

## POWER

properly exercised is a real benefit

The Savings, derived from the immense Buying Power of the  
**20TH CENTURY STORES**  
passed on to the customers, are benefits you can't fully realize unless you partake of them  
Figure your Savings on the following

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**OFFERINGS, Saturday and Monday, July 18th and 20th**

Oregon Milk Tall Cans 3 for ..... 25c	Crystal White Soap 10 Bars ..... 39c
Wesson or Mazola Oil, Quart Cans ..... 49c	Fruit Jars, Genuine, Ball Masons, complete with porcelain lined caps and new rubbers. Quarts, doz. .... 75c
Kipped Snacks, Imported, Bone- less, 4 Tins ..... 25c	"Economy" Matches, noiseless, good size, full boxes; 6 for ..... 23c
Royal Club Peaches in heavy syrup Large cans, 2 for ..... 49c	Jello Pkg. .... 10c
Salmon "MAPLE LEAF" Col River Spring Chinook, "The Cream of the Catch" 1-2 lb tins 23c; 1 lb tins ..... 39c	Corn Beef, No. 1 Tins ..... 25c
Parowax 2 lbs ..... 25c	Mason Jar Caps, Zinc 2 doz. .... 39c
Tropiko Grapefruit, Golden Sun rip- ened Fruit, can 23c; 3 for ..... 65c	Pineapple, Standard, Sliced, Large tins, 2 for ..... 45c
Bon Ami Powder 12 1-2c Bon Ami Cakes ..... 10c	Best Shortening Bulk, 2 lbs. .... 35c
Teas, Bulk, Fancy Ceylon & India lb ..... 63c	Quick Cooking Oats Kerr's, large pkg. .... 25c
Pinhead Gunpowder lb ..... 55c	Toilet Paper "1000 Sheet" Tissue 3 Rolls ..... 23c
Cocoonot Long Thread lb ..... 19c	<b>EXTRA SPECIAL—</b> Citrus Granulated Soap 4 packages, 10c size, for ..... 25c
<b>20TH CENTURY COFFEE</b> "Makes your breakfast taste better" Di- rect from our own Roaster to you pound 45c; 3 pounds \$1.32, ..... 1.32	

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## 20th Century Grocery

Coquille                      Marshfield                      North Bend

## Health and Home

### CAMPING AND PROBLEM OF FOOD

There is no healthier sport than camping. During the warm and balmy spring and summer days, it is real recreation. To get out in the fresh air and sunshine, free from worry and care, enhances the health of anyone, be he office man, salesman or what not.

But due to the entirely inadequate means of food preservation and refrigeration found in the majority of camps, there is the ever-present danger of sickness from infected foods. The utmost care must be taken in order that this may be avoided. Butter and eggs should be bought only as used. The milk is a problem in itself. Perhaps the solution lies in the use of a milk other than market milk, in order that purity and sterility may be assured. For such use, evaporated milk is ideal. Many people are wont to compare evaporated and condensed milk but there is no similarity between the two. Condensed milk is a combination of sugar and milk and can be used only when both of these substances are desired. Evaporated milk is merely pure, fresh milk with about sixty per cent of the water removed and the nutrient content left intact. It is absolutely sterile and pure, having been sterilized before leaving the factory. The water, removed by evaporation, may be replaced very easily and the milk returned to its original volume. Evaporated milk may be obtained in small cans, containing six ounces or in larger ones containing sixteen and can be taken to the camp in quantities sufficient for the needs of the entire period, thus assuring a constant supply of pure, fresh milk without the worry or the danger attached to the use of the market product.

Following are recipes for a few dishes that are best adapted for camp consumption because of ease of preparation, purity and food value.

**Tomato Soup.**  
1 pint tomato pulp 1 1/2 cups water  
or canned to- Salt and pepper  
mato soup to taste  
1 1/2 cups evapo- 1/2 tsp. soda  
rated milk  
Bring tomato pulp or soup to the  
boil, add the seasonings and soda.  
Heat the milk and water and combine  
slowly with the tomato mixture.

**Stirred Eggs.**  
1/2 cup evaporated 1/4 tsp. paprika  
milk 4 eggs  
1/2 cup water 2 tbsp. fat  
1/2 tsp. pepper Grated cheese  
Beat the eggs, add the milk, water  
and seasonings. Melt the fat in a fry-  
ing pan. Add the egg mixture and  
stir until the mixture is creamy. When  
almost done, sprinkle with grated  
cheese. Serve on slices of bread, toast  
or crackers.

