warrant upon the State Treasurer payable out of any moneys in the general fund of the State of Oregon not appropriated in favor of said corporation for the sum of \$24,000.00, upon delivery to the said Secretary of State of a deed conveying to the State of Oregon said road, together with all rights, franchises and privileges of every kind and character pertaining thereto, and as soon as the title to said road is conveyed to the state all tolls of every kind and character are to be abolished and said road free to the use of the public.

Done at the Capitol at Salem, this Fifth day of February, A. D., 1906.

(Signed) GEO. E. CHAMBERLAIN,
Governor.

(Signed) F. I. DUNBAR,
Secretary of State.

Physical Culture and Expression

Mrs. Wootton, of the Columbia College of Expression, Chicago, will take a limited number of pupils. Apply at N. E. corner 2nd floor of school building between 4 and 5 o'clock p. m.

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A three-disc Haackeek plow will be sold at a bargain, also a span of young horses well broke. Inquire at this office.

Robinson has completed shelving 67 dozen of the Brown Shoe Company's shoes. They are up-to-date in style and finish, in fact the most "nifty" lot of shoes ever brought to wn. Call and see 'em.

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