WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV MOVIES SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		ABC	News	NHL	Varied
PBS	3	5			Daniel	Donkey	Elinor	Clifford	Xavier	Sesame	Dinosaur	Varied Programs					Pink	Arthur	Odd	Wild Kratt	Varied Programs			
CBS	6	6	6	6	(7:00) CBS Mornings		Let's Make a Deal		The Price Is Right		Young & Restless		News	Bold	The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast	Blast	News	Good	Days of our Lives		Blast	Varied	Ellen DeGeneres		KGW News at 4		News	NBC
CW	9	9	32	32	KOIN AM Extra		Everyday Northwest		Tamron Hall		Steve Wilkos Show		Maury		King	King	Mom	Mom	Friends	Friends	Last Man	Last Man	Goldbergs	Goldbergs
FOX	12	12	12	12	Good Day Oregon		Good Day Oregon		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy	Jdg Judy	4 O'Clock News		5 O'Clock News	
MNT	13	13	49	49	Good Day Oregon		Paid Prog.	Paid Prog.	Nick Cannon		The Real		Relative	Relative	Divorce	Divorce	Judge Mathis		Hot Bench	Hot Bench	Jdg Judy	Jdg Judy	You Bet	You Bet
UNIV	22	22	16	47	(7:00) ¡Despierta América!						Como dice el dicho		Noticiero	Nosotr.	Hoy		Contigo sí		S.O.S. me estoy		El gordo y la flaca		Primer impacto	
A&E	52	55	118	265	Parking	Parking	Parking	Parking	Varied Programs												The First 48		The First 48	
AMC	60	45	131	254	Paid Prog.	Paid Prog.	Stooges	(:45) Movie				Varied Programs												
ANP	24	49	184	282	Treehouse Masters		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Lone Star Law		Varied Programs									
BET	4	72	124	392	Lv Single	Lv Single	Martin	Martin	black-ish	black-ish	Martin	Martin	Celebrity Family Feud		Movie				Varied Programs		Movie			
BRAVO	54	65	129	237	Varied Programs																			
CARTOON	25	59	177	297	Pocoyo	Thomas	Mecha	Thomas	Craig	Craig	Craig	Craig	Teen	Teen	Teen	Teen	Gumball	Gumball	Gumball	Gumball	Bears	Craig	Craig	Craig
CBSSN	410	410	158	221	Varied Programs		The Jim Rome Show		Varied Programs				Tiki & Tierney		Varied Programs				Schein	Varied Programs				
CNN	68	44	200	202	At This Hour-Kate		Varied Programs		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront		Anderson Cooper 360	
COM	77	56	107	249	Futurama	Futurama	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	Varied Programs			South Pk	South Pk	South Pk	Seinfeld	Seinfeld	Seinfeld	Seinfeld	The Office	The Office
COOK	123	123	113	232	Varied Programs																			
DISN	26	48	173	290	Bluey	Spidey	Bluey	Bluey	Bluey	Bluey	Big City	Big City	Big City	Ladybug	Ladybug	Ladybug	Big City	Varied Programs		Big City	Big City	Big City	Big City	Ladybug
E!	64	76	114	236	Varied Programs						Daily Pop		Sex-City	Sex-City	Sex-City	Varied Programs								
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportCtr	The Point	College Series		Varied Programs				Around	Pardon	SportsCenter		Varied Programs			
ESPN2	34	28	143	209	(7:00) Get Up		First Take				This Just	Varied	NBA Today		NFL Live	Varied Programs			Wager	Varied Programs				
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports				The Story		Neil Cavuto		The Five		Special Report		Jesse Watters		Tucker Carlson	
FOOD	61	54	110	231	Varied Programs																			
FREE	32	33	180	311	black-ish	black-ish	The 700 Club		700 Club	Middle	Varied Programs										The Office	The Office	The Office	The Office
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself		Varied Programs		Skip	Varied	Hub	Varied Programs				
