

WEDNESDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

JULY 13, 2022

LG BC D DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
ABC	2 2 2 2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune	Shark Beach With Chris Hemsworth	Shark Tank A product to help eliminate diaper odor.		Shark Tank All-natural personal care products.	KATU News at 11 (N) (Live)	(:35) Jimmy Kimmel Live!		
PBS	3 5	Home Diagnosis	BBC World News Outside	PBS NewsHour (N)		The Green Planet Exploring water plants. (N)	NOVA NASA's James Webb Space Telescope. (N)		Expedition With Steve Backshall (N)	Future of Work Working in America.			
CBS	6 6 6 6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	Big Brother Houseguests compete to win a veto. (N)	The Challenge: USA "Oh Say Can You See Tiffany" (N)		S.W.A.T. "Vagabundo" Hondo reassesses his life.	KOIN 6 News at 11 (N)	Late Show-Colbert		
NBC	8 8 8 8	KGW News at 6: The Story	KGW News at 6:30 (N)	The Good Stuff (N)	Inside Edition (N)	Chicago Med A new family is born out of tragedy.	Chicago Fire Severide and Seager investigate a tip.		Chicago P.D. The team works a case in Burnside.	KGW News at 11 (N)	Tonight Show-J. Fallon		
CW	9 9 32 32	Young Sheldon	Young Sheldon	Modern Family "Integrity"	Modern Family	Mysteries Decoded "Alien Mountain" (N)	Wellington Paranormal	Wellington Paranormal	KOIN 6 News at 10p (N)			Seinfeld "The Apartment"	Seinfeld "The Virgin"
FOX	12 12 12 12	6 O'Clock News (N)		Family Feud	Family Feud	MasterChef The contestants create vegan dishes. (N)	(:01) So You Think You Can Dance "Turn Back Time" (N)		10 O'Clock News (N)		11 O'Clock News (N)	(:35) Family Feud	
MNT	13 13 49 49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory	The Simpsons	Family Guy	Family Guy
UNIV	22 22 16 47	Noticias noroeste 6P	Noticiero Univision (N)	La rosa de Guadalupe		La mexicana y el güero		Mi fortuna es amarte		El último rey: El hijo del pueblo		Noticias noroeste 11P	Noticiero Univision:
A&E	52 55 118 265	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam (N)	Court Cam (N)	Neighborhood	Road Wars (N)	Court Cam	Court Cam	
AMC	60 45 131 254	(5:30) *** "Back to the Future Part II" (1989) Michael J. Fox. Marty's time traveling is threatened by a dangerous rival.				** "Sixteen Candles" (1984, Comedy) Molly Ringwald, Anthony Michael Hall. A teenager's parents forget her birthday.		*** "The Breakfast Club" (1985) Emilio Estevez. Five teenagers make strides toward mutual understanding.					
ANP	24 49 184 282	(5:00) The Zoo: San Diego (N)		Crikey! It's the Irwins		Crikey! It's the Irwins		The Zoo: San Diego A klipspringer is nursed back to health.			Crikey! It's the Irwins		
BET	4 72 124 392	Tyler Perry's The Oval		The Family Business		Celebrity Family Feud		Tyler Perry's Sistat (N)		All the Queen's Men (N)		Tyler Perry's Sistat	
BRAVO	54 65 129 237	Below Deck Sailing Yacht		Real Housewives/Beverly		Real Housewives/Beverly		Real Housewives of Dubai		Watch What		Real Housewives/Beverly Dubai	
CARTOON	25 59 177 297	Craig of Creek	Wrld, Gumball	Wrld, Gumball	Wrld, Gumball	King of Hill	King of Hill	Bob's Burgers	Bob's Burgers	American	American	American	Rick, Morty
CBSSN	410 410 158 221	The World Games 2022 Softball		Gold Medal Game, Teams TBA. (N) (Live)		Soccer: Club Friendly		The World Games 2022					
CNN	68 44 200 202	CNN Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight	
COM	77 56 107 249	South Park	South Park	"The Black Friday Trilogy"		Crnk Yankers	Crnk Yankers	South Park	South Park	South Park	South Park	South Park	South Park
COOK	123 123 113 232	Brew & 'Que	Brew & 'Que	Food Paradise		Food Paradise		Brew & 'Que	Brew & 'Que	Brew & 'Que	Brew & 'Que	Food Paradise	Food Paradise
DISN	26 48 173 290	Ladybug	Ladybug	Big City Green	Big City Green	Big City Green	Big City Green	Raven's Home	Raven's Home	Big City Green	Big City Green	Ladybug	Ladybug
E!	64 76 114 236	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Nightly Pop
ESPN	33 27 140 206	MLS Soccer Sporting Kansas City at Minnesota United FC.		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)	
ESPN2	34 28 143 209	NBA Summer League Basketball: Heat vs 76ers				The Captain Preview Show		NFL Live		Around/Horn	Interruption	The Captain Preview Show	
FNC	66 25 205 360	Hannity (N) (Live)		The Ingraham Angle (N) (Live)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity	
FOOD	61 54 110 231	Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games (N)		Guy's Grocery Games		Guy's Grocery Games	
FREE	32 33 180 311	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Trash	Trash	The 700 Club	
FS1	41 85 150 219	Westminster Dog Show		MLS Soccer San Jose Earthquakes at LA Galaxy. (N) (Live)		Skip and Shannon: Undisputed		TMZ Sports				MLS Soccer	
FX	65 24 136 249	(5:30) *** "Guardians of the Galaxy" (2014) Chris Pratt. A man must unite a team of aliens against a cosmic threat.				** "Bad Boys for Life" (2020, Action) Will Smith, Martin Lawrence, Vanessa Hudgens. Old-school cops and a new tactical unit battle a drug lord.		** "Bad Boys for Life" (2020, Action) Will Smith, Martin Lawrence.					
FXX	35 64 125 259	The Simpsons	The Simpsons	The Simpsons	The Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Bob's Burgers	Bob's Burgers
GOLF	88 88 401 218	(4:00) Live From The Open From Old Course at St. Andrews in Fife, Scotland.							LPGA Golf				
HALL	87 87 185 312	"Sleigh Bells Ring" (2016, Romance) Erin Cahill, David Alpay. A magic sleigh nudges a single mother back to an old flame.				"A Shoe Addict's Christmas" (2018) Candace Cameron Bure. A guardian angel helps Noelle navigate Christmas and love.		"A Royal Christmas" (2014) Lacey Chabert, Stephen Hagan. A queen does not want her son to marry a commoner.					
