

**SATURDAY DAYTIME**

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

**JULY 16, 2022**

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
ABC	2	2	2	2	KATU News This Morning Saturday (N)	Good Morning America (N)		Wildlife Nation	oh baby! (N) (EI)	UFC Fight Night: Ortega vs. Rodriguez Brian Ortega vs. Yair Rodriguez, featherweight. From UBS Arena in Elmont, N.Y. (N) (Live)		Paid Program	Home-owner	Paid Program	Hearts of Heroes (N)	Free Enterprise	Game Time	KATU News at 5	World News						
PBS	3	5			Hero Elementary	Cyber-chase	SciGirls	Biz Kid\$	Greener World	Garden Home	Quilting Arts	Love of Quilting	Fit 2 Stitch	It's Sew Easy	Kimball's Milk Street	Test Kitchen	Cook's Country	Lidia's Kitchen	Motor-Week	American Woodshop	Wood-smith	Ask This Old House	This Old House	PBS News Weekend	
CBS	6	6	6	6	Mission Unstoppable	Hope in the Wild	Pet Vet-Team	All In With Laila Ali	FIA Formula E Racing New York E-Prix. (N)	World's Strongest Man (N)	World's Strongest Man (N)	World's Strongest Man (N)	LPGA Tour Golf Dow Great Lakes Bay Invitational, Final Round. (N) (Live)	Paid Program	Paid Program	The Incredible Dog Challenge (N)	Auto Racing World SRX Series. (N)								
NBC	8	8	8	8	(4:00) 2022 Open Championship Third Round. (N) (Live)							Track and Field World Athletics Championships. From Eugene, Ore. (N) (Live)	The Open Championship Highlights (N)	Paid Program	Paid Program	Grant's Getaways	Earth Odyssey	KGW News at 5 (N)							
CW	9	9	32	32	Into the Wild	Into the Wild	The Open Road	Ready, Set, Pet	Paid Program	Paid Program	Paid Program	Paid Program	World's-Weath	World's-Weath	Just for Laughs	Just for Laughs	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Angler West	Northwest Fish	KOIN 6 News	KOIN 6 News	
FOX	12	12	12	12	(6:00) Good Day Oregon Saturday (N)	Biz Kid\$ (EI)	Think Big (EI)	Dog Tales (EI)	Animal Rescue	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Homes & Estates	Recipe.TV	Go Fast	Man vs. Yard	MLB Baseball (N) (Live)						
MNT	13	13	49	49	(6:00) Good Day Oregon Saturday (N)	Outdoor GPS	Paid Program	Paid Program	To the Rescue	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Weather Gone Viral	SEAL Team "The Upside Down"	SEAL Team "Rolling Dark"	Major Crimes A man is found murdered.							
UNIV	22	22	16	47	Planeta de niños	Planeta de niños	Atención, atención	Atención, atención	Franklin	Franklin	Programa pagado	Programa pagado	Programa pagado	Programa pagado	Programa pagado	Programa pagado	Cuéntamelo ya... al fin (N)	(2:55) Fútbol Mexicano vs. Cruz Azul. (N) (Live)	Primera División Atlas	Como dice el dicho Un joven contra VIH.					
A&E	52	55	118	265	Zombie Flip	Zombie Flip	Zombie Flip	Zombie Flip	Living	Living	Panic 9-1-1	Panic 9-1-1	First Blood	The First 48											
AMC	60	45	131	254	(6:00) *** "Jerry Maguire"	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men
ANP	24	49	184	282	Last Frontier	Last Frontier	Last Frontier	Last Frontier	River Monsters	River Monsters	River Monsters	River Monsters	River Monsters	River Monsters	River Monsters	River Monsters	River Monsters	River Monsters	River Monsters	River Monsters	River Monsters	River Monsters	River Monsters	River Monsters	
BET	4	72	124	392	Martin	Martin	Martin	Martin	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	
BRAVO	54	65	129	237	Southern Charm	Southern Charm	*** "Despicable Me"	(2010) Premiere.	*** "Despicable Me 2"	(2013) Premiere.	*** "Despicable Me 2"	(2013) Premiere.	*** "Despicable Me 2"	(2013) Premiere.	*** "Despicable Me 2"	(2013) Premiere.	*** "Despicable Me 2"	(2013) Premiere.	*** "Despicable Me 2"	(2013) Premiere.	*** "Despicable Me 2"	(2013) Premiere.	*** "Despicable Me 2"	(2013) Premiere.	
