

Bridal Shower Given Mrs. Harold Gregory

A bridal shower in honor of Mrs. Harold Gregory, the former Maxine Whereat, was given by Mrs. Oliver Moulth and Mrs. Adolph Moulth Wednesday evening, January 30th, at the home of Mrs. Ernest Whereat.

Guests were Mrs. Joe Sayre, Mrs. J. L. McKelvy, Mrs. Ernest Batty, Mrs. E. M. Briner, Mrs. Harry Johnson, Mrs. Alton Dungey, Mrs. Addie Grush, Mrs. Leland McGilvery, Mrs. Al Courtwright, Mrs. S. H. Donsted,

Mrs. Arvilla Shelley, Mrs. Ted Snyder, Mrs. Marlin Brandon, Mrs. Doras Ireland, Mrs. Robert Harris, Mrs. George Sherwood, Mrs. Fred Kunz, Mrs. Frank Pook, Mrs. Rudy Rocheck, Mrs. Ambrose Caudie, Mrs. Wm. Howell, Miss Marion Gregory, Miss Netabelle Hendrix, and Mrs. Ernest Whereat, the bride's mother.

The Gregory's are now living at 180 W. 11th street in Coquille.

Card Club Entertained At Larson Home

Friday evening, Mrs. Irving Larson was hostess to her card club for seven-thirty o'clock dessert at her home on Sherwood Heights. Miss Jane Martin won high score at contract bridge and Mrs. Dennis Waggoner, second and also the travelling

prize. Members present were Mesdames LeRoy Swinney, Tom Stevens, Dennis Waggoner, Craig Perrott, Harold Dey and Miss Jane Martin and two guests, Mrs. Rodney Creager and Mrs. Joe Sinko.

Myrtle Club Meets

Mrs. Eloise Cook was hostess to the Myrtle club last Thursday afternoon at her mother's home.

The afternoon hours were spent in sewing and chatting.

Refreshments were served by the hostess to the following, Mesdames Alice Standley, Elsie Beyers, Blanche Ness, Nancy Ducey, Ina Sandin Katie Anderson, Pearl Ruble, Tessie Mannelin and son.

The club will meet next with Mrs. Ducey.

Best "All Around" 4-H Club Girl For 1946 To Be Chosen

Who will be the most outstanding "all around" 4-H club girl in this county for 1946? That question will be answered when the county extension office selects the highest rating participant in the National 4-H Girls' Record award program.

The girl who has the best record will receive a gold-filled medal in recognition of her "general excellence" in all 4-H home economic projects. Her record may show she has made, repaired or remodeled and cared for her clothes, beautified her home surroundings and improved her room. She may have raised a garden, preserved foods and prepared the family meals. Rounding out her achievements, she will have cooperated in group 4-H activities, given demonstrations and talks on 4-H before community groups, and may have participated in home economics judging. She will have maintained a creditable record in school and developed good health habits.

The best county-winning record may be considered by the state extension office for the state award, which is an all-expense trip to the 25th Anniversary National 4-H Club Congress in Chicago, Dec. 1 to 5. If named state winner, the girl is eligible to try for a national award of a \$200 college scholarship, six of which are being offered. Montgomery Ward is providing all awards in this program for the 24th consecutive year.

Last year's state and national winner in Oregon was Shirley Ann Gird of McMinnville. County winners were as follows, Nondas Marie Hughson, Maxine Martin of Clatsop, Jean Schriever of Clackamas, Margaret Walker of Lane, Emily Whetstone of Lincoln, Edith Louise Parker of Linn, Nelora Reed of Malheur, Donna Wiederkehr of Marion, Elinor Lane of Multnomah, Nancy Griffin of Portland, Violet Fletcher of Tillamook.

35c sold two Electrolux cleaners for one man; and the two lucky readers bought them by ONLY reading the Sentinel classifieds.

Homemakers' News

By Cecilia Van Winkle
Home Demonstration Agent
for Coos County

Neat Necklines

To avoid the risk of a dusky shadow at the throat, milady will be wise to clean wool and fur collars of winter coats frequently. The part of the garment at the back of the neck is subject to both perspiration and oil from the skin and hair and is a center where dust and grime accumulate and "work in" with wear. A soiled coat collar may soil not only the skin but also the blouse or dress underneath.

To clean fur, mix sawdust or cornmeal with dry cleaning fluid and work into the fur thoroughly, then brush out. To clean a wool collar on a dark coat, lay the coat on a table with the inside open and flat. First brush to remove loose dust. Then moisten a piece of dark wool cloth with cleaning fluid. Sponge the soiled part with light brushing motions. Several light applications do a better job than too much fluid used at once. Pat dry with a dry wool cloth. Finally, brush the wool with a medium soft brush.

A scarf helps protect both coat and neck from soil.

