

SUNDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

NOVEMBER 20, 2022

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
ABC	2	2	2	2	(7:00) KATU News This Morning Sunday	Your Voice	Sharyl Attkisson	This Week W/ George Stephanopoulos	Wildlife Nation	oh baby! (E)	Women's College Basketball South Carolina at Stanford. (N) (Live)	Med Plan?	Sports Stars	Hearts of Heroes	Vets Saving Pets	Game Time	Sharyl Attkisson	KATU News at 5	World News						
PBS	3	5			Hero Elementary	Elinor Wonders	R. Steves' Europe	R. Steves' Europe	Nature Animals survive in Lapland.	NOVA "Zero to Infinity"	Ukrainian Freedom Orchestra at The Kennedy Center	Great Performances New York Philharmonic performs.	Focus on Europe	GZERO World	To the Contrary	Washington Week	Firing-Hoover	PBS News Weekend							
CBS	6	6	6	6	CBS News Sunday	Face the Nation (N)	The NFL Today (N)	NFL Football Philadelphia Eagles at Indianapolis Colts. (N) (Live)	(:25) NFL Football Dallas Cowboys at Minnesota Vikings. (N) (Live)	Face the Nation (N)	KOIN 6 News at 5	KOIN 6 News													
NBC	8	8	8	8	Meet the Press (N)	Paid Program	Paid Program	LPGA Tour Golf CMGE Group Tour Championship, Final Round. (N) (Live)	Figure Skating ISU Grand Prix: NHK Trophy. From Sapporo, Japan. (N Same-day Tape)	Find More Joy	Nightly News	Football Night in America (N) (Live)	NFL Football: Chiefs at Chargers												
CW	9	9	32	32	Life Church	Robert Jeffress	Freethought	Northwest Politics	Christian Worship Hour	Shocking Bills	Paid Program	Storage Wars	Young Sheldon	Storage Wars	Storage Wars	Mom	Mom	Friends	Friends	Seinfeld	Seinfeld	KOIN 6 News	KOIN 6 News		
FOX	12	12	12	12	(6:00) Good Day Oregon Sunday (N)	FOX NFL Sunday (N) (Live)	NFL Football Los Angeles Rams at New Orleans Saints. (N) (Live)	NFL Post-game	FIFA World Cup 2022 Today (N)	Go Nitro	Go Nitro	Go Fast	SEAL Team "Rules of Engagement"	5 O'Clock News (N)											
MNT	13	13	49	49	FOX NFL Kickoff (N) (Live)	Outdoor GPS	FOX News Sunday (N)	Dragon-FlyTV (E)	Think Big (E)	Animal Rescue	Dog Tales (E)	America's Heartland	Biz Kid\$ (E)	Made in Hollywood	Broadway	The Good Doctor "Sacrifice"	Magnum P.I. "Six Paintings, One Frame"	Major Crimes "Sanctuary City: Part 2"							
UNIV	22	22	16	47	Como dice el dicho	Despierta América en domingo (N) (Live)	Al punto con Jorge Ramos (N)	Aquí y ahora	** "Cats & Dogs" (2001, Niños) Jeff Goldblum, Elizabeth Perkins. (N)	República de la Copa (N) (Live)	La rosa de Guadalupe	La rosa de Guadalupe "La otra vida"													
A&E	52	55	118	265	Flipping Vegas	Zombie Flip	Zombie Flip	Zombie Flip	Zombie Flip	Road	Road	Road	Road	Customer	Customer	The First 48	The First 48								
AMC	60	45	131	254	(7:29) *** "Jaws" (1975) Roy Scheider. A man-eating shark terrorizes a New England resort town.	(:28) *** "The Rock" (1996, Action) Sean Connery, Nicolas Cage, Ed Harris. Alcatraz Island terrorists threaten to gas San Francisco.	(:27) *** "The Bourne Legacy" (2012) Jeremy Renner, Rachel Weisz. Jason Bourne's actions have consequences for a new agent.	(:26) *** "The Shawshank Redemption" (1994) Tim Robbins.																	
