SATURDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV MOVIES SPORTS

JULY 23, 2022

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	KATU News This Morning Saturday (N)		Good Morning America (N)		X Games 2022 (N) (Live)										MyDestination.TV	Wildlife Nation	oh baby! (N) (EI)	Game Time	KATU News at 5	World News
PBS	3	5			Hero Elementary	Cyberchase	SciGirls	Biz Kid$	Greener World	Garden Home	Quilting Arts	Love of Quilting	Fit 2 Stitch	It's Sew Easy	Kimball's Milk Street	Test Kitchen	Cook's Country	The Migrant	Motor-Week	American Woodshop	Woodsmith	Ask This Old House	This Old House	PBS News Weekend
CBS	6	6	6	6	Mission Unstop	Hope in the Wild	Pet Vet-Team	All In With Laila Ali	The World Games 2022 (N)		Cornhole ACL Pro Shootout. (N) (Live)		PGA Tour Golf 3M Open, Third Round. (N) (Live)						Paid Program	Smiley Healthy	Extra (N)		Auto Racing Camping World SRX Series. (N)	
NBC	8	8	8	8	(5:00) 2022 Tour de France Stage 20. (N)		2022 Senior Open Championship Third Round. (N) (Live)				Track & Field		IRONMAN World Championship		IndyCar Racing Hy-Veedeals.com 250. From Iowa Speedway in Newton, Iowa. (N) (Live)				Paid Program	Paid Program	Grant's Getaways	Earth Odyssey	KGW News at 5 (N)	
CW	9	9	32	32	Into the Wild	Into the Wild	The Open Road	Ready, Set, Pet	Never Fear	Paid Program	Paid Program	Identity Theft	World's-Weath	World's-Weath	Just for Laughs	Just for Laughs	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Angler West	Northwest Fish	KOIN 6 News	KOIN 6 News
FOX	12	12	12	12	News	NASCAR RaceDay	NASCAR Camping World Truck Series CRC Brakleen 150. (N) (Live)				Paid Program	Biz Kid$ (EI)	Think Big (EI)	Dog Tales (EI)	Animal Rescue	Man vs. Yard	Go Fast	Pets Welcome	Pets Welcome	Pets Welcome	MLB Baseball San Francisco Giants at Los Angeles Dodgers. (N) (Live)			
MNT	13	13	49	49	News	Good Day Oregon (N)	Outdoor GPS		Paid Program	Paid Program	To the Rescue	Paid Program	★★ "Real Genius" (1985, Comedy) Val Kilmer, Gabe Jarret, William Atherton.				Weather Gone Viral		SEAL Team "Prisoner's Dilemma"		SEAL Team "Getaway Day"		Major Crimes "Frozen Assets"	
UNIV	22	22	16	47	Planeta de niños	Planeta de niños	Atención, atención	Atención, atención	Franklin	Franklin	Programa pagado	Programa pagado	Programa pagado	Programa pagado	Programa pagado	Programa pagado	Cuéntamelo ya... al fin (N)		Vecinos	Noticiero Univisión	Fútbol central (N)	Fútbol Mexicano Primera División Cruz Azul vs. Puebla. (N) (Live)		
A&E	52	55	118	265	Zombie Flip		Zombie Flip		Zombie Flip		Zombie Flip		Living	Living	Panic 9-1-1		Panic 9-1-1		First Blood		The First 48		The First 48	
AMC	60	45	131	254	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	(:45) ★★★ "A League of Their Own" (1992) Tom Hanks, Geena Davis. A women's professional baseball league debuts in 1943.						(:45) ★★★ "Fast Times at Ridgemont High" (1982) Sean Penn, Jennifer Jason Leigh.				(:45) ★★ "Uncle Buck" (1989) John Candy, Amy Madigan.		
