

And Get It  
From the Post

Families of men in service... are eager to make Christmas parcels as merry as possible.

The War Department... has decided that each man... receive from his family a Christmas package of standard size and approximately standard contents.

The American Red Cross will prepare these parcels for mailing... Shipping space available will permit the mailing of not over three parcels to each man.

To avoid any duplication and to make sure that each parcel is correctly addressed, a "Christmas Parcel Label" is now being issued to every man abroad.

Every man abroad will mail his "Christmas Parcel Label" to some relative or friend who will be entitled to send him a parcel by complying with the conditions herein set forth.

The relative or friend who receives a "Christmas Parcel Label" from a man in service overseas, will apply to the nearest Chapter, Branch or Community Auxiliary of the Red Cross, or to such other Christmas Parcel Station as may be designated by his Red Cross Chapter, and upon showing the "Christmas Parcel Label" will receive one certain 24x32 label in size.

When a parcel is filled it should be taken to the place where it was prepared. Red Cross representatives will inspect the parcel, and will:

1. exclude any article barred by Post Office Department from Christmas Parcels;

Latest Word on Subject

Washington, D. C.—(Special)—Although King Alfonso of Spain was one of the victims of the influenza epidemic in 1918 and again this summer, Spanish authorities repudiate any claim to influenza as a "Spanish" disease.

What is Spanish influenza? Is it something new? Does it come from Spain?

The disease now occurring in this country and called "Spanish influenza" resembles a very contagious kind of cold, accompanied by fever, pains in the head, eyes, ears, back or other parts of the body and a feeling of severe sickness.

Divorce Cases Pending

The following thirty-four divorce cases are on the docket for the October term of the Circuit Court here next week:

Pauline DeWitt vs. Frank Elwood DeWitt.

Faye Mostellar vs. Frank Mostellar.

Leonard Brokaw vs. Adela Brokaw.

Coughs and Sneezes Spread Diseases

What is the danger to yourself of white, cold, cough, sneeze, or sniff? It is possible that the influenza epidemic now being made through the Middle States is spreading from these symptoms.

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Women and the War

Hostess houses in the military camps all over the country are one phase of the Y. W. C. A. War Work Council's activities.

Prayers of gratitude for the Hostess House are murmured every night in many towns by women who are of no particular importance to any one except to some man in the army—and to God.

The work with girls is one of the most important functions of the War Work Council. It deals with all kinds of work with girls.

These centers are near the cantonments. The Bureau of Social Morality is an important feature of the War Work Council's program.

Colored women at this time must meet all the problems confronting white women. Their situation is further complicated by industrial and social conditions.

Immigrant men who formerly labored in mines, on farms, and in factories, and now serve in our army, are themselves in need of assistance.

When the French women cabled to the War Work Council, pleading for experts to advise them in establishing fever-canteens for women workers in munitions and other war industries, experts were sent over to have over sight of the building and equipping of some of the canteens and act as adviser to French committees.

A professionally solemn-faced butler in one of the beautiful homes where a drawing-room meeting was being held stood where he heard the stories of the War Work Council's plans and accomplishments.

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