ANP	24	49	184	282	North Woods Law	North Woods Law	North Woods Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law
BET	4	72	124	392	Payne	Payne	** "Boo! A Madea Halloween" (2016) Tyler Perry.	** "Welcome Home Roscoe Jenkins" (2008)	** "Tyler Perry's Madea's Big Happy Family" (2011) Tyler Perry.	NuttyProf															
BRAVO	54	65	129	237	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck
CARTOON	25	59	177	297	Gumball	Gumball	Bears	Bears	Craig	Craig	Craig	Craig	"King Tweety" (2022, Children's)	Looney	Looney	Looney	Looney	Looney	Looney	Looney	Looney	Looney	Looney	Looney	Looney
CBSSN	410	410	158	221	Other Pregame	College Basketball	Fishing	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball
CNN	68	44	200	202	CNN Newsroom	State of Union	Fareed Zakaria GPS	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom
COM	77	56	107	249	Seinfeld	Seinfeld	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office
COOK	123	123	113	232	Best Thing	Best Thing	Food Paradise	Food Paradise	Food Paradise	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food
DISN	26	48	173	290	Big City	Big City	Big City	Hamster & Ladybug	Big City	Big City	Ladybug	Ladybug	Ladybug	Hamster & Ladybug	Hamster & Ladybug	Hamster & Ladybug	Hamster & Ladybug	Hamster & Ladybug	Hamster & Ladybug	Hamster & Ladybug	Hamster & Ladybug	Hamster & Ladybug	Hamster & Ladybug	Hamster & Ladybug	
E!	64	76	114	236	Saved/	Saved/	Saved/	Saved/	"12 Dates of Christmas" (2011) Amy Smart.	** "Just Friends" (2005) Amy Smart	** "Just Friends" (2005) Amy Smart	** "Just Friends" (2005) Amy Smart	** "Just Friends" (2005) Amy Smart	** "Just Friends" (2005) Amy Smart	** "Just Friends" (2005) Amy Smart	** "Just Friends" (2005) Amy Smart	** "Just Friends" (2005) Amy Smart	** "Just Friends" (2005) Amy Smart	** "Just Friends" (2005) Amy Smart	** "Just Friends" (2005) Amy Smart	** "Just Friends" (2005) Amy Smart	** "Just Friends" (2005) Amy Smart	** "Just Friends" (2005) Amy Smart	** "Just Friends" (2005) Amy Smart	
ESPN	33	27	140	206	(7:00) Sunday NFL Countdown (N) (Live)	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball
ESPN2	34	28	143	209	(7:00) Fantasy Football Now (N) (Live)	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball
FNC	61	25	205	360	MediaBuzz (N) (Live)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Maria Bartiromo	Fox News Live (N)	The Big Sunday Show	Fox Report	Sunday Night	Life, Liberty & Levin										
FOOD	66	54	110	231	Holiday	Holiday	Ultimate Thanksgiving	Pioneer	Pioneer	Mary Ma.	Mary Ma.	The Kitchen	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games
FREE	32	33	180	311	(7:00) "Pocahontas"	** "Shrek Forever After" (2010)	** "The Princess and the Frog" (2009)	(:05) *** "Mulan" (1998) Eddie Murphy	(:10) *** "Aladdin" (1992, Children's)	(:15) "Tangled" (2010)															
FS1	41	85	150	219	FIFA World Cup 2022 Qatar vs Ecuador. (N)	Women's College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball
FX	65	24	136	249	"Captain Underpants: The First Epic Movie"	*** "Iron Man" (2008, Action) Robert Downey Jr., Terrence Howard. A billionaire dons an armored suit to fight criminals.	*** "Iron Man 2" (2010, Action) Robert Downey Jr., Gwyneth Paltrow, Don Cheadle.	*** "Thor" (2011) Chris Hemsworth, Natalie Portman. Cast out of Asgard, the Norse god lands on Earth.	*** "Black Panther" (2018)																
FXX	35	64	125	259	"The Art of Racing in the Rain"	** "Breakthrough" (2019, Drama) Chrissy Metz.	King/Hill	King/Hill	King/Hill	King/Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons
GOLF	88	88	401	218	DP Tour Golf	Golf Central Pregame	PGA Tour Golf RSM Classic, Final Round. (N) (Live)	Golf Central (N) (Live)	PGA Tour Golf RSM Classic, Final Round.	PGA Golf															
HALL	87	87	185	312	"It's Christmas, Eve" (2018, Drama) LeAnn Rimes, Tyler Hynes, Gwyneth Walsh.	"If I Only Had Christmas" (2020, Romance) Candace Cameron Bure, Warren Christie.	"My Christmas Family Tree" (2021, Romance) Aimee Teegarden, Andrew Walker.	"In Merry Measure" (2022, Romance) Patti Murin, Brendan Penny, Jennifer Robertson.	"A Shoe Addict's Christmas" (2018) Candace Cameron Bure, Luke MacFarlane, Jean Smart.																
