

SATURDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

AUGUST 13, 2022

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
ABC	2	2	2	2	KATU News This Morning Saturday (N)		Good Morning America (N)		Wildlife Nation	oh baby! (EI)	Hearts of Heroes (N)	Spanish Primera Division Soccer Barcelona vs Rayo Vallecano. From Camp Nou in Barcelona, Catalonia, Spain.				Paid Program	MyDesti-nation.TV	Free Enter-prise	Home-own-er	Paid Program	Game Time	KATU News at 5	World News		
PBS	3	5			Hero El-ementary	Cyber-chase	SciGirls	Biz Kid\$	Greener World	Garden Home	Quilting Arts	Love of Quilting	Fit 2 Stitch	It's Sew Easy	Kimball's Milk Street	Test Kitchen	Cook's Country	The Migrant	Motor-Week	American Woodshop	Wood-smith	Ask This Old House	This Old House	PBS News Weekend	
CBS	6	6	6	6	Mission Unstop	Hope in the Wild	Pet Vet-Team	All In With Laila Ali	Paid Program	The Incredible Dog Challenge (N)	Stories from the 2022 James Beard Awards		Beyond Limits:	Pickleball Sketchers Summer Championship. From Los Angeles. (N) (Live)			Paid Program	Paid Program	Extra (N)	KOIN 6 News at 5	KOIN 6 News				
NBC	8	8	8	8	(6:00) KGW News at Sunrise (N)		Paid Program	Premier League Soccer Brentford vs Manches-ter United. (N) (Live)				Prem Goal Zone	PGA Tour Golf FedEx St. Jude Championship, Third Round. (N) (Live)				Paid Program	Paid Program	Grant's Getaways	Earth Odyssey	KGW News at 5 (N)				
CW	9	9	32	32	Into the Wild	Into the Wild	The Open Road	Ready, Set, Pet	Paid Program	Get Home Title Lock	Smiley Healthy	GetBreeze	World's-Weath	World's-Weath	Just for Laughs	Just for Laughs	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Angler West	Northwest Fish	KOIN 6 News	KOIN 6 News	
FOX	12	12	12	12	(6:00) Good Day Oregon Saturday (N)		Biz Kid\$ (EI)	Think Big (EI)	Dog Tales (EI)	Animal Rescue	Paid Program	Identity Theft	Paid Program	PowerXL Duo	Smiley Healthy	PowerXL Duo	Homes & Estates	Recipe.TV	Man vs. Yard	To Be An-nounced	MLB Baseball Seattle Mariners at Texas Rang-ers. (N) (Live)	Seattle Mariners at Texas Rang-ers. (N) (Live)			
MNT	13	13	49	49	(6:00) Good Day Oregon Saturday (N)		Outdoor GPS		Paid Program	Paid Program	To the Rescue	Paid Program	★ "On the Line" (2001, Romance-Comedy) Lance Bass, Joey Fatone.			Weather Gone Viral		SEAL Team "The Spin-ning Wheel"	MLB Baseball Seattle Mariners at Texas Rang-ers. (N) (Live)						
UNIV	22	22	16	47	Planeta de niños (N)	Planeta de niños (N)	Atención, atención	Atención, atención	Franklin	Franklin	Fútbol central (N)	Fútbol UEFA Champions League				Misión Europa (N)		Programa pagado	Programa pagado	Fútbol central (N)	Fútbol Mexicano Primera División				
A&E	52	55	118	265	Zombie Flip		Zombie Flip		Zombie Flip		Zombie Flip		Move or	Move or	60 Days In "Top 20 Moments"				The First 48		The First 48		The First 48		
AMC	60	45	131	254	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	★★ "Out for Justice" (1991, Action) Steven Seagal, William Forsythe, Jerry Orbach.			★★ "Rambo" (2008, Action) Sylvester Stallone, Julie Benz, Matthew Marsden.			★★★ "Rocky III" (1982, Drama) Sylvester Stallone, Mr. T. A merciless contender forces Rocky into a title match.			★★★ "Rocky IV" (1985) Talia Shire				
ANP	24	49	184	282	Myst. Creature		Ground Truth		Myst. Creature		Myst. Creature		Myst. Creature		Dr. Jeff: RMV		Dr. Jeff: RMV		Dr. Jeff: RMV		Dr. Jeff: RMV		Dr. Jeff: RMV		Dr. Jeff: RMV
BET	4	72	124	392	Martin	Martin	Martin	Martin	Martin	Martin	Martin	★★ "Big Momma's House" (2000) Martin Lawrence, Nia Long.			★ "Big Momma's House 2" (2006) Martin Lawrence, Nia Long.			"Tyler Perry"							