Recipe for Brownies

Here's a recipe for the sweet tooth that is easy on the sugar supply:

Brownies: 1/4 cup shortening or half butter, 2 squares chocolate or 4 tablespoons cocoa, 2 eggs, well beaten; 1/4 cup sugar, 1/2 cup dark or light corn sirup, 1/2 tsp. salt, 1/2 cup sifted flour, and 1/2 cup chopped nuts. Melt shortening and chocolate over hot water; add sugar, corn sirup, and salt to well beaten eggs. Then add fat mixture to this. Sift flour into egg mixture, reserving a small amount. Dredge the chopped nuts in remaining flour and add to batter. Beat batter well. Pour into greased shallow pan. Bake in a moderate oven (350° F.) about 25 minutes or until done when tested with toothpick. Cut into servings when partly cool with sharp knife.

Valentine Parties

Let the youngsters give an after-school valentine party for their friends. Simple colorful refreshments may carry out the heart motif. Sandwiches may be cut heart-shaped with a paper heart pattern. The crusts may be dried and used later as crumbs in other dishes. Plain sugar cookies cut with a heart cookie cutter and frosted with a little pink frosting can solve the dessert problem.

Other easy to make, inexpensive desserts are apples baked with cinnamon candy to give color and flavor, various red gelatin desserts in heart-shaped molds, or raspberry sherbet. Fruit punch or hot chocolate makes a good beverage.

Various valentine games may be played that require only simple equipment. Heart jig-saw puzzles cut from paper are fun. An envelope is given to each guest containing a heart cut into twenty or so pieces. The first person to put his together is the winner.

For more suggestions on Valentine Party ideas, mimeograph HE 1426 may be secured from the Home Demonstration Agent's office in Coquille.

Citrus For C And Sweetness

Citrus fruits rolling into market from this year's good crop bring wealth of vitamin C, nutritionally speaking. Since sugar is still tightly rationed, oranges and tangerines rate a welcome for the help they offer in the "something sweet" line.

While most people know that orange juice is a high-powered drink for vitamin C, few people seem to realize that all of the familiar citrus fruits are bountiful sources of this vitamin. A half-glass (4 oz.) of orange or grapefruit juice will go far toward supplying a day's needs of vitamin C. So will half a grapefruit, or a whole orange, or a couple of tangerines or lemons.

Because pulp, as well as juice, contains vitamin C, there is vitamin thrift in serving juice unstrained, and even higher vitamin economy in eating citrus fruit simply halved, sliced or sectioned.

Vitamin C Touchy

So destructive are heat and air

to vitamin C in cut or juiced fruit that the vitamin-thrifty homemaker takes special care to keep them under control. To this end, the nutritionists advise cutting or slicing citrus fruit as near as possible to serving time.

If breakfast citrus juice is squeezed the night before as a time saver, keep it cold and covered, remembering that the less air space there is between juice and container top, the better for vitamin C. With these precautions, citrus juices will lose little of its most valuable vitamin, even if stored for 24 hours.

Besides serving as sweets, oranges and tangerines have possibilities as sweeteners. In orange gelatin dessert, if orange sections are used in addition to orange juice, sugar called for may be reduced a third or even a half. And for those who like a sweet salad, orange bits or slices mixed with slaw or combined with grated carrot provide the touch of sweetness without rationed sugar.

MEETING ANNOUNCEMENTS FOR THE WEEK

Feb. 12 The Coos River Extension Unit will meet at the home of Mrs. Lyle Strong for the demonstration on Quick Breads. The meeting will start at 10:30 and project leaders are Mrs. Clausen and Mrs. Ethel Geer.

Feb. 13—The Catching Inlet extension unit will meet at the home of Mrs. Julius Gunnell at 10:30, for the demonstration on Quick Breads. Mrs. Serra Erickson and Mrs. Albert Smith are the project leaders.

Feb. 12—The Preliminary Upholstery Workshop will be held in the Coos Bay Salvation Army basement. This meeting will start at 10:00.

Feb. 13—The Preliminary Slip

Cover Workshop will be held in Coquille. The meeting will start at 10:30 a. m.

Feb. 14—The Summer Extension Unit will meet at the home of Mrs. Jay Richards beginning at 10:30 a. m. for the demonstration on Quick Breads.

Come To The Roxy For Your VALENTINE Ice Cream Roxy Fountain

Venetian Blinds

New Blinds for Immediate Delivery
MADE IN OUR NORTH BEND PLANT!
Latest Venetian Blind Paint Machine

CALL NORTH BEND

4151

Or Write 3218 Sherman Avenue.

H. E. LAMPTON & SON
NORTH BEND, OREGON



Turn their pleas into praise... buy your BAKING NEEDS at SAFEWAY

To make it easier for you to bake that cake... or pie, or cookies... your family has been wanting, Safeway is featuring dependable baking supplies this week. Select from our complete assortment of flour, baking powder, shortening, flavorings and other ingredients. You get more for your money at Safeway.

It's Easy to Bake a Cake ... Here's How

One of my pet cakes (and a favorite with my family, too) can be mixed in practically one operation—

JIFFY CAKE
1 1/4 cups all-purpose flour 1 cup sugar
2 1/2 tps. baking powder 1/2 cup milk
1 egg 1/2 cup shortening
1/4 tsp. salt 1 tsp. vanilla

Sift and measure flour; sift again into large bowl with baking powder, salt and sugar. Add milk, shortening, unbeaten egg and flavoring. Beat with rotary beater for 2 to 3 minutes or until batter is smooth. Pour into well-greased square cake pan (8 x 8 x 2). Bake in moderate oven (375° F.) for 40 minutes or until done. Frost, if desired. Serve hot or cold. Serves 6.

