

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30		
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Barrymore	Barrymore	KATU News First		News	ABC		
PBS	3	5			Tiger Donkey		Elinor Rosie		Xavier Sesame		Dinosaur		Varied Programs				Pink Arthur		Odd	Wild Kratt		Varied Programs				
CBS	6	6	6	6	(7:00) CBS Mornings		Let's Make a Deal		The Price Is Right		Young & Restless		News Bold		The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News		
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Hello Blast		News Varied		NBC News Daily		Blast Blast		Dateline		KGW News at 4		News	NBC		
CW	9	9	32	32	KOIN AM Extra		Everyday Northwest		Tamron Hall		Jennifer		Maury		Steve Wilkos Show		You Bet You Bet		Friends Mom		Housewife Housewife		Mod Fam	Mod Fam		
FOX	12	12	12	12	Good Day Oregon		Good Day Oregon		Good Day Oregon		Jdg Judy Jdg Judy		12 O'Clock News		Rachael Varied		Sherri Varied		Kelly Clarkson		4 O'Clock News		5 O'Clock News			
MNT	13	13	49	49	Good Day Oregon		Paid Prog. Paid Prog.		Chicago Fire		Chicago P.D.		Relative Divorce		The People's Court		Judge Mathis		Hot Bench Hot Bench		Jdg Judy Jdg Judy		Pictionary Pictionary			
UNIV	22	22	16	47	(7:00) Despierta América!				Como dice el dicho		Noticiero Nosotr.		Amor Varied Programs						La mexicana		El gordo y la flaca		Primer impacto			
A&E	52	55	118	265	Parking Parking		Parking Parking		Varied Programs												First 48		Varied	First 48	Varied	
AMC	60	45	131	254	Paid Prog. Paid Prog.		Movie		Varied Programs															(:15) Movie		
ANP	24	49	184	282	Dr. Jeff: RMV		Tanked		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Varied Programs											
BET	4	72	124	392	Lv Single Lv Single		Lv Single Varied		Lv Single Lv Single		black-ish black-ish		Martin Martin		Martin Martin		Martin Martin		Movie		Varied Programs					
BRAVO	54	65	129	237	Below Varied		Below Varied		Below Varied		Below Varied		Below Varied		Below Varied		Below Varied		Below Varied		Below Varied		Below Varied		Below Varied	
CARTOON	25	59	177	297	Coco. Thomas		Mecha Bugs		Batwheels Thomas		Looney Looney		Craig Craig		Teen Teen		Gumball Gumball		Gumball Gumball		Gumball Gumball		Craig Craig	Teen Teen		
CBS2N	410	410	158	221	Varied Programs		The Jim Rome Show		Varied Programs		Maggie and Perloff		Varied Programs									Basketball		Varied Programs		
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper				Situation Room		Erin Burnett OutFront		Anderson Cooper 360	
COM	77	56	107	249	Brooklyn Brooklyn		South Pk South Pk		South Pk South Pk		South Pk South Pk		South Pk South Pk		South Pk South Pk		Varied Programs		Seinfeld Seinfeld		Seinfeld Seinfeld		Seinfeld Seinfeld		The Office The Office	
COOK	123	123	113	232	Varied Programs																					
DISN	26	48	173	290	Bluey Spidey		Bluey Bluey		(:05) Bluey Firebuds		Mickey Bluey		Bluey Bluey		(:35) Bluey		Bluey Bluey		Big City Big City		Big City Big City		Ladybug Ladybug	Ladybug Ladybug	Big City Big City	
E!	64	76	114	236	Varied Programs								Last Man Last Man		Last Man Last Man		Last Man Last Man		Last Man Last Man		Last Man Last Man		Varied	Mod Fam	Mod Fam	Varied
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportsCenter		This Just In		NBA Today		NFL Live		Around Pardon		SportsCenter		Varied Programs					
ESPN2	34	28	143	209	(7:00) Get Up				SportCtr		Varied Programs		Jalen Varied		NFL Live		Varied Programs				Varied Programs					
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports		America Reports		The Story		Neil Cavuto		The Five		Special Report		Jesse Waters		Tucker Carlson			
FOOD	61	54	110	331	Varied Programs																					