BRAVO	54	65	129	237	Married to Medicine		Married to Medicine		Married to Medicine		Married to Medicine	★★★ "Field of Dreams" (1989) Kevin Costner.				★★ "Happy Gilmore" (1996) Adam Sandler.		★ "The Waterboy" (1998) Adam Sandler.		Billy Mad					
CARTOON	25	59	177	297	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball
CBSSN	410	410	158	221	The 2022	The 2022	Serie A	Italian Serie A	Soccer AC Milan vs Udinese.		Serie A	Tennis 2022 USTA Billie Jean King Girl's National Championship. 18u Singles- Semifinals. (N)	Talk		Auto Racing		Trans Am TA2. (N)								
CNN	68	44	200	202	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom
COM	77	56	107	249	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	
COOK	123	123	113	232	Man's Greatest Food		Man's Greatest Food		Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Good Eats	Good Eats	Good Eats	Good Eats	Good Eats	Good Eats	Iron Chef America	Iron Chef America	Iron Chef America	Iron Chef America	
DISN	26	48	173	290	Big City	Big City	Hamster & Hamster &		Ladybug	Ladybug	Big City	Big City	Ladybug	Ladybug	Ladybug	Ladybug	Big City	Big City	Big City	Big City	Big City	Big City	Big City	Jessie	Jessie
E!	64	76	114	236	(7:15) ★★ "Sex and the City" (2008)		(15) ★★ "Sex and the City 2" (2010) Sarah Jessica Parker, Kim Cattrall.		★★ "He's Just Not That Into You" (2009) Ben Affleck.				★★★ "Bridesmaids" (2011) Kristen Wiig.												
ESPN	33	27	140	206	SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		Pro Fighters League		UFC Fight Night: Vera vs. Cruz - Prelims Aspen Ladd vs. Sara McMann, bantamweight. From Pechanga Arena in San Diego. (N)				UFC Fight Night: Vera vs. Cruz (N) (Live)								
ESPN2	34	28	143	209	World Chase Tag		HYROX		2022 Little League Softball World Series			Special Olympics			2022 Little League Softball World Series			The Captain		CFL Football: Lions at Stampeters					
FNC	66	25	205	360	(7:00) Cavuto Live (N)		Fox News Live (N) (Live)		Fox News Live (N)		Journal Editorial Rpt.		Fox News Live (N)		Saturday Show		Fox Report		Gutfeel!		One Nation				
FOOD	61	54	110	231	The Kitchen		Mary Ma.	Mary Ma.	Pioneer	Pioneer	The Kitchen (N)		Symon	Symon	BBQ USA		BBQ USA		BBQ USA		Diners	Diners	Diners	Diners	
FREE	32	33	180	311	(7:30) ★★ "Night at the Museum" (2006)		"Night at the Museum: Battle of the Smithsonian" (2009)				★★★ "Holes" (2003) Sigourney Weaver, Jon Voight.				(05) ★ "Blended" (2014) Adam Sandler.		The Office								
FS1	41	85	150	219	(7:00) Greatest Races: NASCAR		Horse Racing Saratoga Live. (N) (Live)		NASCAR Truck Series			Drag Racing			Horse Race		NASCAR RaceDay		NASCAR Truck Series						
FX	65	24	136	249	Family Guy	Family Guy	Family Guy	Family Guy	★★ "Mechanic: Resurrection" (2016, Action) Jason Statham, Jessica Alba.			★★★ "22 Jump Street" (2014, Comedy) Jonah Hill. Officers Jenko and Schmidt go under cover at a college.			★★ "The A-Team" (2010, Action) Liam Neeson. Former Special Forces soldiers form a rogue unit.			★★★ "Furious 7" (2015) Vin Diesel.							
FXX	35	64	125	259	"Ice Age: Collision"		★★★ "Spies in Disguise" (2019, Children's)		Futurama	Futurama	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	
GOLF	88	88	401	218	DP Tour Golf		Golf		PGA Golf		Women's Golf U.S. Women's Amateur, Semifinals. (N) (Live)				PGA Champions		Golf Central (N) (Live)								
HALL	87	87	185	312	Golden Girls	Golden Girls	Golden Girls	Golden Girls	"Love Takes Flight" (2019, Romance) Nikki Deloach, Jeff Hephner, Barbara Niven.			"Moonlight in Vermont" (2017, Romance-Comedy) Lacey Chabert, Carlo Marks.			"Nature of Love" (2020, Romance-Comedy) Emilie Ullerup, Christopher Russell.			"The Secret Ingredient" (2020, Romance-Comedy) Erin Cahill, Brendan Penny.							
