

SUNDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

JULY 3, 2022

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	(7:00) KATU News This Morning Sunday	2022 ESPYs Nomination Special (N)			2022 Wimbledon Championships Fourth Round. (N) (Live)						Find More Joy	Game Time	Paid Program	Roundup?	MyDesti-nation.TV	This Week W/ George Stephanopoulos	Sharyl Attkisson	KATU News at 5	World News	
PBS	3	5			Hero Elementary	Elinor Wonders	R. Steves' Europe	R. Steves' Europe	Nature Tom Mustill investigates whales.	NOVA Emission-free electric planes.			Great Performances at the Met "Rigoletto" Quinn Kelsey			Beyond	Focus on Europe	GZERO World	To the Contrary	Washington Week	Firing-Hoover	PBS News Weekend		
CBS	6	6	6	6	CBS News Sunday	Face the Nation (N)	Paid Program	Sailing SailGP: Chicago Finals. (Taped)	One Shot (N)	Course Record	PGA Tour Golf John Deere Classic, Final Round. (N) (Live)						The Life You Love	Paid Program	Open House (N)	Raw Travel (N)	KOIN 6 News at 5	KOIN 6 News		
NBC	8	8	8	8	Meet the Press (N)	Skin Care	IndyCar Racing (N) (Live)	Honda Indy 200 at Mid-Ohio.	IndyCar Series	IMSA Weathertech SportsCar Championship SportsCar Grand Prix. From Canadian Tire Motorsport Park in Bowmanville, Ontario. (N)						WalkFit!	Paid Program	Grant's Getaways	Laura McKenzie	KGW News at 5 (N)				
CW	9	9	32	32	Life Church	Robert Jeffress	Find More Joy	Northwest Politics	Christian Worship Hour	Identity Theft	Paid Program	Storage Wars	Storage Wars	Storage Wars	Storage Wars	The Gold-bergs	The Gold-bergs	Mom	Mom	Seinfeld	Seinfeld	KOIN 6 News	KOIN 6 News	
FOX	12	12	12	12	(6:00) Good Day Oregon Sunday (N)	FOX News Sunday (N)			Find More Joy	Paid Program	*** "The Muppets Take Manhattan" (1984, Children's) James Coco, Joan Rivers.			PowerXL Duo Nu-trisealer	Paid Program	EA Sports College	FIFA 22	Man vs. Yard	United by Ftb.	USFL Football: Stallions vs Stars				
MNT	13	13	49	49	(6:00) Good Day Oregon Sunday (N)	Outdoor GPS			America's Heartland	Biz Kid\$ (El)	Dragon-FlyTV (El)	Think Big (El)	Animal Rescue	Dog Tales (El)	Paid Program	Paid Program	Storm of Suspicion "Flooded by Mystery"		Bull "The Flying Carpet"		Bull An entrepreneur is accused of fraud.		Timbers Pre-Game	MLS Soccer
UNIV	22	22	16	47	Despierta América en domingo (N) (Live)			(9:55) Fútbol Mexicano Primera División Pumas UNAM vs. Tijuana. (N) (Live)						República deportiva (N) (Live)	Al punto con Jorge Ramos (N)	Aquí y ahora Una pareja muy peligrosa.		Como dice el dicho "De enero a enero"		La rosa de Guadalupe (N)		La rosa de Guadalupe (N)		
A&E	52	55	118	265	Tiny House		Tiny House		Living	Living	Living	Living	Living	Living	WWE's Most Wanted		WWE's Most Wanted		Treasures "Ric Flair"		Biography: WWE Legends "Mick Foley" (N)			
AMC	60	45	131	254	(7:30) ** "National Lampoon's Vacation" (1983, Comedy)			** "Sixteen Candles" (1984, Comedy) Molly Ringwald, Anthony Michael Hall.			*** "Fast Times at Ridgemont High" (1982) Sean Penn, Jennifer Jason Leigh.			*** "Back to the Future Part III" (1990, Comedy) Michael J. Fox, Christopher Lloyd, Mary Steenburgen.			*** "Back to the Future" (1985, Comedy) Michael J. Fox, Christopher Lloyd.							
