

FRIDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

JULY 8, 2022

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune	Shark Tank A product to help soothe anxiety.		(:01) 20/20 (N)				KATU News at 11 (N) (Live)	(:35) Jimmy Kimmel Live!
PBS	3	5			Woodsmith Shop	BBC World News Today	PBS NewsHour (N)		Frankie Drake Mysteries "The Girls Can't Help It"		The Hunter Mazza begins a line of investigation.	How To Be Likable In A Crisis A whistleblower goes public.		Jamestown Jocelyn loses everything.		
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	S.W.A.T. "Donor" Hospital employees are targeted.		Magnum P.I. Magnum becomes suspicious of Higgins.		Blue Bloods A restaurant delivery man is murdered.		KOIN 6 News at 11 (N)	Late Show-C Colbert
NBC	8	8	8	8	KGW News at 6: The Story	KGW News at 6:30 (N)	Straight Talk (N)	Inside Edition (N)	American Ninja Warrior "ANW All Star Spectacular" All-star ninjas face off.		Dateline NBC (N)		KGW News at 11 (N)		Tonight Show-J. Fallon	
CW	9	9	32	32	Young Sheldon	Young Sheldon	Modern Family	Modern Family	Penn & Teller: Fool Us "Stabba Dabba Deck"		Dynasty Blake and Ben face off in court. (N)		KOIN 6 News at 10p (N)		Seinfeld "The Busboy"	Seinfeld "The Bubble Boy"
FOX	12	12	12	12	6 O'Clock News (N)		Family Feud	Family Feud	WWE Friday Night SmackDown (N Same-day Tape)		10 O'Clock News (N)		11 O'Clock News (N)		(:35) Family Feud	
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory	The Simpsons	Family Guy	Family Guy (Part 1 of 2)
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univision (N)	La rosa de Guadalupe "Stripper" (N)		La mexicana y el güero Katya logra retener a Diego. (N)		Mi fortuna es amarte (N)		Mujer de nadie Lucía descubre el engaño de Alfredo.		Noticias noroeste 11P	Noticiero Univision:
A&E	52	55	118	265	The First 48		The First 48 "Cold Betrayal"		The First 48		The First 48		(:01) The First 48		(:04) The First 48 "Last Shift"	
AMC	60	45	131	254	(:12) Breaking Bad "Bit by a Dead Bee" Walt and Jesse cover their tracks.		(:20) Breaking Bad Walt tries to reconnect with his family.		(:28) Breaking Bad Tensions mount at the White household.		(:36) Breaking Bad "Peekaboo" Walt returns to work.		(:44) Breaking Bad "Negro Y Azul" Jesse and Walt discuss expanding.			
ANP	24	49	184	282	Tanked (N)		Tanked		Tanked		Tanked		Tanked		Tanked	
BET	4	72	124	392	Tyler Perry's The Oval		The Family Business		Celebrity Family Feud		New York Undercover		New York Undercover		Tyler Perry's Sistas	
BRAVO	54	65	129	237	Fast		** "2 Fast 2 Furious" (2003, Action) Paul Walker, Tyrese.		** "Fast Five" (2011, Action) Vin Diesel, Paul Walker, Jordana Brewster.		** "Fast Five" (2011)					
CARTOON	25	59	177	297	*** "The Book of Life" (2014) Voices of Diego Luna.		King of Hill		King of Hill		Futurama	Futurama	American	American	American	Rick, Morty
CBSSN	410	410	158	221	(4:00) College Football		Football		Champions	Full Impact	All BIG3	Football	PBR Bull Riding			
CNN	68	44	200	202	CNN Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight	
COM	77	56	107	249	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	South Park	South Park
COOK	123	123	113	232	Chopped		Chopped		Chopped		Chopped		Chopped		Chopped	
DISN	26	48	173	290	Jessie	Jessie	Bunk'd	Bunk'd (N)	The Villains	Ultra Violet	Raven's Home	Jessie	Jessie	Bunk'd	The Villains	Ultra Violet
E!	64	76	114	236	*** "Bridesmaids" (2011, Comedy) Kristen Wiig, Maya Rudolph, Rose Byrne.		*** "Bridesmaids" (2011, Comedy) Kristen Wiig, Maya Rudolph, Rose Byrne.		*** "Bridesmaids" (2011, Comedy) Kristen Wiig, Maya Rudolph, Rose Byrne.		*** "Bridesmaids" (2011, Comedy) Kristen Wiig, Maya Rudolph, Rose Byrne.		*** "Bridesmaids" (2011, Comedy) Kristen Wiig, Maya Rudolph, Rose Byrne.		*** "Bridesmaids" (2011, Comedy) Kristen Wiig, Maya Rudolph, Rose Byrne.	