CARTOON	25	59	177	297	Teen	Teen	Bears	Bears	Total	Total	Total	Total	Total	Total	We Bare	We Bare	Total	Total	We Bare	We Bare	Total	Total	Total	Total	
CBSSN	410	410	158	221	Fishing	Cornhole 2022 ACL Pro Shootout 5.	3ICE Event 5. (N) (Live)																		
CNN	68	44	200	227	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	
COM	77	56	107	249	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	
COOK	123	123	113	232	Man's Greatest Food	Man's Greatest Food	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	Man Fire	
DISN	26	48	173	290	Big City	Big City	Big City	Big City	Ladybug	Ladybug	Big City	Big City	Ladybug	Ladybug	Ladybug	Ladybug	Ultra	Ultra	Villains	Villains	Bunk'd	Bunk'd	Big City	Big City	
E!	64	76	114	236	*** "What's Love Got to Do With It" (1993)	*** "Burlesque" (2010, Drama) Cher, Christina Aguilera.	*** "He's Just Not That Into You" (2009) Ben Affleck.	*** "27 Dresses" (2008) Katherine Heigl.																	
ESPN	33	27	140	206	UFC Fight Night: Ortega vs. Rodriguez - Prelims (N) (Live)	ESPN Films	ESPN Films	Premier Lacrosse League All-Star Game. (N) (Live)	NBA Summer League Basketball Teams TBA.	NBA Summer League Basketball															
ESPN2	34	28	143	209	SportsCenter (N)	The Basketball Tournament	Streetball	UEFA Women's EURO 2022 Finland vs Germany. (N)	30 for 30	The Basketball Tournament	TBT Tournament														
FNC	66	25	205	360	(7:00) Cavuto Live (N)	Fox News Live (N) (Live)	Fox News Live (N)	Journal Editorial Rpt.	Fox News Live (N)	Saturday Show	Fox Report	Gutfeld!	One Nation												
FOOD	61	54	110	231	The Kitchen	Duff: Ace	Duff: Ace	Pioneer	Pioneer	Symon	Symon	BBQ News	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive									
FREE	32	33	180	311	(7:30) *** "Ice Age" (2002)	*** "Ice Age: The Meltdown" (2006)	(:35) *** "Ice Age: Continental Drift" (2012)	(:35) *** "Big Hero 6" (2014)	(:45) *** "Cars 3" (2017) Voices of Owen Wilson.																
FS1	41	85	150	219	(5:00) Bassmaster Fishing Elite Series (N)	PBA Bowling Strike Derby. (N Taped)	MLB on FS1 Pregame	MLB Baseball Detroit Tigers at Cleveland Guardians. (N) (Live)	PBA Bowling Elias Cup Finals.																
FX	65	24	136	249	Family Guy	Family Guy	Family Guy	Family Guy	*** "The Hangover" (2009, Comedy) Bradley Cooper, Ed Helms, Zach Galifianakis.	*** "Girls Trip" (2017, Comedy) Regina Hall, Girlfriends get wild at the Essence Festival in New Orleans.	*** "Barb & Star Go to Vista Del Mar" (2021, Comedy) Kristen Wiig, Annie Mumolo, Jamie Dornan.	*** "Ghostbusters" (2016, Comedy)													
FXX	35	64	125	259	(7:00) "The Predator"	*** "Dawn of the Planet of the Apes" (2014) Andy Serkis.	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	
GOLF	88	88	401	218	(7:00) "Tommy's Honour" (2016)	*** "Tommy's Honour" (2016) Peter Mullan.	"A Royal Queens Christmas" (2021, Romance) Megan Park, Julian Morris.	"The Mistletoe Secret" (2019) Kellie Pickler. Aria hopes to save Christmas in Midway.	"Christmas Wishes & Mistletoe Kisses" (2019, Romance) Jill Wagner, Matthew Davis.	"Christmas in Rome" (2019, Romance) Lacey Chabert, Sam Page, Franco Nero.															
