



**Season's  
Cheer 1937**

We approach 1937 with optimism confident that it holds new and greater prosperity for everyone.

**Hudson's Drug Store**



**NEW  
YEAR  
CHEER  
1937**

Let the New Year carry our message of renewed hope and confidence in the future and our appreciation of your friendship and patronage in the past. May 1937 be a year of success and happiness to you.

**First National Bank**  
Member Federal Deposit Insurance Corporation.

**BEST WISHES FOR 1937**

Same old greeting  
That good old wish that cheers  
To bring you joy  
And all good luck  
For the next 100 years.

**Tip Top**



We resolve—  
To continue to merit your friendship and patronage.

**Eaton's  
Feed Store**  
Myrtle Ponit - Marshfield  
Bandon - Coquille

**HAPPY NEW YEAR  
1937**

Ring in the New Year—  
May it bring fullest success to your most cherished dreams.

**HAPPY NEW YEAR**

**Coquille  
Valley  
Sentinel**



Long after New Year's Day is gone  
May happiness linger on  
We also thank our customers for their patronage during the years that are past and hope to merit its continuance in the future

**Norcott  
Studio**



**HAIL  
NEW YEAR GREETINGS**

Happy New Year  
and know you have our sincerest wishes for Health, Luck and Happiness.

**Studio Beauty Shop**  
MURIEL DAE

**BEST WISHES FOR NEW YEAR 1937**


What more can we say than  
Happy New Year

**P. L. Johnson**  
Plumbing - Heating  
Sheet Metal - Oil Burners

**HAPPY NEW YEAR 1937**

We See Better Days Ahead for 1937.  
May You Receive Your Full Share.

**City Cleaners & Tailors**  
Phone 103-L Front St.  
Coquille



**Cow  
Bell  
Dairy**

May every day of 1937 bring better things for you.

**First Church of Christ, Scientist**  
Coquille, Oregon  
Sunday School at 9:30 a. m.  
Sunday Service at 11 a. m.  
Subject for next Sunday, "God."  
Wednesday evening meeting at 8 o'clock.  
Free public Reading Room open in Church Building every Tuesday and Friday afternoons except holidays from two to five o'clock.  
The public is cordially invited to attend our services and to visit the Reading Room.

**Methodist Episcopal Church**  
Evening preaching 7:30 p. m.  
Prayer meeting Wednesday 7:30 p. m.  
Scriptural, spiritual preaching. Everyone welcome.  
G. A. Gray, Pastor.  
107 E. 2nd St., Coquille, Ore.

**G. T. COOK  
Brick Mason**  
Fireplaces and Chimneys  
P. O. Box 62, Coquille

**H. E. HUDDLE**  
Local & Long Distance  
**HAULING**  
Moving a Specialty  
**coal**  
Phone 178-L  
Insured Carrier

**Baptist Church**  
9:45 a. m. Bible School, Clifford Brockman, Supt.  
11:00 a. m. Sermon, "Benefits of the Atonement." Reception of new members and communion. (We are not close communionists).  
6:30 p. m. Young People's service.  
7:30 p. m. Subject: "God's Power within Us."  
Thursday 7:30 p. m. prayer service.  
God is blessing our services. We would be glad to share this blessing with you.  
W. A. Stephens, Pastor.

**Church of Christ**  
E. Fourth at Coulter  
Bible school, 9:45 a. m.  
Morning Service, 11:00 a. m. Sermon topic, "The New Man and the New Year."  
Christian Endeavor, 6:30 p. m.  
Evening Service, "The Gospel in Radio Terms."  
Midweek Service, Thursday 7:30 p. m.  
Earl F. Downing, minister

**The Pioneer Methodist Church**  
W. Raymond Wilder, Minister  
Mid-week service, Wednesday, 7:30 p. m.  
Sunday services: Sunday School 9:45 a. m. Morning Worship 11:00 a. m. Epworth Leagues 6:30 p. m. Evangelistic service 7:30 p. m.

**Coquille Assembly of God**  
Mrs. Hazel MacLeod, Minister  
Sunday, 9:45 a. m. Sunday School. Richard Danielson, superintendent.  
11:00 a. m. Morning Worship, Mrs. MacLeod speaking.  
6:30 p. m. Young people's meeting.  
7:30 p. m. Evangelistic service.  
Tuesday, 7:30 p. m. Prayer meeting.

**Seventh Day Adventist Church**  
Second and Collier Streets  
Sabbath School (Saturday) 9:45 a. m.  
Preaching service 11:00 a. m.

**Dairymen's Association Annual Meeting Next Monday**  
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also have an important program this year and the possibility of our county organization sending representatives to the state meeting will be considered at the county association meeting.

