

tonight s best



Jenn Todryk

8 p.m. on CW Walker

When Gale (Paula Marshall) comes clean to Geri (Odette Annable) about the past, it forces Cordell (Jared Padalecki) to relive some personal; history he thought he had buried long ago in the Season 2 finale "Something's Missing." Meanwhile, Trey (Jeff Pierre) mulls over Capt. James' (Coby Bell) latest offer. Kale Culley, Violet Brinson and Keegan Allen also star.

8 p.m. on FOOD Restaurant: Impossible

In the new episode "Legacy on the Line," host Robert Irvine travels to Shreveport, La., to meet Mavice, the proprietor of Eddie's, her father's legacy restaurant. The eatery has been justly celebrated in the past for its stuffed shrimp, but now that dish — and, indeed, the restaurant itself — just aren't what they used to be. Irvine quickly discerns that Mavice's stubborn refusal to adapt to changing tastes is taking a toll on the food, her business's finances and her family, which relies on Eddie's for their livelihood.

9 p.m. on HGTV No Demo Reno

Well known for her wildly popular Instagram account, home renovation expert and designer Jenn Todryk returns for her sophomore season of showing home owners how to achieve a full transformation of their living spaces without resorting to extensive demolition work. In the first of these 10 new episodes, Todryk gives a large family a kitchen and living area makeover that suits everyone's needs, and completes a serene main bedroom retreat with a home office for a couple with six children.

9:32 p.m. on USA Austin Dillon's Life in the Fast Lane

This new half-hour docuseries follows the over-the-top NASCAR lifestyle of Daytona 500 champion Austin Dillon, along with wife Whitney, son Ace and best friends Paul and Mariel Swan. As the grandson of NASCAR legend Richard Childress, Dillon is considered racing royalty in his native North Carolina, where he lives with his family as he works toward a NASCAR Cup Series championship.

THURSDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

JUNE 23, 2022

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30										
ABC	2	2	2	2	(5:00) 2022 NBA Draft NBA franchises draft top prospects to improve their teams in the upcoming season. (N) (Live)				Special Edition of KATU News (N) (Live)		Paid Program		Paid Program		Jeopardy! (N) Wheel of Fortune		KATU News at 11 (N) (Live) (:35) Jimmy Kimmel Live!									
PBS	3	5			A Craftsman's Legacy		BBC World News Outside		PBS NewsHour (N)		Beyond the CANVAS		This Is Utah		Broadchurch The mystery deepens.		Unforgotten on Masterpiece		David Holt's State of Music		On Story					
CBS	6	6	6	6	KOIN 6 News at 6 (N)		CBS Evening News		Extra (N)		Entertainment Tonight (N)		Young Sheldon (N)		(:31) United States of AI		(:01) Ghosts Attic Girl		B Positive		Bull "Frontotemporal" A woman is on trial for murder.		KOIN 6 News at 11 (N)		Late Show-Colbert	
NBC	8	8	8	8	KGW News at 6: The Story		KGW News at 6:30 (N)		The Good Stuff (N)		Inside Edition (N)		Law & Order		Law & Order: Special Victims Unit		Law & Order: Organized Crime		KGW News at 11 (N)		Tonight Show-J. Fallon					
CW	9	9	32	32	Young Sheldon		Young Sheldon		Modern Family		Modern Family		Walker Gale comes clean to Geri about the past.		Superman & Lois John Henry makes a surprising discovery.		KOIN 6 News at 10p (N)		Seinfeld "The Tape"		Seinfeld "The Friars Club"					
FOX	12	12	12	12	6 O'Clock News (N)		People (N)		Family Feud		MasterChef MasterChef: Junior Edition highlights.		MasterChef Finalists vie for the \$100,000 prize.		10 O'Clock News (N)		The Big Bang Theory		The Simpsons		Family Guy		Family Guy			
MNT	13	13	49	49	Family Feud		Family Feud		The Big Bang Theory		The Big Bang Theory		8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory		The Simpsons		Family Guy		Family Guy			
UNIV	22	22	16	47	Noticias noro-este 6P		Noticiero Univisión (N)		La rosa de Guadalupe Julio guarda un secreto. (N)		La mexicana y el güero "Ahí te van las perruchitas" (N)		Mi fortuna es amarte "Yo cometí un error" (N)		El último rey: El hijo del pueblo (N)		Noticias noro-este 11P		Noticiero Univisión:							
A&E	52	55	118	265	The First 48				The First 48				The First 48: Wrong Place				Accused: Guilty or Innocent? (:01) Interrogation Raw (N) (:04) The First 48									
AMC	60	45	131	254	(5:30) *** "Back to the Future Part II" (1989) Michael J. Fox. Marty's time traveling is threatened by a dangerous rival.				*** "Back to the Future Part III" (1990, Comedy) Michael J. Fox, Christopher Lloyd. Marty McFly visits the Old West to save the imperiled Doc.				*** "Willy Wonka and the Chocolate Factory" (1971) Gene Wilder, Jack Albertson.													
ANP	24	49	184	282	Deadliest Catch				Deadliest Catch				Born Mucky: Life on the Farm				Deadliest Catch									
BET	4	72	124	392	Ambitions				The Family Business				Celebrity Family Feud				* "Tyler Perry's Boo 2! A Madea Halloween" (2017) Tyler Perry, Diamond White.									
BRAVO	54	65	129	237	Southern Charm				Southern Charm (Part 1 of 2)				Southern Charm "Great Ex-pectations"				(:45) Southern Charm "Great Ex-pectations"									
CARTOON	25	59	177	297	Teen Titans		Teen Titans		World of Gumball		King of Hill		King of Hill		Bob's Burgers		Bob's Burgers		American		American		American		Rick, Morty	
CBSN	410	410	158	221	Concacaf World Cup				FIFA World Cup 2022 Qualifying				Post-Match		Karate Combat		FIFA World Cup 2022 Qualifying									
CNN	68	44	200	202	CNN Tonight (N) (Live)				Don Lemon Tonight (N) (Live)				Don Lemon Tonight (N) (Live)				CNN Newsroom Live (N) (Live)									
CNN	68	44	200	202	CNN Tonight (N) (Live)				Don Lemon Tonight (N) (Live)				Don Lemon Tonight (N) (Live)				CNN Newsroom Live (N) (Live)									
COM	77	56	107	249	The Office		The Office		The Office		The Office		The Office		The Office		The Office		The Office		The Office		The Office		The Daily Show	
COOK	123	123	113	232	Fire Masters (N)				Bizarre Foods		Bizarre Foods		Delicious		Delicious		Fire Masters		Fire Masters		Bizarre Foods		Bizarre Foods			
DISN	26	48	173	290	Ladybug		Ladybug		"Back of the Net" (2019) Sofia Wylie.		Raven's Home		Raven's Home		Liv-Mad.		Liv-Mad.		"Cloud 9" (2014, Children's) Dove Cameron.							
E!	64	76	114	236	Mod Fam		Mod Fam		Mod Fam		Mod Fam		Mod Fam		Mod Fam		Mod Fam		Mathis Family		Mathis Family		Nightly Pop			
