

## PUBLIC CONFIDENCE

Is the Backbone of the

### 20th CENTURY STORES

Success. Consistently low prices on Dependable Food-stuffs, have convinced consumers these clean, modern, sanitary Stores are always Safe Trading Places

Offerings, Saturday & Monday, July 11th & 13th

Oregon Milk Tall Cans, 3 for	25c	Searchlight Matches: 5 large full boxes	25c
Libby's Pineapple Sliced, large can	25c	Royal Club Peaches, luscious yellow Large can	28c
Certo for Jelly making Bottle	29c	Standard Tomatoes Large cans, 2 for	25c
Crema Oil Soap 5 bars	25c	Cocunut, long thread, Sugar Cured, Fresh, pound	19c
Wesson or Mazola Oil, Quarts	49c	Norwegian Sardines, in pure Olive Oil, 2 cans	25c
Campbell's Beans "The Big Tin"	10c	Nuraya Tea, Ceylon & India, (Black) 1-2 lb pkg. 29c; 5 lb pkg.	57c
Jello Pkg.	10c	Old Dutch Cleanser 2 for	15c
Ripe Olives Bulk, pint	15c	Burnett's Vanilla 2 oz. bottle	33c
Royal Baking Powder, 12 oz. can 43c 2 1-2 lb can \$1.29; 5 lb can	2.39	Smidlers Catsup Large bottle	25c
Crystal White Soap 10 bars	39c	Flour, Patent or Pastry, best brands 10 lb sacks	58c
Grape Juice "Dickinson's" Pint bottle	29c	Kerr's Best Patent Flour, 49 lb sack \$2.33; Crown	2.43
20TH CENTURY COFFEE "The im- proved flavor" Direct from our Roaster to you, pound-45c; 2 pounds	89c		

# 20th Century Grocery

Coquille      Marshfield      North Bend

## Champion Wrestler Tells What to Eat



Johnny Meyer, world-famous wrestling champion of the world, is strongly in favor of the use of scientifically prepared foods. He prefers to know that the food he is eating is pure and wholesome rather than to take a chance with any kind of food prepared by eating food from an unknown source. In a recent interview on the eve of his match with Lou Talar, he said: "I expect to win the crown from Talar. He is a fine wrestler and has more science than any man of the past today. However, I feel sure that my superior physical condition will prevail and that I will emerge victorious and the champion of my division. Diet is a very important part of my program in training for a match. The system that I use is really very simple, involving only good judgment and caution in the selection of food. I prefer to eat scientifically prepared foods whenever possible and I never eat anything to which is attached the slightest doubt of its purity. I eat a great deal of canned foods because I am sure that they are pure and will have no ill effects on my digestive system. Take just as an example of what food can do for the body—milk. It is the greatest of body builders and a very important part of any man's diet. But sometimes impure or contaminated milk may be the source of illness if used. Because of this fact, I use evaporated milk and find it very satisfactory. I know that it is pure and that I will not suffer from its use. I know that it is a great body builder because the concentration of it gives it such food value. I know that it is easily digested, more so than mother's milk. In fact, because I drink it before going to bed and feel no effects of it in the morning. This is usually hard to do with ordinary market milk. This plan, in substance, is the same one that I use regarding other foods. If there is any chance or suspicion of impurity or low food value, I use something else.

"And if a man is so attracted that it is impossible for him to get the proper amount of exercise, he must be doubly cautious not to purchase of any but the purest food. On the whole, if a man eats with wisdom and observes the fundamental rules for good health, there is no reason why he should ever have a sick or uncomfortable day."

# Special 98c

A guaranteed knife for 98c. If you are not satisfied with your purchase you may return it and we will give you a new one or return your money.

Come in and see our complete stock of Knives, Scissors and Cutlery.

## Oerdings' Hardware

Owned by the Seven Oerding Brothers  
Three Doors East of Post Office Phone 74M



TRY WELDING THE  
C. M. S. WAY

and see the difference in results. We weld anything and everything weldable, at a price which means economy to you. It is far cheaper to have us weld for you than for you to waste parts and machines by scrapping them.

## COQUILLE MACHINE SHOP

Phone 46J      Coquille

## Does Your House Need Painting?

We are making Special Prices on  
Lead and Oil

- 100 lbs. White Lead - \$15.50
- Boiled Linseed Oil - \$1.40 gal.
- Best Grade Screen Doors \$2.25
- 5-panel common Door - \$2.75

E. W. GREGG.      First St., Coquille



Get the Red Crown Mileage Card at any "Red Crown" pump. Use it and see your summer mileage increase.