ANP	24	49	184	282	Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Louisiana Law (N)	
BET	4	72	124	392	Payne	Payne	Prince	Prince	Prince	Fresh Prince	Prince	Prince	Prince	Prince	*** "Friday" (1995, Comedy) Ice Cube, Chris Tucker.		** "Next Friday" (2000) Ice Cube, Mike Epps.		Friday					
BRAVO	54	65	129	237	Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck Mediterranean		Below Deck		Below Deck		Below Deck		Below	
CARTOON	25	59	177	297	Craig	Craig	Craig	Craig	Craig	Craig	Craig	Craig	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball
CBSSN	410	410	158	221	The Grid	Auto Racing	Trans Am TA2.	Water	Surfing	Auto Race	Auto Race	Auto Race	Auto Race	Auto Race	Auto Race	Auto Race	Auto Race	Auto Race	Auto Race	Auto Race	Auto Race	Auto Race	Auto Race	Auto Race
CNN	68	44	200	202	Reliable Source	State of Union	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom
COM	77	56	107	249	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	*** "Meet the Parents" (2000) Robert De Niro.		** "Meet the Fockers" (2004) Robert De Niro.							
COOK	123	123	113	232	Best Thing	Best Thing	Food Paradise	Food Paradise	Food Paradise	Food Paradise	Food Paradise	Food Paradise	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food
DISN	26	48	173	290	Big City	Big City	Ghost	Ghost	Big City	Big City	Big City	Big City	Ladybug	Ladybug	Ladybug	Ladybug	Big City	Big City	Big City	Big City	Big City	Big City	Big City	Big City
E!	64	76	114	236	"What's Love Got to Do With It"		** "Bringing Down the House" (2003) Chrisley			Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley
ESPN	33	27	140	206	(5:00) 2022 Wimbledon Championships Round of 16. (N) (Live)			WNBA Basketball Washington Mystics at Connecticut Sun. (N) (Live)			30 for 30 (Part 3 of 3)			W. Studios		W. Studios		2022 ESPYs Nomination Special		Baseball: Sunday Night Countdown		MLB Baseball St. Louis Cardinals at Philadelphia Phillies. (N) (Live)		
ESPN2	34	28	143	209	Formula 1 Racing	FOX Top	W. Studios	World Chase Tag 5	World Chase Tag 5	World Chase Tag 5	World Chase Tag 5	World Chase Tag 5	Cornhole	ACL Final Chase. (N) (Live)	30 for 30 (Part 1 of 3)		30 for 30 (Part 2 of 3)		MLB Baseball: Cardinals at Phillies					
FNC	66	25	205	360	MediaBuzz (N) (Live)	FOX News Live (N)	FOX News Live (N)	FOX News Live (N)	FOX News Live (N)	FOX News Live (N)	FOX News Live (N)	FOX News Live (N)	Maria Bartiromo	Fox News Live (N)	The Big Sunday Show		Fox Report		Sunday Night		Life, Liberty & Levin			
FOOD	61	54	110	231	Valerie's	Valerie's	Pioneer	Pioneer	Pioneer	Pioneer	Pioneer	Pioneer	Delicious	Delicious	The Kitchen	Beachside Brawl		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		
FREE	32	33	180	311	** "The Huntsman: Winter's War" (2016, Fantasy)			(:35) ** "Pirates of the Caribbean: On Stranger Tides" (2011, Adventure)			(1:50) *** "Spider-Man" (2002) Tobey Maguire.		*** "Spider-Man 2" (2004)											
FS1	41	85	150	219	MLR	Motorcycle Race	NASCAR RaceDay (N)	Horse Racing	America's Day at the Races. (N) (Live)	AVP Pro Beach Volleyball Tour		Gold Cup		CONCACAF U										
FX	65	24	136	249	(7:30) ** "Downhill" (2020) Will Ferrell, Julia Louis-Dreyfus.	** "Neighbors 2: Sorority Rising" (2016, Comedy) Seth Rogen, Zac Efron.			*** "The Hangover" (2009, Comedy) Bradley Cooper, Ed Helms, Zach Galifianakis.			*** "The Avengers" (2012, Action) Robert Downey Jr. Superheroes join forces to save the world from an unexpected enemy.			*** "Avengers: Infinity War" (2018, Action) Robert Downey Jr.									