ESPN	33	27	140	206	(5:00) 2022 NBA Draft NBA franchises draft top prospects to improve their teams in the upcoming season. (N) (Live)				2022 NBA Draft (N) (Live)				SportsCenter With Scott Van Pelt (N) (Live)		SportsCenter With Scott Van Pelt (N) (Live)		SportsCenter With Scott Van Pelt (N) (Live)		SportsCenter W/Van Pelt							
ESPN2	34	28	143	209	College Series				SportsCenter (N) (Live)				SportsCenter (N) (Live)				SportsCenter 37 Words									
FNC	66	25	205	360	Hannity (N) (Live)				The Ingraham Angle (N) (Live)				Gutfeld! (N)				Fox News at Night									
FOOD	61	54	110	231	Beat Bobby		Beat Bobby		Beat Bobby		Beat Bobby		Restaurant: Impossible (N)		Beat Bobby		Beat Bobby		BBQ Brawl		Beat Bobby		Beat Bobby			
FREE	32	33	180	311	The Office		The Office		The Office		The Office		The Office		The Office		The Office		The Office		The Office		The Office		The 700 Club	
FS1	41	85	150	219	USFL Football Birmingham Stallions vs Tampa Bay Bandits.				Evans by Ftb.				WWE Friday Night SmackDown				United by Ftb.									
FX	65	24	136	249	(4:00) *** "X-Men: Days of Future Past" (2014, Action) Samuel L. Jackson. Capt. America and the Black Widow face an unexpected enemy.		*** "Captain America: The Winter Soldier" (2014, Action) Chris Evans, Scarlett Johansson, Samuel L. Jackson. Capt. America and the Black Widow face an unexpected enemy.				The Old Man "III" Chase finally tells Zoe the truth. (N)				The Old Man "III" Chase finally tells Zoe the truth.											
FX	65	24	136	249	(4:00) *** "X-Men: Days of Future Past" (2014, Action) Samuel L. Jackson. Capt. America and the Black Widow face an unexpected enemy.		*** "Captain America: The Winter Soldier" (2014, Action) Chris Evans, Scarlett Johansson, Samuel L. Jackson. Capt. America and the Black Widow face an unexpected enemy.				The Old Man "III" Chase finally tells Zoe the truth. (N)				The Old Man "III" Chase finally tells Zoe the truth.											
FX	35	64	125	259	The Simpsons		The Simpsons		The Simpsons		The Simpsons		Family Guy		Family Guy		Family Guy		Family Guy		Family Guy		Family Guy		Family Guy	
GOLF	88	88	401	218	PGA Golf				2022 U.S. Senior Open Championship First Round. (Taped)				PGA Tour Golf				Travelers Championship, First Round.									
HALL	87	87	185	312	"One Winter Proposal" (2019) Taylor Cole, Jack Turner. A four- some returns to the ski lodge where they first met.				"Moriah's Lighthouse" (2022) Rachelle Lefevre, Luke Macfar-lane. An architect jeopardizes a woodworking artisan's plans.				The Golden Girls				The Golden Girls		The Golden Girls		The Golden Girls					
HALLMM	86	86	187	565	Murder, She Baked "A Plum Pudding Mystery" Hannah Swensen's customer was murdered.				"A Christmas to Remember" (2016) Mira Sorvino, Cameron Mathison. A TV personality gets amnesia after a car crash.				"Time for You to Come Home for Christmas" (2019, Romance) Alison Sweeney, Lucas Bryant, Kiefer O'Reilly.													
HGTV	62	57	112	229	No Demo Reno				No Demo Reno (N)				No Demo Reno				Hunters									
HIST	50	60	120	269	(5:00) Alone		Alone Participants prepare for winter.		Alone "The Beaver"		Alone Participants look for new ways to hunt.		(:34) Kings of Pain (N)		Mountain Men											
LIFE	29	29	108	252	Rizzoli & Isles "All for One"				Rizzoli & Isles "Cold as Ice"				Rizzoli & Isles				(:03) Rizzoli & Isles		(:03) Rizzoli & Isles							
MAGN	81	81	111	230	Barnwood Builders (N)				Barnwood Builders				Barnwood Builders				Barnwood Builders									
MSNBC	71	67	209	356	MSNBC Prime (N) (Live)				The Last Word With				MSNBC Prime				The Last Word With									
NGEO	55	78	197	276	Life Below Zero				Life Below Zero				Life Below Zero: First Ala		Life Below Zero: First Ala		Life Below Zero: First Ala		Life Below Zero: First Ala							
NICK	27	51	171	299	(5:00) "Dr. Seuss' the Lorax"				Danger Force		Side Hustle		That-Lay Lay		SpongeBob		*** "The Peanuts Movie" (2015) Voices of Noah Schnapp. Friends Friends									
OWN	40	41	189	279	20/20 on OWN				20/20 on OWN				48 Hours: Hard Evidence				20/20 on OWN		20/20 on OWN		20/20 on OWN					
OXY	30	69	127	251	Killer Couples				Buried in the Backyard				Buried in the Backyard				Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		Dateline: Secrets Uncovered					
PARMT	42	43	241	241	Two/Half Men		Two/Half Men		Two/Half Men		Two/Half Men		Movie				*** "Twister" (1996, Action) Helen Hunt.									
