

MONDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

JULY 25, 2022

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30		
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune	The Bachelorette (N)			(:01) Claim to Fame Alliances continue to form. (N)		KATU News at 11 (N) (Live)	(:35) Jimmy Kimmel Live!			
PBS	3	5			This Old House	BBC World News Outside	PBS NewsHour (N)		Antiques Roadshow An Otto Georgi painting; Kiddush cup.		The 1934 Waterfront Strike: Solidarity on the Dock (N)		Antiques Roadshow "Ca' d'Zan Hour 3" (Part 3 of 3)		POV Greenland anticipates economic renewal. (N)			
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	The Neighborhood	Bob Hearts Abishola	NCIS Agent Knight goes under cover.		NCIS: Hawai'i "Legacy" A protester is murdered.		KOIN 6 News at 11 (N)	Late Show-Colbert		
NBC	8	8	8	8	KGW News at 6: The Story	KGW News at 6:30 (N)	The Good Stuff (N)	Inside Edition (N)	American Ninja Warrior "Semifinals 2" The semifinals continue.		Weakest Link Contestants play trivia for \$1 million.		KGW News at 11 (N)	Tonight Show-J. Fallon				
CW	9	9	32	32	Young Sheldon	Young Sheldon	Modern Family	Modern Family	Roswell, New Mexico "Dig Me Out" (N)	In the Dark Murphy gets an unwelcomed partner. (N)		KOIN 6 News at 10p (N)		Seinfeld	Seinfeld "The Old Man"			
FOX	12	12	12	12	6 O'Clock News (N)		Family Feud	Family Feud	Don't Forget the Lyrics! "I'm About to Shock the World!"		Beat Shazam Teams of mothers and daughters compete.		10 O'Clock News (N)		11 O'Clock News (N)	(:35) Family Feud		
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory	The Simpsons	Family Guy	Family Guy		
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univision (N)	La rosa de Guadalupe "Gelatinas mágicas" (N)		La mexicana y el güero (N)		La herencia "La familia se fractura" (N)		Mujer de nadie "No te interesa el negocio" (N)		Noticias noroeste 11P	Noticiero Univision:		
A&E	52	55	118	265	Intervention "Joshua B."		Intervention "Tiffany"		Intervention "Jordan"		Intervention (N)		(:01) Digital Addiction (N)		(:04) Intervention "Jesse"			
AMC	60	45	131	254	*** "The Fugitive" (1993, Action) Harrison Ford, Tommy Lee Jones, Sela Ward. An innocent man must evade the law as he pursues a killer.						Better Call Saul "Nippy" A new player gets in the game.		(:10) Better Call Saul "Nippy" A new player gets in the game.		(:20) "Forrest Gump" (1994)			
ANP	24	49	184	282	Naked and Afraid		Zoltan the Wolfman		Naked and Afraid		Naked and Afraid		Naked and Afraid		Zoltan the Wolfman			
BET	4	72	124	392	Tyler Perry's The Oval		Tyler Perry's Sistars		Celebrity Family Feud		** "The Hitman's Bodyguard" (2017, Action) Ryan Reynolds, Samuel L. Jackson.							
BRAVO	54	65	129	237	Below Deck Mediterranean		Below Deck Mediterranean		Below Deck Mediterranean		Watch What		Below Deck Mediterranean		Below Deck Down Under		Cast Away	
CARTOON	25	59	177	297	** "Garfield" (2004) Breckin Meyer, Jennifer Love Hewitt.						King of Hill	King of Hill	Bob's Burgers	Bob's Burgers	American	American	American	Rick, Morty
CBSSN	410	410	158	221	Soccer: Club Friendly		PBR Bull Riding PBR Team Series: Cheyenne. From Cheyenne, Wyo. (N) (Live)						PGA Tour Golf 3M Open, Final Round. (Taped)					
CNN	68	44	200	202	Anderson Cooper 360 (N)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Anderson Cooper 360		Anderson Cooper 360		Don Lemon Tonight			
COM	77	56	107	249	The Office	The Office	The Office	(:45) The Office "Finale"	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Daily Show		
COOK	123	123	113	232	The Zimmern	The Zimmern	Delicious Destinations		Bizarre Foods	Bizarre Foods	Bizarre Foods	Bizarre Foods	The Zimmern	The Zimmern	Delicious Destinations			
DISN	26	48	173	290	"The Secret Life of Pets 2"		*** "The Jungle Book" (2016) Neel Sethi. Premiere.						Ultra Violet	The Villains	Big City Green	Big City Green	Ladybug	Ladybug
