Friend runs background check on old classmate's boyfriend



DEAR ABBY

DEAR ABBY: Even though I have lived in a different state for many years, I've remained in touch with a female friend I'll call "Tina" from high school, mostly via text messaging. For the last 12 years, I have been in a relationship with a man who has been very good to me. We are not married and we don't live together.

When I first met him, he told me that many years ago, when he was very young, he had been involved in several barroom brawls and had been arrested more than once. He recognized that his abuse of alcohol was at the root of his problem and decided to quit drinking. Over the years he has worked hard to turn his life around, and he hasn't been in any sort of trouble since.

I believe everyone deserves a second chance. However, I told him that if he decided to resume drinking and/or got arrested for any reason, I would have nothing further to do with him. He hasn't. I didn't share that information with Tina because it really isn't any of her business.

Unbeknownst to me, Tina decided to conduct a background search on my boyfriend. One day, out of the blue, she sent me his "mugshot" and other details from 40 years ago, asking me if that was him. I can't believe she did that, and I feel like it was crossing the line. I can't comprehend what she hoped to accomplish. How would you advise me to handle this situation? — SIMPLY STUNNED IN FLORIDA

DEAR STUNNED: I would advise you to lose your "friend" and keep the man with whom you have the relationship. Tina was a furlong out of bounds to send you the information without first discussing it with you. She may have done it in an attempt to "warn" you, or perhaps because she's

jealous. Whatever the reason, she owes you an apology — if you are still speaking to her, that is.

DEAR ABBY: My best friend often asks me to do errands for her, such as stop someplace and pick something up for her. It is usually close to where I live or work or on my way home. I don't always like doing it. In fact, I

An occasional favor is fine, but this happens way too often. How do I tell her "no" when it is somewhere I have to drive right by? Once I told her I didn't think I'd have time (the truth at that moment), and she said I could do it later, when I had the time! She walks with a cane, but this started How can I say no? — **İMPOSED** UPON IN TEXAS **DEAR IMPOSED UPON:**

before she had mobility issues.

Because you now resent your "best friend's" requests to run her errands, you will have to be honest with her. Explain that you didn't mind doing it once in a while in the beginning, but this is happening so often it is getting to you. Then "suggest" that many markets and cleaners deliver or

■ Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.Dear Abby.com or P.O. Box 69440, Los Angeles, CA 90069.

that she use a delivery service.

EAGLE CAPS

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The situation was similar along the West Fork trail, which accesses Minam Lake and the Copper Creek trail, he said.

Trails that start near the south end of Wallowa Lake are also snowbound higher in the wilderness, Wall said.

The East Fork Wallowa River trail, which leads to Aneroid Lake and connects to other trails, including Polaris Pass and trails in the upper Imnaha River area, was covered with snow in places below Aneroid Lake.

Trail crews have cleared the West Fork Wallowa River trail to the Six Mile Meadow area, Wall said, and the side trail to Ice Lake is snow-free to about two miles below the lake.

In the southern Wallowas, Wall said hikers made it to Eagle Meadows along the Main Eagle trail, although they encountered some snowdrifts. Deeper snow blocked the trail above the meadow, including the route to Eagle and Cached lakes, as well as side trails to Bear, Culver and Lookingglass lakes.

A four-member Forest Service trail crew has been working recently on the Imnaha River trail above Indian Crossing camp-

ground, Wall said. That project, paid for with a grant from the Oregon Parks and Recreation Department, will continue into the summer, he said. The goal is not only to clear fallen trees from the trail, including up to Hawkins Pass and on side trails that access the upper Imnaha, but also to improve the tread and waterbars to drain water from the trail and reduce erosion — what's "heavy maintenance," Known as Wall said.

Volunteer groups crucial to keeping up trails

With just four trail workers assigned to the Eagle Cap, which has more than 700 miles of trails, the efforts of two volunteer groups is vital, Wall said.



Kcia Fletcher/Contributed Photo

Ice has melted from Killamacue Lake in the Elkhorn Mountains northwest of Baker City, but snow remains in places on July 6, 2022.

Both the Wallowa Mountain Hells Canyon Trails Association, and the Blue Mountain Back Country Riders, the latter a group of horse riders, maintain dozens of miles of trails each spring and summer.

Wall said volunteers and Forest Service crews combined in 2021 to clear about 300 miles of trails, primarily in the Eagle Cap

Wilderness. He expects a similar amount of

work this year. Russ West, board chairman for the Wallowa Mountain Hells Canyon Trails Association, said snow is still deep in places, particularly above 7,000 feet of elevation and on shaded north-facing slopes.

West said the lingering snow could delay some of the volunteer organization's work trips planned for this summer.

A list of those trips, along with photo galleries from previous projects and other information, is available at wmhcta.org/home.