FX	65	24	136	249	(7:00) Movie		Varied Programs																	
FXX	35	64	125	259	(7:00) Movie		Movie	Varied Programs				Futurama	Cleveland	Cleveland	Cleveland	Cleveland	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	Simpsons	Simpsons
GOLF	88	88	401	218	Varied Programs										Golf Central		Varied Programs		Golf Central		Varied Programs			
HALL	87	87	185	312	Reba	Reba	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Movie				Movie				Movie			
HALLMM	86	86	187	565	M	Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk
					T	Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk
					W	Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk
					Th	Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk
					F	"Swept Up by Christmas" (2020, Drama)			"Christmas at Graceland" (2018, Romance)				"A Godwink Christmas: Second Chance"				"One December Night" (2021) Brett Dalton				"The Perfect Christmas Present" (2017)			
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		The Mentalist		The Mentalist		The Mentalist		Castle		Castle		Castle	
MAGN	81	81	111	230	Varied Programs																			
MSNBC	71	67	209	356	MSNBC Reports		Andrea Mitchell		Chris Jansing		Katy Tur Reports		Hallie Jackson		Deadline: White House				The Beat With		The ReidOut		All In With	
NGEO	55	78	197	276	Paid Prog.	Paid Prog.	Varied Programs																	
NICK	27	51	171	299	PAW	PAW	PAW	Blaze	PAW	PAW	Varied	PAW	PAW	PAW	Alvinnn!!!	Smurfs	Sponge.	Sponge.	Sponge.	Sponge.	Patrick	Sponge.	Loud	Loud
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Court	Court	Court	Court	Court	Court	Dr. Phil		Dr. Phil	
OXY	30	69	127	251	Varied Programs																			
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men
ROOT	37	26	426	687	Paid Prog.	Paid Prog.	Varied Programs																Mariners	Varied
SYFY	67	50	122	244	Varied Programs																			
TCM	56	73	132	256	M	★★ "Trail Guide"		(:15) ★★★ "The Rounders"		(:45) ★★ "Girl Crazy" (1932)			(:15) "The Petrified Forest"			(:45) "The Dude Goes West"			(:15) ★★★ "Escape From Fort Bravo"				"How to Survive"	
					T	Plan 9	Future Is	★★ "Born Reckless" (1959)			"A Bucket of Blood"	Duck	★ "The Wild, Wild Planet"			(:45) ★ "Catalina Caper"			(:15) ★★ "Speedway" (1968, Musical)				★★★ "Ivanhoe"	
					W	GoingWild	★★ "Too Many Cooks" (1931)		"Is My Face Red?"		(:15) ★ "Way Back Home"			(:45) "Professional Sweetheart"			"Chance at Heaven"		(:15) ★★★ "Roberta" (1935) Irene Dunne.				★★★ "The Bounty"	
					Th	(7:30) "Dial M for Murder" (1954)		★★★ "Conflict" (1945)			"The Postman Always Rings Twice" (1946)				★★★ "Suspicion" (1941)			(:45) ★★★ "Monsieur Verdoux" (1947) Charles Chaplin.				"Johnny Guitar"	
					F	Dance	★★★ "Mr. Skeffington" (1944, Drama) Bette Davis.				★★ "Jailhouse Rock" (1957) Judy Tyler				★★★ "Gay Purr-ee" (1962)			★★★ "Till the Clouds Roll By" (1946) Robert Walker.				"A Star Is Born"	
TDC	51	42	182	278	Varied Programs																			
TLC	49	62	183	280	Varied Programs																			
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Supernatural		Varied Programs									
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Ad. Ruins	Ad. Ruins	Jokers	Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes	Jokes	Jokes	Jokes
TVL	75	74	106	304	Paid Prog.	Paid Prog.	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.
