[illegible]

The editorial in the Sentinel October 25 on our food conservation inspires me to relate my experiences in food conservation.

I think the majority of our people eat too much. I found in my case it was largely habit and pleased the palate, although I sometimes dreamed of my grandmother after a hearty late supper. To be sure I worked hard most of the time in former days, and my present bill of fare would not be quite sufficient at times when you meet twice daily, with pie or pudding and cake for all three. My weight at that time was about 185 in Summer; waist band 31.

For the last 12 to 14 years my bill of fare has been: 8 to 8:30 A. M., four buckwheat cakes with butter and syrup or honey, or mush and one pint of milk; 3:30 to 4 P. M., meal of different kinds of vegetables, fruits, two slices of bread, butter (meat, average once a week), one pint of milk, which is both food and drink. During the day I eat an apple or two or a banana, many times nothing. Weight around 150 pounds; waistband, 34; age, 65. I do some manual labor most of the time. Food Conservation.

Manganese Mining on the Coast

Another new mining industry has opened up in this community says the Bandon World, and, according to those interested will develop into big business within the next few months.

This time it is manganese ore that is attracting capital to this section. Albert Abrahams, of Roseburg, this week started shipping ore from the M. Cleghorn mine near Denmark, in northern Curry county. He has engaged A. F. and W. R. McFarland, of Roseburg, who are now on the job with a 3½ ton Republic truck, hauling the ore from the mine to the Bandon dock, from where it will be towed up the river to the railroad. It will be shipped either to a point in the state of Washington or to San Francisco. The destination has not been learned.

The ore requires little effort to mine, being found on top of the ground. It is used in the manufacture of steel and electric batteries. It is understood that the government is badly in need of large quantities. The local grade is said to run about 55 per cent and brings about $100 per ton.

The truck hauls about 4 tons to a load and is making four trips. Messrs. McFarland state that they expect to haul as long as the roads are good this winter and all of next summer. It is said that there is an unlimited quantity of manganese ore tributary to Bandon.

Biggest Hydraulic Mine

With the opening of the Inman mines in the Sixes country of Curry county in about a month, the largest hydraulic mine of the world will be in operation.

From this mine is taken platinum and gold, with the other minerals of the platinum family—iridium, vanadium and palladium.

C. C. Inman, owner and operator of the mines, says the mines will be operated by electricity, enough power being generated to furnish light for the entire country south of Bandon. The minerals will be carried from the mines by pack horses over a distance of fourteen miles.

Sowing Their Wild Oats.

Two boys, about 16 years of age, from the McKinley community, came to Bandon Saturday evening and proceeded to celebrate with the result that they were arrested for disorderly conduct. Both were pretty well "lit up" on a concoction of homemade booze, which they state they brought with them. They put up $50 bail and were allowed to return home. Both being juveniles the case will probably come up in the juvenile court. Owing to their age officials have requested that their names be not published. —Bandon World.

Coos River Ranch Sold.

J. W. McGhee has entered into an agreement to buy the Geo. Witte ranch of 98½ acres in one tract and 68½ acres in another on Coos river. The consideration is $11,000 and includes buildings, machinery, live stock, and all other material on the place. This is one of the best ranches on the river and will be an excellent home for the McGhee family. The payments extend over a term of years and possession is given.—Marshfield Record.

Calling Cards, 100 for 35c.

[illegible]

W. B. Ennis (short term)
Fred W. Mulkey

U. S. Senator (long term)
Chas. L. McNary

Congressman 1st District
W. C. Hawley

Governor
James Withycombe

State Treasurer
O. P. Hoff

Supreme Court
Chas. A. Johns

Supreme Court (short terms)
John S. Coke

Attorney General
George M. Brown

Supt. Public Instruction
J. A. Churchill

Commissioner on Labor
C. H. Gram

Public Service Commissioner
Fred A. Williams

Supt. Water Division
Percy A. Cupper

Representative 5th District
A. K. Peck

Representative 6th District
J. R. Stannard

Sheriff
George P. Laird

County Clerk
F. C. Getty

County Treasurer
T. M. Dimmick

County Surveyor
C. S. McCulloch

Coroner
F. E. Wilson

County Commissioner
John Yoakum

Vote for Them—Work for Them

Coos County Republican
Central Committee
John C. Kendall, Chairman
E. I. Chandler, Secretary
Paid Adv.

Enormous Salmon Catch.

Last week the salmon were running fine on the lower river, says the Bandon World, seven seines and many gillnets being kept busy. The biggest individual catch was probably made by F. A. Holman and seining crew for the Prosper Canning Co. last Thursday, when in one day the one seine caught more than 2000 salmon. The other seines on the river that day were also very successful and it is estimated that the day's total catch here amounted to about 7,000 fish averaging 10 pounds each, or a total of 70,000 pounds.

The food administration is allowing no salmon to go to waste. For this reason all the surplus fish caught at Coos Bay, over and above those shipped out for the fresh fish market, are shipped to the Coquille river for canning.

For Sale or Rent.