ESPN	33	27	140	206	(4:30) MLS Soccer D.C. United at Philadelphia Union. (N)		MLS Soccer LA Galaxy at Los Angeles FC. From Banc of California Stadium in Los Angeles. (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)	
ESPN2	34	28	143	209	NBA Summer Basketball		NBA Summer League Basketball: Suns vs Lakers		Streetball		Streetball		Around/ Horn	Interruption	NFL Live	
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N) (Live)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity	
FOOD	61	54	110	231	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive
FREE	32	33	180	311	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy
FS1	41	85	150	219	2022 Copa América Femenina		Mexico Primera Division Soccer Tijuana vs Juárez. (N) (Live)		NASCAR Truck Series		Off Road Racing Extreme E Championship, Final.					
FX	65	24	136	249	(4:00) *** "Thor: Ragnarok" (2017) Chris Hemsworth.		*** "The Avengers" (2012, Action) Robert Downey Jr., Chris Evans, Mark Ruffalo. Superheroes join forces to save the world from an unexpected enemy.		*** "Black Panther" (2018) Chadwick Boseman. Black Panther springs into action when an old enemy returns.							
FXX	35	64	125	259	The Simpsons	The Simpsons	The Simpsons	The Simpsons	Bob's Burgers	Bob's Burgers	Bob's Burgers	Bob's Burgers	Bob's Burgers	Bob's Burgers	Bob's Burgers	Bob's Burgers
GOLF	88	88	401	218	Golf American	PGA Tour Golf	Genesis Scottish Open, Second Round.		"An Unexpected Christmas" (2021) Bethany Joy Lenz. A man makes a deal with his ex to pretend they're a couple.		"Christmas at Castle Hart" (2021) Lacey Chabert. A woman hosts a Christmas party at a nobleman's castle.				Sr.Players	
HALL	87	87	185	312	"A Very Merry Mix-Up" (2013) Alicia Witt, Mark Wiebe. An engaged woman spends the holiday with a caring family.		"A Summer Romance" (2019) Erin Krakow, Ryan Paevey. A Montana ranch owner falls for a real estate developer.		"Rip in Time" (2022, Romance) Torrey DeVitto, Niall Matter. A farmer falls for a man who claims to be from 1787.		"Murder, She Wrote Hackers involved in blackmail.					
HALLMM	86	86	187	565	Monk Monk pursues his wife's killer. (Part 2 of 2)		"A Summer Romance" (2019) Erin Krakow, Ryan Paevey. A Montana ranch owner falls for a real estate developer.		"Rip in Time" (2022, Romance) Torrey DeVitto, Niall Matter. A farmer falls for a man who claims to be from 1787.		"Murder, She Wrote Hackers involved in blackmail.					
HGTV	62	57	112	229	Dream Home	Dream Home	Dream Home	Dream Home	Dream Home	Dream Home	Dream Home	Dream Home	Dream Home	Dream Home	Dream Home	Dream Home
HIST	50	60	120	269	Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens (N)		(:03) Ancient Aliens		(:05) Ancient Aliens "Area 52"	
LIFE	29	29	108	252	Castle "XY" (Part 1 of 2)		Castle "XX" (Part 2 of 2)		Castle "PhDead"		Castle "What Lies Beneath"		(:03) Castle "The Nose"		(:03) Castle "Cool Boys"	
MAGN	81	81	111	230	Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation		Beachfront Renovation	
MSNBC	71	67	209	356	MSNBC Prime (N) (Live)		The Last Word With		The 11th Hour-Stephanie		MSNBC Prime		The Last Word With		The 11th Hour-Stephanie	
NGEO	55	78	197	276	Wicked Tuna: Outer Banks		Wicked Tuna: Outer Banks		Wicked Tuna: Outer Banks		Wicked Tuna: Outer Banks		Wicked Tuna: Outer Banks		Wicked Tuna: Outer Banks	
NICK	27	51	171	299	(5:00) "The Peanuts Movie"		Loud House	Casagrandes	Star Trek: Prodigy (N)	Friends	Friends	Friends	Friends	Friends	Friends	Friends
OWN	40	41	189	279	Dr. Phil		Dr. Phil "Home Invasions"		Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters
OXY	30	69	127	251	Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		Snapped		Snapped		Snapped "Shelly Arndt"		Snapped "Verginia Turner"	
