

WEDNESDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

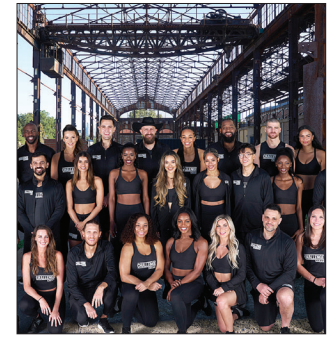
MOVIES

SPORTS

JULY 6, 2022

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune	The Conners	The Goldbergs	Abbott Elementary	(:31) Home Economics	Press Your Luck Three new contestants from California.	KATU News at 11 (N) (Live)	(:35) Jimmy Kimmel Live!		
PBS	3	5			Home Diagnosis	BBC World News Outside	PBS NewsHour (N)		The Green Planet "Tropical Worlds" Life in a rain forest.		NOVA Details about the sun's history.	Expedition With Steve Backshall (Season Premiere) (N)	Future of Work Preparing for the work of the future.				
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	Big Brother (Season Premiere) (N)			The Challenge: USA (Series Premiere) (N)		KOIN 6 News at 11 (N)	Late Show-Colbert		
NBC	8	8	8	8	KGW News at 6: The Story	KGW News at 6:30 (N)	The Good Stuff (N)	Inside Edition (N)	Chicago Med Charles helps a patient with parasites.	Chicago Fire Chief Hawkins helps Brett and Violet.	Chicago P.D. Burgess and Ruzek fight for Makayla.		KGW News at 11 (N)	Tonight Show-J. Fallon			
CW	9	9	32	32	Young Sheldon	Young Sheldon	Modern Family	Modern Family	Mysteries Decoded Terrifying home in Rhode island.	Wellington Paranormal	Wellington Paranormal	KOIN 6 News at 10p (N)		Seinfeld "The Ex-Girlfriend"	Seinfeld "The Wallet"		
FOX	12	12	12	12	6 O'Clock News (N)		Family Feud	Family Feud	MasterChef The chefs face a mystery box challenge.		(:01) So You Think You Can Dance "Auditions Show 2"		10 O'Clock News (N)		11 O'Clock News (N)	(:35) Family Feud	
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory	The Simpsons	Family Guy	Family Guy "It's a Trap"	
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univision (N)	La rosa de Guadalupe Esperanza sueña con ser bailarina.		La mexicana y el güero "Como una plantita sin agua"		Mi fortuna es amarte (N)		Mujer de nadie Alejandra quiere vivir con Lucía. (N)	Noticias noroeste 11P	Noticiero Univision:		
A&E	52	55	118	265	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam (N)	Court Cam (N)	Neighborhood	Road Wars	Court Cam	Court Cam	
AMC	60	45	131	254	(5:00) *** "The Fugitive" (1993) Harrison Ford. An innocent man must evade the law as he pursues a killer.		** "Pearl Harbor" (2001, War) Ben Affleck, Josh Hartnett, Kate Beckinsale. Best friends become fighter pilots and romantic rivals in 1941.						*** "1917" (2019, War) George MacKay, Mark Strong.				
ANP	24	49	184	282	The Zoo: San Diego (N)		Crikey! It's the Irwins		Crikey! It's the Irwins		The Zoo: San Diego		The Zoo: San Diego		Crikey! It's the Irwins		
BET	4	72	124	392	Tyler Perry's The Oval "Heat"		The Family Business		Celebrity Family Feud		Tyler Perry's Sistat (N)		All the Queen's Men (N)		Tyler Perry's Sistat		
BRAVO	54	65	129	237	Below Deck Mediterranean		Real Housewives/Beverly		Real Housewives/Beverly		Real Housewives of Dubai		Real Housewives/Beverly		Real Housewives of Dubai		
CARTOON	25	59	177	297	Teen Titans	Teen Titans	Wrd, Gumball	Wrd, Gumball	King of Hill	King of Hill	Bob's Burgers	Bob's Burgers	American	American	American	Rick, Morty	
CBSSN	410	410	158	221	(5:00) NWSL Soccer		PWBA Bowling		Auto Racing		NWSL Soccer						
CNN	68	44	200	202	CNN Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight		
COM	77	56	107	249	South Park	South Park	"The Coon Trilogy"		Crnk Yankers	Crnk Yankers	South Park		South Park	South Park	South Park	South Park	
COOK	123	123	113	232	Brew & 'Que	Brew & 'Que	Food Paradise		Food Paradise		Brew & 'Que	Brew & 'Que	Brew & 'Que	Brew & 'Que	Food Paradise		
DISN	26	48	173	290	Ladybug	Ladybug	Big City Green	Big City Green	Big City Green	Big City Green	Raven's Home	Raven's Home	Big City Green	Big City Green	Ladybug	Ladybug	
E!	64	76	114	236	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Austin Dillon	Nightly Pop	
ESPN	33	27	140	206	(4:00) MLB Baseball St. Louis Cardinals at Atlanta Braves.		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		
ESPN2	34	28	143	209	NBA Salt Lake City Summer League: 76ers vs Jazz				NFL Live		30 for 30		Streetball	Streetball	Around/Horn	Interruption	
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N) (Live)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		
FOOD	61	54	110	231	Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games (N)		Guy's Grocery Games		Guy's Grocery Games		
FREE	32	33	180	311	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The 700 Club	
FS1	41	85	150	219	Bowling	Bowling	Skip and Shannon: Undisputed		TMZ Sports		PBA Bowling Anthony Division Finals.		USFL Football				
FX	65	24	136	249	(5:30) ** "Iron Man 2" (2010, Action) Robert Downey Jr., Gwyneth Paltrow, Don Cheadle.		Robert Downey Jr., Gwyneth Paltrow, Don Cheadle.		*** "Thor" (2011, Action) Chris Hemsworth, Natalie Portman, Anthony Hopkins. Cast out of Asgard, the Norse god lands on Earth.		*** "Black Panther" (2018, Action) Chadwick Boseman, Michael B. Jordan.						
FXX	35	64	125	259	The Simpsons	The Simpsons	The Simpsons	The Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Bob's Burgers	Bob's Burgers	
GOLF	88	88	401	218	(5:00) GOLF Films		The Open for the Ages		GOLF Films		GOLF Films		GOLF Films		GOLF Films		
HALL	87	87	185	312	"On the Twelfth Day of Christmas" (2015) Brooke Nevin, Dani Kind. Maggie tries to help Mitch recapture his holiday spirit.		"12 Gifts of Christmas" (2015) Katrina Law, Aaron O'Connell. An executive hires an artist to do his Christmas shopping.		"A Christmas Together With You" (2021) Laura Vandervoort. Megan and Frank take a holiday road trip to find true love.								
