OLD ART FOLLOWED

Expert Declares Real Secret Lies in Tuning.

Vancouver.—Frank C. Godfrey be-longs to one of the most ancient and rarest professions in the world. He designs, tunes and installs church

bells.
Godfrey recently visited Vancouver to supervise the installation of eight new bells presented to St. James Anglican church. No one on the North American continent had the experience to undertake the job so Godfrey made his twenty-first transatlantic trip from England to hang the chimes in the tower of St. James.

The young bell expert represents John Taylor & Company of Loughborough, England, one of the few firms of bell founders in the world. The foundry has been making bells since 1360.

In Family Since 1780.

The Taylor bell foundry was established in medieval days by Johannes de Stafford, but since 1780 has been conducted by the Taylor family, and has supplied bells, chimes and carillons to all parts of the world.

According to Godfrey, there has never been any real rivalry for the English product. He says that the whole secret lies in tuning. To tune the notes in each bell of a carillon is a long and cartillon and cartillon in a long and cartillon in a lon is a long and costly process and is regarded as the apex of the bell founders' art.

Godfrey describes the bell casting process as follows: The molds are made from a porous mixture of loam, specially made at the Loughborough works. The loam must be perfectly dry to pre-vent an explosion. The boiling mass of bronze is poured into the mold from a huge ladle of 20 tons capacity. Pouring of the molten metals takes only four minutes, but seven days are allowed for cooling.

Gases Seep Out.

The boiling liquid generates numerous gases which are not allowed to bubble to the surface, but seep out through the porous loam core of the mold into a pipe, emitting an

unpleasant odor. Godfrey says that only three bells have had to be recast during his time with the firm.

Before the Vancouver job he installed a 47-bell carillon at Luray, Va., and last year he installed a carillon of 53 bells at the University

of Michigan, Ann Arbor. The carillon comprises at least two chromatic octaves of 25 bells and may be extended to a range of five

octaves, or even more.

The chime is a limited number of bells, which play single-note melo-dies. The minimum range of the chime is eight bells of the diatonic scale. They may be increased to a carillon. The bells may be oper-ted by a hand clavier connected to the clappers by wires, from an eleclike a player piano.

Muscles and Menus to Be Streamlined in Britain

London.—The British govern-ment's national fitness campaign is going to affect not only muscles but

Much of the physical unfitness of the English people is attributed to unsuitable and badly cooked food. The ministry of health and the board of education are considering how the better and wide teaching of cookery can be linked with the physical culture movement.

It is expected steps will be taken to encourage the provision of more evening cookery centers for adults and the better patronage of those already in existence.

Many girls now go from school to work in shops, offices, or factories. By the time they are married they have forgotten most that they learned about cooking and dietetics at school. It is this gap between school life and marriage that the ministry of health and the board of trade will attempt to board of trade will attempt to

The French are now rhyming Chamberlain with "J'aime Berlin, (I love Berlin).

Influenza Due To BY BELL CASTERS Unusual Cold Season

(Oregon State Board of Health) Although the reported number of ases of influenza is somewhat higher, it is not possible at this time to predict that there will be an unusual prevalence of this infection. At this season of the year there is usually an increase in the incidence of influenza. Epidemics of influenza of world wide distinction occur on an average of four for a century. Hardly a year passes, however, without the reporting of an epidemic of this disease somewhere. Influenza is not a clean-cut infection and the disease is Party Set For Monday in epdeme proportions. It starts with fever, cough, pain in the head and back. The prostration is all out of proportion to the fever and other symptoms. Instead of respiratory symptoms some cases suffer with mach and bowel symptoms. The infection is spread undoubtedly by the secretions from the mouth and It is therefore probable that the infection is contracted through direct and indirect contact and droplet infection. Some of the investigators hold that much of the infection is spread by indirect contact and hand to mouth infection. This disease spreads with amazing rapidity.

Influenza occurs at all seasons of the year, but occurs most frenquently during the winter months. Epiemics occur practically without warning. A large number of persons come down with the disease about the same time and its rapid spread is further assisted by the fact that many who have the disease do not go to bed, but continue to mingle with the public. The same precautions in regard to preventing the spread of common cold should be used to control the don, Irene Sandon.

outbreaks of influenza During an outbreak of common colds or influenza there are some tions to observe:

1. Practically everybody is susceptible to this infection. 2. Keep away from people who are

sneezing, coughing or sniffling. 3. Keep away from crowded places

4. Have your own towel and drink-5. Wash your hands thoroughly be

fore handling food. 6. Eat sufficient simple nourishing

bed and send for your doctor, 10. Many of the complications can be prevented by proper treatment.

Just arrived at Miss May's Shopnew wool, warm parkas for the younger miss.

For Christmas

Wreaths, 50c, 75c, \$1.00 and up Holly, per lb. - 50c - 75c Mistletoe (berried) lb. 75c

Potted Plants (blooming) 50c, \$3.00

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Myrtle Gardens

(Just across from Smith Woods) ***************

Belle Knife Hospital

An eight pound, six ounce, baby by was born to Mr. and Mrs. Leonand Leeper, of this city, last Friday The same day Mrs. Rudolph Kaino of Riverton, brought her three months old baby to the hospital for treatment for pneumonia.

