(Oregon State Board of Health) When we talk of health needs nany of us have a hazy conce of what is meant. Each of us has a different view. Some think that it is limited to communicable diseases. Some of us recall offensive odors rising from decayed garbage or refuse and vaguely wonder if the health department should do something about School authorities think of medical examination of school children. Dentists are interested in an oral health program. Public health nurses think of the follow-up necessary to secure correction of physical defects so that children will be able to derive the most benefits from their education. Those interested in mental hygiene are particularly interested in the control and prevention of venereal diseases. The mental hygiene group is making every effort to prevent mental and nervous diseases. As a matter of fact, all of these activities are a part of what is called a well-rounded community health program. In addition there are others not frequently thought of but essential to the prevention of disease and the prolongation of life which are the concern of local health departments. For exemple, regular inspection of restauants, soda fountains and other eating places, as well as the handling of certain foods, such as milk, is important in order to protect the consumer from the various diseases that may be transmitted by this means.

There must be continuous supervision of general santtation in the community; someone must check the water supplies and private sewage disposal systems, and take the necessary steps to elminate conditions which may be detrimental to health. The logical person to take charge of ficer. This is already provided for in the Oregon laws which state that each city or county must have an in- in preliminary land classification. dividual trained in medical and sanitary sciences who is the local health power for preserving the public health and preventing the spread of disease, and it is his responsibility to ing about constructive development see that the proper control measures are carried out in the community. To the original duties of quarantining homes and abating sanitary nuisances, have been added all the various activities of the field of public health—epidemiological investigations of tuberculosis and syphilis as well as of the acute communicable diseases; on of maternal, infant and child health and the education of the public in such new health problems as the reduction of mortality from cancer. To the health officer of the community may come community leaders in search of information on 1921-22, passed away at El Monte, the sickness and death rates which are Calif., on Sunday, Nov. 6, death being comparison of these rates with those of other communities.

It is true that frequently other nongether to carry out some part of the and El Monte, Calif. health program. This can be done. tivity and when the group accepts his Coquille, and one grand daughter. guidance for it must be remembered that this is his responsibility. This is a whole time task and health protection demands a whole time county service. The leadership of a whole time health officer is vital to the development of adequate and complete health protection of the community.

Swift Plant Will Not Shut Down In Jan.

The Sentinel reporter was in error in stating that the Swift plant here would be closed down a portion of January. The manager, C. T. Selbig, states that the plant may not run more than every other day during the month, depending on milk and cream receipts, but the repairs will be made and reconditioning carried on without shutting down. January is always a light month, but all customers and patrons will be served as usual.

Dr. C. G. Stem, chiropractic physician, foot correctionist, electric th apist, 292 Moulton St., phone 86J. ti

Chadwick Lodge No. 68 A. F. & A. M. Stated Communication Tuesday, Dec. 13. 7:30 p. m. Election of Officers

> DINE and DANCE DANCING **Every Night**

Orchestra Every Wednesday and Saturday Free on Wednesday

Public Health Needs Land-Use Committee Home Economics Meets Here Dec. 2

Members of the land-use commit-Bend, general conference chairman, on Dec. 9. 10:00 a. m.

and rural home-life conference in Bullards on Dec. 7. Mrs. Nelsen and Attendance at these meetings in school each Friday to hear Dr. Mont-January assisted in adopting reports Mrs. Smith at Sumner will hold their November totaled almost 500, and all gomery's address. prepared by four committees, through which definite recommendations were made for the benefit of agriculture and rural home-life. These recommendations will be reviewed at the meeting on December 2, and plans formulated for co-ordinating the activities of all agencies who should assist in making the recommendations more effective.

The proper utilization of land is becoming increasingly important in the coast section of Oregon, and is now considered by most farm leaders to be the basis on which sound agricultural developments should occur. The proposal to maintain an active landuse committee, composed of the members of this committee at the conference, and others who may be in a position to be helpful, should result in greater development in this county, according to George Jenkins, county

Meeting with the committee on December 2 will be P. M. Brandt, head of the division of animal industry, and a member of the forest land classification committee in each county as an appointee of the director of the agricultural experimental station; also J. C. Moore, land planning speciall this action is the local health of- alist with the bureau of agricultural economics who has done extensive work in the coast sections of Oregon

Previous to calling this meeting, Peterson was assured by F. L. Balofficer. To him is given all the lard, vice director, that the extension service is ready and willing to cooperate with this committee in bringas recommended by the agricultural conference, and in co-ordinating the activities of the various agencies involved.