ROOF	37	26	426	687	Mariners Pre. MLB Baseball Seattle Mariners at Oakland Athletics.				Mariners Post.				Mariners				World Class Championship Boxing									
SYFY	67	50	122	244	** "Armageddon" (1998) Bruce Willis. A hero tries to save Earth from an asteroid.				** "2012" (2009, Action) John Cusack. A global cataclysm nearly wipes out humanity.				(:15) *** "Buck and the Preacher" (1972) Sidney Poitier. A trail guide protects former slaves seeking to homestead.				(:15) *** "Thomasine & Bush-rod" (1974) Max Julien.									
TCM	56	73	132	256	(5:00) *** "Johnny Guitar" (1954) Joan Crawford.				*** "Westward the Women" (1951, Western) Robert Taylor. Women travel to California to meet their new husbands.				*** "Thomasine & Bush-rod" (1974) Max Julien.													
TDC	51	42	182	278	Homestead Rescue				Homestead Rescue				Homestead Rescue				Homestead Rescue									
TLC	49	62	183	280	Seeking Sister Wife				Seeking Sister Wife				Welcome to Plathville (N)				Welcome to Plathville (N)									
TNT	57	52	138	245	(5:00) *** "Birds of Prey (and the Fantabu-lous Emancipation of One Harley Quinn)"				(:25) *** "Suicide Squad" (2016, Action) Will Smith, Jared Leto, Margot Robbie. Armed supervillains unite to battle a powerful entity.				Harley Quinn (Part 1 of 2)				Harley Quinn "A High Bar"		*** "Ready Player One" (2018) Tye Sheridan.							
TRAV	53	38	196	277	Paranormal Caught- Camera				Paranormal Caught- Camera				Paranormal Caught- Camera				Paranormal Caught- Camera									
TRUTV	73	75	242	246	Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		After Party		Inside Jokes		Inside Jokes			
TVL	75	74	106	304	Andy Griffith		Andy Griffith		Andy Griffith		Raymond		Raymond		Raymond		Raymond		King		King		King			
USA	58	39	105	242	Law & Order: SVU				Law & Order: SVU				Chrisley		Chrisley		Austin Dillon		Miz & Mrs		Chrisley		Chrisley			
WE	118	118	128	260	Criminal Minds "Exit Wounds"				Criminal Minds				Brat Loves Judy		Brat Loves Judy (N)		Commit or Quit (N)									
WEATH	14	19	214	362	Highway Thru Hell				Heavy Rescue: 401				Weather Gone Viral				World's Deadliest Weather									
WTBS	59	40	139	247	Sheldon		Sheldon		Big Bang		Big Bang		Big Bang		Big Bang		Big Bang		Full Frontal		Full Frontal		Full Frontal			
HBO	518	518	303	504	(:10) ** "Old" (2021, Horror) Gael Garcia Bernal. A family visits a beach that causes them to age rapidly. 'PG-13'				"The Survivor" (2022, Drama) Ben Foster, Peter Sarsgaard. Haft is forced to participate in a gladiatorial spectacle. 'NR'				(:10) Irma Vep "Dead Man's Escape"				(:10) Mind Over Murder									
MAX	531	531	311	516	(:07) *** "Monster's Ball" (2001, Drama) Halle Berry. A prison guard strikes up a romance with an inmate's widow. 'R'				*** "Blood Father" (2016, Action) Mel Gibson, Erin Moriarty, Diego Luna. 'R'				* "Waist Deep" (2006) Tyrese Gibson. A man's son is inside his hijacked car. 'R'				(:07) ** "The Butterfly Effect" (2004) Ashton Kutcher.									
SHOW	578	578	319	546	"13 Minutes" (2021, Suspense) Amy Smart. Townspeople have only 13 minutes to escape from a tornado. 'PG-13'				(:47) *** "The Kid" (:40) *** "A Journal for Jordan" (2021, Drama) Michael B. Jordan, Jalon Chris-tian. First Sgt. Charles Monroe King keeps a journal for his son. 'PG-13'				"Ida Red" (2021, Crime Drama) Josh Hartnett, Frank Grillo. A crime boss turns to her son to pull off one last heist. 'R'				The Man Who Fell to Earth A wild shootout occurs.				Desus & Mero (N)		Flatbush Mis-demeanors			
STARZ	621	621	351	526	(:05) * "The Skulls" (2000, Suspense) Joshua Jackson. A college freshman joins an elite, dangerous society. 'PG-13'				"Crisis" (2021, Suspense) Gary Oldman, Armie Hammer. A drug trafficker organizes a smuggling operation. 'R'				(8:55) *** "Thor: The Dark World" (2013, Action) Chris Hems-worth, Natalie Portman, Tom Hiddleston. 'PG-13'				** "The Children Act" (2017, Drama) Emma Thompson, Fionn Whitehead. 'R'				(:45) "Waves" (2019) 'R'					
TMC	591	591	327	554	(:05) * "The Skulls" (2000, Suspense) Joshua Jackson. A college freshman joins an elite, dangerous society. 'PG-13'				"Crisis" (2021, Suspense) Gary Oldman, Armie Hammer. A drug trafficker organizes a smuggling operation. 'R'				(8:55) *** "Thor: The Dark World" (2013, Action) Chris Hems-worth, Natalie Portman, Tom Hiddleston. 'PG-13'				** "The Children Act" (2017, Drama) Emma Thompson, Fionn Whitehead. 'R'				(:45) "Waves" (2019) 'R'					