HALLMM	86	86	187	565	Monk Deadly group therapy.		Crossword Mysteries "Abracadaver" A magician winds up dead.		Emma Fielding Mysteries "Site Unseen" A body is found during a dig.		Murder, She Wrote Jessica entangled in mob struggle.						
HGTV	62	57	112	229	Bargain Block		Bargain Block		Bargain Block		Bargain Block (N)		Hunters	Hunters	Hunters	Hunters	
HIST	50	60	120	269	(4:00) *** "Unforgiven"		Forged in Fire		Forged in Fire "Out to Sea"		Forged in Fire (N)		More Power	More Power	(:03) Forged in Fire		
LIFE	29	29	108	252	Castle "Habeas Corpse"		Married at First Sight		Married at First Sight "So Ready in SoCal" On the big day, a bride falls to tears.				(:06) Married at First Sight (N)				
MAGN	81	81	111	230	Fixer Upper: Welcome Home		Fixer Upper		Fixer Upper		Fixer Upper: Welcome Home		Fixer Upper		Fixer Upper		
MSNBC	71	67	209	356	MSNBC Prime (N) (Live)		The Last Word With		The 11th Hour-Stephanie		MSNBC Prime		The Last Word With		The 11th Hour-Stephanie		
NGEO	55	78	197	276	To Catch a Smuggler: Madrid		To Catch a Smuggler: Madrid		To Catch a Smuggler: Madrid		To Catch a Smuggler: Madrid		To Catch a Smuggler: Peru		To Catch a Smuggler: Madrid		
NICK	27	51	171	299	Loud House	Loud House	*** "The SpongeBob Movie: Sponge Out of Water"		Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	
OWN	40	41	189	279	Fatal Vows		Fatal Vows		Love It or List It (N)		Love It or List It (N)		Love It or List It (N)		Love It or List It		
OXY	30	69	127	251	Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		Dateline: Unforgettable		
PARMT	42	43	241	241	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	*** "Grease" (1978, Musical) John Travolta, Olivia Newton-John.		Movie						
ROOT	37	26	426	687	Fishing	Fishing	Fishing	National Senior	Games 2022	Bands	Lineage	Dynasty	Triller Fight Club				
SYFY	67	50	122	244	(5:38) * "Peppermint" (2018, Action) Jennifer Garner.		** "Constantine" (2005, Fantasy) Keanu Reeves, Rachel Weisz.		(15) ** "Souls of Sin" (1949) Savannah Churchill, William Greaves. Premiere.		"The Flying Ace" (1926) Lawrence Criner, Kathryn Boyd.		*** "Speed" (1994) Keanu Reeves.				
TCM	56	73	132	256	Oscar Micheaux: The Superhero Of Black Filmmaking		** "The Symbol of the Unconquered" (1920) Iris Hall.										
TDC	51	42	182	278	Expedition Unknown (N)		Expedition Unknown		Expedition Unknown (N)				(:09) Expedition Unknown	(:09) Expedition Unknown			
TLC	49	62	183	280	My Feet Are Killing Me		My Feet Are Killing Me		Dr. Pimple Popper (N)		My Feet Are Killing Me		Hoarding: Buried Alive				
TNT	57	52	138	245	Lucifer A food chemist is found dead.		Lucifer Candy is missing; Lucifer must find her.		*** "Central Intelligence" (2016) Dwayne Johnson. A CIA agent recruits an ex-classmate for a top-secret case.		** "Ride Along 2" (2016) Ice Cube. Premiere. Lawmen James Payton and Ben Barber pursue a Miami drug lord.						
TRAV	53	38	196	277	Eli Roth Presents: A		Most Terrifying Places		Top 10 Most Terrifying Places		Eli Roth Presents: A Ghost Ruined My Life		Most Terrifying Places				
TRUTV	73	75	242	246	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	
USA	58	39	105	242	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		
WE	118	118	128	260	NCIS "The Good Son"		NCIS		NCIS "Rekindled"		NCIS "Playing With Fire"		NCIS "Up in Smoke"		NCIS "Till Death Do Us Part"		
WEATH	14	19	214	362	Highway Thru Hell		Heavy Rescue: 401		Weather Gone Viral		Could You Survive?		Mud Mountain Haulers				
WTBS	59	40	139	247	Big Bang	Big Bang	Big Bang	Big Bang	All Elite Wrestling: Dynamite (N Same-day Tape)		American		American	American	American	American	
HBO	518	518	303	504	(5:55) *** "Thoroughbreds" (2017, Comedy) Olivia Cooke, Anya Taylor-Joy. 'R'		Pause With Sam Jay		*** "Lone Survivor" (2013, War) Mark Wahlberg. Taliban fighters in 2005 Afghanistan attack four Navy SEALs. 'R'		(:05) Mind Over Murder		Irma Vep "Hypnotic Eyes"				
MAX	531	531	311	516	(5:45) ** "The Next Three Days" (2010) Russell Crowe. A man plans to break his wife out of prison. 'PG-13'		*** "Cop Land" (1997, Crime Drama) Sylvester Stallone, Harvey Keitel. 'R'		(45) ** "Escape Plan" (2013, Action) Sylvester Stallone. A security expert must break out of a formidable prison. 'R'		(42) "The Empty Man"						
SHOW	578	578	319	546	*** "Indiana Jones and the Raiders of the Lost Ark" (1981, Adventure) Harrison Ford, Karen Allen. 'PG'		*** "Indiana Jones and the Temple of Doom" (1984) Harrison Ford. Indy squares off against bloodthirsty Indian cultists.		*** "Indiana Jones and the Last Crusade" (1989, Adventure) Harrison Ford, Sean Connery, Denholm Elliott. 'PG-13'								
STARZ	621	621	351	526	(5:55) ** "It's Complicated" (2009) Meryl Streep. A divorcee is caught between her ex and an architect. 'R'		(7:59) Who Is Ghislaine Maxwell? "In Plain Sight"		(8:53) ** "Ghostbusters: Afterlife" (2021) Carrie Coon. A family learns it has a connection to the Ghostbusters.		Becoming Elizabeth Elizabeth is amongst strangers.						
TMC	591	591	327	554	*** "A Fish Called Wanda" (1988, Comedy) John Cleese. A crook's girl flirts with a barrister for diamonds. 'R'		*** "August: Osage County" (2013) Meryl Streep. A funeral reunites three sisters with their venomous mother. 'R'		*** "Out of Africa" (1985, Romance) Meryl Streep. Based on Isak Dinesen's account of her plantation life. 'PG'								

