

LIBERTY THEATRE

WEEKLY PROGRAM

SUNDAY, MONDAY, TUESDAY, MAY 29-30-31

"Broken Lullaby"

With Lionel Barrymore and Nancy Carroll

Hatred! Fear! Remorse! Cowardice! Love! Joy and Courage! That's life! And Life did this story to you! He opens his heart to the man who killed his son. She never thought she could smile again after her sweetheart was killed. But now! Matinee Sunday 2:30.

WEDNESDAY AND THURSDAY, JUNE 1 & 2

"Tomorrow and Tomorrow"

With Ruth Chatterton and Paul Lukas

A young wife and her struggle between loyalty to her husband and love for another man. A young wife whose courage brings fleeting moments of happiness to herself, whose self-sacrifice brings lasting happiness to others.

FRIDAY AND SATURDAY, JUNE 3 & 4

"While Paris Sleeps"

With Victor McLaglen, Helen Mack, Wm. Bakewell and Rita La Roy.

The heroic sacrifice of an escaped convict for the sake of his daughter's happiness is the motivating theme of "While Paris Sleeps."

Selected shorts with each show. Prices 35c, 10c. Starting time 7:30.

Coming—"PEACH O. RENO" with Wheeler and Woolsey.

Marriage Licenses

May 21—Seth Crawford and Mabel Fanno, both of Millington. They were married by Judge Thompson at the court house Saturday.

May 21—R. H. Hunt and Amanda Costello, both of Bandon. They were also married by Judge Thompson last Saturday.

May 24—Earl Rickard and Aileen Barker, both of Myrtle Point.

May 25—Myron E. Renchhausen and Lulu Rudberg, both of North Bend. They were married Wednesday by Rev. C. G. Morris at North Bend.

May 25—Byron Buryl Boles and Claudia Parker, both of Myrtle Point.

May 26—Merle Frank Sharr and Alice Marx, both of Marshfield. They were married yesterday by Judge Thompson, in his office here.

Alpine Coal delivered in Coquille for \$5 a ton, cash. Phone 71. Helmkin & Son.

Music Club Enjoys Program

One of the most delightful affairs of the early summer was the musical given by the music club at the home of Mrs. Lyman Carrier Tuesday afternoon. The pleasant rooms were attractive with a profusion of red peonies and roses. A large number was present, knowing this to be the last meeting of the club until September.

Mrs. Carrier presided at the business meeting concluding the work of the year and a constitution and by-laws for the new club were read and approved. Members had been requested to consider a name for the club and it seemed to be the general consensus of opinion that it be called the McDowell club, honoring Edward McDowell, the outstanding American composer.

Mrs. Carrier, as the retiring leader, then thanked all who had contributed to the success of the club, and Mrs. C. A. Rietman, the newly elected president, took the chair. After the usual preliminaries, Mrs. Rietman presented the Chaminade Quartet from Marshfield, Mesdames C. W. Endicott, Benj. Ostlund, Chas. Stauff and E. S. Henderson, accompanied by Mrs. Wm. Horsfall, who had kindly consented to entertain the club with a musical program. Mrs. Horsfall also gave a most excellent talk on American music and was able to lend an additional charm to her discourse through personal touch with many of the composers and their surroundings. The quartette rendered the following program at this time exemplifying the different class of music ranging from sacred to popular:

- "Windoor," hymn
- "Land of Our Hearts," (patriotic)
- "Trees" (Kilmer) Rasbach
- "Swing Low, Sweet Chariot" Burlingame
- "Howdydo, Mis' Springtime" Gulon
- "The Living God" O'Hara
- "Cuckoo Clock" Grant-Schaefer
- "I Dream of Jeanie" Foster
- "A Tragic Tale" Fox
- "Behind the Cottonwood" Cadman
- "Home on the Range" Guion
- "Out of Main Street" Cadman
- "Necklace of Love" Nevin
- "The Rosary" Nevin
- "At the Well" Hageman
- "The Sea" MacDowell
- "Rain" Curran
- "Come down Laughing Streamlet" Spross
- "Indian Mountain Song" Cadman

Miss Audrey Aasen played two beautiful selections, Prelude by Rachmaninoff and Hiebentiaume by Franz Liszt, for the opening number.

It was a classical program throughout and greatly appreciated by all. Later tea was served in the dining room, Mrs. C. A. Rietman and Mrs. J. L. Aasen presiding at the tea table, which was centered with an exquisite bouquet of columbine.

Probate Court Items

The will of Jos. P. Reilly, who died at Leneve May 4, was admitted to probate Tuesday. His sister, Nellie Reilly Tully, was appointed executrix of his will. The estate is estimated to be worth \$3,000.

August H. Bender, of Norway, was last Saturday appointed executor of the will of Nancy Caroline Hermann, who died at Myrtle Point, May 14, leaving an estate estimated to be worth \$2735.

