

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30		
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Barrymore	Barrymore	KATU News First		News	ABC		
PBS	3	5			Tiger Donkey		Elinor Rosie		Xavier Sesame		Dinosaur		Varied Programs				Pink Arthur		Odd	Wild Kratt		Varied Programs				
CBS	6	6	6	6	(7:00) CBS Mornings		Let's Make a Deal		The Price Is Right		Young & Restless		News Bold		The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News		
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Hello Blast		News Varied		NBC News Daily		Blast Blast		Dateline		KGW News at 4		News	NBC		
CW	9	9	32	32	KOIN AM Extra		Everyday Northwest		Tamron Hall		Jennifer		Maury		Steve Wilkos Show		You Bet You Bet		Friends Mom		Housewife Housewife		Mod Fam	Mod Fam		
FOX	12	12	12	12	Good Day Oregon		World Cup Today		World Cup Today		FIFA World Cup 2022				Varied Programs		Sherri		Clarkson		4 O'Clock News		5 O'Clock News			
MNT	13	13	49	49	FIFA World Cup 2022		Paid Prog. Paid Prog.		Chicago Fire		Chicago P.D.		Relative		Divorce		The People's Court		Judge Mathis		Hot Bench Hot Bench		Jdg Judy Jdg Judy	Pictionary Pictionary		
UNIV	22	22	16	47	(7:00) Despierta América!				Como dice el dicho		Noticiero		Nosotr.		Amor dividido				La mexicana		El gordo y la flaca		Primer impacto			
A&E	52	55	118	265	Parking	Parking	Parking	Parking	Varied Programs												First 48		Varied	First 48	Varied	
AMC	60	45	131	254	Paid Prog.	Paid Prog.	Movie	Varied Programs					(:15) Movie		Varied Programs											
ANP	24	49	184	282	Dr. Jeff: RMV		Tanked		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Varied Programs											
BET	4	72	124	392	Lv Single	Lv Single	Lv Single	Lv Single	Lv Single	Lv Single	black-ish	black-ish	Movie											Movie		
BRAVO	54	65	129	237	Southern Charm		Southern Charm		Southern Charm		Southern Charm		Southern Charm		Southern Charm		Southern Charm		Southern Charm		Southern Charm		Southern Charm		Varied Programs	
CARTOON	25	59	177	297	Coco.	Thomas	Mecha	Bugs	Batwheels	Thomas	Movie	Varied Programs		Teen	Teen	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Craig	Craig	Teen	Teen	
CBSN	410	410	158	221	Varied Programs		The Jim Rome Show						Maggie and Perloff				Varied		Schein		Varied Programs					
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront		Anderson Cooper 360			
COM	77	56	107	249	Brooklyn Brooklyn		South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	The Office	The Office	
COOK	123	123	113	232	Varied Programs																					
DISN	26	48	173	290	Bluey	Spidey	Bluey	Bluey	(:05) Bluey Firebuds		Mickey	Bluey	Bluey	(:35) Bluey	Bluey	Bluey	Big City	Big City	Big City	Ladybug	Ladybug	Ladybug	Big City	Big City		
E!	64	76	114	236	Varied Programs																					
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportsCenter		This Just In		NBA Today		NFL Live		Around	Pardon	SportsCenter		Varied Programs					
ESPN2	34	28	143	209	Get Up		(7:00) Get Up		SportsCenter		SportsCenter		Varied Programs		Jalen	Varied	NFL Live	Varied	Wager	Varied	Basketball	Varied Programs				
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports		America Reports		The Story		Neil Cavuto		The Five		Special Report		Jesse Watters		Tucker Carlson			
FOOD	61	54	110	231	Varied Programs																					
FREE	32	33	180	311	Fam. Guy	Varied	700 Club	Varied	700 Club	Fam. Guy	Varied	Movie		Varied Programs												
FS1	41	85	150	219	FIFA World Cup 2022		FIFA World Cup 2022		Today		FIFA World Cup 2022		Varied Programs		World	Speak	Varied Programs		Hub		Basketball	Varied Programs		Basketball		
FX	65	24	136	249	Mom	Mom	Varied Programs				Movie		Varied Programs		Movie		Movie		Varied Programs							
FX	35	64	125	259	(7:00) Movie		Varied	Movie			Varied Programs		Cleveland	Cleveland	Cleveland	Cleveland	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	Simpsons	Simpsons		
GOLF	88	88	401	218	Golf	Varied	Golf Today		Varied Programs		Golf Today		Varied Programs		Golf C'tral	Varied Programs			Golf Central		Varied Programs					
HALL	87	87	185	312	Movie				Movie		Movie		Movie		Movie		Movie		Movie		Movie					
HALLMM	86	86	187	565	M "A Glenbrooke Christmas" (2020, Drama)		"A Christmas Duet" (2019) Chaley Rose.		"A Christmas to Remember" (2016, Drama)		"Hearts of Christmas" (2016) Emilie Ullerup.		"Christmas Bells Are Ringing" (2018)		T "A Perfect Christmas" (2016) Dillon Casey		"A Little Christmas Charm" (2020, Drama)		"Angel Falls: A Novel Holiday" (2019)		"Home for Christmas Day" (2017, Romance)		"Our Italian Christmas Memories" (2022)			
					W ** "November Christmas" (2010, Drama)		"A Gift to Remember" (2017) Ali Liebert.		"Christmas in Angel Falls" (2017, Drama)		"The Mistletoe Inn" (2017) Alicia Witt.		"Charming Christmas" (2015) Julie Benz.		Th "The Christmas Ornament" (2013, Romance)		"A Godwink Christmas: Miracle of Love"		"Journey Back to Christmas" (2016, Drama)		"Rocky Mountain Christmas" (2017)		"Angel Falls: A Novel Holiday" (2019)			
					F "A Gingerbread Romance" (2018, Romance)		"A Christmas Miracle" (2019) Kendall Cross		"Christmas Wonderland" (2018, Romance)		"Christmas Scavenger Hunt" (2019)		"Christmas With Holly" (2012) Sean Faris.													