Wall said the current stretch of warm, dry weather will accelerate the snowmelt.

But he cautions wilderness visitors to plan for drifts to persist well into the summer.

Some of the higher passes in the Eagle Cap — Horton, Hawkins, Frazier, Wilson, Wonker and Polaris, to name half a dozen -

"The snow is hanging on. At this point we're two to three weeks behind on access based on the past 10 years or so."

- Sweyn Wall, U.S. Forest Service recreation program manager for the Eagle Cap and the Hells Canyon National Recreation Area

likely will remain snowbound into August, Wall said.

Elkhorn Mountains

The snowmelt is further along in the Elkhorns, northwest of Baker City, but drifts remain in sheltered sections of high-elevation trails such as the Elkhorn Crest National Recreation Trail, said Jay Moore, recreation manager for the Whitman Ranger District on the Wallowa-Whitman National

That 24-mile route, as its name implies, follows the crest of the Elkhorns between trailheads near Anthony Lakes, on the north side, and at Marble Creek Pass on the south side.

The north trailhead near Anthony Lakes is accessed by a paved road — the Elkhorn Drive Scenic Byway.

The road to Marble Creek Pass, by contrast, is a steep, rocky route better suited to high-clearance, four-wheel drive vehicles. The road is somewhat less torturous than in the past, however, as the Forest Service, in preparation for a major reconstruction of the road, possibly in 2023, did some preliminary work in the fall of 2021, said Kendall Cikanek, Whitman Dis-

trict ranger. The road remains quite rough, but some of the jutting boulders have been pushed away, and several deep gouges partially filled in.

The pass is accessible from the Sumpter side, but a snowdrift was still blocking the road, just below the pass on the Baker side, as of

BEAR

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Another way to take advantage of our time in the woods is to pick huckleberries.

On one bear season in Baker County, with half a day left in our hunt, we stopped to pick huckleberries on a forest slope, filling whatever containers we could find with the fresh fruit. It gave me an idea.

Pemmican was the original superfood, a blend of dried meat, dried berries and bear fat (substitute bison fat, beef tallow, or coconut oil). I always wondered what pemmican tasted like. This was my chance. Following a recipe I found online, I blended mule deer jerky (you could use bear jerky or elk jerky or even beef jerky) to powder and dried huckleberries to powder.

Rendering oil on the stove, I poured it over the powdered jerky and berries. The final step was to press the mixture into a serving dish. In the morning I tried pemmican for the first time. Break off a chunk, let it disintegrate on the tongue. It's the ultimate carnivore pro-

tein bar. At this time of year in the Wallowas, in the Blues and the Elkhorns, a hunter should prospect for bears in the high meadows and old burns.

When the weather is unseasonably hot, expect to see bear earlier in the day and again later in the evening. But a hunter should commit to the whole of the day; bears feed any time they feel like it.

■ Gary Lewis is the author of Fishing Central Oregon and Oregon Lake Maps and Fishing Guide and other titles. To contact Gary, visit www. aarvlewisoutdoors.com

AccuWeather | Go to AccuWeather.com weather

TONIGHT	SUN	MON	TUE	WED
Mainly clear	Sunny and nice	Sunny and pleasant	Mostly sunny and hot	Sunshine
Baker City 48	80 48	84 49	95 56	90 54
Comfort Index [™] 9	9	8	4	8
La Grande 56 Comfort Index™ 8	81,53	89 55	96 63	90 58
Enterprise 51	77 50	84 54	94 58	85 57
La Grande 56 Comfort Index™ 8	81,53 77,50	84 49 89 55 84 54	95 4 56 96 63 94 58	90 58 85 57

very comfortable while a rating of 0 feels very uncomfortable

Wallowa Lake

ALWANAU				
TEMPERATURES	Baker City	La Grande	Elgi	
High Thursday	81°	82°	84	
Low Thursday	54°	61°	59	
PRECIPITATION (inches)				
Thursday	0.00	0.00	0.0	
Month to date	0.01	0.16	0.3	
Normal month to dat	e 0.15	0.19	0.2	
Year to date	4.47	8.92	17.7	
Normal year to date	5.59	10.25	14.7	

AGRICULTURAL INFO.