If you want to subscribe for a Portland daily the clubbing combination we offer with the Sentinel will save you money.

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National B. P. W. Secretary Luncheon Guest Here

Miss Emily R. Kneubuhl, executive secretary of the National Federation of Business and Professional Women's Clubs; Miss Martha M. Gasch, of Portland, retiring president of the State Federation, and Mrs. Mae Ross Walker, state director of music and art, were entertained at a noon luncheon at the Coquille Hotel on Tuesday, May 24th, by the members of the local club.

Mrs. Bertha J. Smith presided at the luncheon and introduced Miss Gasch, who gave a short message and then introduced the national officer. Miss Kneubuhl stressed very strongly that the women had found their place in the business world and were making good and that they were co-operating with the men and not competing with them. She also stressed a systematic saving or some form of insurance for women.

A large basket of California poppies and blue lupin adorned the table and corsage bouquets were presented to each of the honored guests. Local members attending were Mrs. Bertha Smith, Mrs. Belle Gould, Mrs. Leona Bryant, Mrs. Georgia Richmond, Mrs. Belle Knife, Mrs. Viola Newton, Mrs. Jennie Price, Mrs. Ula Leach, Mrs. Inez Chase, Mrs. Clara Bosserman, Mrs. Ruth Beyers, Misses Blythe Cousins, Edna Robison, Laura McLeod, Katherine Jane Hassler, Inez Rover, Jennie Lindros, and Saima Lindros, and guest, Mrs. Jack LeFevre.

About ten of the local club members motored to Marshfield Tuesday evening and attended a pot luck dinner given by the Coos Bay Club in honor of Miss Kneubuhl, who was the main speaker of the evening.

Beulah Chapter Card Party

A special committee of members of Beulah Chapter No. 6, O. E. S., were sponsors for a most successful card party held in the banquet room of the Masonic Temple Wednesday evening.

The proceeds of the party will be used to defray the expenses of Beulah Chapter's chorus to Portland, where they have been invited to sing during the Grand Chapter session.

More than 100 attended and prizes were won as follows: lady's high, Mrs. T. B. Currie; gentleman's high, J. E. Axtell, who each received lovely potted plants; lady's low, Mrs. Boone, a lovely corsage bouquet; gentleman's low, Frank Schram, a trumpet indicator.

A pleasing feature of the evening's entertainment, was the group of three songs which were presented by the following ladies, who compose Beulah's chorus: Mesdames E. A. Woodyard, J. W. Miller, P. W. Walker, Birdie Skeels, Edward Lorenz, Bert Folsom, Roy Boober, H. W. Covall, Geo. R. Johnson. Their accompanist was Mrs. C. A. Rietman.

SOCIAL NOTES

Mrs. Levi Wilson and her mother, Mrs. Frank Fish were hostesses at a lovely shower party for Mrs. Ralph Harry, of Albany, Oregon. Mrs. Harry is the daughter of Mr. and Mrs. Aaron Wilson, at whose home the delightful affair was held. Mrs. Harry was not present at the party but this morning Mrs. Wilson, her mother, left for Albany to visit for a few days, also taking with her the many lovely gifts. Out-of-town guests were Mrs. Ivan Laird, of Brewster Valley; Mrs. Fred Baker, Empire; Mrs. Al Volck, Port Orford; and Coquille ladies were Mesdames L. P. Maury, Ernest Bonham, Mattie Gaslin, A. B. Dean, Lewis Lowellen, George Swinney, Fred Nosler, A. O. Walker, John Martin, Floyd Peterson, Gene Nosler, Leland Peterson, Arthur Hooton, V. L. Bailey, Fred McClellan, Guy Kelley, Augusta Nosler, Ned Kelley, T. B. MacDonald, Willard Sloan, D. F. Thompson, Joe A. Staninger, Clifford Kern, Henry Tiedeman, C. T. Skeels, Alva Harry, H. S. Cadman, T. B. Currie, Phoebe Harry, Myrtle Noah, W. H. Wimer, Martha Mulkey, Misses Myrtle DeLong and Jennie Lafferty.

Yesterday at the home of Mrs. W. E. Cross on the Fishtrap road, the Laf-a-lot club ladies spent a very pleasant afternoon with sewing and conversation as the diversion. Present were Mesdames Ed Delfensen, Chas. Kime, Arthur Ellingsen, Frank Willard, O. T. Nelson, W. D. Simmons, Geo. Gilman, P. J. Jacobsen, E. A. Wimer, and C. C. Bonniksen. Mrs. Delfensen invited the club to meet with her in two weeks.

Saturday evening at her home on North Henry St., Mrs. H. H. Coleman presented a number of her pupils in two piano recitals with some solo numbers. A number of relatives and friends were present and enjoyed the evening.