HALLMM	86 86 187 565	Monk Monk's primary suspect is comatose.		Flower Shop Mysteries "Dearly Depotted" Abby Knight is a reluctant bridesmaid.		Crossword Mysteries "Terminal puter engineer."		Descent" Murder of a supercom-		Murder, She Wrote Jessica imagines next novel's plot.			
HGTV	62 57 112 229	Bargain Block		Bargain Block		Bargain Block		Bargain Block "Episode 6" (N)		Hunters	Hunters	Hunters	Hunters
HIST	50 60 120 269	Forged in Fire (Part 2 of 2)		Forged in Fire (Part 3 of 3)		Forged in Fire		Forged in Fire (N)		More Power	More Power	(:03) Forged in Fire	
LIFE	29 29 108 252	Castle "Dead Again"		Castle		Married at First Sight "Whole Wife for a Whole Life?" (N)		(:03) 5 Guys a Week "Mercy"		(:03) Married at First Sight (N)			
MAGN	81 81 111 230	Fixer Upper: Welcome Home		Fixer Upper		Fixer Upper		Fixer Upper: Welcome Home		Fixer Upper		Fixer Upper	
MSNBC	71 67 209 356	MSNBC Prime (N) (Live)		The Last Word With		The 11th Hour-Stephanie		MSNBC Prime		The Last Word With		The 11th Hour-Stephanie	
NGEO	55 78 197 276	Orca vs. Great White		Sky Sharks (N)		When Sharks Attack (N)		Shark Queens (N)		Baby Sharks (N)		Shark Queens	
NICK	27 51 171 299	Loud House	Loud House	** "Dr. Seuss' the Lorax" (2012, Children's) Ed Helms		Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends
OWN	40 41 189 279	Fatal Vows "Broken Dreams"		Fatal Vows		Love It or List It		Love It or List It (N)		Love It or List It (N)		Love It or List It	
OXY	30 69 127 251	Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		Dateline: Secrets Uncovered	
PARMT	42 43 241 241	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	** "The Accountant" (2016, Suspense) Ben Affleck, Anna Kendrick, J.K. Simmons.				To Be Announced			
ROOT	37 26 426 687	Mariners	Mariners Pre.	MLB Baseball Seattle Mariners at Washington Nationals.				Mariners Post. Perfect Game		World Class Champ Boxing			
SYFY	67 50 122 244	(4:31) ** "Doom" (2005)		** "The Hitman's Bodyguard" (2017, Action) Ryan Reynolds.		*** "Wanted" (2008, Action) James McAvoy, Morgan Freeman.							
TCM	56 73 132 256	(5:00) "Compensation"	(:45) *** "Bless Their Little Hearts" (1984, Drama) Nate Hardman, Kaycee Moore.	(:15) "I Will Follow" (2010, Drama) Salli Richardson-Whitfield, Tracie Thoms. Premiere.		(:45) *** "My Brother's Wedding" (1983, Drama) Everett Silas, Jessie Holmes. A man must choose between attending a wedding or a funeral.							
TDC	51 42 182 278	Expedition Unknown (N)		Expedition Unknown		Expedition Unknown (N)		(:31) Expedition Unknown		Expedition Unknown			
TLC	49 62 183 280	Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper (N)		Dr. Pimple Popper		(:02) My Feet Are Killing Me		Hoarding: Buried Alive	
TNT	57 52 138 245	Lucifer "The Sinnerman" Lucifer encounters the Sinnerman.		Lucifer "The Sin Bin" Lucifer wants his devil face back.		** "Justice League" (2017, Action) Ben Affleck, Henry Cavill, Gal Gadot. Batman, Wonder Woman and other heroes unite to battle evil.		** "Need for Speed" (2014, Action) Aaron Paul, Dominic Cooper, Imogen Poots.					
TRAV	53 38 196 277	Eli Roth Presents: A		A Haunting "Asylum 49"		A Haunting		Eli Roth Presents: A Ghost Ruined My Life		A Haunting "Asylum 49"			
TRUTV	73 75 242 246	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers
TVL	75 74 106 304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King
USA	58 39 105 242	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
WE	118 118 128 260	NCIS "Twisted Sister"		NCIS "Smoked"		NCIS "Driven"		NCIS "Suspicion"		NCIS "Sharif Returns"		NCIS "Blowback"	
WEATH	14 19 214 362	Highway Thru Hell		Heavy Rescue: 401		Weather Gone Viral		Could You Survive?		Mud Mountain Haulers			
WTBS	59 40 139 247	Big Bang	Big Bang	Big Bang	Big Bang	All Elite Wrestling: Dynamite (N Same-day Tape)							
HBO	518 518 303 504	*** "The Bourne Identity" (2002) Matt Damon. An amnesiac agent is marked for death after a botched hit. 'PG-13'				"The Survivor" (2022, Drama) Ben Foster, Peter Sarsgaard. Haft is forced to participate in a gladiatorial spectacle. 'NR'		(:10) The Anarchists		(:05) Irma Vep "The Thunder Master"			
MAX	531 531 311 516	(4:25) ** "47 Ronin"	(:25) ** "Aftermath" (2017, Suspense) Arnold Schwarzenegger, Scoot McNairy. 'R'	*** "My Cousin Vinny" (1992, Comedy) Joe Pesci. An inept lawyer tries to free his cousin from a Dixie jail. 'R'		** "Dom Hemingway" (2013, Crime Drama) Jude Law, Richard E. Grant. 'R'		(:35) *** "Red Eye"					
SHOW	578 578 319 546	(:15) *** "Mad Max" (1979, Action) Mel Gibson. Terrorist cycle gangs take on a hardened highway patrolman. 'R'				*** "Ex Machina" (2014, Science Fiction) Domhnall Gleeson. A young coder interacts with a beautiful robot. 'R'		*** "Minority Report" (2002) Tom Cruise. A cop tries to establish his innocence in a future crime. 'PG-13'					
STARZ	621 621 351 526	(5:13) *** "The Curious Case of Benjamin Button" (2008, Fantasy) Brad Pitt, Cate Blanchett. 'PG-13'				(:01) Who Is Ghislaine Maxwell? "The Reckoning"		(8:54) *** "Spider-Man: Homecoming" (2017, Action) Tom Holland, Michael Keaton, Robert Downey Jr. 'PG-13'		(:11) Becoming Elizabeth			
TMC	591 591 327 554	(:15) "My Salinger Year" (2020, Drama) Margaret Qualley. Joanna Rakoff makes contact with author J.D. Salinger. 'R'				** "Striptease" (1996, Drama) Demi Moore. A Miami mother becomes a stripper to raise some quick cash. 'R'		"Violet" (2021) Olivia Munn. A woman realizes the guiding voice in her head lies to her. 'R'		(:35) "Whiplash" (2014)			