FXX	35	64	125	259	(7:00) "Good Boys"	*** "Sausage Party" (2016) Kristen Wiig			Futurama	Futurama	King/Hill	King/Hill	King/Hill	King/Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons
GOLF	88	88	401	218	DP Tour Golf	Golf		PGA Golf	GOLF Films	GOLF Films	GOLF Films	GOLF Films	GOLF Films	GOLF Films	GOLF Films	GOLF Films	GOLF Films	GOLF Films	GOLF Films	GOLF Films	GOLF Films	GOLF Films	GOLF Films	
HALL	87	87	185	312	Golden Girls	Golden Girls	Golden Girls	Golden Girls	"Christmas at Pemberley Manor" (2018, Romance) Jessica Lowndes, Michael Rady.			"Christmas in Evergreen: Letters to Santa" (2018, Drama) Jill Wagner, Mark Deklin.			"The Christmas Cottage" (2017, Drama) Merritt Patterson, Steve Lund, Brittney Wilson.		"Pride, Prejudice and Mistletoe" (2018, Romance) Lacey Chabert, Brendan Penny.							
HALLMM	86	86	187	565	Monk Monk's half-brother.	Monk Natalie helps a thief steal a bike.		Monk Monk befriends an older woman.			"Love in Paradise" (2016, Comedy-Drama) Luke Perry, Emmanuelle Vaugier, Tom Butler.			*** "The Last Cowboy" (2003, Drama) Jennie Garth, Lance Henriksen.		"Midway to Love" (2019, Romance) Rachel Hendrix, Daniel Stine, Andrew Hunter.		"Sweet Carolina" (2021) Lacey Chabert.						
HGTV	62	57	112	229	Love It or List It	Love It or List It		Love It or List It		Love It or List It		Love It or List It		Good Bones		Good Bones		Good Bones		Good Bones		Good Bones		
HIST	50	60	120	269	The Cars That	The Cars That		The Cars That		The Cars That		The Cars That		America the Story of Us "Rebels"		America the Story of Us		Pioneers head west.		America the Story of Us The Civil War rages.				
LIFE	29	29	108	252	Amazing	Jeremiah	J. Osteen	Paid Prog.	* "Tyler Perry's Acrimony" (2018) Taraji P. Henson.			* "Tyler Perry's A Madea Family Funeral" (2019)			** "Fifty Shades of Grey" (2015) Dakota Johnson.		Fifty							
MAGN	81	81	111	230	Magnolia Workshops	Fixer Upper	Magnolia	Magnolia	Zoe	Zoe	From the Bizarre	Family	Family	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Bizarre	Delicious	Bizarre	Bizarre	
MSNBC	71	67	209	356	The Sunday Show	Alex Witt Reports (N)	Alex Witt Reports (N)	Alex Witt Reports (N)	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	Yasmin Vossoughian	
NGEO	55	78	197	276	H2O X5	Paid Prog.	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	
NICK	27	51	171	299	Loud	Rugrats	Casagran	Loud	Loud	Loud	Loud	Loud	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Patrick	Patrick	
OWN	40	41	189	279	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Super Soul Sunday	Super Soul Sunday	Super Soul Sunday	Super Soul Sunday	Super Soul Sunday	Super Soul Sunday	Court	Court	Court	Court	Court	Court	Court	Court	Court	
OXY	30	69	127	251	Living With a Serial Killer	Living With a Serial Killer			Snapped: Killer	Killer Couples	Killer Couples	Killer Couples	Killer Couples	Killer Couples	Killer Couples	Killer Couples	Killer Couples	Killer Couples	Killer Couples	Killer Couples	Killer Couples	Killer Couples	Killer Couples	
PARMT	42	43	241	241	NCIS	NCIS (Part 1 of 2)		NCIS (Part 2 of 2)		Yellowstone	Yellowstone	(:02) Yellowstone	(:04) Yellowstone	(:06) Yellowstone	(:02) Yellowstone	(:04) Yellowstone	(:06) Yellowstone	(:02) Yellowstone	(:04) Yellowstone	(:06) Yellowstone	(:02) Yellowstone	(:04) Yellowstone	(:06) Yellowstone	
ROOT	37	26	426	687	Paid Prog.	PowerXL	Spinning	Fishing	Fishing	Charlie	Bands	Mariners	Mariners	MLB Baseball Oakland Athletics at Seattle Mariners. (N) (Live)	Mariners		Mariners		Triller Fight Club					
SYFY	67	50	122	244	Twi. Zone	*** "Hellboy II: The Golden Army" (2008, Action)			(:04) *** "Battleship" (2012) Taylor Kitsch, Alexander Skarsgard.			** "Tomb Raider" (2018) Alicia Vikander.		*** "Despicable Me" (2010)										
TCM	56	73	132	256	(7:00) *** "The Strange One" (1957)	*** "Bringing Up Baby" (1938, Comedy) Katharine Hepburn, Cary Grant.			*** "Casablanca" (1942, Drama) Humphrey Bogart, Ingrid Bergman, Paul Henreid.			*** "An American in Paris" (1951, Musical) Gene Kelly, Leslie Caron.			*** "All Fall Down" (1962, Drama) Warren Beatty. A reckless young man sparks tragedy.		*** "Annie" (1982) Aileen Quinn.							