E!	64	76	114	236	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Nightly Pop		
ESPN	33	27	140	206	(5:00) Dickie V	E60	SportsCenter (N) (Live)						SportsCenter (N) (Live)		SportsCenter (N) (Live)			
ESPN2	34	28	143	209	The Basketball Tournament Third Round: Teams TBA. (N)						NFL Live		The Captain		The Captain	Around/Horn	Interruption	
FNC	61	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N) (Live)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity			
FOOD	66	54	110	231	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	BBQ USA (N)		Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby		
FREE	32	33	180	311	Shrek Forever		*** "Wreck-It Ralph" (2012) Voices of John C. Reilly.						*** "Ralph Breaks the Internet" (2018) Voices of John C. Reilly.		The 700 Club			
FS1	41	85	150	219	2022 Copa America Femenina		MLS Soccer Atlanta United FC at LA Galaxy.		Skip and Shannon: Undisputed						TMZ Sports		Truck Series	
FX	65	24	136	249	(4:30) ** "Transformers: The Last Knight" (2017, Action) Mark Wahlberg, Anthony Hopkins, Josh Duhamel.						** "Underwater" (2020) Kristen Stewart, Vincent Cassel. Mysterious creatures terrorize a deep-sea drilling crew.		** "Underwater" (2020) Kristen Stewart, Vincent Cassel. Mysterious creatures terrorize a deep-sea drilling crew.					
FXX	35	64	125	259	The Simpsons	The Simpsons	The Simpsons	The Simpsons	Family Guy		Family Guy	Family Guy	Family Guy		Family Guy	Family Guy	Family Guy	
GOLF	88	88	401	218	PGA Tour Golf 3M Open, Final Round.						Golf Central		School of Golf		School of Golf	Play Lessons	Golf Academy	
HALL	87	87	185	312	"A Royal Christmas" (2014) Lacey Chabert, Stephen Hagan. A queen does not want her son to marry a commoner.						"A Kiss Before Christmas" (2021) Teri Hatcher, James Denton. A man wakes up to a new reality at Christmastime.		"Five Star Christmas" (2020) Bethany Joy Lenz, Victor Webster. Lisa plots to get a five-star review from a travel critic.					
HALLMM	86	86	187	565	Monk Adrian's biggest fan.		Morning Show Mysteries "Countdown to Murder" A grocer is crushed to death by shelves.				Morning Show Mysteries "Death by Design" A designer's twin sister is killed.				Murder, She Wrote Murder at a Seattle university.			
HGTV	62	57	112	229	Love It or List It		Love It or List It		Love It or List It		Great Giveback With Melissa		Hunters	Hunters	(:05) Love It or List It			
HIST	50	60	120	269	American Pickers		Modern Marvels		Modern Marvels California's date palm trees. (N)		Fast Hstry		Fast Hstry	Fast Hstry	(:03) Modern Marvels			
LIFE	29	29	108	252	The First 48		The First 48: Detective		The First 48 "Bleeding Heart"		TextMeWhenYouGetHome (N)		Phrogging: Hider in My House		TextMeWhenYouGetHome			
MAGN	81	81	111	230	Maine Cabin Masters (N)		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters		Maine Cabin Masters			
MSNBC	71	67	209	356	The Rachel Maddow Show (N)		The Last Word With		The 11th Hour-Stephanie		The Rachel Maddow Show		The Last Word With		The 11th Hour-Stephanie			
NGEO	55	78	197	276	Gordon Ramsay: Shark Bait		Shark Beach with Chris		Gordon Ramsay: Uncharted		Running Wild With Bear Grylls		World of Flavor-Big Moe		Gordon Ramsay: Uncharted			
NICK	27	51	171	299	The Loud House "Schooled!"		** "Wonder Park" (2019) Voices of Jennifer Garner.						Friends	Friends	Friends	Friends	Friends	Friends
OWN	40	41	189	279	Dr. Phil		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime		Deadline: Crime			
OXY	30	69	127	251	Snapped "Geraldine Jones"		Snapped "Anne Trovato"		Snapped "Kristen Westfall"		Snapped "Betty Broderick"		Snapped "Kisha Schaberg"					
PARMT	42	43	241	241	Two/Half Men		Two/Half Men		Two/Half Men		Two/Half Men		*** "Ghostbusters" (1984, Comedy) Bill Murray, Dan Aykroyd.		** "Ghostbusters II" (1989) Bill Murray.			