The Robt. Tyrrell place at Arago, consisting of one hundred and seventy-three acres, now under lease to Clarence Schroeder. For further particulars apply to Geo. E. Hanson, 36tf Fortuna, Calif.

NOTICE TO CREDITORS

In the County Court of the State of Oregon for the County of Coos.

In the Matter of the Estate of James M. Vowell, deceased.

Notice is hereby given that the undersigned has been duly appointed Administratrix of the estate of James M. Vowell, deceased.

All persons having claims against said estate are hereby notified to present the same duly verified as by law required, to the undersigned at Coquille, Coos County, Oregon, within six months from the date of this notice.

Dated this 1st day of November, 1918.

Amanda B. Vowell,
Administratrix of the estate of James M. Vowell, deceased.

NOTICE TO CREDITORS.

Notice is hereby given that the undersigned has been duly appointed by the County Court of the State of Oregon in and for the County of Coos administrator of the estate of Joseph H. Nye, Jr., deceased, and all persons having claims against the said estate are hereby required to present them, with the proper vouchers, within six months from the date of this notice to the undersigned at such admini-

[illegible]

Fred Milnes,
Administrator of the Estate of Joseph H. Nye, Jr., Deceased. 41t5

NOTICE

Notice is hereby given, that Dean & Brown, Contractors, have completed their contract for the improvement of a portion of the Empire-Sumner Bay Road through Empire, and that the County Roadmaster has filed his Certificate of the Completion of the Contract, and any person, firm or corporation having objections to file in the acceptance of said work, may file the same in the office of the County Clerk within two weeks from the date of the first publication of this notice, to-wit: From the 25th day of October, 1918.

Dated at Coquille, Coos County, Oregon, this 22rd day of October, A. D., 1918.

L. W. Oddy,
County Clerk.
By Myrtle Knowlton,
41t3 Deputy

SHERIFF'S SALE OF REAL PROPERTY ON EXECUTION.

Notice is hereby given that under and by virtue of an Execution and Order of Sale issued out of the Circuit Court of the State of Oregon for the County of Coos on the 16th day of October, 1918, in a certain cause in said Court pending wherein Dora B. Willard is plaintiff, and Orson R. Willard is defendant, being case No. 4063 of the said Court and commanding me to sell the hereinafter described real property to satisfy the sum of $97.55 with interest at 6% from June 28th, 1918, costs and disbursements, together with accruing costs. I WILL ON SATURDAY, THE 23RD DAY OF NOVEMBER, 1918, at the hour of 10 o'clock in the forenoon of said day at the County Court House in the City of Coquille, Coos County, Oregon, offer for sale and sell at public auction to the highest and best bidder for cash in hand all the right, title and interest of the said Defendant in and to the following described real property, to-wit: Undivided 2-3 interest in and to Lots one (1) and two (2) in Block two (2) of Ferry Creek Addition to Bandon, in Coos County, Oregon, according to the recorded plat of said addition on file and of record in the office of the County Clerk of Coos County, Oregon, all in Coos County, Oregon.

Said sale being made subject to redemption in the manner provided by law.

Dated October 22nd, 1918.

W. W. Gage,
41t5 Sheriff of Coos County, Oregon.

NOTICE

Notice is hereby given, that Dean & Brown, Contractors, have completed their contract for the paving of a portion of the Coquille-Marshfield Road through Bunker Hill Addition to Marshfield, and that the County Roadmaster has filed his Certificate of Completion of the Contract, and any person, firm or corporation having objections to file to the acceptance of said work, may file the same in the office of the County Clerk within two weeks from the date of the first publication of this notice, to-wit: from the 25th day of October, 1918.

Dated at Coquille, Coos County, Oregon, this 22rd day of October, A. D., 1918.

L. W. Oddy,
County Clerk.
By Myrtle Knowlton,
41t3 Deputy

NOTICE TO CREDITORS.

Notice is hereby given that the undersigned, by order of the County Court for Coos County, Oregon, has been duly appointed Administrator of the Estate of John Bilek, deceased; and that all persons having claims against said Estate are hereby notified that they are required to present the same duly verified and with proper vouchers therefor to the undersigned at the office of A. J. Sherwood in Coquille, Coos County, Oregon, within six months from the date of this notice.

Dated this 21st day of October, 1918.

L. A. Lawhorn,
Administrator of the Estate of John Bilek, deceased. 41t5

NOTICE

Of District Road meeting for Road District No. 16 of Coos County, State of Oregon.

Notice is hereby given that, pursuant to a petition duly signed by three freeholders and legal voters of Road District No. 16 of Coos County, Oregon, and filed in the office of the County Clerk of said County, on the 1st day of October, 1918, a District Road meeting of said district will be held on the 2nd day of November, A. D., 1918, at the hour of One O'clock in the afternoon of said day at the

[illegible]

James Watson,
40t3 County Judge.

NOTICE

Of District Road meeting for Road District No. 13 of Coos County, State of Oregon.

