# S. M. NOSLER
## of Corvallis, says:

**A De Laval will bring happiness to your farm**

A DE LAVAL Cream Separator [illegible] in a day, every day in the year. It is the greatest aid [illegible]

In saving of butter-fat alone it is quite [illegible] the De Laval pays for itself in a short time. Absolutely fresh cream [illegible] to your door, [illegible] about the farm, to buy new stock [illegible] or improve old herds.

The De Laval Separator illustrates the [illegible] of quality dairying. It [illegible] the [illegible] Thus [illegible] 2,500,000 De Lavals in daily use the world over [illegible] to your door.

[illegible]

**Sooner or later your will buy a**

# De Laval


### SCHOOL NOTES

Mrs. R. C. Hancock is teaching Mrs. Chase's room during her illness.

Visitors this week: Mrs. Frank Wilson and Mrs. Hurd.

Perfect in Spelling

Second A—Frank Schram.

Third B—Elnore Elliott, Mary Hoover, Wilbur Dean, Helen Wickham, Henry Steinfiff, Grace Whittington, Elda Gilman, Grayden Anderson, Lois Ocholtree, Rodney Creager, Donald Page.

Third A—Georgia Leatherwood, Francis Sackett, Elma Rusted, Corrine Wheat, Bessie Hill, Helen Belloni, Dorothy Bunch, Belmont Ireland, Martha Jane Webb, Emma Flitcroft, Leslie Robbins, Benjamin Leatherwood.

Fourth B—Jerene Low, Cecil Storey, Leiah Odem, Delores Lamson, Bessie Abell, Anne Pellary, Barbara Richmond, Neil McGilvery, Pamellia Willard, Marjory Jacobsen, Elva Hansen.

Fourth A—Addie Wigant, Nina Butler, Jessie Johnson, Blanche Gregory, Viola Pribble, Jean Pierce, Edith Hurd.

Blue Ribbon List

The following teacher and pupils who have not been absent since school began in September are on the blue ribbon list. There are 48 of them.

Teacher: Miss Emma Kennedy.

Pupils: Ena Wilson, Denton Ellingsen, Helen Herner, Elizabeth Kudrna, Harriett Neiman, Eula Doak, Frank Schram, Lillie McQuigg, Hazel Mansell, Neta Rose Bunch, Elnore Elliott, Elda Gilman, Eldon Gilman, Gertrude Mehl, Lois Ocholtree, Donald Page, Mark Seeley, Dorothy Cary, Josephine Robbins, Beulah Cornwell, Flora May Johnson, Anne Pellary, Anthony Richmond, Martha Jane Webb, Joseph Sackett, Willard Ross, Wilma Gilman, Gladys Pribble, Marion Gregory, Ruth Lutrell, Rosalind Lamson, Blanche Bolton, Grace Jones, Fred McGraw, Shirley Vernon, Kathryn Williams, Bessie Hollenbeck, Florence Cary, Gretchen Mehl, Marguerite Agnstine, Viola Pribble, Audry West, Lorline Wilkinson, Gerald Sandon, Leonard Smith, Robert Willard, Bessie Abell, Deloris Lamson, Jerene Low.

### Milk

No series of articles on children's diet would be complete without giving milk its proper and very important place, although recently much has been said on the subject. Some one has said that "pure, fresh milk is a food fit for the gods. Babies cannot live without milk and growing children grow the faster for it. It gives vitality to youths, power to middle life, and to old age it brings a goodly portion of the health and strength of former years."

One quart of milk may be used by some children, however, some thrive better on less, but one pint is the minimum. Children should drink it at meal time and between meals. But don't make the mistake and think that it is a beverage only, for it is a good food also.

A child who is well nourished on milk will not care for stimulants in the form of coffee and tea, and is not so prone to develop a taste for them. It is usually the malnourished child who craves stimulants and develops the taste, but on the other hand they do him no good, (but often harm.)