TDC	51	42	182	278	Retriever	Locations	Gold Rush	Naked and Afraid XL	"Mutiny in the Jungle"			Naked and Afraid XL "Legendary Fail"		Naked and Afraid XL		Naked and Afraid XL "You Left Us to Rot"								
TLC	49	62	183	280	Gypsy Wedding	The Family Chantel			The Family Chantel			90 Day Fiancé		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé				
TNT	57	52	138	245	(6:16) *** "Star Wars: Attack of the Clones" (2002)	(:23) *** "Star Wars: Revenge of the Sith" (2005) Ewan McGregor. Anakin Skywalker joins the dark side and becomes Darth Vader.			**** "Star Wars: A New Hope" (1977) Mark Hamill. Young Luke Skywalker battles evil Darth Vader.			(:15) **** "Star Wars: The Empire Strikes Back" (1980, Science Fiction) Mark Hamill, Harrison Ford, Carrie Fisher.												
TRAV	53	38	196	277	Deep Fried Masters	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	
TRUTV	73	75	242	246	World's Dumbest ...	World's Dumbest ...	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	
TVL	75	74	106	304	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	
USA	58	39	105	242	Tour de France	Law & Order: SVU	NASCAR Racing	NASCAR-Countdown	NASCAR Cup Series Kwik Trip 250. (N) (Live)			NASCAR		Fast Lane		Fast Lane		Law & Order: SVU						
WE	118	118	128	260	Groceries	Cancer?	Theft	Roundup?	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order		
WEATH	14	19	214	362	Weekend Recharge	Weekend Recharge	Ice Pilots	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell	Highway Thru Hell		
WTBS	59	40	139	247	American	American	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends		
HBO	518	518	303	504	"Bourne Identity"	** "What to Expect When You're Expecting" (2012) Cameron Diaz. 'PG-13'			(:25) ** "Snitch" (2013, Crime Drama) Dwayne Johnson, Barry Pepper. 'PG-13'			(:20) Mind Over Murder		(:20) *** "West Side Story" (2021) Ansel Elgort. Two teens fall in love amid a gang war in 1957 New York.		To Be Announced								
MAX	531	531	311	516	(7:00) ** "Julia" (2008) Tilda Swinton. Premiere. 'R'	(:26) *** "Shallow Grave" (1995, Suspense) Kerry Fox. 'R'			(:01) ** "The Uninvited" (2009, Horror) Elizabeth Banks. 'PG-13'			** "Seeking a Friend for the End of the World" (2012) 'R'		(:13) ** "The Great Gatsby" (2013, Drama) Leonardo DiCaprio, Tobey Maguire, Carey Mulligan. 'PG-13'		(:35) ** "Taken 2" (2012, Action) Liam Neeson. 'PG-13'								
SHOW	578	578	319	546	(6:35) ** "Stillwater" (2021) 'R'	The Man Who Fell to Earth		The Man Who Fell to Earth	The Man Who Fell to Earth	The Man Who Fell to Earth	The Man Who Fell to Earth	The Man Who Fell to Earth	The Man Who Fell to Earth	The Man Who Fell to Earth	The Man Who Fell to Earth	The Man Who Fell to Earth	The Man Who Fell to Earth	The Man Who Fell to Earth	The Man Who Fell to Earth	The Man Who Fell to Earth	The Man Who Fell to Earth	The Man Who Fell to Earth		
STARZ	621	621	351	526	(6:55) ** "About Time" (2013)	(:02) ** "Elizabeth: The Golden Age" (2007) Cate Blanchett, Geoffrey Rush. 'PG-13'			Becoming Elizabeth		(:02) ** "Men in Black: International" (2019) Chris Hemsworth. 'PG-13'		(:01) ** "About Time" (2013, Romance-Comedy) Domhnall Gleeson, Bill Nighy. 'R'		(:08) *** "The Curious Case of Benjamin Button" (2008) Brad Pitt. 'PG-13'									
TMC	591	591	327	554	(7:40) ** "Letters to Juliet" (2010)	(:25) *** "Philomena" (2																		