FREE	32	33	180	311	The Office The Office		The 700 Club		700 Club The Office		The Office The Office		The Office The Office		The Office The Office		Varied		Movie		Varied Programs					
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						First Things First		Speak				Hub		Varied Programs				Basketball	
FX	65	24	136	249	Mom Mom		Varied		Movie				Movie		Varied Programs										Movie	
FXX	35	64	125	259	(7:00) Movie		Varied Programs						Cleveland Cleveland		Varied Programs		King/Hill King/Hill		King/Hill King/Hill		King/Hill King/Hill		King/Hill King/Hill		Simpsons Simpsons	
GOLF	88	88	401	218	Varied Programs		Golf Today				Golf Today		Varied Programs		Golf C'tral Varied Programs				Golf C'tral		Varied Programs					
HALL	87	87	185	312	Movie				Movie				Movie													
HALLMM	86	86	187	565	M "Road to Christmas" (2018) Jessy Schram.		T "Northern Lights of Christmas" (2018)		W "Romance at Reindeer Lodge" (2017)		Th "Time for Them to Come Home"		F "Once Upon a Christmas Miracle" (2018)		"The Christmas Ornament" (2013, Romance)		"Hope at Christmas" (2018) Ryan Paevey		"I'm Not Ready for Christmas" (2015)		"The Christmas Note" (2015) Leah Gibson		"A Bride for Christmas" (2012)		"Christmas for Keeps" (2021) Ryan Rottman	
HGTV	62	57	112	229	Varied Programs																					
HIST	50	60	120	269	Varied Programs																					
LIFE	29	29	108	252	Movie				Movie				Movie												Movie	
MAGN	81	81	111	230	Varied Programs																					
MSNBC	71	67	209	356	MSNBC Reports		Andrea Mitchell		Chris Jansing		Katy Tur Reports		Hallie Jackson		Deadline: White House				The Beat With		The ReidOut		All In With			
NGEO	55	78	197	276	Paid Prog. Paid Prog.		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Varied Programs											
NICK	27	51	171	299	PAW PAW		PAW PAW		PAW PAW		Santiago Baby		PAW PAW		Blaze Blaze		PAW PAW		Sponge. Sponge.		Varied Programs		Loud Loud			
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Court Court		Court Court		Court Court		Court Court		Dr. Phil		Dr. Phil	
OXY	30	69	127	251	Varied Programs																					
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom Mom		Mom Mom		Mom Mom		Mom Mom		Two Men Two Men	
ROOT	37	26	426	687	Paid Prog. Paid Prog.		Varied Programs																			
SYFY	67	50	122	244	Varied Programs								Movie		Varied Programs											
TCM	56	73	132	256	M (7:45) "It Happened Tomorrow" ** "Dames" (1934)		T (:15) "Steel Against the Sky" ** "Once a Doctor" "All the Brothers Were Valiant"		W "Pride-Prejudice" **** "Great Expectations" (1946)		Th Every Girl ** "Ice Station Zebra" (1968) Rock Hudson.		F ** "Ariel" (1988) (:15) ** "Arctic Fury" (1949) ** "Winter Light" (1962)		(:15) ** "The Tall Target" (1951) *** "Murder, My Sweet" (:45) *** "The Bad and the Beautiful" (1952)		*** "East of the River" (1940) *** "Somewhere I'll Find You" (1942)		*** "Chances" (1931) *** "The Magnificent Ambersons" (1942) *** "Wuthering Heights" (1939)		*** "Giant" (1956, Drama) Elizabeth Taylor, Rock Hudson, James Dean.		*** "Lord Jim" *** "Christmas-Con."			
TDC	51	42	182	278	Varied Programs																					
TLC	49	62	183	280	Varied Programs																					
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Varied Programs															
TRAV	53	38	196	277	Varied Programs																					
TRUTV	73	75	242	246	Hack Hack		MythBusters		MythBusters		MythBusters		Ad. Ruins Ad. Ruins		truTV Top Funniest		truTV Top Funniest		Jokes Jokes		Foodies Foodies		Varied Programs			
TVL	75	74	106	304	Paid Prog. Paid Prog.		M*A*S*H M*A*S*H		M*A*S*H M*A*S*H		Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G. Andy G.		Andy G. Andy G.	