ROOT	37	26	426	687	Mariners		Mariners Pre.		MLB Baseball Texas Rangers at Seattle Mariners. From T-Mobile Park in Seattle. (N) (Live)				Mariners Post.	Mariners Pre.	MLB Baseball			
SYFY	67	50	122	244	(:05) *** "John Wick: Chapter 3 -- Parabellum" (2019) Keanu Reeves, Halle Berry.						*** "Sicario" (2015, Suspense) Emily Blunt, Benicio Del Toro.		Hellboy-Army					
TCM	56	73	132	256	(5:00) ** "Breakin'"		(:45) ** "Smithereens" (1982, Drama) Susan Berman. Would-be punk rocker club-hops her way around New York.		** "Foxes" (1980, Comedy-Drama) Jodie Foster, Cherie Currie. Drugs and promiscuity disrupt four girls' adolescence.		*** "Pink Floyd - The Wall" (1982, Musical) Bob Geldof, Christine Hargreaves.							
TDC	51	42	182	278	Great White Battleground		Stranger Sharks (N)		Air Jaws: Top Guns (N)		Great White Serial Kill		Rise of the Monster		(:05) Mega Predators of Oz			
TLC	49	62	183	280	The Family Chantel		The Family Chantel		The Family Chantel (N)		90 Day Diaries (N)		Seeking Sister Wife (N)		Welcome to Plathville			
TNT	57	52	138	245	(3:43) *** "Star Wars: The Last Jedi" (2017)		** "Star Wars: The Rise of Skywalker" (2019, Science Fiction) Carrie Fisher, Mark Hamill, Adam Driver. Rey and her allies battle Kylo Ren and the First Order.						Rich & Shameless A look at Clare Bronfman. (N)		Rich & Shameless A look at Clare Bronfman.			
TRAV	53	38	196	277	Mysteries of the Unknown (N)		Mysteries of the Unknown Three mysterious orbs over Alaska.		Mysteries of the Unknown The legend of Resurrection Mary.		Mysteries of the Unknown							
TRUTV	73	75	242	246	Fast Foodies		Fast Foodies		Inside Jokes		Inside Jokes		*** "Superbad" (2007, Comedy) Jonah Hill, Michael Cera.		King		King	
TVL	75	74	106	304	Andy Griffith		Andy Griffith		Raymond		Raymond		Raymond		Raymond			
USA	58	39	105	242	9-1-1 "Powerless"		9-1-1 "What's Next?"		WWE Monday Night RAW (N Same-day Tape)									
WE	118	118	128	260	Criminal Minds "Fate"		Criminal Minds		Criminal Minds "Anonymous"		Criminal Minds							
WEATH	14	19	214	362	Highway Thru Hell		Heavy Rescue: 401		Weather Gone Viral		Weird Earth		Weird Earth		Weird Earth			
WTBS	59	40	139	247	Sheldon		Sheldon		Big Bang		Big Bang		Big Bang		Big Bang		American	American
HBO	518	518	303	504	(5:55) Westworld "Zhuangzi"		(6:58) ** "The Heat" (2013, Comedy) Sandra Bullock. A federal agent and a Boston cop go after a drug lord. 'R'						Irma Vep "The Terrible Wedding" (Season Finale) (N)		Mind Over Murder "Episode 6" (Series Finale) (N)		Irma Vep "The Terrible Wedding"	
MAX	531	531	311	516	(3:58) ** "Julia" (2008)		(:23) "The Yellow Birds" (2017, War) Alden Ehrenreich, Tye Sheridan, Jennifer Aniston. 'R'		** "Bloodsport" (1988, Biography) Jean-Claude Van Damme, Donald Gibb. 'R'						(:34) ** "Universal Soldier" (1992) Jean-Claude Van Damme. A genetically enhanced soldier reclaims his humanity.		(:20) "Black Hawk Down"	
SHOW	578	578	319	546	** "How to Lose a Guy in 10 Days" (2003) Kate Hudson. A writer bets she can seduce a man and then drive him away.						The Chi "We Don't Have to Take Our Clothes Off"		Supreme Team "Truth & Consequences"		** "Immortals" (2011, Adventure) Henry Cavill, Stephen Dorff. A stonemason revolts against a bloodthirsty king. 'R'			
STARZ	621	621	351	526	(5:37) ** "Shutter Island" (2010, Suspense) Leonardo DiCaprio. A 1950s lawman hunts an escaped murderer. 'R'						P-Valley "Jackson" Uncle Clifford wrestles with her future.		*** "Aliens" (1986, Science Fiction) Sigourney Weaver, Carrie Henn, Michael Biehn. Space Marines battle an army of deadly monsters. 'R'		"Men in Black"			
TMC	591	591	327	554	(4:40) "Last Call" (2021)		(:25) "Dating & New York" (2021, Romance-Comedy) Jaboukie Young-White. 'PG-13'		*** "Gloria Bell" (2018, Romance-Comedy) Julianne Moore, John Turturro. 'R'		(:45) *** "Phlomena" (2013) Judi Dench. A journalist helps a woman search for her long-lost son. 'PG-13'		"Queen Bees" (2021) 'PG-13'					