USA	58	39	105	242	Law-SVU	Varied	Law-SVU	Varied	Law-SVU	Varied	Law-SVU	Varied	Law-SVU	Varied	Law-SVU	Varied	Law-SVU	Varied	Law-SVU	Varied	Law-SVU	Varied	Law & Order: SVU	
WE	118	118	128	260	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Varied Programs												Criminal Minds		Criminal Minds	
WEATH	14	19	214	362	AMHQ		Pattrn		Weather Underground		Weather Underground		Weather Underground		Pattrn		Storm Center		Storm Center		Storm Center		Varied Programs	
WTBS	59	40	139	247	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon
HBO	518	518	303	504	M	"League-Gentle."		Last	(:35) ★ "The Last Airbender" (2010)			(:20) ★★★ "Free Guy" (2021) Jodie Comer				(:20) "What Happens in Vegas"			★★★ "Jurassic Park" (1993) Sam Neill.				Last	Time
					T	(6:30) "Dances With Wolves"			(:35) ★★ "Lottery Ticket"		(:15) ★★ "The Mighty Quinn" (1989)				(12:55) "The Quarry" (2020)			(:40) ★★★ "The Incredible Hulk" (2008)			(:35) ★★★ "Nobody" (2021)		
					W	Tammy	★★ "Good Deeds" (2012) Tyler Perry.			(:20) ★★ "Reminiscence" (2021)				Time Traveler's Wife		"Hitman's Wife"				★★ "The Matrix Resurrections" (2021)			Sam Jay	
					Th	"Dear Evan Hansen"	"Percy Jackson: Sea"			(:40) ★★★ "Hugo" (2011, Adventure) Ben Kingsley.					(12:50) ★★ "Across the Universe"				(:05) ★★★ "Only Lovers Left Alive" (2013)			Time Traveler's Wife	
					F	Sports	(:45) "Golden Arm" (2020) Mary Holland.			(:20) "What Happens in Vegas"			Elvis Presley: The Searcher "Part 1"				Elvis Presley: The Searcher			★★ "Casa de mi padre" (2012)		"The Suicide Squad"	
MAX	531	531	311	516	M	(7:30) ★★★ "Eight Men Out"			★★ "Anger Management"			(:15) ★★★ "Things We Lost in the Fire"			(:14) ★★ "Voyagers" (2021) Tye Sheridan.				(:04) ★★ "Phone Booth"			(:26) ★★ "Days of Thunder"		
					T	Jackie	(:35) "Take Me Home Tonight"			(:13) ★★ "Half Brothers" (2020, Comedy)			(11:50) "The Way, Way Back"			(:35) ★★★ "Inside Man" (2006) Clive Owen			(:45) ★★★ "The Savages" (2007)					Master
					W	★★ "Navy SEALS" (1990, Action)				(9:55) ★★ "Repentance" (2013)			★★★ "The Firm" (1993, Drama) Tom Cruise.					(:05) ★★★★ "The Untouchables" (1987)			(:07) ★★★ "The River Wild" (1994)		
					Th	"Girl With Pearl"		"2 Minutes of Fame" (2020)			(:38) "The Benchwarmers" (2006)		(:05) ★★ "Cymbeline"				(:45) ★★★ "Jackie Brown" (1997) Pam Grier, Samuel L. Jackson.					(:20) ★★★ "Win Win" (2011)		
					F	Chngeling	(:25) ★★ "10 Years" (2011)			"Borat: Cultural Learnings"		(:33) ★ "New in Town"			(:11) ★★ "Reservation Road" (2007, Drama)				(2:53) "The Way, Way Back"			"Incredible Burt Wonderstone"	
SHOW	578	578	319	546	M	★★ "Mirror Mirror" (2012) Julia Roberts.				(:15) ★★★ "Whiplash" (2014, Drama)			(:15) ★★★ "Gloria Bell" (2018)				"Sheryl" (2022) Sheryl Crow.			(:45) "Ida Red" (2021) Josh Hartnett.			(:45) VICE	
					T	"Drinking Buddies"	Spotlights	★★★ "The Lovers" (2017)			(:15) ★★ "Vox Lux" (2018, Drama)				Spotlights	★★ "Striptease" (1996) Demi Moore.				★★★ "The Green Knight" (2021, Fantasy) Dev Patel.				