HALLMM	86	86	187	565	"A Joyous Christmas" (2017, Romance) Natalie Knepp, Michael Rady, Bonnie Bedelia.	"Hope at Christmas" (2018, Romance) Scottie Thompson, Ryan Paevey, Erica Tremblay.	"A Glenbrooke Christmas" (2020, Drama) Autumn Reeser, Antonio Cupo, Lisa MacFadden.	"Debbie Macomber's A Mrs. Miracle Christmas" (2021) Kaitlin Doubleday, Steve Lund.	"Five More Minutes" (2021, Romance) Nikki DeLoach, David Haydn-Jones, Sherry Miller.																
HGTV	62	57	112	229	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It
HIST	50	60	120	269	Built America	The Men Who Built America "Bloody Battles"	The Men Who Built America	The Men Who Built America	The Men Who Built America	Built America	Built America	Built America	Built America	Built America	Built America	Built America	Built America	Built America	Built America	Built America	Built America	Built America	Built America	Built America	Built America
LIFE	29	29	108	252	Amazing	Jeremiah	J. Osteen	Paid Prog.	"Merry Liddle Christmas" (2019, Romance)	"Merry Liddle Christmas Wedding" (2020)	"Merry Liddle Christmas Baby" (2021)	"A Country Christmas Harmony" (2022)													
MAGN	81	81	111	230	Magnolia Workshops	Fixer Upper	Magnolia	Cooking	Girl-Farm	Girl-Farm	The Lost Kitchen (N)	La Pithouche	Beachfrnt Reno	Beachfrnt Reno	Beachfrnt Reno	Beachfrnt Reno	Beachfrnt Reno	Beachfrnt Reno	Beachfrnt Reno	Beachfrnt Reno	Beachfrnt Reno	Beachfrnt Reno	Beachfrnt Reno	Beachfrnt Reno	Beachfrnt Reno
MSNBC	71	67	209	356	The Sunday Show	Alex Witt Reports (N)	Alex Witt Reports (N)	Cursed Places	Cursed Places	Cursed Places	Cursed Places	Cursed Places	Vikings: The Rise	Vikings: The Rise	Vikings: The Rise	Vikings: The Rise	Vikings: The Rise	Vikings: The Rise	Vikings: The Rise	Vikings: The Rise	Vikings: The Rise	Vikings: The Rise	Vikings: The Rise	Vikings: The Rise	
NGEO	55	78	197	276	Paid Prog.	Paid Prog.	Maradona	Cursed Places	Cursed Places	Cursed Places	Cursed Places	Cursed Places	Vikings: The Rise	Vikings: The Rise	Vikings: The Rise	Vikings: The Rise	Vikings: The Rise	Vikings: The Rise	Vikings: The Rise	Vikings: The Rise	Vikings: The Rise	Vikings: The Rise	Vikings: The Rise	Vikings: The Rise	
NICK	27	51	171	299	Sponge.	Sponge.	** "PAW Patrol: The Movie" (2021)	** "Dr. Seuss' the Lorax" (2012)	* "The Smurfs" (2011) Hank Azaria.	** "Trolls World Tour" (2020)	"The Smurfs 2"														
OWN	40	41	189	279	Dr. Phil	Dr. Phil	Dr. Phil	Super Soul Sunday	Super Soul Sunday	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	
OXY	30	69	127	251	Sleeping With Death	Sleeping With Death	NCIS "Swan Song"	NCIS "Pyramid"	NCIS "Restless"	NCIS	** "The Expendables 3" (2014, Action) Sylvester Stallone.	** "John Wick" (2014, Action) Keanu Reeves.	Yellowst.												