HGTV	62	57	112	229	Varied Programs																					
HIST	50	60	120	269	Varied Programs																					
LIFE	29	29	108	252	Movie				Movie				Movie											Movie		
MAGN	81	81	111	230	Varied Programs																					
MSNBC	71	67	209	356	Craig Melvin Reports		Andrea Mitchell		MTP Daily		Katy Tur Reports		Hallie Jackson		Deadline: White House				The Beat With		The ReidOut		All In With			
NGEO	55	78	197	276	Paid Prog. Paid Prog.		Varied Programs																			
NICK	27	51	171	299	PAW PAW		PAW PAW		PAW PAW		PAW PAW		PAW PAW		Blaze Blaze		PAW PAW		PAW PAW		Movie	Varied Programs		Monster	Varied	
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Court	Court	Court	Court	Court	Court	Court	Dr. Phil		Dr. Phil		
OXY	30	69	127	251	Varied Programs																			Snapped		
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom	Mom	Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men
ROOT	37	26	426	687	Paid Prog. Paid Prog.		Varied Programs																			
SYFY	67	50	122	244	(:08) Knight Rider		Varied Programs		Varied Programs		(:15) Movie		Varied Programs													
TCM	56	73	132	256	M "On Dangerous Ground" (1951)		"I Know Where I'm Going!"		(:15) ** "Desire Me" (1947, Romance)		"The Enchanted Cottage" (1945)		(:45) *** "Random Harvest" (1942) Ronald Colman.		T (:15) "Wine, Women and Horses"		"The Story of Seabiscuit" (1949)		(:15) ** "Annie Oakley"		(:45) *** "Blood on the Moon" (1948)		*** "Annie Get Your Gun" (1950)	MGM	"Monsieur Verdoux"	
					W Flame-Arr. *** "Colorado Territory"		(:15) *** "The Silver Chalice" (1954) Virginia Mayo.		(:45) *** "Captain Horatio Hornblower" (1951)		*** "White Heat" (1949)		*** "Roman Holiday"		Th Dirty Ding ** "The Ballad of Cable Hogue"		(:45) ** "The Cheyenne Social Club"		** "There Was a Crooked Man"		(:45) *** "The Life and Times of Judge Roy Bean"		"The Killers" (1946)			
					F She Went (:45) ** "Irene" (1940) Anna Neagle.		(:45) **** "Annie Hall" (1977)		*** "Mary of Scotland" (1936)		(:45) ** "Annie" (1982, Children's) Aileen Quinn.		** "Matinee"													
TDC	51	42	182	278	Varied Programs																					
TLC	49	62	183	280	Varied Programs																					
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Varied Programs															
TRAV	53	38	196	277	Varied Programs																					
TRUTV	73	75	242	246	Hack	Hack	MythBusters		MythBusters		MythBusters		Ad. Ruins	Ad. Ruins	truTV Top Funniest		truTV Top Funniest		Jokes	Jokes	Jokes	Jokes	Jokes	Jokes		
TVL	75	74	106	304	Paid Prog. Paid Prog.		M*A*S*H M*A*S*H		M*A*S*H M*A*S*H		Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.
USA	58	39	105	242	Varied Programs				Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Varied Programs			
WE	118	118	128	260	Paid Prog. Paid Prog.		Varied	Paid Prog.	Varied Programs																	
WEATH	14	19	214	362	AMHQ		Patrn		Weather Underground		Weather Underground		Weather Underground		Patrn		Storm Center		Storm Center		Storm Center		Storm Center	Varied Programs		
WTBS	59	40	139	247	George	George	Broke Girl		Broke Girl	Broke Girl	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon	
HBO	518	518	303	504	M (7:45) ** "Equals" (2015)		** "Ender's Game" (2013)		(:25) "You, Me and Dupree"		(:15) ** "Something Borrowed" (2011)		REAL Sports		T (7:45) ** "Snitch" (2013)		(:40) * "Geostorm" (2017) Jim Sturgess		(:45) ** "The Mule" (2018)		(:45) ** "Old" (2021) Gael Garcia Bernal.		Hard Knocks	REAL Sports	Wrestler	
					W (:15) ** "What Lies Beneath" (2000, Suspense)		REAL Sports		"High School Rank"		(:10) Shaq		(:15) ** "The King's Man" (2021) Ralph Fiennes.		Th ** "Limitless" (2011) Bradley Cooper.		(9:50) "The Incredible Hulk"		(:45) ** "Aeon Flux" (2005)		(:20) ** "Armageddon" (1998) Bruce Willis.		Hard	Interview: Bruce Springsteen		
					F Hugo (:22) *** "The Hobbit: The Desolation of Smaug"		(:05) "Fantastic Beasts: The Secrets of Dumbledore"		*** "Free Guy" (2021) Ryan Reynolds.		(:25) Shaq		"John Grisham's Rainmaker"		M Hoodlum (:28) ** "Friends With Kids" (2011)		(:16) "Army of One" (2016)		(11:49) "The Confirmation" (2016)		(:31) ** "Aftermath" (2017)		(:06) "The Yellow Birds" (2017)	(:42) ** "Just Cause" (1995)		
					T (7:28) "The Fly"		(:04) *** "Finding Forrester" (2000) Sean Connery.		(:21) ** "Alex & Emma																	