					W	(:10) ★★★ "Up in the Air" (2009)			★ "Billionaire Boys Club" (2018)				★★★ "Side Effects" (2013) Jude Law.				★ "Vampire Academy"			Spotlights	★★ "Beverly Hills Cop II"			Hunt	
					Th	★★★ "The Disaster Artist"			(:45) "Moon Manor" (2021) Debra Wilson.			(:40) ★★★ "Spotlight" (2015, Drama) Mark Ruffalo.					★★★ "Minari" (2020)			Spotlights	★★ "Congo" (1995, Action) Dylan Walsh.			
					F	(:15) ★★★ "Love Is Strange" (2014)			★★★ "Out of Africa" (1985) Meryl Streep.					(:40) ★★★ "An Officer and a Gentleman"				(:45) "Deadlock" (2021) Patrick Muldoon.			★ "Black Sheep" (1996)		
STARZ	621	621	351	526	M	(7:26) ★★ "The Family" (2013)		"The Mortal Instruments: City of Bones"				(:36) ★★ "Men in Black: International"					Becoming Elizabeth		(:33) ★★ "12 Mighty Orphans" (2021)				(:34) ★★ "Don't Breathe 2"	
					T	"About Last Night"	★★★ "The Big Lebowski" (1998)				(:01) ★★★ "A Time to Kill" (1996) Sandra Bullock.					(:34) ★★ "Lakeview Terrace" (2008)				Becoming Elizabeth		"Resident Evil: Welcome"	
					W	"Captain Phillips"	(8:46) ★★ "Here Today" (2021) Billy Crystal.				(10:46) "American Reunion"			(:42) ★★ "Ghostbusters: Afterlife" (2021, Comedy)						"Charlie's Angels: Full Throttle"		(:38) "American Hustle" (2013)	
					Th	"The Last Vermeer" (2019) Guy Pearce.			(:01) ★★ "A Journal for Jordan" (2021) Chanté Adams					Becoming	(:14) ★★ "Thor: The Dark World" (2013)				(:09) ★★ "American Pie 2" (2001)				"The Kid Detective"	
					F	Surrogate	(:22) ★★ "Men in Black: International"			(:20) ★★ "Fighting" (2009)			(:08) ★ "The Unholy" (2021, Horror)				Becoming Elizabeth		(2:49) "The Trust" (2016)			(:24) ★ "Next Day Air"	
TMC	591	591	327	554	M	(:10) "Dreamland" (2019) Margot Robbie.			★★★ "The Fits"		(:15) ★★★ "The Lost Boys" (1987, Horror)				"Bill & Ted's Adventure"				★★★★ "American Graffiti" (1973)				★★ "More American Graffiti"	
					T	(7:40) "Run This Town" (2019)		"The Man Who Knew Too Little"			"Megalodon Rising" (2021)			★★ "Mojave" (2015, Suspense)			(:05) ★★ "The Captive" (2014, Suspense)				"Burden" (2018, Drama) Garrett Hedlund.			
					W	Amy	(:25) "Cut Bank" (2014)			★★ "Valkyrie" (2008) Tom Cruise.				"Forgiven" (2016) Kevin Sorbo.		★ "The Skulls II" (2002)			(:10) ★★★ "Ex Machina" (2014)				"Queen-Morning"	
					Th	(7:45) "Antiquities" (2018)		(:20) "Glengarry Glen Ross"			(:05) ★★★ "Locke" (2013)			"Ape vs. Monster" (2021)			★★★ "Mississippi Grind" (2015, Drama)				★★★ "A Most Violent Year" (2014)			
					F	(7:50) ★★★★ "Terms of Endearment"				★★★ "August: Osage County" (2013)			★★★ "20th Century Women" (2016)							(:40) ★★ "The Mauritanian" (2021) Jodie Foster.			