ANP	24	49	184	282	Louisiana Law		Louisiana Law		Louisiana Law		Louisiana Law		Louisiana Law (N)		Dr. Jeff: RMV		Dr. Jeff: RMV		Dr. Jeff: RMV		Dr. Jeff: RMV		Dr. Jeff: RMV	
BET	4	72	124	392	Martin	Martin	Martin	Martin	Martin	Martin	Prince	Prince	Prince	Prince	Prince	Prince	★★★ "Lethal Weapon" (1987) Mel Gibson, Danny Glover.						"Lethal Weapon 2"	
BRAVO	54	65	129	237	Longest	Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below
CARTOON	25	59	177	297	Teen	Teen	Bears	Bears	★★ "Sherlock Gnomes" (2018) Emily Blunt				Gumball	Gumball	Adventure	Adventure	Gumball	Gumball	Adventure	Adventure	Gumball	Gumball	Gumball	Gumball
CBSSN	410	410	158	221	(7:00) Cornhole		College Football							College Football							College Football			
CNN	68	44	200	202	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom	
COM	77	56	107	249	Seinfeld	Seinfeld	The Office	The Office	The Office	(:45) The Office		The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office
COOK	123	123	113	232	Man's Greatest Food		Man's Greatest Food		Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Good Eats	Good Eats	Good Eats	Good Eats	Iron Chef America		Iron Chef America		Iron Chef America	
DISN	26	48	173	290	Big City	Big City	Big City	Big City	Ladybug	Ladybug	Big City	Big City	★★ "The Boss Baby" (2017)			Raven	Raven	Ultra	Ultra	Villains	Villains	Jessie	Jessie	Jessie
E!	64	76	114	236	Celebrity Game Face		Celebrity Game Face		Celebrity Game Face		Celebrity Game Face		Celebrity Game Face		Celebrity Game Face		★★ "Bringing Down the House" (2003)				★★★ "Forgetting Sarah Marshall" (2008)			
ESPN	33	27	140	206	SportsCenter (N) (Live)		The Basketball Tournament Second Round: Teams TBA. (N) (Live)				The Basketball Tournament Second Round: Teams TBA. (N) (Live)				Dickie V (N)			ESPN Films	SportsCenter (N)	Soccer International Friendly: Manchester City vs Bayern München. From Lambeau Field in Green Bay, Wis. (N)				
ESPN2	34	28	143	209	The Captain		AKC 2022 Agility Dog Premier Cup				PFL 2022	UEFA Women's EURO 2022					UFC Archival		The Captain		The Captain		X Games	
FNC	66	25	205	360	(7:00) Cavuto Live (N)		Fox News Live (N) (Live)				Fox News Live (N)		Journal Editorial Rpt.		Fox News Live (N)		Saturday Show		Fox Report		Gutfeld!		One Nation	
FOOD	61	54	110	231	The Kitchen		Giada	Giada	Pioneer	Pioneer	The Kitchen (N)		Symon	Symon	BBQ USA		Beachside Brawl		Beachside Brawl		Beachside Brawl		Beachside Brawl	
FREE	32	33	180	311	★★ "Pocahontas" (1995) Judy Kuhn				★★★ "Lilo & Stitch" (2002) Chris Sanders				★★★ "The Jungle Book" (2016) Neel Sethi.					★★ "Shrek Forever After" (2010)					"The Princess and the Frog"	
FS1	41	85	150	219	NHRA	NHRA	Air Races		Horse Racing Saratoga Live. (N) (Live)					Pregame	MLB Baseball Houston Astros at Seattle Mariners. (N) (Live)						ARCA Racing Series Pocono.			
FX	65	24	136	249	Family Guy	Family Guy	Family Guy	Family Guy	★★★ "Mission: Impossible Rogue Nation" (2015, Action) Tom Cruise. Ethan Hunt and his team square off against the Syndicate.						★★★ "Mission: Impossible -- Fallout" (2018, Action) Tom Cruise. Ethan and the IMF team must stop a terrorist nuclear attack.						★★ "Mechanic: Resurrection" (2016, Action) Jason Statham, Jessica Alba.			
FXX	35	64	125	259	"Call of Wild"		"How to Train Your Dragon: Hidden World"				Futurama	Futurama	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons
GOLF	88	88	401	218	Senior Open		Golf Central Pregame		PGA Tour Golf 3M Open, Third Round. (N)				Golf U.S. Girls' Junior, Championship Match.				GOLF Films		Golf Central (N) (Live)		PGA Tour Golf 3M Open, Third Round.			
HALL	87	87	185	312	Golden Girls	Golden Girls	Golden Girls	Golden Girls	"Christmas Waltz" (2020, Romance) Lacey Chabert, Will Kemp, Katrina Reynolds.				"A Timeless Christmas" (2020, Romance) Ryan Paevey, Erin Cahill, Brandi Alexander.				"Sister Swap: Christmas in the City" (2021) Kimberly Williams-Paisley, Ashley Williams.				"My Grown-Up Christmas List" (2022) Kayla Wallace, Kevin McGarry, Cory Lee.			