PARMT	42	43	241	241	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	*** "The Goonies" (1985, Children's) Sean Astin, Josh Brolin, Jeff Cohen.		*** "Gremlins" (1984) Zach Galligan.					
ROOT	37	26	426	687	World Class Championship Boxing		Triller Fight Club		Lineage		Dynasty	Poker Night	Heartland Poker Tour			
SYFY	67	50	122	244	Quantum Leap		(:05) Quantum Leap		(:10) Quantum Leap		(:15) Quantum Leap		(:20) Quantum Leap		Quantum Leap	
TCM	56	73	132	256	"Earth vs Saucer" (4:45) *** "The Thing" (1982, Horror) Kurt Russell. A polar research station is invaded by an alien life form.		(:45) *** "Invasion of the Body Snatchers" (1978) Donald Sutherland, Brooke Adams. Remake of the 1956 chiller about human-cloning space pods.		"The Velvet Vampire" (1971) Michael Blodgett. Premiere.							
TDC	51	42	182	278	Gold Rush		Gold Rush: Parker's Trail (N)		Gold Rush Parker jumps at an unexpected offer. (N)		(:02) Outback Opal Hunters		(:02) Outback Opal Hunters			
TLC	49	62	183	280	90 Day Diaries		90 Day Diaries		90 Day Fiancé (N)		90 Day Fiancé		The Family Chantel		90 Day Fiancé	
TNT	57	52	138	245	(5:30) *** "Rampage" (2018, Action) Dwayne Johnson, Naomie Harris.		** "San Andreas" (2015, Action) Dwayne Johnson, Carla Gugino, Alexandra Daddario. A rescue pilot must save his family after an earthquake.		All Elite Wrestling: Rampage (N)		Titans "Trigon"					
TRAV	53	38	196	277	Ghost Adventures Two haunted houses in Savannah, Ga. (N)		Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures Two haunted houses in Savannah, Ga.			
TRUTV	73	75	242	246	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King
USA	58	39	105	242	Chicago Fire		Chicago Fire "My Lucky Day"		Chicago Fire		Chicago Fire		Chicago Fire "Escape Route"		Chicago Fire "Double Red"	
WE	118	118	128	260	Criminal Minds "The Pact"		Criminal Minds		Mama June: From Not to Hot		Mama June: From Not to Hot		Mama June: From Not to Hot		Mama June: From Not to Hot	
WEATH	14	19	214	362	Highway Thru Hell		Heavy Rescue: 401		Weather Gone Viral		Storm Stories- Next Chapter		Storm Stories- Next Chapter		Storm Stories- Next Chapter	
WTBS	59	40	139	247	Sheldon		Sheldon		*** "The Nutty Professor" (1996, Comedy) Eddie Murphy.						Next Frontal	
HBO	518	518	303	504	(5:15) "The Janes" (2022, Documentary) 'NR'		Mind Over Murder		(7:55) *** "Frank Miller's Sin City" (2005) Jessica Alba. Sordid characters run amok in a crime-ridden metropolis. 'R'		Westworld		Pause With Sam Jay		Irma Vep	
MAX	531	531	311	516	(5:36) ** "The Great Gatsby" (2013) Leonardo DiCaprio. A would-be writer lives next to a mysterious millionaire.		*** "Long Shot" (2019, Romance-Comedy) Seth Rogen. A presidential candidate hires a speechwriter from her past. 'R'		(:05) *** "The Last Five Years" (2014, Musical) Anna Kendrick. 'PG-13'		(:40) "Something New"					
SHOW	578	578	319	546	"How to Lose" ** "Failure to Launch" (2006, Romance-Comedy) Matthew McConaughey. 'PG-13'		(:15) ** "Last Vegas" (2013) Michael Douglas. Four aging pals go to Las Vegas to relive their glory days. 'PG-13'		We Hunt Together		(:45) We Hunt Together An internet troll threatens Freddy.		The Chi "Oh Girl"			
STARZ	621	621	351	526	(5:24) *** "Ray" (2004, Biography) Jamie Foxx. Ray Charles overcomes hardships to become a legend. 'PG-13'		P-Valley "White Knights"		(:07) Becoming Elizabeth Elizabeth is amongst strangers.		(:09) ** "Notting Hill" (1999) Julia Roberts. A bookseller and a movie star have an unlikely romance. 'PG-13'					
TMC	591	591	327	554	(5:00) ** "Flashdance" (:35) *** "Run Lola Run" (1998, Suspense) Franka Potente, Herbert Knaup. (Subtitled) 'R'		"Violet" (2021) Olivia Munn. A woman realizes the guiding voice in her head lies to her. 'R'		(:35) *** "Gloria Bell" (2018) Julianne Moore. A free-spirited divorcee develops an unexpected new romance. 'R'		"The Light of the Moon"					