Mrs. Maud Spurgin, of Greenacres entered last Friday for treatment. Kenneth Kistner underwent a ma-

r operation yesterday. David Anderson, brother of Mrs W. G. Brandon, entered the hospital on Monday for treatment.

Annual Christmas

The Junior Woman's Club Christ of the following:

Bernice Ireland, general chairman. Refreshment committee-Mrs. Flornce Berg, chairman; Mary Stevens Marjorie Knight, Arlene Harrison, Margaret Denison

Decoration committee - Geraldine

Thornton, chairman: Betty Axtell, Marie Wagner, Virginia Wood. Committee in charge of Presents-LaVerne Knife, chairman; Blanche

Entertainment committee-Margaret Dement, chairman; Ruth Dey. Committee in charge of prizes-Mrs Briggs, chairman; Genevieve Gant, Grace Hughes.

Myrtle Clausen and Eleanor Mc-Clellan are in charge of checking presents, guests and members at the

Baby picture contest (members please bring baby picture of self) llene Harris, chairman; Blanche San-

The club wishes to thank the following ladies for the loan of their dresses which the girls used in the things to remember and some precau- program for the Coquille Woman's ler and Wm. Candlin.

The club yearbook will be ready for ability. distribution Monday evening: Members and their guests are urged

gifts for members as well as guests.

Why Lake Erie Is Stormiest 6. Eat sufficient simple nourishing food, drink plenty of water and exercise in the outdoors daily.

7. Sleep at least eight hours in a well ventilated room.

8. Avoid rooms that are overheated.

9. If you feel an attack of common cold or influenza coming on, go to the lake's level 8 feet at one end, raise it as much at the other. When raise it as much at the other. When the storm subsides, the water then

rushes back, starts another storm.

Scout Executives Met Here Sunday

The Coos-Curry district of the Willamet Boy Scout Council held a planning conference at the Coquille Hotel Sunday. That day was insisted upon so that Scout committeeman and councilors from Eugene might attend, but not one was present from Lane

Ned C. Kelley, who presided at the ssion Sunday, and who has been identifed for 25 years with the Scout movement in Coquille and Coos county, declined to serve another year as Coos county chairman. He says he will still maintain an interest in

C. C. Farr was chosen by the group mas party will be held at the Guild to succeed Mr. Kelley. Community Hall Monday, December 19, at 7:45 chairmen chosen for next year are: to succeed Mr. Kelley. Community p. m. Committees in charge consist Coquille, R. L. Stewart; Bandon, O. C. Shindler; Myrtle Point, E. E. Barker; North Bend, Lyle B. Chap-

> The theme of Sunday's conference was "Keep Scouting on a quality ba-

Among the objectives for Scouting the coming year, the conference included the following:

More attention to courts of honor public troop functions, and the daily good turn; adoption of a standard troop budget plan by each unit as a means of cultivating thrift and operating on a sound financial basis; putting more "out" into "scouting," and better use of Boys Life magazine in

couting work. R. W. Doman, field scout executive told of the the growing interest in cubbing" for boys of pre-scout age explaining the plan for a home-cen tered program with close co-operation of parents. Doman also conducted a

Clarence H. Coe, Marshfield, led a discussion on scout advancement and court of honor work. Calling upon his experience with the scout move-Club: Mesdames J. S. Barton, F. L. ment, Coe emphasized the importance Greenough, J. E. Axtell, Ralph Nos- of a board of review preceding a court of honor to check on scout life and

Reports on scouting were given by Mr. and Mrs. Albert Pancoast, of to come and Santa will be there with Bridge, troop No. 64; Scoutmaster Earl Radford, of Eastside, troop No. 68: Scoutmaster Roy Morley, of Coquille, troop No. 14, and L. A. Blanc,

Others present for the conference were Walter S. Chiene and Dr. D. D. Browne, Scoutmaster Harry Levage and Mrs. L. A. Blanc, all of Marshfield; Rev. Geo. R. Turney, Rev. H. L. Graybeal and J. L. Smith, all of

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Enlistment Open To Ex-Service Men

Major H. D. Bagnall, the army recruiting officer in Portland, announces that since last June, when army recruiting was resumed after a suspension of several months caused by the overstrength status of the army, the recruiting service has functioned

men without such prior service cannot now be accepted. Recruiting for men without prior service has reverted to a waiting list status and Major Bagnall advises all qualified young men interested in army enlistment to contact the nearest army recruiting office and have their names placed on the waiting list to insure priority in favorable consideration when recruiting is again resumed.

Major Bagnall went on to say that so efficiently that the army has again during the month of November a total reached its full authorized strength, of 98 men were enlisted by the Portnecessitating certain restriction on land recruiting district and that the army recruiting. He stated that en- records indicate that 75 per cent of listments are now restricted to men these new soldiers formerly resided with prior army service, and that within the limits of the district itself.

Scouting, but not in an official ca-

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