PARMT	42	43	241	241	NCIS "Swan Song"	NCIS "Pyramid"	NCIS "Restless"	NCIS	** "The Expendables 3" (2014, Action) Sylvester Stallone.	** "John Wick" (2014, Action) Keanu Reeves.	Yellowst.														
ROOT	37	26	426	687	Slim Cycle	Outdoor	Fish Hunt	Fishing	Fishing	Kraken	NHL Hockey Los Angeles Kings at Seattle Kraken.	Postgame	Golf	Fairways of Life	Golf Life (N)	Mentality	Swing	Swing							
SYFY	67	50	122	244	Twi. Zone	** "The Visit" (2015) Olivia DeJonge.	** "Hell Fest" (2018, Horror) Amy Forsyth.	** "Jumanji" (1995) Robin Williams.	** "Tomb Raider" (2018) Alicia Vikander.	** "Pixels" (2015)															
TCM	56	73	132	256	(7:00) *** "The Unfaithful" (1947)	*** "All This and Heaven Too" (1940) Bette Davis. A new governess creates scandal for a French nobleman.	*** "Cat on a Hot Tin Roof" (1958, Drama) Elizabeth Taylor, Paul Newman.	*** "Doctor Zhivago" (1965, Romance) Omar Sharif, Julie Christie, Geraldine Chaplin. A Russian doctor is torn between his wife and another woman.	*** "Children of a Lesser God" (1989, Drama) Sylvester Stallone, Talia Shire, Burt Young.																
TDC	51	42	182	278	Destroyed	Ocean	Gold Rush WW	Gold Rush (N)	Homestead Rescue	Homestead Rescue "It Takes a Village"	Homestead Rescue "Bone Dry in Big Sky"	Alaskan Bush People	Alaskan Bush People												
TLC	49	62	183	280	(7:00) My 600-Lb. Life	I Am Shauna Rae	I Am Shauna Rae	I Am Shauna Rae	Sister Wives	Sister Wives	Sister Wives	Sister Wives	Sister Wives	Sister Wives	Sister Wives	Sister Wives	Sister Wives	Sister Wives	Sister Wives	Sister Wives	Sister Wives	Sister Wives	Sister Wives	Sister Wives	
TNT	57	52	138	245	NCIS: New Orleans "No Man's Land"	*** "Rocky" (1976) Sylvester Stallone, Talia Shire. A heavyweight champ gives a club fighter a title shot.	*** "Rocky II" (1979) Sylvester Stallone. Underdog Philly fighter gets another shot at heavyweight champ.	*** "Rocky III" (1982, Drama) Sylvester Stallone, Mr. T, Talia Shire.	*** "Rocky IV" (1985, Drama) Sylvester Stallone, Talia Shire, Burt Young.																
TRAV	53	38	196	277	Beyond the Unknown	Paranormal Ca	Paranormal Ca	Paranormal Ca	Paranormal Ca	Paranormal Ca	Paranormal Ca	Paranormal Ca	Paranormal Ca	Paranormal Ca	Paranormal Ca	Paranormal Ca	Paranormal Ca	Paranormal Ca	Paranormal Ca	Paranormal Ca	Paranormal Ca	Paranormal Ca	Paranormal Ca	Paranormal Ca	
TRUTV	73	75	242	246	World's Dumbest ...	World's Dumbest ...	101	101	Jokes	Jokes	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	
TVL	75	74	106	304	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	
USA	58	39	105	242	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU																		