

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC
PBS	3	5			Tiger Donkey		Elinor Clifford		Xavier Sesame		Dinosaur		Varied Programs				Pink Arthur		Odd Wild Kratt		Varied Programs			
CBS	6	6	6	6	(7:00) CBS Mornings		Let's Make a Deal		The Price Is Right		Young & Restless		News Bold		The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast Blast		News Good		Days of our Lives		Blast Varied		Ellen DeGeneres		KGW News at 4		News	NBC
CW	9	9	32	32	KOIN AM Extra		Everyday Northwest		Tamron Hall		Steve Wilkos Show		Maury		King King		Mom Mom		Friends Friends		Last Man Last Man		Goldbergs Goldbergs	
FOX	12	12	12	12	Good Day Oregon		Good Day Oregon		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy Jdg Judy		Last Man Last Man		Goldbergs Goldbergs	
MNT	13	13	49	49	Good Day Oregon		Varied Programs		Nick Cannon		The Real		Relative Relative		Divorce Divorce		Judge Mathis		Hot Bench Hot Bench		Jdg Judy Jdg Judy		You Bet You Bet	
UNIV	22	22	16	47	(7:00) Despierta América!						Como dice el dicho		Noticiero Nosotr.		Hoy		Contigo si		S.O.S. me estoy		El gordo y la flaca		Primer impacto	
A&E	52	55	118	265	Parking	Parking	Parking	Parking	Varied Programs								First 48	Varied	First 48	Varied Programs		First 48	Varied	
AMC	60	45	131	254	Paid Prog.	Varied	(:10) Movie		Varied Programs															
ANP	24	49	184	282	Dr. Jeff: RMV		Tanked		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Varied Programs									
BET	4	72	124	392	Lv Single	Lv Single	Martin	Martin	black-ish	black-ish	Martin	Martin	Celebrity	Varied	Celebrity Family Feud		Varied	Celebrity	Varied	Movie				
BRAVO	54	65	129	237	Varied Programs																			
CARTOON	25	59	177	297	Lellobee Thomas		Mecha Bugs		Total Total		Bears We Bare		Craig Craig		Craig Craig		Gumball Gumball		Gumball Gumball		Gumball Gumball		Gumball Gumball	
CBSN	410	410	158	221	Varied Programs		The Jim Rome Show		Varied Programs		Maggie and Perloff		Varied Programs		Varied Programs		Schein	The 2022	Varied Programs					
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront		Anderson Cooper 360	
COM	77	56	107	249	Futurama	Futurama	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	Varied	South Pk	Varied	South Pk	Seinfeld	Seinfeld	Seinfeld	Seinfeld	The Office	The Office
COOK	123	123	113	232	Varied Programs																			
DISN	26	48	173	290	Bluey	Spidey	Bluey	Bluey	Bluey	Bluey	Big City	Big City	Big City	Ladybug	Ladybug	Ladybug	Big City	Varied Programs	Big City	Big City	Big City	Big City	Ladybug	
E!	64	76	114	236	Last Man	Varied Programs					Daily Pop		Sex-City	Sex-City	Sex-City	Sex-City	Sex-City	Sex-City	Sex-City	Sex-City	Varied Programs			
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		Varied Programs															
ESPN2	34	28	143	209	(7:00) Get Up		SportsCenter		Varied Programs		This Just In		NBA Today		NFL Live	Varied	Football	Wager	SportsCenter		Varied Programs			
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports				The Story		Neil Cavuto		The Five		Special Report		Jesse Waters		Tucker Carlson	
FOOD	61	54	110	231	Varied Programs																			
FREE	32	33	180	311	black-ish	black-ish	The 700 Club		700 Club	Middle	Middle	Middle	Varied Programs				Movie	Varied Programs				The Office	The Office	
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself	Undisputed	Varied Programs		NASCAR Race Hub	Varied Programs						
FX	65	24	136	249	Mom	Varied Programs			Movie		Varied Programs		Movie	Varied Programs										
FX	35	64	125	259	(7:00) Movie		Movie	Varied Programs		Futurama	Cleveland	Cleveland	Cleveland	Cleveland	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	Simpsons	Simpsons	
