

Teenagers' breakup puts parents in awkward spot



DEAR ABBY
ADVICE

proper etiquette in this situation. Should I reach out to Matt's mom or just leave it alone? I don't have hard feelings toward them, but then again, my daughter broke up with Matt and not vice versa. Let me know what you think. — **BROKEN UP OVER BREAKUP**

DEAR BROKEN UP: Young love doesn't always last forever, which can be a good thing. I see no harm in waiting a few more weeks until things cool down and then reaching out to Matt's mother. Tell her you are sorry about the breakup and hope it doesn't spell the end of your relationship with her, which you have very much enjoyed. Her response

will tell you if she feels the same.

DEAR ABBY: We are a couple, married for 46 years. Of course, one of us will be passing on in the future. If my husband goes first, I'm unsure about how to handle any services for him. He has narcissistic personality disorder and, over the course of our marriage, he has made my life a living hell. I have grown to despise him.

I need to be respectful of his children and friends. Only a few close women friends know the situation. I want to have a proper remembrance for them that won't involve too much of my presence. He will be cremated per his request. Can you suggest

how I should handle this? — **CAREFUL IN CALIFORNIA**

DEAR CAREFUL: Discuss this with the person who will officiate at the memorial service when the time comes. Be as active a participant as you would like. Leaving the eulogizing to the people who loved him — his friends and children — is your privilege.

DEAR ABBY: My daughter is 38 and still can't forgive me for being an alcoholic when she was young. Will I never be forgiven? I have had my drinking under control for six years now. What else can I do? I don't want to leave this world and not be good with her. It's killing me. I need my baby

girl back. — **SOBER MOM IN KENTUCKY**

DEAR MOM: You didn't mention what personality changes you experienced when your daughter was young. Whether you were abusive or emotionally absent, the truth is she "lost" her mother during that period. You may need your baby girl back, but that baby is long gone. If you are not in AA, you should definitely attend some meetings to see how other parents cope with their loss.

■ *Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.*

NEWS OF THE WEIRD

Tiny African kingdom has skiing as Europe sweats summer heat

The Associated Press

BUTHA-BUTHE, Lesotho — While millions across Europe sweat through a summer of record-breaking heat, they're skiing in Africa.

Don't worry. This isn't another sign of climate change but rather the fascinating anomaly of Lesotho, a tiny mountain kingdom completely surrounded by South Africa. Lesotho has an obscure geographical claim to fame: It's the only country on Earth where every inch of its territory sits more than 3,280 feet above sea level.

That gives Lesotho snow in the southern hemisphere's winters. And while cold winters aren't rare in southern Africa, snow is and ski resorts are even rarer. At an altitude of 9,842 feet, Afriski in Lesotho's Maluti Mountains is Africa's only operating ski resort south of the equator. It draws people from neighboring South Africa and further afield by offering a unique experience to go skiing in southern Africa.

"I've never seen snow in my life," said Kafi Mojapelo, who traveled the



Jerome Delay/The Associated Press

First time skiers take a lesson at the Afriski ski resort near Butha-Buthe, Lesotho, Saturday July 30, 2022. While millions across Europe sweat through a summer of record-breaking heat, Afriski in the Maluti Mountains is Africa's only operating ski resort south of the equator. It draws people from neighboring South Africa and further afield by offering a unique experience to go skiing in southern Africa.

short distance from South Africa for a skiing vacation she never thought she'd take. "So, this is a great

experience." Bafana Nadida, who comes from the sprawling urban township of Soweto

in Johannesburg, was delighted with putting ski boots on for the first time. He planned a day of ski les-

sons, taking pictures and just playing about in the snow.

Skiers and snowboarders lined up to rent the proper gear. Some were given pointers by Hope Ramokotjo, who is from Lesotho and has worked as a self-taught ski and snowboard instructor for 12 years. His wide smile and deep, reassuring voice puts beginners at ease.

"Push your heels out. Don't pull your shoulders," Ramokotjo called out to his class of keen yet inexperienced African skiers as they wobbled along on the snow. "Here you go! Nice!"

Afriski's Kapoko Snow Park is the only freestyle snow park on the continent. Competitors lined up last month for the annual Winter Whip Slopestyle snowboard and ski competition. Sekholo Ramonotsi, a 13-year-old from the Lesotho city of Butha-Buthe who practices regularly at Afriski, won the junior snowboard and ski divisions.

"I would really like to ski in Europe," he said.