HALLMM	86	86	187	565	Monk		Monk		Monk Monk helps his father-in-law.			Aurora Teagarden Mysteries "A Bone to Pick" Aurora finds a skull in a window seat.			Aurora Teagarden Mysteries "Real Murders" Aurora must find a copycat killer.			Aurora Teagarden Mysteries A house on the market comes with a body.		Morning Show Mys-teries					
HGTV	62	57	112	229	Home Town		Home Town		Home Town		Home Town		Unsellable Houses		Unsellable Houses		Unsellable Houses		Unsellable Houses		Unsellable Houses		Unsellable Houses		
HIST	50	60	120	269	Alone	Alone: Frozen	Alone: Frozen	Alone	Alone	Alone	Alone	Alone	American Pickers		American Pickers		American Pickers		American Pickers		American Pickers		American Pickers		
LIFE	29	29	108	252	Brain Fog	Paid Prog.	Theft	Paid Prog.	Paid Prog.	Paid Prog.	★★★ "Gone Girl" (2014, Mystery) Ben Affleck, Rosamund Pike.				"Seduced by a Killer" (2019) Clare Kramer.		"Trapped With My Husband" (2022)								
MAGN	81	81	111	230	Fixer Upper		Vintage	Vintage	Capturing	Capturing	Restoring Galveston	Restoring Galveston	Restoring Galveston	Restoring Galveston	Restoring Galveston	Restoring Galveston	Restoring Galveston	Restoring Galveston	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	Fixer Upper	
MSNBC	71	67	209	356	Cross Connection		Alex Witt Reports (N)		Alex Witt Reports (N)		Yasmin Vossoughian	Yasmin Vossoughian	Symone (N) (Live)		PoliticsNation (N)		American Voices		American Voices		American Voices		Ayman (N) (Live)		
NGEO	55	78	197	276	Theft	Outages	Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		Drugs, Inc.: The Fix		To Catch a Smuggler		To Catch a Smuggler		To Catch a Smuggler		To Catch a Smuggler		
NICK	27	51	171	299	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	
OXY	30	69	127	251	Dateline: Secrets Uncovered		NCIS		NCIS		NCIS		NCIS		NCIS		NCIS		NCIS		NCIS		NCIS		
PARMT	42	43	241	241	NCIS		NCIS		NCIS		NCIS		NCIS		NCIS		NCIS		NCIS		NCIS		NCIS		
ROOT	37	26	426	687	Paid Prog.	Paid Prog.	Charlie	Fishing	Sporting	Perfect	MLB Baseball Seattle Mariners at Texas Rangers.				Baseball		Baseball								
SYFY	67	50	122	244	★★ "Krampus" (2015) Emjay Anthony.		★★★ "Gremlins" (1984, Fantasy) Zach Galligan.			(25) ★★ "Gremlins 2: The New Batch"			(45) ★★ "The Mummy" (1999) Brendan Fraser, Rachel Weisz.		Mummy										
TCM	56	73	132	256	(7:30) ★★ "Mutiny on the Bounty" (1962, Adventure) Marlon Brando, Trevor Howard, Richard Harris.		(45) ★★ "Guys and Dolls" (1955) Marlon Brando, Jean Simmons. A gambler bets he can woo a Salvation Army missionary.			★★★ "The Chase" (1966, Drama) Marlon Brando. Corrupt Texans order a sheriff to stop an escaped convict.			"Meet Marlon Brando" (1966)		★★★ "A Streetcar Named Desire"										
TDC	51	42	182	278	Major League Fishing		Deadliest Catch		Building Off the Grid		Building Off the Grid		Building Off the Grid		Building Off the Grid		Building Off the Grid		Building Off the Grid		Lone Star Law		Lone Star Law		
TLC	49	62	183	280	Long Lost Family		The Family Chantel		The Family Chantel		The Family Chantel		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé		Hoard-Buried		Hoard-Buried		
TNT	57	52	138	245	NCIS: New Orleans "More Now"		NCIS: New Orleans "The List"		NCIS: New Orleans "The Insider"		★★ "Gemini Man" (2019, Action) Will Smith, Mary Elizabeth Winstead, Clive Owen.			(15) ★★ "Star Wars: The Force Awakens" (2015) Harrison Ford. Han Solo and his allies face a new threat from Kylo Ren.			(13) ★★ "Star Wars: The Last Jedi" (2017) Mark Hamill, Carrie Fisher.								
