

The Sentinel

GOOD PAPER IN A GOOD TOWN
BY H. W. YOUNG

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OFFICE, NORTH END OF B STREET
Entered as the Coquille Postoffice as Second Class Mail Matter.



It is a civic duty to economize all you can in the use of city water, while the supply is so short.

There's been "frost on the pumpkin" in great shape this week; the trouble was that the fodder wasn't all in the silo.

Have you bought a Liberty Loan Bond? If you have, ask the next ten people you meet whether they have. That little button is a badge of honor now.

The Sentinel owes its readers no apology for devoting so much of its space this week to the Liberty Loan Bonds. Until Coquille and its trade section subscribe for the rest of that \$25,000 in bonds, that is the one great issue before our people.

Every man, who possibly can, should subscribe for one of those Liberty Loan Bonds. By so doing he will not only lay up something for a rainy day where there is no danger of losing, but he will do his bit toward winning the war and increase his self respect.

Some married women certainly are pessimists. Listen to this from a wife: Marriage is not a "lottery," but a game which requires more science than chess, more concentration than whist, more camouflage than war, more endurance than golf and more nerve than poker.

The German sailors are so averse to serving on U-boats that the Kaiser has begun to use drastic measures with them. Indeed, he has caused several of such mutineers to be shot. Even that they probably thought better than dying like drowned rats at the bottom of the ocean.

Talking about food saving during the war, Miss Eva Allen, of Portland, is certainly making a record. Since the beginning of the war she has eaten no pastry, no white bread and no meat. The other day she bought a \$1000 Liberty bond. She explained today she could get no pleasure from eating food which is needed in Europe. Moreover, she feels better since adopting this diet.

That last statement is well worth pondering.

In making a donation to the Coos-Curry fair, as has been done now ever since it started, the County court ought to make it a condition that a list of the awards of premiums should be furnished the newspapers immediately after the close of the fair. We should be glad to publish them, but even a month late County Agent Smith found it like pulling teeth to get the list in a single department for his Bulletin issued here the first of the week.

Whatever the French people have asked from us Americans we have tried to give them—except Roosevelt as a brigade commander. Now they are asking for a visit from Wilson and would no doubt give him one of the greatest ovations the world has ever witnessed. But we can't let him go; his life is worth too much to the American people to risk it where submarines are lurking—and so they will have to wait until the war is over for the visit they are so eager to receive.

For many years agitation has been constant for the reduction of letter postage to one cent in this country. Those who fathered that movement wasted lots of time and hot air. This is the last month of two-cent postage a great many of us older people will ever see. Two weeks from today—on Friday, Nov. 2,—the new war rate

of three cents for letters and two cents for postal cards will go into effect. And don't you forget it; for if you continue to mail your letters with two-cent stamps then, they won't get anywhere.

Last evening, week after week the weather bureau at Washington predicted "occasional rains in the Pacific Northwest," when rain was the very least of our needs. And then it rained every day and most all the time. Now the same bureau has been predicting "occasional rains" for the past two weeks, while the barometer has been hitting the high spots and the skies have been cloudless. In fact it is getting where we need something more than "occasional rains," and a regular winter week's soaking is required to fill the bill.

One of the things Coquille must begin to think about is a more abundant water supply. A second set of mains with pumps to fill them from the river would furnish ideal fire protection and permit the use of all the water desired for irrigation purposes just as far as it would pay to extend the lines. Or the time may come when we can get better mountain water and all we want of it by damming the East Fork at the Brewster canyon and piping it down here. That would cost a mint of money but it is what the city will have to do if she grows as much as we hope and expect during the next ten or fifteen years.

The Coos-Curry Telephone company has informed all its employees that can subscribe for Liberty Loan bonds that the company will advance the whole subscription to the government and allow them to pay in monthly installments over a period of nine months at \$2.50 a month. The company will make these advances without interest, so that the employees will get all the interest coupons on their bonds from their date. This is pretty nice of the Telephone company. At Portland Ben Selling is offering to sell bonds on one dollar a week payments and charge no interest, the payments in this way running a little over a year.

When we help our government we help ourselves, for the government is simply the agency that does the business for us we can't handle ourselves. Just now the government asks our help with all the money we can lend it, and it is up to us to dig up or confess ourselves the worst kind of slackers, that is everyone of us who can spare something to lend Uncle Sam to help take care of our boys at the front. We aren't asked to give anything this time, only to make a safe investment as any in the world just now. We can't afford to refuse. If we do we are not deserving of all the benefits that we get from being American citizens.

One thing about the Liberty Loan Bonds cannot be too often insisted upon. They are an absolutely safe investment—as safe as anything can be. If we lose the war there is no sort of property that you can be sure of. The Germans will take anything they want of the conquered. But you risk nothing in loaning money to the government to pay for defending your property and mine and everybody's. When the war is won the Liberty bonds will be a first mortgage on everything in the nation and will go to a premium. So if you refuse to help, you help the Germans win all you have. If you help you will save everything and get well paid for it besides.