London-born Meka Lebohlang Ejindu said he has taught skiing and snowboarding in Austria for more than a decade and this is his first season in the southern hemisphere. He has family roots in Lesotho.

"For a competition like this to happen in southern Africa is so heartwarming," he said.

Afriski may not be at the level of Europe's vast Alpine resorts but a love of winter sports is catching.

At Afriski's Sky Restaurant and Gondola Cafe, happy hour starts at 10 a.m. and skiers and boarders show off their winter fashions and party to house music, beers in hand. Some claim the bar is the highest in Africa, although that's challenged by the Sani Mountain Lodge, 80 miles to the east on the Lesotho-South Africa border.

What no one can dispute is this crowd went skiing in Africa.

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weather

	TONIGHT	WED	THU	FRI	SAT
	A t-shower in spots early	A stray thunderstorm	Mostly sunny and hot	Mostly sunny and hot	Hot with sunshine
Baker City	60	90 53	92 52	94 52	90 49
Comfort Index™	5	7	7	6	7
La Grande	68	92 57	93 57	95 56	93 53
Comfort Index™	4	5	6	5	6
Enterprise	66	89 55	90 56	92 56	92 54
Comfort Index™	2	5	5	5	5

Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

ALMANAC

TEMPERATURES	Baker City	La Grande	Elgin
High Sunday	91°	92°	100°
Low Sunday	39°	44°	43°
PRECIPITATION (inches)			
Sunday	0.00	0.00	0.00
Month to date	Trace	0.00	Trace
Normal month to date	0.10	0.13	0.14
Year to date	4.47	8.98	17.76
Normal year to date	6.09	10.79	15.37

AGRICULTURAL INFO.

HAY INFORMATION WEDNESDAY	
Lowest relative humidity	35%
Afternoon wind	SW at 6 to 12 mph
Hours of sunshine	8.0
Evapotranspiration	0.21

RESERVOIR STORAGE (through midnight Monday)

Phillips Reservoir	11% of capacity
Unity Reservoir	58% of capacity
Owyhee Reservoir	25% of capacity
McKay Reservoir	81% of capacity
Wallowa Lake	3% of capacity
Thief Valley Reservoir	48% of capacity

STREAM FLOWS (through midnight Sunday)

Grande Ronde at Troy	661 cfs
Thief Valley Reservoir near North Powder	71 cfs
Burnt River near Unity	125 cfs
Umatilla River near Gibbon	51 cfs
Minam River at Minam	163 cfs
Powder River near Richland	7 cfs

SUNDAY EXTREMES

NATION (for the 48 contiguous states)
High: 117° Death Valley, Calif.
Low: 31° Stanley, Idaho
Wettest: 5.44" Sioux Falls, S.D.

OREGON
High: 103° The Dalles
Low: 35° Meacham
Wettest: Trace Brookings

WEATHER HISTORY

Thunderstorms roared from Iowa to West Virginia on Aug. 9, 1979. Flash floods at Mason City, Iowa, sent the Winnebago River 2 feet above the flood stage. Waters over 6 feet deep moved through Clarksville, W.Va.