Or Try This Variation:

JIFFY CHOCOLATE CAKE
Add 2 one-ounce cakes unsweetened chocolate, melted and cooled to cake batter.

Carol Drake, Director
The Homemakers' Bureau
Another Safeway Service

MEET CAROL DRAKE... By the way, did you notice the new name for our home economist? The name is new, but the service isn't any different. As in the past, The Homemakers' Bureau is more than glad to be of service to you in helping solve household problems.

If you're looking for new and unusual party ideas, if you are searching for a particular recipe, or if you need help in baking bread, or cooking meat, or planning a church supper... just write to Carol Drake* and she will give you a prompt reply. Her staff of cooking experts and the Bureau's large library of cookbooks is at your command.

As always, The Homemakers' Bureau will be testing new recipes for you to try, giving new ideas and shortcuts to make housekeeping easier, and doing everything they can to bring you the latest news about food and homemaking.

—Your Safeway Grocer

*The Homemakers' Bureau, Box 2110, Dept. A, San Francisco, California

Kitchen Craft Flour

25-lb. \$1.15 50-lb. \$2.25
Sack Sack
FISHER'S BLEND FLOUR, 25-lb. sk. \$1.18; 50-lb. \$2.35
SPERRY'S D. S. FLOUR 25-lb. sk. \$1.18; 50-lb. \$2.35
SUZANNA PANCAKE FLOUR 3 1/2-lb. pkg. 19c
BAKING POWDER, Clabber Girl 2-lb. can 23c
VANILLA FLAVORING, Westag 4-ounce bottle 7c
LEMON FLAVORING, Westag 8-oz. bottle 10c
POWDERED or BROWN SUGAR 1-lb. pkg. 8c
FLEISHMANN'S DRY YEAST per package 3c
MOLASSES, Grandma's quality refined 2-lb. jar 38c

Swans Down CAKE Flour

CANTERBURY BLACK TEA 48 bag pkg. 36c



TRY SAFEWAY GUARANTEED MEATS

It's your money. Why not get the most for it in quality?

Beef POT ROAST
Shoulder
Grade A, lb. 27c
Grade B, lb. 25c

Pure Ground Beef lb. 28c
Shldr. Pork Roast, R'nd bone, lb. 31c
Pork Shanks lb. 21c
Link Sausage, Type 1 lb. 48c
Pork Liver lb. 24c
Filet of Rock Cod lb. 35c
Sliced Halibut lb. 42c
Fresh Col. River Smelt lb. 18c

Chickens
Grade A Fowl
Special 35¢ lb.

VEGETABLE SUGGESTIONS

Special Values for Fri. & Sat.

Avocados, ready to eat lb. 39c
Grapefruit, Desert White lb. 5c
Oranges, all sizes 5 lb. 49c
Broccoli, tender, nice lb. 19c
Cauliflower lb. 22c
Celery, green type lb. 11c
Carrots, no tops lb. 6 1/2c
New Potatoes, No. 1s lb. 11c
No. 1 Potatoes 100-lb. sk. 3.89



DELICIOUS Apples
Extra fancy, fancy and C grade. 11¢

THE SMART FAMILY



"SURE, it's not only a smart family but a grand family, too. Look at them—having fun! That's John Smart—the father—making like Nelson Eddy; that's Joan—the mother at the piano. And the kids—Tom, home from service and now at college—Jane, she's in high school—and Hal—look at him, now—he's singing ear from ear—and him so serious when he's on Safety Patrol. Yep—they have more fun and more friends—and in all my years on this beat—I've never had to worry when people come out of that house—they don't have to have any alcoholic stimulation to have a grand time.

THE SMART FAMILY
NEITHER NEEDS NOR
DESIRES ALCOHOLIC
STIMULANTS FOR FUN

Factual Research
Committee, A.L.L.O.

Rollled OATS 9-lb. 57¢
Peacock & Minit Sk. 49¢
PEANUT BUTTER
Real Roast 2-lb. jar 49¢
SNO-WHITE SALT
Plain or lod. pkg. 7¢
BEET SUGAR
5-lb. 32¢ 10-lb. 63¢
HI HO
Crackers lb. pkg. 21¢

Kellogg's PEP 8-ounce Package 3 for 25¢
Smoked Shad 2 tins 25¢
Beans Great Northern White 2-lb. 20¢ 5-lb. 46¢
or Idaho Red pkg. 20¢
Cherub Milk 3 tall cans 26¢ Case \$4.05 (43)
Cheddar Cheese Superior yellow, lb.

VINEGAR gal. 52¢
Old Mill jug 52¢
LINIT
Gloss Starch pkg. 9¢
GRAPEFRUIT JCE. 29¢
Town House 46-oz. 29¢
SWEETHEART
Toilet Soap 2 bars 13¢
BLEACH gal. 32¢
White Magic jug 32¢