USA	58	39	105	242	Varied Programs				Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Varied Programs			
WE	118	118	128	260	Paid Prog. Paid Prog.		Varied Programs																			
WEATH	14	19	214	362	AMHQ		Patrnr		Weather Underground		Weather Underground		Weather Underground		Patrnr		Storm Center		Storm Center		Storm Center		Storm Center		Varied Programs	
WTBS	59	40	139	247	George George		Broke Girl		Broke Girl		Broke Girl		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Sheldon Sheldon	
HBO	518	518	303	504	M (6:47) "47 Ronin" Last (:22) ** "Dear Evan Hansen" (2021)		T (7:30) ** "Snitch" (2013) "Fast and Furious-Drift" (:10) ** "Cry Macho" (2021, Drama)		W "Fantastic Beast" (8:48) * "Robin Hood" (:45) ** "Godzilla" (2014) Aaron Taylor-Johnson.		Th (7:50) *** "West Side Story" (2021) Ansel Elgort. ** "Bringing Down the House" (:15) ** "Woman Walks Ahead" (2017)		F (7:15) ** "The X-Files" (:20) *** "Free Guy" (2021) (:15) ** "Star Trek: Nemesis" (2002) (:15) "Master of Light" (2022)		M "American Pastoral" (8:51) "The Command" (2018) Léa Seydoux (10:50) ** "The Big Hit" (1998) (:22) ** "Double Impact" (:12) * "Ouija" (2014) (:42) *** "Black Hawk Down" (2001, War)		T (6:58) "Pacific Rim" (:10) ** "Cold Pursuit" (2019, Action) (:09) ** "The Vanishing" (1993, Suspense) (12:58) "The Master of Disguise" (:19) "Tyler Perry's Why Did I Get Married?" (:18) ** "Alex & Emma" (2003)		W (:11) ** "Land" (2021) (:41) "Night Owls" (2015) (:13) ** "Jennifer Eight" (1992) Andy Garcia. (:19) ** "Escape Plan" (:15) ** "Boogie" (2021) Taylor Takahashi. "What to Expect"		Th (6:48) "Chaplin" (:13) ** "All I See Is You" (2016, Drama) "The Inevitable Defeat of Mister & Pete" (12:52) * "Mirrors: Unrated" (:44) ** "The Day After Tomorrow" (2004, Action) "What's the Worst"		F (6:33) *** "The Aviator" (:23) "The Last Five Years" (10:58) * "Max Steel" (2016) *** "Solaris" (2002) (:09) *** "No Country for Old Men" (:12) ** "Double Impact" (1991, Action)			
SHOW	578	578	319	546	M Montana (:45) ** "Twilight" (2008) Kristen Stewart. (10:50) "The Twilight Saga: New Moon" ** "The Twilight Saga: Eclipse" (2010)		T "Hello, My Name Is Doris" (2015) *** "The Curious Case of Benjamin Button" (2008, Fantasy) ** "Sahara" (2005) Steve Zahn (:45) "Mob Town" (2019)		W (:15) *** "Adrift" (2018) Sam Claflin *** "The Green Knight" (2021) Dev Patel. (:15) ** "Immortals" (2011) Henry Cavill. (:15) ** "Falling" (2020, Drama)		Th (:05) "A Night at the Roxbury" (:35) "Dead in Tombstone" (2013) (:15) ** "Outbreak" (1995) Dustin Hoffman. *** "The Hurricane" (1999) Denzel Washington. "Montana Story" (2021) Owen Teague		F "Champions" *** "The Curious Case of Benjamin Button" (2008, Fantasy) ** "Scream" (2022) Neve Campbell. *** "Snowpiercer" (2013) (:10) "13 Minutes" (2021) Amy Smart.		M Paranoia (:43) "Venom: Let There Be Carnage" (2021) (:24) *** "Charlie's Angels" (:06) ** "Charlie's Angels: Full Throttle" The BMF (:27) Step Up Dangerous Liaisons (2) ** "Venom" (2018)		T "Escape Room: Tournament" The BMF (:14) ** "Studio 666" (2022) Dave Grohl. Dangerous Liaisons (:03) Step Up (1:59) ** "Cruel Intentions" "Escape Room: Tournament" "Don't Breathe 2"		W (7:50) ** "Life" (2017) (:37) ** "A Journal for Jordan" (2021) Chanté Adams (11:51) ** "Don't Breathe 2" (:32) *** "Backdraft" (1991, Suspense) Kurt Russell. (3:52) *** "Apollo 13" (1995)		Th (7:31) "The Truth About Charlie" (:18) "The Hitcher" (:44) ** "Scary Movie 3" Dangerous Liaisons (:12) ** "Shallow Hal" (2001) (:09) ** "Monster Hunter" "Journal Jordan"		F "The November Man" (8:53) ** "Phantoms" (1998) "Resident Evil: Welcome to Raccoon City" (:24) ** "Monster Hunter" The BMF (:43) Step Up "The Unbearable Weight of Massive Talent" Charlies			
STARZ	621	621																								