tonight s best



Phoebe Robinson

8 p.m. on ABC
Shark Beach With Chris Hemsworth

He may play a superhero in the Marvel Avengers movie franchise, but Australian actor Chris Hemsworth brings his own human curiosity about the natural world around him to this special, in which he explores research into how sharks and humans might be able to peacefully coexist. His informal study also looks into newly developed preventive measures and technology designed to diminish the likelihood of a nasty clash between a shark and a human swimmer. Underwater conservationist Valerie Taylor also shares her perspective.

9 p.m. on NGE0
Shark Queens

In the animal kingdom as a whole, males often are presumed to be the dominant member of its species. In this new documentary, however, marine scientists challenge that assumption to see if it holds water under the sea. They discover that from the great white sharks of South African waters to the tiger sharks of the Maldives, females rule the waves more often than you might think.

10 p.m. on FREE
Everything's Trash

New York-based actress and comic Phoebe Robinson is writer, executive producer and star of this new comedy about an outspoken podcast personality in her 30s who is forced to take stock of her messy and cash-poor existence in Brooklyn when her annoyingly perfect older brother launches a political campaign. Jordan Carlos, Toccarra Cash, Nneka Okafor and Moses Storm co-star in this new series, which premieres tonight with two back-to-back episodes.

10 p.m. on NGE0
Baby Sharks

Even the most ruthless predator in the ocean starts life as a baby and, yes, baby sharks are indeed cute. They also have to grow up quickly, though, because out of more than 500 species of sharks, none of the parents stick around to raise their offspring after birth. This documentary examines how evolution has given sharks strikingly different ways to carry their young, give birth and allow the baby sharks to thrive.