TRAV	53	38	196	277	Food Paradise		Fright Club		Fright Club		Fright Club		Fright Club		Fright Club		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		
TRUTV	73	75	242	246	Carbonaro	Carbonaro	Carbonaro	Carbonaro	Jokers	Jokers	Jokers	Jokers	Jokes	Jokes	Jokes	Jokes	Jokers	Jokers	Jokers	101	Jokers	Jokers	Jokers	Jokers	
TVL	75	74	106	304	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	
USA	58	39	105	242	Premier Soccer		Premier	Snake in the Grass	Fast Lane		Lamborghini		Pilot Challenge		NASCAR Cup Series			NCIS "About Face"		Chicago P.D.					
WE	118	118	128	260	Paid Prog.	Oxygen	Brain Fog	Home	NCIS		NCIS "Rekindled"		NCIS "Up in Smoke"		NCIS (Part 2 of 2)		NCIS		NCIS "Recovery"		NCIS "Phoenix"				
WEATH	14	19	214	362	Weekend Recharge		Weekend Recharge		Deep Water Salvage		Lords of the Ocean		Weird Earth		The Earth Unlocked		Secrets of the Earth		Secrets of the Earth		Deep Water Salvage				
WTBS	59	40	139	247	American	American	American	American	Friends	Friends	Friends	Friends	★★★ "Shrek" (2001) Eddie Murphy			★★★ "Shrek 2" (2004) Eddie Murphy			★★ "Minions" (2015) Jon Hamm						
HBO	518	518	303	504	(7:05) ★★ "Good Deeds" (2012) 'PG-13'		★★★ "Dune" (2021) Timothée Chalamet. Malevolent forces go to war over a precious resource. 'PG-13'			(40) ★★ "Point Break" (2015, Action) Edgar Ramirez, Luke Bracey, Ray Winstone. 'PG-13'			Hard Knocks: Training Camp With		(40) ★★ "The Break-Up" (2006, Romance-Comedy) Vince Vaughn. 'PG-13'			Real Time With Bill Maher		"King Richard"					
MAX	531	531	311	516	(04) ★★ "The Jewel of the Nile" (1985, Adventure) Michael Douglas. 'PG'		(9:50) ★★ "Limbo" (2020) Amir El-Masry, Vikash Bhai. 'R'			(35) ★★ "Love & Mercy" (2014, Biography) John Cusack, Paul Dano. 'PG-13'			(37) ★★ "Bad News Bears" (2005, Comedy) Billy Bob Thornton. 'PG-13'		(32) ★★ "The Accidental Spy" (2001) Jackie Chan. 'PG-13'			(01) ★★ "Blood Father" (2016) 'R'							
SHOW	578	578	319	546	(7:15) ★★ "Last Vegas" (2013) 'PG-13'		Bellator MMA 284: Gracie vs. Yamauchi.			★★★★ "The Terminator" (1984, Science Fiction) Arnold Schwarzenegger. 'R'			★★ "Rounders" (1998, Drama) Matt Damon, Edward Norton, John Turturro. 'R'			(15) The Chi "Angels"		(15) City on a Hill							
STARZ	621	621	351	526	"Journal Jordan"		(19) ★★ "Arrival" (2016, Science Fiction) Amy Adams, Jeremy Renner. 'PG-13'		(19) ★★ "Escape Room: Tournament of Champions" (2021)		(11:50) ★★ "The Brothers Grimsby" (2016, Comedy) 'R'	(16) ★★ "Lakeview Terrace" (2008) Samuel L. Jackson.			(10) ★★ "Guess Who" (2005, Comedy) Bernie Mac, Ashton Kutcher. 'PG-13'			(4:59) Becoming Elizabeth							
TMC	591	591	327	554	(7:40) ★★ "A Royal Night Out" (2015) Sarah Gadon. 'PG-13'		(20) ★★ "Sophie's Choice" (1982) Meryl Streep. A death-camp survivor makes a home in 1947 Brooklyn.			★★★ "Spotlight" (2015, Drama) Mark Ruffalo, Michael Keaton. 'R'			(10) ★★ "Hard Eight" (1996, Drama) Philip Baker Hall, John C. Reilly. 'R'			(3:55) "Last Call" (2021, Comedy) Jeremy Piven, Taryn Manning. 'R									