Notice is hereby given that, pursuant to a petition duly signed by three freeholders and legal voters of Road District No. 13 of Coos County, Oregon, and filed in the office of the County Clerk of said County, on the 1st day of October, 1918, a District Road meeting of said district will be held on the 2nd day of November, A. D., 1918, at the hour of One O'clock in the afternoon of said day at the McKinley School House, in said Road District, to enable the resident tax payers and legal voters of said Road District to assemble and organize, and at said time and place to vote and levy a special and additional tax for road purposes; and the said meeting may also transact such other lawful business as the legal voters thereat may deem necessary or expedient.

Dated this 5th day of October, 1918.

James Watson,
40t3 County Judge.

SUMMONS

In the Circuit Court of the State of Oregon for the County of Coos.

Martha A. Larue, Plaintiff,
vs.
John B. Larue, Defendant

Suit in Equity for Divorce.

To John B. Larue, the above named defendant:

In the name of the state of Oregon: You are hereby notified that you are required to appear and answer the complaint filed against you in the above entitled suit within six weeks from date of the first publication of this summons, to wit: within six weeks from the 20th day of September, 1918, the same being the date of the first publication of this summons.

And if you fail to appear and answer on or before the 1st day of November, 1918, the same being the last day of the time prescribed in the order of publication, the plaintiff will apply to the Court for the relief demanded in her complaint, a succinct statement of which is as follows:

That the marriage contract heretofore and now existing between the plaintiff and the defendant herein be annulled, set aside and held for naught, and for such other and further relief as to the Court may seem just and equitable.

Service of this summons is made by publication in pursuance of an order made by the Hon. James Watson, Judge of the County Court within and for the County of Coos and State of Oregon, dated September 19, 1918, directing that service thereof be made by publication of said summons in the Coquille Valley Sentinel, a newspaper published at the City of Coquille, in said Coos County, Oregon, once each week for a period of six weeks.

C. R. Barrow,
36t7 Attorney for plaintiff.

Professional Cards

J. A. RICHMOND
PHYSICIAN and SURGEON.
Richmond-Barker Building.
Coquille, Ore.
Phones, Office 626, Res. 214.

W. C. CHASE
ATTORNEY-AT-LAW
Richmond-Barker Bldg
Coquille Oregon

DR. G. W. LESLIE
Osteopathic Physician
Graduate of the American School of Osteopathy of Kirksville, Mo.
Office in Eldorado Block.
Marshfield Oregon

DR. C. W. ENDICOTT
DENTIST
First N't'l Bank B'ld'g Phone Main 11, Coquille, Oregon.

J. J. STANLEY
LAWYER
Office in First National Bank Building, Coquille, Oregon.

A. J. SHERWOOD
ATTORNEY AT LAW
First National Bank Building
Coquille - - Oregon

Which DO YOU WANT?

More and Cheaper Fish
HONEST LIVELIHOOD
FOOD PRODUCTION

307 X NO
LABORING CLASS

HIGHER PRICED FISH
Pleasure Seekers
WASTE OF FOOD FISH

306 X YES
SPORTSMEN

Keep the price of fish down. Help the production of fish. Eliminate waste.

VOTE 307 X NO

Read argument in State election pamphlet.
Clackamas County Fisherman's Union, Andrew Naterlin, Secty.
Oregon City, Oregon (Paid Advt.)

A National Shock Absorber

Do you remember any period in which our country has been subjected to so many anxious moments as during the past two years?

Can there be any doubt that confidence in the Federal Reserve Banking System as a national shock absorber has contributed largely to the tranquility of business and banking during these tense months?

If you appreciate what this new nation-wide system has been doing for you, you can support it and add to its strength by promptly becoming one of our depositors.

MEMBER FEDERAL RESERVE SYSTEM

First National Bank
Coquille, Oregon

QUICK, the House Furnisher

Has opened on the
Corner of Front and Hall Street

He has a large variety of goods as he has purchased the Tupper stock and added some new as well as old.

A New Line of Dishes and Tableware

Hoes, Rakes, Axes, Hand Saws, Wash Tubs and Boards. Iron Bedsteads, Sanitary Couches, Sanitary Springs, new, from $6.50 to $20 each. 100 dozen Fruit Jars, Cook Stoves, Heaters, Camp Stoves, Pipe, Elbows. Large variety of Tools—Saws, Squares, Hammers, Etc.

PHONE NO. 1103 TO GET QUICK QUICK

Party Line Conversations

The Government now operates our telephone system, and party line subscribers are requested to make their telephone conversations as short as the business in hand will permit.

Staying in on conversations or prolonged conversations involves delays to business important to the Government.

Service First. **Coos & Curry Telephone Company**

THE ONE INDUSTRY IN COQUILLE

that has operated continuously since its establishment some fourteen years ago has been your Laundry.
Rain or shine, good times and bad, it has been on the job.
We have a number of customers that have patronized it continually from the beginning. We are grateful for this appreciation of our service. Our aim is to improve the service in every way possible.
We wash every thing washable.

COQUILLE LAUNDRY D. Hurley, Prop.

Does Your Subscription Date Need Changing?