As we mentioned before milk contains an abundant supply of bone building material, it is good for the teeth. It builds muscle and gives heat and energy. In other words, there is no other food which comes so near meeting all body needs. That is the reason the young of all animals can live on it during the early period of life. Such a perfect food should be denied no one. Sometimes it is considered an expensive luxury, but when we know that one quart of milk will furnish the same energy value as nine eggs, with eggs at 75 cents per dozen, or as 14.9 ounce round steak, (almost a pound) at 25 cents per pound, it is a very inexpensive food, indeed.

We often hear it said, "But my child will not drink milk."

This may be due to the fact that it was given sour milk, at one time, or with disagreeable flavors. There is no food that will take on bad flavors as easily as milk and therefore, it must be kept in a clean place away from onions and other strong foods. If your small child will not drink milk, try giving it with a straw.

Milk should be given whole when possible; however, sweet skimmed milk is a good food.

Come children, let us have another glass of milk!

Height and weight of children 14 to 15 years of age:

| | Boys | | Girls | |
|---|---|---|---|---|
| | Weight | Height | Weight | Height |
| 14 yrs | 99.3 lb | 61.0 in. | 100.3 lb | 60.3 in. |
| 15 yrs | 110.8 lb | 63.0 in. | 108.4 lb | 61.4 in. |

CHURCHILL

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### Bay Man Ends His Life

Riley McCarty, proprietor of the Quick Lunch restaurant and confectionery on Sherman avenue in North Bend, did not open his place of business Saturday morning. His two little daughters, Paddy and Hazel, aged 10 and 7 years, seeking their father, called several times at the store and finally looking through the window of his room at the back of the place saw their father dead on the floor in a pool of blood.

McCarty had shot himself in the center of the forehead with a 45 Colts revolver.

Lack of funds due to dull business is supposed to have caused the act. When his bank account was posted, it showed a balance in his favor of just one cent.

A. R. O'Brien, who published the Marshfield Record for seven or eight years, has gone to Ukiah, California, where he recently purchased the Republican Press, a weekly newspaper. Ukiah is a town of 2,000 people, 113 miles north of San Francisco.


## Cash Cream Buying Station

Highest cash market price for cream. Guarantee correct weights and tests.

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**Fresh Bread, Cakes and Fancy Pastry**

Laird Building Coquille, Oregon

## Are YOU One With Us?

One million, five hundred thousand farmers are united in a common cause through the American Farm Bureau Federation. They represent fifteen billion dollars' worth of our national wealth. That is more than the value of all the gold the world has produced in the last sixty years.

These are stupendous figures. Yet the impressive fact is not the size of the figures themselves, but the power they signify. The thoughts, the voices, the strength of one-fourth of the country's farmers joined in a single cause—farm progress! It is a tremendous force for good.

This force that is created by 1,500,000 determined farmers is making itself felt. It is speaking with too powerful a voice to be ignored, too well informed to be dismissed. Congress, capital, labor are having to listen to the farmer at last because the farmer has found a means of making himself heard. The Farm Bureau Federation has given him that means.

Fall in line! Join the Farm Bureau and help swell the mighty force that has enlisted under the Farm Bureau banner. Its objective is a secure and prosperous farming industry. Help it to guarantee that for you and the six million other farmers of this country.

Before the national body was organized THE COUNTRY GENTLEMAN began to support the movement. Its aid has been continued because the editor believes in the soundness, the integrity and the wisdom of Farm Bureau policies and leadership. THE COUNTRY GENTLEMAN always is ready to support and encourage every move that is helpful to farming. That is the purpose of this big national weekly—to make farm life more livable and profitable. It does this through the medium of informative articles, inspiring editorials and practical suggestions.

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# COLLIER WAREHOUSE
## HAY GRAIN FEED

| | | |
|---|---|---|
| Eldorado Cocoa Nut Meal | per cwt | $1.80 |
| California Rolled Barley | per 75lb | 1.85 |
| California Ground Barley | per cwt | 2.50 |
| Whole Corn | per cwt | 2.65 |
| Cracked Corn | per cwt | 2.75 |
| Scratch Feed | per cwt | 3.70 |
| Wheat | per cwt | 3.70 |
| Oil Meal | per cwt | 3.90 |
| Albers Bros. Molaso Meal | per cwt | 2.75 |
| Yellow Canadian Field Peas | per lb | 6 1-2c |
| Vetch Seed | per lb | 9c |