Mrs. J. W. Laird and Mrs. Edward W. Lorenz were hostesses at the Woman's Guild of the St. James Episcopal Church which met Wednesday afternoon at the Parish house. Only a few ladies attended.

The Ecadrien club ladies met for luncheon on Monday at the home of Mrs. W. V. Glalayer. Three additional

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Want Ads

One Cent a Word Each Insertion

FOR RENT—18-room unfurnished Apartment or Rooming House, newly decorated. Ideal location in resort town. Riverview Apartment or P. O. Box 482, Bandon, Ore. Owner. 1t*

FOR RENT or Lease—Unfurnished home. Three bedrooms, furnace, fireplace, garage, concrete basement, all modern conveniences. Paved street. Rent \$25.00. Nosler & Walker, Agents. 1t

FOR RENT—room and bath, with or without garage. Apply at Sentinel office.

LOST—A rose-colored belt for lady's dress, with clasp at each end. Lost Tuesday afternoon. Finder please leave at the Sentinel office.

FOUND, on the street Wednesday a bar pin, with brilliant or diamond chip setting. Owner can secure it at Sentinel office.

FOUND—On front porch of Gould Apartments, Thursday morning, a geranium in a jardiniere; placed there during the night. Owner can secure same at Sentinel office.

REPOSSESSED, all-white, Hotpoint range. Will sell for unpaid balance of contract. Mt. States Power Co.

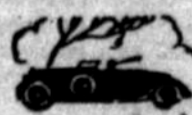
FOR RENT June 1st—Furnished 6-room, modern house at 240 S. Moulton. Electric range, full basement, with furnace and laundry tubs. R. B. Miller, 707 Sherman St., Medford, Oregon. 19t*

TEAM FOR SALE—Well broken team, weight between 1500 and 1600 with complete set of harness, at a bargain price. Call at E. P. Adams' office, Phone 60-L, Myrtle Point, Oregon. 19t*

FOR SALE—7 h. p. Economy Gas Engine, in use three days. Apex aillage cutter, distributing and blow pipe complete for \$200.00 Wallace Crouch, Haynes Inlet. 17t*

FOR RENT—J. W. Miller residence, on South Elliott, across from court house. Phone 130-J. 14t

Used Cars For Less



- 29 Chev. Coach - \$285
- 25 Studebaker Roadster - 85
- 26 Overland Six Coupe - 60
- 26 Chevrolet Touring - 25
- 28 Ford Cabriolet - 110
- 27 Pontiac Panel Delivery - \$250
- 26 Essex Coach - 35
- 29 Ford Truck—stake body - 285
- 26 Dodge Coupe - 110
- Logging Trailer - 85
- 29 Chevrolet Truck—stake body - 235
- 31 Harley Davidson Motorcycle - 250
- 30 Ford Truck—Duals - 450

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HEALTH in the HOME

Practical Studies for Wives and Mothers

By Dr. ERNEST H. LINES
Business Authority and Chief Medical Director
New York Life Insurance Company

EXERCISE, SLEEP AND REST

EXERCISE, especially outdoors, is necessary for every one whose work does not involve manual effort. Adults should endeavor to spend one hour and children two or more in the open air daily in active exercise. Part of the adult's exercise may be taken in walking to and from work where this is possible. Such games as tennis, golf, baseball, basket-ball, swimming and skating are advisable.

Dancing is another way of taking exercise and is helpful where outdoor exercise is not practicable. A few minutes spent doing calisthenics in the morning is also of distinct advantage.

The danger of overdoing is always present when exercising, especially for the adult of forty or over. No one should take any form of exercise within an hour or two after meals. No one should begin too strenuously and no exercise should leave one exhausted; nor should one force himself to the golf course or to the tennis court when he is already physically tired.

Many of the sudden deaths of middle-aged men apparently in good health during or immediately following a game of golf show the danger of this. Exercise should be a recreation and a pleasure, not a duty to be performed irrespective of the physical condition of the body at the time.

SLEEP AND REST

Adults need 7 to 8 hours sleep, children considerably more. Too

little or too much sleep is harmful as are irregular sleeping hours. Beds should be elastic and warm and admit the passage of air around them. A mattress of hair, felt or cotton on a wire spring and pillows also of hair are preferable to feather beds and pillows; the latter are too heating. Cotton or linen sheets and pillow cases and woolen blankets are the best bed clothes.

In very hot weather the blankets may be discarded. Too many or too heavy bed clothes are not advisable. Pillows should be low because high pillows hinder the movements of the diaphragm and make breathing harder.

QUESTIONS:

All wives and mothers should be able to answer these questions:
1. How much sleep is required for adults? For children?
2. How high should pillows be?
3. Should exercise leave one feeling exhausted?

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This is the fourth of a series of 12 articles on Health in the Home. The fifth will be on Clothing the Family.