HALL	87	87	185	312	Golden Girls	Golden Girls	Golden Girls	Golden Girls	"Monk Mr. Monk & the Blackout"	"Hello, It's Me" (2015) Kellie Martin. A widow receives messages from her late husband.	Gourmet Detective Mysteries "Roux the Day" A recipe book contains hidden secrets.	"To Catch a Spy" (2021, Mystery) Nathalie Kelley, Colin Donnell, Patti Murn.	Mystery 101 Amy suspects foul play.												
HALLMM	86	86	187	565	Monk Monk searches for his wife's killer.	Monk Record producer's death.																			
HGTV	62	57	112	229	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	
HIST	50	60	120	269	Buried: Knights	Buried: Knights	Buried: Knights	Buried: Knights	Buried: Knights	Buried: Knights	Buried: Knights	Buried: Knights	Buried: Knights	Buried: Knights	Buried: Knights	Buried: Knights	Buried: Knights	Buried: Knights	Buried: Knights	Buried: Knights	Buried: Knights	Buried: Knights	Buried: Knights	Buried: Knights	
LIFE	29	29	108	252	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	5 Guys a Week	"Who Kidnapped My Mom?" (2022, Drama)	* "Bride Wars" (2009) Kate Hudson.	** "The Proposal" (2009)													
MAGN	81	81	111	230	Restoration	Restoration	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	Maine Cabin Masters	
MSNBC	71	67	209	356	Cross Connection	Alex Witt Reports (N)	Alex Witt Reports (N)	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	
NGEO	55	78	197	276	Paid Prog.	Paid Prog.	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	When Sharks Attack	
NICK	27	51	171	299	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	
OWN	40	41	189	279	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	
OXY	30	69	127	251	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	
PARMT	42	43	241	241	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	
ROOT	37	26	426	687	Paid Prog.	Paid Prog.	Fairways of Life	Golf Life	Golf	Perfect	Mariners	Mariners	Mariners	Mariners	MLB Baseball Seattle Mariners at Texas Rangers. (N) (Live)	Mariners	Bensinger	Tennis	Golf						
SYFY	67	50	122	244	Warehouse 13 "Pilot"	Warehouse 13 "Pilot"	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	
TCM	56	73	132	256	"The Lost Volcano"	** "Annie Oakley" (1935, Western) Barbara Stanwyck.	(:45) *** "The Boy With Green Hair" (1948) Pat O'Brien.	(:15) *** "The Hound of the Baskervilles" (1959, Mystery) Peter Cushing, Andre Morell.	*** "It's a Mad, Mad, Mad, Mad World" (1963) Spencer Tracy, Edie Adams. Travelers end up in a madcap race for a hidden fortune.	*** "The Fountainhead" (1949)															
TDC	51	42	182	278	Major League Fishing	Deadliest Catch Josh and Casey race north.	Gold Rush: D. Turin	Gold Rush: D. Turin	Gold Rush: D. Turin	Gold Rush: D. Turin	Gold Rush: D. Turin	Gold Rush: D. Turin	Gold Rush: D. Turin	Gold Rush: D. Turin	Gold Rush: D. Turin	Gold Rush: D. Turin	Gold Rush: D. Turin	Gold Rush: D. Turin	Gold Rush: D. Turin	Gold Rush: D. Turin	Gold Rush: D. Turin	Gold Rush: D. Turin	Gold Rush: D. Turin	Gold Rush: D. Turin	
TLC	49	62	183	280	90 Day Diaries	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	
TNT	57	52	138	245	NCIS: New Orleans "Survivor"	NCIS: New Orleans A missing petty officer.	NCIS: New Orleans "In Plain Sight"	NCIS: New Orleans "A House Divided"	NCIS: New Orleans "Jackpot"	*** "Legally Blonde" (2001, Comedy) Reese Witherspoon, Luke Wilson, Selma Blair.	*** "Friends With Benefits" (2011) Justin Timberlake, Mila Kunis, Patricia Clarkson.	(:15) *** "The Intern" (2015)													
TRAV	53	38	196	277	Food Paradise	Osbourne- Bel.	Osbourne- Bel.	Osbourne- Bel.	Osbourne- Bel.	Osbourne- Bel.	Osbourne- Bel.	Osbourne- Bel.	Osbourne- Bel.	Osbourne- Bel.	Osbourne- Bel.	Osbourne- Bel.	Osbourne- Bel.	Osbourne- Bel.	Osbourne- Bel.	Osbourne- Bel.	Osbourne- Bel.	Osbourne- Bel.	Osbourne- Bel.	Osbourne- Bel.	