tonight s best



"The Challenge: USA"

8 p.m. on PBS
The Green Planet

In this new limited docuseries, host David Attenborough travels the globe to examine and reveal the secret lives of plants. Using cutting-edge camera techniques, the series takes viewers on a magical journey inside a hidden world, one on which all animals, including humans, are dependent. In the premiere, "Tropical Worlds," Attenborough looks at life in a rainforest from a plant's-eye perspective.

8 p.m. on CW
Mysteries Decoded

Jennifer Marshall, a U.S. Navy veteran turned private investigator, returns for a new season of this investigative docuseries, in which she probes some of America's greatest unsolved mysteries while incorporating newly discovered evidence and high-tech tools.

8 p.m. on LIFE
Married at First Sight

For the first time in its 15-season run, this reality series/social experiment turns its focus on the West Coast, as 10 singles from the San Diego, Calif., area prepare to take the plunge and marry a complete stranger. The season opens with "So Ready in SoCal," a three-hour premiere that introduces those cast members, who have just two weeks to prepare before they meet their stranger-spouses at the altar, where they take their vows in a legally binding ceremony.

9:30 p.m. on CBS
The Challenge: USA

This special edition of a global reality show franchise pits 28 fan favorites from some of CBS' biggest competition shows — "Survivor," "The Amazing Race," "Big Brother" and "Love Island" — against each other in a series of grueling tests, both physical and mental. In tonight's 90-minute premiere, the players all are given \$1,000 to start their individual challenge account, but they must win challenges or eliminate another player to add to that sum. In each episode, an algorithm pairs each twosome to square off in that challenge. T.J. Lavin is the host.