OF COURSE there's a limit to the number of miles your car can get even out of Red Crown gasoline. But as you follow the practical suggestions in the Red Crown Mileage Card you'll keep improving your summer mileage—with a good chance of tagging on 15 to 30 miles extra to the tankful. Figure that out for a season and you'll be buying "Red Crown" MILES exclusively like thousands of other experienced motorists. — Why not start saving today?

# buy miles

The best buy in town—by miles

STANDARD OIL COMPANY  
(California)

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### Futility of the Hour

Our idea of a futility is a convention of grand dukes called to debate ways and means for getting royalty back on the throne.—Portland Oregonian.

### Young Turkeys Require Shelter in Wet Weather

Young turkeys are susceptible to wet weather. One precaution that must always be observed in handling the young poults is to see that they have a dry place where they are protected from the rainstorms, and that they have a dry place to roost.

Turkey hens will lay when a year old if they are well nurtured. It is probably best to keep the majority of the flock older hens, but it is necessary to keep some of the better young hens to gradually replace the older ones. In this way the flock can be kept in the best condition.

In feeding and caring for young poults there are so many different plans and methods advocated as here are for chicks.

No food should be given to the young poults for the first 36 to 48 hours. During the first week hard-boiled infertile eggs chopped fine and mixed with equal parts of rolled oats and fed in limited quantities three times a day is a satisfactory ration. Sour skimmed milk or buttermilk is excellent for drinking purposes. After the third or fourth day cracked corn, hulled or steel-cut oats, cracked wheat or other similar grains may be scattered in the light litter or in the short grass outside of the brood coop in order to encourage the poults to exercise in getting their food.

### June Is the Best Time to Caponize Cockerels

While capons are produced only in small number where their quality is known, they sell for fancy prices, according to D. H. Hall, extension poultry specialist of Clemson college, who suggests that the month of June is the best time to caponize young cockerels. At this season the market is usually low for broilers and it will pay to caponize cockerels and keep them for capons.

In selling these capons the local market must be developed first. Some of our tourist towns are already providing good market for capons and are paying good prices for them. Several men in South Carolina are exporting to the farmers, and are marketing their products for them at a small cost.

The operation on the cockerel is not difficult usually, but should be performed with care. If the cockerels are starved out from 36 to 48 hours before the operation, it will help greatly. If the intestines are full of food the operation is very difficult.

### Dirty Feet Retard Eggs

When yards and houses are wet and ooze with moisture most of the time, it means cold and dirty feet for the hens. A hen that "gets cold feet" seldom lays the right quota of eggs, and dirty feet make dirty nests and dirty eggs. In cases where a suitable dry location is hard to get, along with other desirable factors, place a three-inch tile, even with the bottom of the foundation on the outside, and provide proper outlet for excess moisture.

mangel beets. In ordinary cellars cabbages do not keep so well as mangel beets, so they should be used up first.

### Why Little Chicks Die

Chicks die in the shell because of lack of vigor in the breeding stock, lack of moisture, overheating or chilling of the eggs and other causes which are hard to explain. It is a fact that most poultrymen find the eggs running close to 90 per cent in fertility, and even then have to be satisfied with 50 per cent hatches on the average for the season. A lot of chicks seem to die in the shell during artificial incubation in spite of the best of management.

### How She Arrived

Said the bank teller to the new girl who was making a deposit: "You didn't foot it up."  
"No," she replied innocently, "I took a taxi."—Wall Street Journal.

### Green Feeds for Fowls During the Entire Year

Fowls need green feed of some kind all the year round. It should be supplied to hens confined in small yards and to all hens during the winter when no natural green feed is available in the yards. Free range or large yards will furnish ideal conditions for green feed, and this factor is one of the most important in raising poultry profitably on farms where the birds are supplied from cheap, natural sources.

Where smaller yards have to be used, they should be divided into two parts and used alternately, planting the vacant section two or three times yearly with quick-growing green crops of rape, oats, wheat, rye, or barley. This furnishes green feed and also helps to keep the yards sweet, clean and sanitary, which is perhaps the most important consideration in making poultry pay.

Good kinds of green feeds are sprouted oats, alfalfa, meal, chopped