## Canning Supplies

Jelly Glasses	6c each
Fruit Jar Holders	11c each
Fruit Strainer (large size)	45c each
Fruit Strainer (small size)	35c each
Mason Jar Caps, dozen	47c doz.
Fruit dipper strainer	25c each
Canning Rack	60c each
Aluminum Funnels	10c each
Aluminum Dipper	10c each
Boilers, brass bottom	\$3.00 each
Boilers, solid brass	\$5.50 each

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## Oerding Hardware

Owned by the Seven Oerding Brothers  
Three Doors East of Post Office Phone 74M

### 12 Boats in Bay Fishing Fleet

With the arrival of 12 off-shore fishing boats, Wednesday afternoon at Chas. Feller's dock, Coos Bay had the largest fishing fleet ever assembled there at one time. Most of the boats came from Ilwaco, Grays Harbor, and South Bend, Wash., and are trolling off Coos Bay and the Umpqua for the first time.

A few days ago they took in 16

tons of salmon to the Umpqua and yesterday brought in two tons to Marshfield, many large Chinooks being included in the catch as well as a few halibut.—Times.

**What \$2.25 Will Do**

For \$2.25 you can have the weekly visits of the Coquille Sentinel and the Oregon Farmer—52 of each—for a year.

### Was Not a Licensed Driver

Justice Dodge of Myrtle Point fined Gladys Strey, of Myrtle Point \$10 for driving a car without a license and \$50 for reckless driving. While driving the car of Ed. Porterfield of Clatsop county, she had a wreck near Bridge a week or so ago.

Calling Cards, 100 for \$1.50.



**APPROVAL—instantaneous approval of this 'sensation'**

## The Coupster

Thousands have seen it—thousands now acknowledge the new 1925 Star Coupster the greatest closed car value in the low-cost class!

**Offering** open car airiness or closed car snugness at the touch of the hand, this scientifically-designed business man's coupe returns more dollar for dollar value than any other low-cost closed car.

**See it—You must! Right away.** The Coupster is a sensation—a new and wanted type. Immediate orders mean early deliveries. Come see it today!



### White & Burr Motor Co.

STAR - DURANT - FLINT

**Famous Million Dollar Motor—Four-Wheel Brakes**

No other car like it! Unmatched in low closed car price and service construction.

**NEW VALUES**  
**Coupster Features**

- Quick-sliding curtains built into permanent top.
- Clear vision from all driving angles.
- Broad-dimensional luggage compartment. (waterproof, locked)
- Gray Spanish leather upholstery.
- Rich blue lacquer finish.
- Natural wood wheels.
- Fisk "balloon" size 4.40.

## Health and Home

### FEEDING BABY DURING SUMMER

Milk is recognized as the ideal food for young children. It should be carefully guarded during the warm summer months, to insure its freedom from germs or bacteria that might cause harm to the child. Because of its nature, it is, under certain conditions, a breeding and propagating ground for germ life and may soon become unfit for use unless it is handled with the utmost care and vigilance. Perhaps the ideal way to obviate this risk is through the use of evaporated milk. This milk is only pure milk with sixty per cent of the water removed from it and is absolutely sterile. It is of double richness but may be modified by the addition of water, which will return it to its original volume with a greatly enhanced food value.

Evaporated milk is sterilized and has a high nutritive content. This causes it to be a very excellent food for the young child and the infant. In fact, many of the leading pediatricians of the country advocate its use after the child is deprived of its mother's milk. A formula, evolved by these pediatricians, through experimentation, is as follows:

**From Sixth Week to Third Month.**  
Milk, evaporated ..... 4 ounces  
Lime water ..... 3 ounces  
Milk sugar ..... 3 ounces  
Bottled water ..... 28 ounces  
Seven feedings in twenty-four hours; 1 to 2 ounces at three-hour intervals during the day and one feeding at 10 p. m.

**From Third Month to Fifth Month.**  
Milk, evaporated ..... 1 1/4 ounces  
Lime water ..... 3 ounces  
Milk sugar ..... 3 ounces  
Bottled water ..... 28 ounces  
Six feedings in twenty-four hours; 1 to 2 ounces at three-hour intervals during the day and 1 feeding at 10 p. m.

**From Fifth to Seventh Month.**  
Milk, evaporated ..... 1 1/2 ounces  
Lime water ..... 3 ounces  
Milk sugar ..... 3 ounces  
Bottled water ..... 28 ounces  
Five feedings in twenty-four hours; 1 to 2 ounces at four-hour intervals during the day and 1 feeding at 10 p. m.