HAY INFORMATION SUNDAY					
Lowest relative humidity	30%				
Afternoon wind	NW at 7 to 14 mph				
Hours of sunshine	10.3				
Evapotranspiration	0.27				
RESERVOIR STORAGE (through midnight Friday)					
Phillips Reservoir	24% of capacity				
Unity Reservoir	86% of capacity				
Owyhee Reservoir	36% of capacity				
McKay Reservoir	99% of capacity				

Thief Valley Reservoir 91% of capacity STREAM FLOWS (through midnight Thursday) Grande Ronde at Troy 3860 cfs Thief Valley Reservoir near North Powder 121 cfs **Burnt River near Unity** 85 cfs Umatilla River near Gibbon 88 cfs Minam River at Minam Powder River near Richland 30 cfs

24% of capacity

THURSDAY EXTREMES

NATION (for the 48	contiguous states)
High: 113°	Death Valley, Calif.
.ow: 23°	Bodie State Park, Calif.
Nettest: 5.08"	Augusta, Ga.
OREGON	
ligh: 96°	Ontario
Low: 36°	Lakeview
Wettest: 0.22"	Astoria

WEATHER HISTORY

Thunderstorm downburst winds were implicated in the demise of a Boeing 727 attempting takeoff from New Orleans, La., on July 9, 1982. All 145 people aboard were killed.

SUN & MOON

		SAT.	SUN.
Sunrise	į	5:14 a.m.	5:14 a.m.
Sunset	8	3:41 p.m.	8:41 p.m.
Moonrise	4	4:32 p.m.	5:54 p.m.
Moonset	•	1:28 a.m.	1:58 a.m.
MOON PH	ASES		
Full	Last	New	First
and in			(Sin

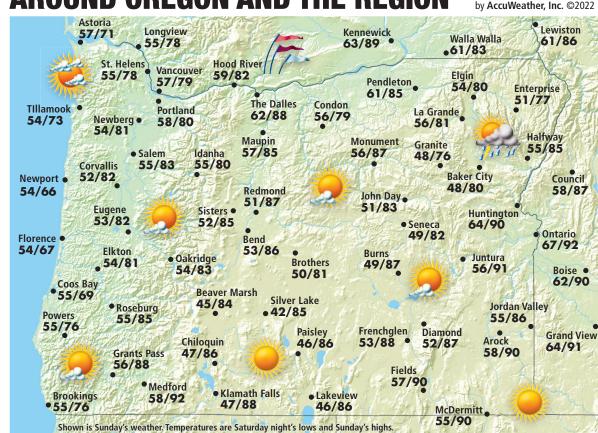
Jul 20

Jul 28

Aug 5

AROUND OREGON AND THE REGION

Forecasts and graphics provided



REGIONAL CITIES

City	SUN. Hi/Lo/W	MON. Hi/Lo/W	City	SUN. Hi/Lo/W	MON. Hi/Lo/W
Astoria	71/56/pc	75/58/s	Lewiston	86/59/s	91/63/s
Bend	86/55/s	92/61/s	Longview	78/58/pc	84/58/s
Boise	90/58/s	93/63/s	Meacham	77/50/s	85/54/s
Brookings	76/61/s	79/58/s	Medford	92/60/s	104/68/s
Burns	87/48/s	90/52/s	Newport	66/54/s	72/55/s
Coos Bay	69/56/s	74/56/s	Olympia	75/51/pc	83/53/s
Corvallis	82/57/s	90/60/s	Ontario	92/62/s	96/64/s
Council	87/56/s	94/57/s	Pasco	91/57/s	96/62/s
Elgin	80/52/s	88/56/s	Pendleton	85/58/s	92/64/s
Eugene	82/57/s	92/62/s	Portland	80/59/s	90/64/s
Hermiston	89/58/s	97/62/s	Powers	76/55/s	83/57/s
Hood River	82/61/s	94/66/s	Redmond	87/53/s	94/57/s
Imnaha	85/57/s	89/59/s	Roseburg	85/59/s	93/64/s
John Day	83/52/s	89/58/s	Salem	83/59/s	92/62/s
Joseph	77/49/s	86/56/s	Spokane	79/57/pc	87/60/s
Kennewick	89/59/s	95/63/s	The Dalles	88/60/s	98/67/s
Klamath Falls	88/50/s	94/54/s	Ukiah	77/47/s	83/51/s
Lakeview	86/51/s	92/54/s	Walla Walla	83/59/s	89/65/s

Weather(W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain,

RECREATION FORECAST SUNDAY

ı.	ANTHONY LAKES	F
W	Plenty of sunshine	S
3/s 3/s	60 44	
1/s 3/s 5/s	MT. EMILY REC. Sunny and nice	E
3/s 1/s	69 50	
2/s 1/s	EAGLE CAP WILD. Plenty of sunshine	S
l/s //s	65 43	
//s !/s	WALLOWA LAKE	
2/5	Sunshine; pleasant	S
)/s	77 49	
/s /s	THIEF VALLEY RES.	F

Sunny and pleasant

PHILLIPS LAKE Sunny and pleasant **78** 48 BROWNLEE RES. Sunny and nice **87** 56 EMIGRANT ST. PARK Sunny and nice 74

MCKAY RESERVOIR Sunny and pleasant **59 RED BRIDGE ST. PARK** Sunny and nice