tonight s best



Natalie Portman

9 p.m. on HGTV  
The Great Giveback With Melissa McCarthy and Jenna Perusich

In the season finale episode called "Wall-to-Wall Fabulous," co-hosts Melissa McCarthy and Jenna Perusich give back to Ryan, a singer and pianist who shares his love of music by performing at a senior care facility. As usual, they tailor the makeover to match its recipient, embracing his dramatic flair and renovating his guesthouse studio into a fashionable, functional space that reflects Ryan's larger-than-life personality.

9 p.m. on NGeo  
Running Wild With Bear Grylls: The Challenge

In this new series, host and survivalist Bear Grylls steps up the challenges he posed to his celebrity guests in the original "Running Wild" series, teaching them essential survival skills and then letting them prove they can put what they've learned to good use in an emergency situation. In the series opener, "Natalie Portman in the Escalante Desert," Grylls shows the Oscar-winning actress the ropes (sometimes literally) in the wilderness of Southern Utah. Future celebrities include Marvel action stars Florence Pugh and Simu Liu, and Ashton Kutcher.

Sudoku solution (puzzle is on page 9)

2	1	5	9	8	3	4	7	6
3	9	7	5	6	4	8	2	1
8	4	6	7	1	2	3	9	5
1	5	3	6	2	7	9	8	4
9	6	8	3	4	1	7	5	2
7	2	4	8	5	9	1	6	3
6	3	2	1	9	8	5	4	7
4	8	1	2	7	5	6	3	9
5	7	9	4	3	6	2	1	8