SUN & MOON

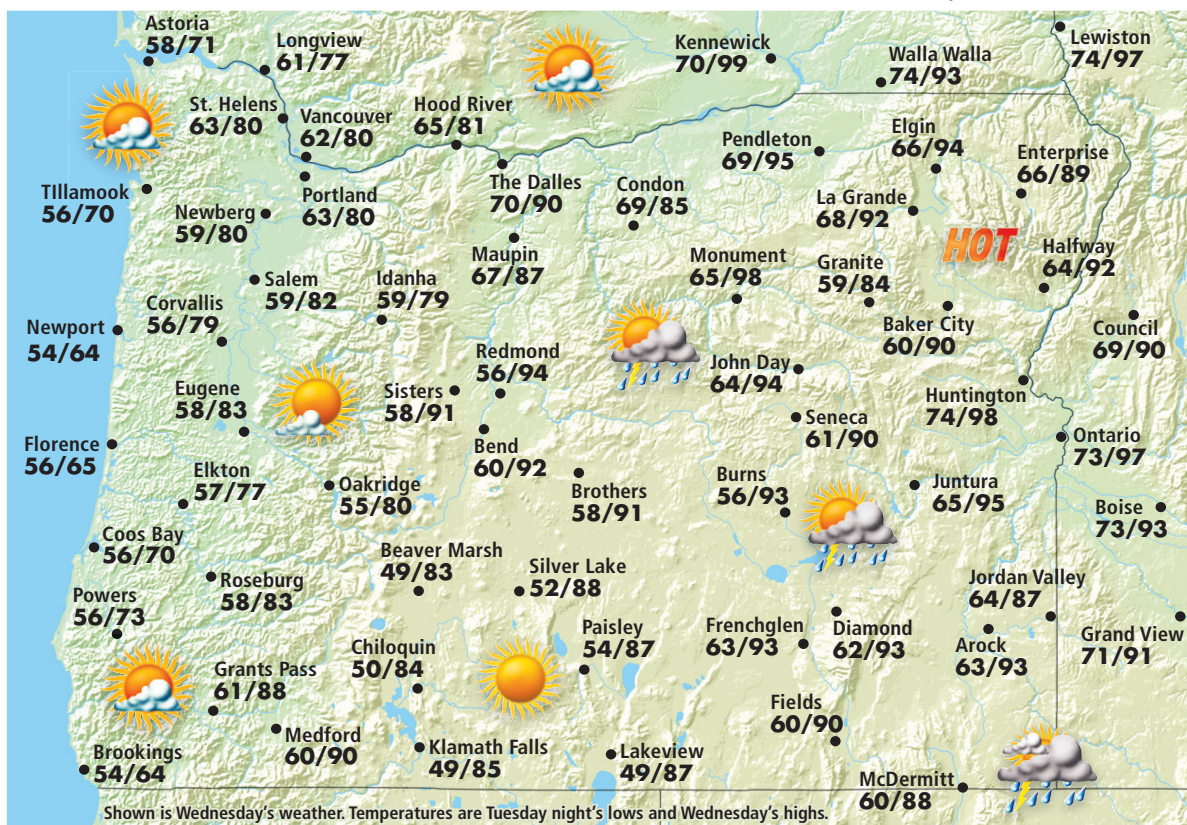
	TUE.	WED.
Sunrise	5:46 a.m.	5:47 a.m.
Sunset	8:09 p.m.	8:08 p.m.
Moonrise	7:06 p.m.	7:55 p.m.
Moonset	2:15 a.m.	3:28 a.m.

MOON PHASES



AROUND OREGON AND THE REGION

Forecasts and graphics provided by AccuWeather, Inc. ©2022



REGIONAL CITIES

City	WED.		THU.	
	Hi/Lo/W	Hi/Lo/W	Hi/Lo/W	Hi/Lo/W
Astoria	71/54/pc	71/54/pc	Lewiston	97/68/pc
Bend	92/48/s	91/54/s	Longview	77/56/pc
Boise	93/71/t	96/73/pc	Meacham	89/51/pc
Brookings	64/52/pc	65/53/pc	Medford	90/59/s
Burns	93/52/pc	94/54/s	Newport	64/52/pc
Coos Bay	70/54/pc	66/54/pc	Olympia	73/53/pc
Corvallis	79/51/pc	82/53/s	Ontario	97/69/t
Council	90/60/t	92/62/t	Pasco	99/64/pc
Elgin	94/59/t	93/61/s	Pendleton	95/62/pc
Eugene	83/52/pc	88/52/pc	Portland	80/61/pc
Hermiston	98/63/pc	95/61/s	Powers	73/56/pc
Hood River	81/64/pc	91/65/s	Redmond	94/49/s
Imnaha	97/71/t	94/70/t	Roseburg	83/56/s
John Day	94/55/pc	93/56/s	Salem	82/54/pc
Joseph	88/56/t	90/57/t	Spokane	95/63/pc
Kennewick	99/64/pc	95/64/s	The Dalles	90/65/s
Klamath Falls	85/48/s	89/51/s	Ukiah	89/46/t
Lakeview	87/45/s	88/50/s	Walla Walla	93/66/pc

Weather(W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice

RECREATION FORECAST WEDNESDAY

ANTHONY LAKES A t-storm around	70 47	PHILLIPS LAKE A t-storm around	86 51
MT. EMILY REC. A p.m. t-storm	81 53	BROWNLEE RES. A stray t-storm	95 59
EAGLE CAP WILD. A stray t-storm	76 45	EMIGRANT ST. PARK A p.m. t-storm	85 45
WALLOWA LAKE A stray t-storm	88 56	MCKAY RESERVOIR Sun and clouds	93 62
THIEF VALLEY RES. A t-storm around	90 53	RED BRIDGE ST. PARK A stray t-storm	92 57

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