In commenting on the federal testing program for the eradication of Bang's disease, the local association president stated that, according to a tabulation included in the annual report of the county agricultural agent, there had been 1,106 herds in the county tested one or more times up to November 30, 1936. These herds included 17,093 cows, 1,219 of which were reactors and 467 suspects; or in terms of percentages, 7.13 per cent reactors and 2.73 suspects. Some of these herds have been tested as many as six times and the results so far obtained are optimistic to dairy leaders of the county who can see an opportunity for eliminating Bang's disease from our herds through the federal testing and the application of the state law. The value of eliminating this disease from dairy herds in a section where dairying is the principal type of agriculture cannot be overlooked from the standpoint of advertising value.

**The Holy Name Catholic Church**  
Mass on first and third Sundays at 8 a. m.; second Sunday at 10 a. m. and when there are five Sundays, Mass on fourth Sunday at 10 a. m. Last Sunday of each month Mass at Myrtle Point at 8 a. m. and at Powers at 10 a. m.  
Father M. G. Hart, Bandon

**St. James Episcopal Church**  
8:00 o'clock Holy Communion.  
9:45 o'clock Church School.  
11:00 o'clock morning service and sermon.  
Rev. Geo. R. Turney, Vicar.

**Coos Soil Resources Conferences to Be Held in Jan.**

Several important problems pertaining to soil fertility will be considered at two soil resources conferences to be held in Coquille and some point on Coos Bay on January 25 and 26, according to an announcement made by George Jenkins, county agent, who has arranged these meetings following a conference with farm leaders of the county.

This is one of several similar conferences to be held in various counties throughout the state this winter. Subjects which are tentatively scheduled for discussion at the two meetings in Coos county are maintaining soil fertility, irrigation, and crops best adapted for growing under irrigation, drainage, soil testing, and uses and sources of agricultural lime and an explanation of the 1937 Agricultural Conservation Program.

On discussing this program it was pointed out by Mr. Jenkins that consideration of these subjects had been requested by farm leaders in the county. It is possible that some other subjects may be included when the final program is announced. The discussion of the 1937 Agricultural Conservation program will be especially timely when these meetings are held as it is expected that full details of it will be known at that time. Five hundred farmers in the county are participating in the program this year and it is expected that the number will be greatly increased in 1937 since the new program is being developed with more consideration being given to benefits available for the type of farming practiced in this section.

**New Cases in Circuit Court**  
Dec. 24—Barney Megale vs. State Industrial Accident Commission.  
Dec. 26—Z. Russ Co. vs. G. A. and Etta Wilberger.  
Dec. 28—Olin Lay vs. State Industrial Accident Commission.

**HI-WAYS TO HEALTH**  
by ADA R. MAYNE  
OREGON DAIRY COUNCIL

**A New Year's Resolution**

During recent years people have come to smile at a New Year's resolution voiced aloud. For New Year's resolutions made earnestly have too often been considered lightly if considered at all after the coming of the New Year. But regardless of the present attitude, it is a splendid idea for individuals to check up on themselves at the beginning of each New Year. We should aim to avoid mistakes previously made, to improve upon practices already tried, and to consistently follow certain procedures we know to be beneficial to the health and welfare of the entire family.

A resolution regarding food selection is always in order. Standards of living, health and happiness are all largely dependent upon the intelligent selection of food.

To be fair to ourselves, we need to know and to keep in mind certain principles of diet. To satisfy the needs of the human body we need foods to build the structure, to give it warmth and energy, and to keep it in good order. To get enough of the food substances that serve those purposes we draw upon at least five classes of foods: milk for one, vegetables and fruit for another, bread and cereals for a third, meat, fish, eggs, or cheese, and finally, fats and sugar. Because there is little danger of our neglecting bread or meat, nutritionists advise us to make sure first of all of the "protective" foods—milk, vegetables and fruits; and as often as you can afford them, eggs, also. These foods will give you good value in minerals and vitamins and pro-

And scientists are telling us to watch particularly for these minerals and vitamins in our foods. Take vitamin A, for instance, which is generously supplied in milk. This vitamin promotes growth and builds up resistance to colds and other infectious diseases. Each of these important elements has a specific and very important function to perform—one is essential to the development of strong, sound teeth, others are responsible for glowing healthy color, others prevent deformities, such as bowed legs and so on. It is best that we recognize their importance in the diet and see that they are present daily in the form of milk, fresh fruits and vegetables.

The Bureau of Home Economics, U. S. Department of Agriculture, recommends: Every meal—milk for children, bread for all. Every day—cereal in porridge or pudding, potatoes, tomatoes (or orange) for children, a green or yellow vegetable, milk for all. Two to four times a week—Tomatoes for all, dried beans and peas or peanuts, eggs (especially for children), lean meat, fish or poultry or cheese.

**City Arrests Past Week**

Roy Deeter was arrested again by the city police last Saturday night and was fined \$20 by the recorder on Monday. The fine was suspended for a year, however, on condition that he leave town.

Five dollar bail postings were forfeited on Monday by Forrest S. Boyd, George and Archie Martin, who were arrested last week-end.