HALLMM	86	86	187	565	Monk "Mr. Monk Gets a New Shrink"		Monk Murder investigation at a concert.		Monk Monk's estranged father.		"All of My Heart" (2015, Romance-Comedy) Lacey Chabert, Brennan Elliott, Edward Asner.				"All of My Heart: Inn Love" (2017, Romance) Lacey Chabert, Brennan Elliott.				"The Irresistible Blueberry Farm" (2016, Drama) Alison Sweeney, Marc Blucas.				"Signed, Sealed, Delivered"	
HGTV	62	57	112	229	Home Town		Home Town		Home Town		Home Town		Home Town		Great Giveback		100 Day Dream Home		100 Day Dream Home		100 Day Dream Home		100 Day Dream Home	
HIST	50	60	120	269	Swamp People		Swamp People		Swamp People		Swamp People		American Pickers		American Pickers		American Pickers		American Pickers		American Pickers		American Pickers	
LIFE	29	29	108	252	Home	Paid Prog.	Paid Prog.	Paid Prog.	Theft	Paid Prog.	Phrogging: Hider		"A Murder to Remember" (2020, Docudrama)				"Jailbreak Lovers" (2022) Catherine Bell.				Flowers in the Attic: The Origin (Part 1 of 4)			
MAGN	81	81	111	230	Fixer Upper		Fixer Upper		Fixer Upper		Time Fixer	Time Fixer	Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper: Welcome	
MSNBC	71	67	209	356	Cross Connection		Alex Witt Reports (N)		Alex Witt Reports (N)		Yasmin Vossoughian		Yasmin Vossoughian		Symone (N) (Live)		PoliticsNation (N)		American Voices		American Voices		Ayman (N) (Live)	
NGEO	55	78	197	276	Oxygen	Outages	Shark Attack Files		Shark Attack Files		Shark Attack Files (N)		Shark Attack Files (N)		Shark Attack Files (N)		Shark Attack Files (N)		Shark Attack Files (N)		Shark Attack Files (N)		Shark Attack Files (N)	
NICK	27	51	171	299	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	(:15) "The SpongeBob SquarePants Movie"				Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Belle Collective		Belle Collective		Belle Collective		Belle Collective		Belle Collective	
OXY	30	69	127	251	Dateline: Unforgettable "The Officer's Wife"				Murdered by Morning		Murdered by Morning		Murdered by Morning		Murdered by Morning		Murdered by Morning		Serial Killer		Serial Killer		Cold Justice	
PARMT	42	43	241	241	NCIS		NCIS		NCIS		NCIS		NCIS		NCIS		NCIS		NCIS		★★ "The Accountant" (2016, Suspense)			
ROOT	37	26	426	687	Paid Prog.	PowerXL	Fairways of Life		Golf Life	Golf	Tennis	Kraken	Mariners	Mariners	MLB Baseball Houston Astros at Seattle Mariners. (N) (Live)						Mariners	Kraken	Bensinger	Mariners
SYFY	67	50	122	244	Warehouse 13		Warehouse 13		Warehouse 13		Warehouse 13		★★ "Tomb Raider" (2018) Alicia Vikander.					★★★ "The Bourne Ultimatum" (2007) Matt Damon.					★★★ "Wanted"	
TCM	56	73	132	256	"The Hidden City"	"Roaring Guns"	★★★★ "The Adventures of Robin Hood" (1938) Errol Flynn, Olivia de Havilland.				★★★ "In a Lonely Place" (1950, Drama) Humphrey Bogart.			(:45) ★★★ "The Unforgiven" (1960, Western) Burt Lancaster. Pioneers feud with Kiowa Indians over a birthright.					★★★ "The Thomas Crown Affair" (1968) Steve McQueen, Faye Dunaway, Paul Burke.				★★★ "Rebel Without a Cause" (1955)	
TDC	51	42	182	278	Major League Fishing		Deadliest Catch		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown "Digging Into D-Day"				Expedition Unknown		Expedition Unknown		Expedition Unknown	
TLC	49	62	183	280	Gypsy Wedding		My 600-Lb. Life		My 600-Lb. Life "Kenae's Journey"				My 600-Lb. Life Ashley is 24 and lives alone.				Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Untold Stories of ER	
TNT	57	52	138	245	NCIS: New Orleans "Matthew 5:9"		NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans "Convicted"		★★ "San Andreas" (2015, Action) Dwayne Johnson. A rescue pilot must save his family after an earthquake.					★★ "Rampage" (2018, Action) Dwayne Johnson, Naomie Harris, Malin Akerman.				★★★ "Kong: Skull Island" (2017, Adventure) Tom Hiddleston.		