ABOUT EATING TO SAVE.

In anticipation of the food drive that has been postponed until next week, to clear the decks for the Liberty Loan campaign now at its height, the Sentinel scribe has been doing some eating and some thinking. Today we ate two wheatless meals. It was this way, oatmeal and buckwheat cakes and syrup fixed the breakfast; for dinner we had those excellent cornmeal and rice muffins, corn on the cob that furnished a good deal of nourishment and peppers stuffed with rice.

In these menus the rice bought last fall at a bargain price was the only cereal product that didn't cost more than the best high grade patent wheat flour. We have been over the whole list, cornmeal, whole wheat, Graham flour, oatmeal, buckwheat, rye flour, and there is not one of them that doesn't cost more than the best wheat flour. Not only do they cost more but they cost so much more as to forbid their use by people who are compelled to economize for their tables these war times. There is hardly one of these substitutes for white wheat flour, either, but that can be and ought to be sold cheaper than wheat. Still they can only be got by paying from two to four cents a pound more than ordinary flour. And that means increasing the bill by from thirty to seventy per cent. In other words those who try to save the wheat to send to Europe by using wheat substitutes of the coarser and usually less appetizing forms of bread on their

tables, have to pay \$1.50 for every dollar they would spend otherwise on breadstuffs. Some of us are willing to do this to help feed our allies and our soldiers—but there is really no need that we should pay more for the coarser foods. They are made from cheaper material at the start. But because the demand for them is vastly less than for straight flour and because the grocer usually figures to make up for selling sugar and flour close by a bigger profit on articles, they are dearer to the consumer, we can only get them by paying stiff prices.

The Sentinel does not expect to affect prices by this appeal but it does want to make it clear that the appeal to American people to eat less white flour and more of other kinds of bread cannot be so effective as it would be if the other foodstuffs did not cost materially more.

Show us how we can get rye flour, Graham flour, oatmeal, whole wheat, etc., for as little or for less than the best patent wheat flour. People have an idea that we ought to do things that will make living cheaper and help to win the war by economizing, but the idea of paying more for less desirable food doesn't appeal to them. "Two meatless days a week and one wheatless meal a day" is a fine slogan for those who can afford it; but few people can get enthusiastic over economies that make the grocery bill bigger.

WE CAN'T AFFORD THAT PRICE.

President Wilson, in a recent speech, said: "There is a price which is too great to pay for peace and that price can be put in one word. One cannot pay the price of self-respect. One cannot pay the price of duties abdicated, of opportunities neglected, of character, national character, vindicated and exemplified in action." Our boys are in France to vindicate America. They are offering their lives to make the world safe for Democracy. Can we do less than back them up by furnishing the money and the supplies to keep them in fighting trim?

There is room for every patriotic American in Hoover's army of food savers. October 28th to November 4th is Hedge Card Week on food conservation. You can do your bit by signing the pledge not to waste food. The wheat shortage throughout the world is enormous and unless we conserve our supply of wheat our own boys and the soldiers of our allies will go short. This is no time to say look out for number one, feed America first and let Europe starve if it must. If we are to win this war we must share our wheat and meat, our fats and sugar with the non-combatants, as well as the soldiers of Europe. They are fighting our battle in France just as much as our boys are. The one big service which we can render Europe in addition to sending men and money is to send Food. Even if it meant sacrifice to every home in America, which it will not, we should still be willing to send food to our allies. The time has come when we must eliminate waste. It is important to save food right now.

We need not stint ourselves, but we can eat more home grown vegetables, more corn products, chicken and fish in place of beef and pork, and use less sugar.

We here at home are not asked to give our lives, nor to undertake the hardships and dangers of life in the trenches, but we are asked to help back up our boys at the front by conserving our food supplies. Are you willing to do your part?

HE WAS THE WHOLE THING.

It may not be generally known that some years ago (1856) a predecessor of the present reigning "All Highest," Frederick William IV, became a suitor in the courts of Missouri seeking to recover from the estate of a deceased postmaster a sum with which he absconded to America (King of Prussia vs. Kuepper's Admir., 22 Mo. 551.) The royal plaintiff, says Law Notes, thus modestly describes his status: "The plaintiff states that he is absolute monarch of the kingdom of Prussia, and as king thereof is the sole government of that country, that he is unrestrained by any constitution or law, and that his will, expressed in due form, is the only law of that country, and is the only legal power there known to exist as law." All of which is commended to the attention of those whose "consciences" revolt at the effort to prevent that type of government from gaining a world ascendancy.

HELP OUR BOYS

Win The War—Buy A Liberty Bond At Your Nearest Bank From \$50 Up. IF YOU CAN'T GO ACROSS Then COME ACROSS That means subscribe to the Liberty Loan. Get a bond at your nearest bank or Post Office. Call on us for Stationery.