Rev. E. A. Shumard Passes In California

A card from his widow, Mrs. Mary E. Shumard, states that Rev. Elmer A. Shumard, who served as a United Brethren preacher at Johnson Mill, Fishtrap, Gravelford and Dora in

Since leaving Coos county and returning to California Mr. Shumard had graduated from a chiropractic official community groups join to- college and had practiced in Puerto

Beside his wife he leaves a son, most effectively however, when the James; two daughters, Freida, and health officer participates in the ac- Mrs. Annie Freer, who was born in



wipers, the never-ending spiral bars of this new "Life Saver" Tread it out through the deep drains

Goodrich Silvertown Thornton Tire

Service 340 W. Front Coquille Tel. 270 Broadway at Curtis Marshfield Tel. 652 thern Oregon's Largest and

Demonstration Dates

Our Extension news for the con e organized in connection with the ing week is carrying the menu planagricultral and rural home-life con- ning meetings to completion with the ference, held in Coquille last January, home demonstration agent, Julia Ben- Schroeder's; Dec. 6, Powers, Fellowand representatives of other organiza- nett, presenting the simple entertain- ship Hall; Dec. 7, Dora, Mrs. O. G. tions within the county, have been ing at Powers on Dec. 6, Dora on Dec. requested by E. L. Peterson, of North 7, Fairview on Dec. 8, and Allegany

Those who attended the agricultural and Mrs. Jeffries will demonstrate at Edna Hoffman's.

THE ARISTOCRAT

and Mrs. Hoffman at Norway on Dec.

tension Unit meetings for the month of December is as follows: Simp Entertaining (Agent), Dec. 1, Green Dell, Grange Hall; Dec. 2, Bandon Bunch; Dec. 8, Fairview, Grange Hall.

Table Setting (Project Leaders), it. Parent-teacher groups think of to meet in the county agent's office in The table setting demonstration will ward's; Dec. 1, Bridge, Cafeteria; Coquille on Friday, December 2, at be given by project leaders in their Dec. 7, Bullards, Grange; Dec. 8, Arago Radio Club own communities. Mrs. Walstrom Sumner, Nelsen's; Dec. 9, Norway,

meeting on Dec. 8, and Mrs. Bender women in the community are free to Address on China December 5

News From Office Of Co. Superintendent

Mrs. Barber Visiting Schools Beginning Tuesday of this week, Mrs. Olive Barber has been visiting several schools in the southern part of Coos county. During these visits she has spoken on the subject of birds.

Arago is another district with a radio club. The club meets at the

Teachers and students will be paricularly interested in the address on China mentioned elsewhere. This is free to the public and will take place Monday evening, December 5, at eight o'clock in the auditorium of the Pioneer Church, Coquille.

WARRANT REDEMPTION NOTICE Notice is hereby given that war-rants up to and including No. 12,088, issued by Coquille School District, No. 8, will be paid upon presentation to the district clerk, on and after Friday, November 25, 1938. Interest on said warrants ceases on that date.

Keith Leslie, Clerk.
School District No. 8, Coqui
Coos County, Oregon.





LB. LOAF Troco Oleo 2 LBS. 350 20c Hot Sauce 3 CANS 10C Matches CTN. 17C EDWARDS 4 LB. CAN 87C

TEA 1/2 LB. BLACK 25 CANTERBURY	Macaroni s LBS. 13c Tomato Juice 6 oz. 15c
CORN MEAL .	YELLOW 25C
KARO SYRUP	BLUE LABEL 5 LB. PAIL 33C
PANCAKE FLO	UR BLOSSOM 39C
FLOUR HARVEST BLOSSOM 49 LB. SAC	\$1.19
BEANS WHITE 5 LBS	23c

M	ATH FALLS U. S. NO. 2 Oregon	
100 × 100	MARSHMALLOWS-Lb	13c
	MIXED NUTS-2 Lbs	35c
	DATES-2 Lbs.	19c
	CHOCOLATES, Fancy 5 lb. box \$	1.10
183	SATIN MIX CANDY-2 Lbs	23c
2169	MINCE MEAT In Bulk-2 Lbs	19c
	VANILLA, Imitation, 8 oz. Bottle	19c
	CORN—No. 303 Can—3 Cans	25c
1.00000	SOUP—3 Cans	29c
	PEAS-No. 303 Can-3 Cans	25c
	VAN CAMP'S CHILI-2 Cans	19c
	TUNA FLAKES—2 Cans	.25c
	PEACHES—2 Cans	25c
	PEARS—Salad Pieces—No. 2 Can	10c
	PINEAPPLE TIDBITS-3 Cans	1000000
	STARCH—Kingsford—Pkg OXYDOL—Lg. Pkg	

學是是此類的學習經濟學是不可能的學	KET SPECIAL	
OYSTERS	PINT	150
SALT PORK	FOR SEASONING LB	171/20
BACON SQI	UARES LB.	11%0
STEAKS	B—CUT FROM PRIME BEEF LB	191/20
PORK ROA	ST ARM CUTS LB.	15½c

3	The same and the same of the same and the same of
	STARCH-Kingsford-Pkg 10c
į	OXYDOL-Lg. Pkg 23c
00000000	PEANUTBUTTER-2 Lb. Jar 25c
8	SUPURB SOAP-Lg. Pkg 21c
	V. C. PORK & BEANS-2 For 25c
8	ZEE TISSUE-4 Rolls 17e
9	WHITE KING SOAP, Med. Pkg. 23c
3	WHITE KING TOILET SOAP Bar 5c
	Palmolive Soap 3 Bars 19c
2000	Crystal White Soap-10 Bars 35c
	IVORY FLAKES La Pha 900