GOLF	88	88	401	218	Varied Programs		Golf Today		Varied Programs								King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	Simpsons	Simpsons	
HALL	87	87	185	312	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Movie				Movie							
HALLMM	86	86	187	565	M Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder
HALLMM					T Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder
HALLMM					W Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder
HALLMM					Th Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder
HALLMM					F Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy	Varied Programs
MAGN	81	81	111	230	Varied Programs																			
MSNBC	71	67	209	356	MSNBC Reports		Andrea Mitchell		Chris Jansing		Katy Tur Reports		Hallie Jackson		Deadline: White House				The Beat With		The ReidOut		All In With	
NGEO	55	78	197	276	Paid Prog.	Paid Prog.	Varied Programs																	
NICK	27	51	171	299	PAW PAW	PAW PAW	PAW PAW	PAW PAW	PAW PAW	PAW PAW	PAW PAW	PAW PAW	PAW PAW	PAW PAW	PAW PAW	PAW PAW	Middlem	Sponge.	Sponge.	Sponge.	Patrick	Sponge.	Movie	
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Court	Court	Court	Court	Court	Court	Court	Dr. Phil	Dr. Phil	
OXY	30	69	127	251	Varied Programs																			
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men
ROOT	37	26	426	687	Varied	Paid Prog.	Varied Programs																	
SYFY	67	50	122	244	Movie		Varied Programs																	
TCM	56	73	132	256	M (:15) ** "Colt 45" (1950)		** "Fort Worth" (1951)		** "Carson City" (1952)		"The Man Behind the Gun"		"Thunder Over the Plains" (1953)		"Shoot-Out at Medicine Bend"		"Ride Lonesome"							
TCM					T (7:00) "Fuzz" (1972)		** "Kansas City Bomber" (1972)		** "The Last of Sheila" (1973)		** "The Three Musketeers" (1973)		** "The Four Musketeers" (1975)		** "One Million BC"									
TCM					W "Edison, the Man"		** "Keeper of the Flame" (1942, Drama)		** "The Seventh Cross" (1944)		** "Thirty Seconds Over Tokyo" (1944, War)		** "The Old Man and the Sea"		** "Adam's Rib" (1949)									
TCM					Th (:15) ** "The Treasure of Pancho Villa"		(:15) ** "I Died a Thousand Times"		(:15) ** "Let No Man Write My Epitaph"		(:15) ** "Lolita" (1962)		James Mason, Shelley Winters.		"A Place in the Sun"									
TCM					F "Samurai: Musa"		"Samurai II: Duel at Ichijoji Temple" (1956)		"Samurai III: Duel at Ganryu Island" (1956)		**** "Yojimbo" (1961)		Toshiro Mifune.		** "Zatoichi Meets Yojimbo" (1970)		"Rashomon" (1950)							
TDC	51	42	182	278	Varied Programs																			
TLC	49	62	183	280	Varied Programs																			
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Supernatural		Supernatural		Supernatural		Supernatural		Varied Programs			
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Ad. Ruins	Ad. Ruins	Jokers	Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	Jokes	Jokes	Jokes	Jokes	
TVL	75	74	106	304	Paid Prog.	Paid Prog.	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza		Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Andy G.	Andy G.	Andy G.	Andy G.
USA	58	39	105	242	Varied Programs		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
WE	118	118	128	260	Varied Programs		Theft	Varied Programs																
WEATH	14	19	214	362	AMHQ		Patrn		Weather Underground		Weather Underground		Weather Underground		Patrn		Storm Center		Storm Center		Storm Center		Storm Center	Highway Thru Hell
WTBS	59	40	139	247	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon
HBO	518	518	303	504	M Hugo	Last	(:05) ** "Death on the Nile" (2022)		(:15) ** "Red" (2010)		Bruce Willis.		(:10) ** "The Incredible Hulk" (2008)		(:05) ** "Dune" (2021)		Timothée Chalamet.		Last					
HBO					T Limitless																			