TRAV	53	38	196	277	Food Paradise		A Haunting		A Haunting		A Haunting		A Haunting		A Haunting		A Haunting		Osbournes- Bel.		Osbournes- Bel.		Osbournes- Bel.	
TRUTV	73	75	242	246	Carbonaro	Carbonaro	Carbonaro	Carbonaro	Jokers	Jokers	Jokers	Jokers	Jokes	Jokes	Jokes	Jokes	Jokers	Jokers	Jokers	101	After Party	Jokers	Jokers	Jokers
TVL	75	74	106	304	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike
USA	58	39	105	242	Fast Lane	Fast Lane	Fast Lane	Pilot Challenge				NASCAR Cup Series				Fast Lane	NASCAR Xfinity					Post Race	Chicago P.D. "Doubt"	
WE	118	118	128	260	Paid Prog.	Tummy	Theft	Home	NCIS		NCIS "Heartland"		NCIS "Nine Lives"		NCIS "Murder 2.0"		NCIS		NCIS "Cloak"		NCIS "Dagger"		NCIS "Road Kill"	
WEATH	14	19	214	362	Weekend Recharge		Weekend Recharge		The Earth Unlocked		Deep Water Salvage		Lords of the Ocean		Heavy Rescue: 401		Heavy Rescue: 401		Heavy Rescue: 401		Deep Water Salvage		Deep Water Salvage	
WTBS	59	40	139	247	American	American	American	American	American	★ "Norbit" (2007) Eddie Murphy.				★★ "Uncle Drew" (2018) Kyrie Irving.				(:45) ★★★ "Men in Black" (1997, Action)				(:45) ★★ "Men in Black II"	
HBO	518	518	303	504	★★ "Non-Stop" (2014, Action) Liam Neeson, Julianne Moore. 'PG-13'				(9:47) ★★ "Warm Bodies" (2013) Nicholas Hoult. 'PG-13'			(:25) ★★★ "Pacific Rim" (2013, Science Fiction) Charlie Hunnam, Idris Elba. 'PG-13'				(:40) ★★ "Lara Croft: Tomb Raider" (2001, Adventure) Angelina Jolie, Jon Voight. 'PG-13'				(:25) Edge of the Earth		REAL Sports With Bryant Gumbel	"Fantastic Beast"
MAX	531	531	311	516	★★ "The Ruins" 'R'		(:37) ★★ "The Next Three Days" (2010) Russell Crowe. A man plans to break his wife out of prison.					(10:52) ★★★ "My Cousin Vinny" (1992, Comedy) Joe Pesci, Marisa Tomei. 'R'			(12:53) ★★★ "News of the World" (2020, Western) Tom Hanks. 'PG-13'				(2:52) ★★ "Spare Parts" (2015, Drama) George Lopez, Jamie Lee Curtis. 'PG-13'				(4:47) ★★★ "Freaky" (2020) 'R'	
SHOW	578	578	319	546	"The Contractor"		(:35) ★★ "Stillwater" (2021, Drama) Matt Damon. A man tries to prove his daughter is innocent of murder. 'R'				City on a Hill		(:05) City on a Hill		City on a Hill		City on a Hill Jackie strong-arms Jimmy.		City on a Hill		City on a Hill		City on a Hill "There Are No F... Sides"	
STARZ	621	621	351	526	"Alien Res."		(:23) ★★★ "American Gangster" (2007, Crime Drama) Denzel Washington, Russell Crowe, Chiwetel Ejiofor. 'R'				(:02) ★★ "Escape Room: Tournament of Champions" (2021)			(:33) ★★★ "Jockey" (2021, Drama) Clifton Collins Jr. 'R'			(:11) Becoming Elizabeth		(:13) ★★★ "American Gangster" (2007) Denzel Washington. A chauffeur becomes Harlem's most-powerful crime boss. 'R'					
TMC	591	591	327	554	"After Yang"		(:45) "Six Minutes to Midnight" (2020, Historical Drama) Judi Dench. 'PG-13'			★★★ "The Bling Ring" (2013) Israel Broussard, Katie Chang. 'R'			"Gunfight at Dry River" (2021) Charlie Creed-Miles. 'NR'			(:45) "Complicit" (2013) David Oyelowo. An MI5 agent tries to implicate a terror suspect.			★ "Silent Hill: Revelation" (2012) Adelaide Clemens. 'R'					(:05) "13 Fanboy" (2021) Corey Feldman.