**From Seventh to Ninth Month.**  
Milk, evaporated ..... 1 1/2 ounces  
Lime water ..... 3 ounces  
Milk sugar ..... 3 ounces  
Bottled water ..... 28 ounces  
Four feedings in twenty-four hours; 1 to 2 ounces at four-hour intervals during the day. Last feeding at ten at night.

**From Ninth to Twelfth Month.**  
Milk, evaporated ..... 1 1/2 ounces  
Lime water ..... 3 ounces  
Milk sugar ..... 3 ounces  
Bottled water ..... 28 ounces  
Four feedings in twenty-four hours; 1 to 2 ounces at four-hour intervals during day. Last feeding at ten at night.

## COQUILLE MACHINE SHOP

Phone 46J                      Coquille

## Does Your House Need Painting?

We are making Special Prices on

### Lead and Oil

100 lbs. White Lead, - \$15.50  
Boiled Linseed Oil - \$1.40 gal.  
Best Grade Screen Doors - \$2.25  
5-panel common Door - \$2.75

E. W. GREGG.                      First St., Coquille

## FARM POULTRY

### FIND WEED IS CAUSE OF "GRASS EGGS"

Presence of the common weed known as shepherd's purse (Capsella bursa-pastoris) in pasture of laying hens is responsible for a peculiar condition in the eggs known to the egg buyer as "grass egg," "alfalfa," or "green rot." Investigations by Prof. L. F. Payne of the Kansas State Agricultural college poultry department indicate, Professor Payne's account of the investigations is contained in Poultry Science.

"Grass eggs" were especially prevalent on the market last spring. Professor Payne observed, but no explanation could be offered by buyers or flock owners.

In less than a week after the hens were given free range in the garden in the spring, eggs from the flock kept by Professor Payne at his home developed dark yolks so strong in flavor that they could not be relished. Professor Payne discovered that the birds were eating freely of shepherd's purse, which grew in profusion in the garden. Several flocks of chickens from which a large percentage of eggs offered for sale had dark or olive-colored yolks were located through a Manhattan shipper. These flocks were examined, and it was found that they were eating the same weed.

Experiments then were instituted at the college poultry farm. One pen of hens that had not received green feed in any form the previous five months was placed on wheat pasture and another pen on pasture containing shepherd's purse.

"The eggs from the hens that had had shepherd's purse ad libitum began to show dark yolks in four days, while yolks from the wheat pasture hens developed a dark color, but did not, within two weeks, develop the olive color," Professor Payne wrote.

"Subsequent experiments were conducted in which three pens of hens that had not received green feed in any form for five months previous to the test were used. Pens one, two, and three were given a liberal supply daily of fresh alfalfa, penny cress (Thlaspi arvense), and shepherd's purse respectively. Other hens on the poultry farm were fed green sprouted oats daily. The yolks from

the alfalfa and sprouted oats pens continued normal, but olive-colored yolks were found in both the penny cress and shepherd's purse pens.

Professor Payne suggests two preventive methods—either keep the hens confined until there is a variety of green feed available, or supply them with wheat or rye pasture or sprouted oats throughout the winter so they will have no desire to "fill up" on these particular weeds.

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### Use for Trap Nests

A trap nest is a laying nest so arranged that after a hen enters it she is confined until released by the attendant.

When possible it is advisable to trap-nest the layers for the following reasons:

1. To tame the birds, thereby tending toward increased egg production.
2. To furnish definite knowledge concerning traits and habits of individuals.
3. To furnish the only satisfactory basis for utility or other breeding.
4. To eliminate the nonproductive hen.
5. To add mechanical precision to judgment and experience in developing and maintaining the utility of a flock.

For further information and plans showing the construction of a trap nest, send to the Department of Agriculture at Washington, for Farmers' Bulletin 682, "A Simple Trap Nest."

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### Poultry Hints

Hens in the laying houses and bare yards need a lot of green feed.

Brooders permit the production of early broilers, which is one of the most profitable phases of the industry.

Late chicks are hard to raise and slow in maturing. Such chicks are easy prey to diseases, and robbers of the roost in many ways.

Get the brooder in condition before putting in the chicks. Disinfect it well and start it some time before the chicks enter it. The house must be warm and dry, and preferably on fresh, clean location.

Send the Sentinel to eastern friends