tonight s best



Vivica A. Fox

8 p.m. on LMN Keeping Up With the Joneses

This soapy spinoff of Lifetime's very successful "Wrong" movie franchise executive produced and starring Vivica A. Fox returns for Season 2, which opens following the death of Webb, Robin Jones' (Fox) second husband. Thanks to some legal wrangling by her lawyer, Sheldon (Michael Paré), Robin stands to inherit quite a fortune. Meanwhile, stepdaughter Carrie (Ciarra Carter) plans to expand her role in the family's philanthropic endeavors.

9 p.m. on HGTV My Lottery Dream Home

Returning host David Bromstad hits the road again to help recipients of an unexpected windfall find their dream homes as this reality series launches Season 13. Bromstad's travels take him from Plymouth, Mass., to Cedar Rapids, Iowa, as he searches for properties that check off every box on his lottery winners' wish lists. In the season premiere, David assists Stephanie, a single mother in Miami, find her first home as an empty-nester. Bromstad, who used to live in Miami, steers her toward some safe and comfy suburban neighborhoods.

9 p.m. on WE Mama June: From Not to Hot

When it becomes apparent that June wants daughter Alana to live with her and her new boyfriend, Justin, big sister Pumpkin goes ballistic and takes legal steps to protect Alana by getting full custody herself in the new episode "Road to Redemption: Too Little Too Late."

10:30 p.m. on PARMT Movie: Gremlins

An inventor (Hoyt Axton) buys an adorable critter from a Chinese shopkeeper (Keye Luke) and brings it home to his son, Billy (Zach Galligan). Big trouble ensues when Billy inadvertently breaks two care-and-feeding rules: Don't get the creature wet, and don't feed it after midnight. The former causes it to reproduce, and the latter turns the offspring into monsters, who proceed to wreak havoc on the town in this 1984 comic thriller.