TRUTV	73	75	242	246	Carbonaro	Carbonaro	Carbonaro	Carbonaro	Jokers	Jokers	Jokers	Jokers	Jokes	Jokes	Jokes	Jokes	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	
TVL	75	74	106	304	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	
USA	58	39	105	242	Open Champ.	NASCAR Cup Series	Fast Lane	Count	NASCAR Xfinity Racing Series Crayon 200. (N) (Live)	IMSA WeatherTech SportsCar Championship Northeast Grand Prix.	Track & Field														
WE	118	118	128	260	Paid Prog.	Paid Prog.	NCIS	NCIS "Skeletons"	NCIS "Iceman"	NCIS "Grace Period"	NCIS "Cover Story"	NCIS "In the Dark"	NCIS "Trojan Horse"												
WEATH	14	19	214	362	Weekend Recharge	Weekend Recharge	The Earth Unlocked	Deep Water Salvage	Lords of the Ocean	Heavy Rescue: 401	Heavy Rescue: 401	Heavy Rescue: 401	Heavy Rescue: 401	Heavy Rescue: 401	Heavy Rescue: 401	Heavy Rescue: 401	Heavy Rescue: 401	Heavy Rescue: 401	Heavy Rescue: 401	Heavy Rescue: 401	Heavy Rescue: 401	Heavy Rescue: 401	Heavy Rescue: 401		
WTBS	59	40	139	247	American	American	American	American	Friends	Friends	*** "Jack and Jill" (2011) Adam Sandler.	*** "Click" (2006) Adam Sandler.	(:15) *** "Ted 2" (2015) Mark Wahlberg.												
HBO	518	518	303	504	"What to Expect When"	(8:50) *** "Cry Macho" (2021) Clint Eastwood. 'PG-13'	(:35) *** "The Bourne Identity" (2002, Action) Matt Damon, Franka Potente. 'PG-13'	(:35) *** "Godzilla vs. Kong" (2021, Science Fiction) Alexander Skarsgard. 'PG-13'	*** "Judas and the Black Messiah" (2021, Historical Drama) Daniel Kaluuya. 'R'	(:40) Edge of the Earth "King's Man"															
MAX	531	531	311	516	(:03) *** "20 Feet From Stardom" (2013) David Bowie.	(:35) "I Used to Go Here" (2020, Comedy) Gillian Jacobs. 'NR'	(:05) *** "The Brothers Bloom" (2008, Comedy-Drama) Rachel Weisz. 'PG-13'	*** "The Vanishing" (1993, Suspense) Jeff Bridges, Kiefer Sutherland, Nancy Travis. 'R'	(2:50) *** "Vanilla Sky" (2001, Suspense) Tom Cruise, Penelope Cruz. 'R'	(:08) *** "The Aviator" (2004)															
SHOW	578	578	319	546	"Dating & New York" (2021) Jaboukie Young-White. 'PG-13'	*** "Ingrid Goes West" (2017) Aubrey Plaza. Premiere. 'R'	(:15) *** "The Terminator" (1984, Science Fiction) Arnold Schwarzenegger. 'R'	(:15) *** "The Green Knight" (2021) Dev Patel. King Arthur's nephew confronts a mysterious giant. 'R'	*** "Sleepy Hollow" (1999, Horror) Johnny Depp. 'R'	(:15) *** "Last Vegas" (2013) 'PG-13'															
STARZ	621	621	351	526	(7:48) *** "Venom: Let There Be Carnage" (2021, Action)	(:28) *** "Spider-Man: No Way Home" (2021, Action) Tom Holland, Zendaya. 'PG-13'	Becoming Elizabeth	(12:54) *** "The Amazing Spider-Man 2" (2014, Action) Andrew Garfield, Emma Stone, Jamie Foxx. 'PG-13'	(:19) *** "Spider-Man: Homecoming" (2017, Action) Tom Holland. 'PG-13'	*** "Spider-Man" (2002, Action) Tobey Maguire. 'PG-13'															
TMC	591	591	327	554	(7:05) "Surge"	(:45) *** "Run Lola Run" (1998) Franka Potente. 'R'	(:05) *** "Whiplash" (2014, Drama) Miles Teller, J.K. Simmons. 'R'	*** "Dirty Dancing: Havana Nights" (2004) Diego Luna.	* "The Love Guru"																