The United States Government Food Administrator Says:
"Baking Powder Breads of corn and other coarse flours are recommended"

ROYAL BAKING POWDER

ABSOLUTELY PURE
Makes delicious muffins, cakes and coarse flour breads

CORN MEAL MUFFINS	NUT BREAD
3/4 cup corn meal	3 cups graham flour
3/4 cup flour	3 level teaspoons Royal Baking Powder
1/2 cup sugar	1/2 teaspoon salt
1/2 teaspoon salt	1 1/2 cups milk and water
4 level teaspoons Royal Baking Powder	1/2 cup sugar or corn syrup
2 tablespoons sugar	1 cup chopped nuts (not too fine) or 1 cup raisins, washed and soaked
1 cup milk	
2 tablespoons shortening	

Mix thoroughly dry ingredients; add milk and mixed shortening and beat well. Bake in greased muffin tins in hot oven about 20 minutes.

Mix together flour, baking powder and salt; add milk and water, sugar or corn syrup and nuts or raisins. Put into greased loaf pan, allow to stand 20 minutes in warm place. Bake in moderate oven 45 to 60 minutes.

Our red, white and blue booklet, "Best War Time Recipes" containing additional similar recipes, sent free on request. Address Royal Baking Powder Company, Dept. H, 135 William Street, New York

ARE PATRIOTIC AMERICANS. Tucked away among the 'little' news of the day, we find the following press dispatch, says the Telegram:

Toledo, O., Oct. 11.—Delphos, a village near here, populated almost entirely by German-Americans, has subscribed \$100,000 to the second Liberty Loan, it was announced today.

This is a splendid demonstration of a sentiment among fellow citizens many of whom have hitherto held to the theory that a citizen of the United States could hold a dual allegiance. Is it not reasonable to believe that many German-Americans, since we entered the war, have become convinced that they can have but one allegiance, and that to the land of their adoption?

It may be that the German-Americans of the Ohio village have been impelled to buy Liberty bonds from patriotic motive or by a desire to make a safe investment of their savings, or by both. In either case it is very gratifying.

If German-Americans—no matter from what motive—subscribe to the second Liberty Loan, why not you?

FEEL LIKE GIVING UP?

Many Coquille People on the Verge of Collapse.
A bad back makes you miserable all the time—
Lame every morning; sore all day.
It hurts to stoop—it hurts to straighten.
What with headache, dizzy spells, urinary weakness,
No wonder people are discouraged,
Who do not know the kidneys may be the cause of it all.
Give the weakened kidneys needful help.
Use a tested and proven kidney remedy.
None endorsed like Doan's Kidney Pills.
Mrs. M. E. Pierson, 519 Fowler St., Roseburg, Ore., says: "Four years ago, my kidneys were in a pretty bad way and for several weeks I suffered a great deal from backache. My kidneys were congested and acted irregularly. The trouble later developed into inflammation of the bladder, which caused me much misery. Nothing gave me relief until I used Doan's Kidney Pills. Four boxes in all stopped the trouble with my back and put my kidneys in good working order."
Price 60c at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Pierson had. Foster-Milburn Co., props., Buffalo, N. Y.

North Bend Liberty Loan Subscription and Liberty Loan. Up to that time North Bend's subscription amounted to only \$2,100, but, there is time enough yet to place a good many more before the drive is over.

Of All the Books

known to man, the savings bank book is the one that will come in handiest in days of trouble. Get one of these books by opening an account with this bank. It doesn't take much to start an account and it will grow amazingly if you give it attention.

FARMERS & MERCHANTS BANK

Commercial and Saving Deposits
COQUILLE OREGON

THE DAIRYMAN'S FRIEND

Wisconsin Silo

for sale by
E. E. JOHNSON

Also a complete line of
Lumber, Dry Finish Rustic, Mouldings, Boxes and Crates

OLD PEYTON GRAVELY MADE THE FIRST PLUG OF TOBACCO THAT EVER WAS MADE

NO MAN EVER MADE AS GOOD

TAKE IT FROM BILLY POSTER, HIS BILLBOARDS ARE SPREADING THE GOOD NEWS

GRAVELY'S CELEBRATED Chewing Plug

BEFORE THE INVENTION OF OUR PATENT AIR-PROOF POUCH GRAVELY PLUG TOBACCO MADE STRICTLY FOR ITS CHEWING QUALITY WOULD NOT KEEP FRESH IN THIS SECTION. NOW THE PATENT POUCH KEEPS IT FRESH AND CLEAN AND GOOD. A LITTLE CHEW OF GRAVELY IS ENOUGH AND LASTS LONGER THAN A BIG CHEW OF ORDINARY PLUG.

P. B. Gravelly Tobacco Co. Danville, Va.