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A Jap grenade blast on Okinawa. He defined a line of the Reich with Eugene last month.

Now recuperating in an Army genbombs. He was formerly employed

The fund, to be known as the Eric
W. Allen Memorial Fund, will be
administered by a board of trustees
short time ago it had been dusk at eran 390th Bombardment Group, and will be used for the benefit of
Okinawa and he had been advancing crack Eighth Air Force unit, which
holds a war record for destruction of the University of Oregon School of

as to take my belt off, tie it around ny leg and wait. I called my pla-

hospital on Guam.

His parents, Mr. and Mrs. James R.
Cotton, live in Myrtle Point.

Sgt. Theodore Easton Hopes To Get To Tekyo Yet

Dora, after having been recently discharged from the army air corps. "paper suit of armor" used to proSgt. Easton, after having served 22 tect the shells from salt water, dents,
months in the army in World War I, nicks and corrosive dirt, approxiand nearly three years in World War mately three pounds of waste paper II. expects to leave for Portland to are required. nlist in the Merchant Marine ser-

Easton, who saw active service in Europe in the last war, gave up hope Back In United States

Iva W. Willis, 20, radioman, sec of getting within range of the front in this war, he being over age for flight service. So, he got a discharge and hopes to get closer to Tokyo via the Merchant Marine service. He has been stationed at the Roswell, New Mexico, air base, and was discharged at Camp Lewis, Wash. He was on his way, accompanied by his two sons, Forest and Canyon, to visit his parents, Mr. and Mrs. R. A. Easton, at Ashland. — Myrtle Point Herald.

Calling cards, be for \$1.00.

Pvt. Ruben E. Cotton, 26, of Sergeant Wilfred C. Wasson, 20. Plans for a perpetual memorial Myrtle Point, is not at all worried year old B-17 Flying Fortress tail fund to honor the memory of Eric about his future. He's going back gunner, and the son of Mrs. Bess F. W. Allen, late dean of the University to his dairy farm, get married and Wasson, McKinley route, has been of Oregon School of Journalism, settle down. Ruben, a rifleman in the Army's courage and high achievement in the annual me seth Infantry Division, lost a leg in action while paving the way for Al-Newspaper Put a Jap granade blast on Okinawa. He was formerly employed. The fund, to

Okinawa and he had been advancing crack Eighth Air Force unit, which up a hill.

"We'd just had time to dig our enemy aircraft by a lone group in a single engagement, having shot down grenades," he recalled. "Three times 63 German fighters over Munster, I heard men cry out as genades ex- Germany, on Oct. 10, 1945. The ploded in their foundles. One of group has been cited by the Presitism school. Included in the benethe men hit was my sergeant. Another man was in the foxhole next guished Unit award for aiding in the fund, as planned, will be research, scholarships, lectureships, equipment, buildings, and projects affecting and in the field of newspaper practice, membering.

Regensberg, Germany. egensberg, Germany.

County's Waste Paper Goes Into 1,321,399 Gallons In May
"Suits of Armor" For Shells Gasoline consumption

oot, then was flown to an Army if they will buckle down and save an May gas use has shown an upward expital on Guam.

Army if they will buckle down and save an May gas use has shown an upward trend since 1941, Robert S. Farrell, The 105's are the big ones that have During the month of this year, Ore-

C. H. S. Grad, Iva W. Willis,

Food The Basis Of Many Middle-Age Maladies

of "An American Doctor's Odyssey," who, in his early seventies, cut a trim

and agile figure. The doctor, now medical consul-mit to the National Assn. of Manufacturers, has been advising industrialists and their workers all over the country through Industrial Health Health Clinics on the importance of medical care for employees. His concern with industrial health is a vital factor in industry's fight against

In an interview in the Journal of Living, Dr. Helser claims that such middle-age diseases as arthritis, gall-bladder, kidney trouble, heart consttions, diabetes and stomach ailments ome from eating too much of the wrong foods and not enough of the

Our stomachs need more rest, h says—he eats nothing from nine at night until one next day, and then it is two glasses of hot water. His lunch is a soft cooked egg, two slices of wholewheat zweiback and butter, milk, orange, grapefruit or tomato juice. For dinner, a plate of soup, moderate helping of meat or fish, vegetables, potatoes, green salad without dressing, glass of milk and two piece of wholewheat bread and butter.

Dr. Heiser plays tennis, takes long walks, and since the gas shortage gets around his country place on a bike. He recommends and takes air baths half an hour daily in a wellventilated room without clothes on -to fight colds.

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Oregon Gas Consumption Up

Gasoline consumption in Oregon Residents of Coos county can supply enough waste paper for 108,220 increase of six per cent over the May consumption of 1944, the first time

been helping American forces in their advance toward Berlin and Tokyo.

Last year Americans saved 106½ gallons over the consumption a year pounds of waste paper per capita, or enough for about 35 containers each for the 105 mm. shells.

During the month of this year, Oregon motorists used 20,782,529 gallons of gasoline, an increase of 1,321,399 gallons over the consumption a year pounds of waste paper per capita, or enough for about 35 containers each for the 105 mm. shells.

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In shop or store or on the street, Seem to have time enough to greet

Far from his habitat, alone, To grasp the gracious benison That here I feel,

Where everybody seems a friend, And good-will seems to have no end. Of all the graces here's the blend, In old Coquille.

-E. R. B., of Bandon

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Discontinuance of Short Over-Night **Pullman Service Affects**

But It Means More Sleeping Cars for Veterans

Operation of over-night sleeping cars from Portland to Southern Oregon points and to Coos Bay points will be discontinued with the last trip from Portland, Friday, July 13th and from destination points, Saturday, July 14th, by Order No. 52 of the United States Office of Defense Transportation.

The new regulations eliminate all Pullman sleeping bars operating for distances

. The reason for this order is that additional sleeping cars must be obtained to provide accommodations for the returning veterans from Europe, who are reaching Atlantic ports in large numbers. These veterans are coming home for discharge, or for furlough before going on to fight again in the Pacific. They deserve the most comfortable transportation service we can give them.

No new sleeping cars have been built since Pearl Harbor. Over half of the sleeping cars have been in exclusive use by the military. But they were not enough for this new task. The O. D. T. order resulted.

While discontinuance of short distance sleeping car operations will cause inconvenience to many people, we feel that the citizens of Oregon will approve this effort to better serve the men from overseas to whom we owe so much. We know the families of these Oregon boys who are coming home will have no question as to the merit of this new reg-

As far as Southern Pacific is concerned, our guiding principle has been "The Milltary comes first," and we are cooperating 100 per cent in carrying out the provisions of the above O. D. T. order. With nearly 25,000 Southern Pacific men and women in the armed forces we, too, have a real and personal interest in the welfare and comfort of service men and women.

SLEEPING CARS TO BE DISCONTINUED

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The friendly Southern Pacific