tonight s best

Tyler Joseph

8 p.m. on FOX
MasterChef

The three semi-finalists get a surprise visit from their loved ones to help break the tension as they go head to head in front of a live audience in the new "Junior Edition: The Semi-Final." Fittingly, the chefs must prepare a dish inspired by their families in just one hour. The two chefs who most successfully manage the stress of their live spectators move on to next week's finals. Gordon Ramsay, Aarón Sánchez and Daphne Oz are the judges.

9 p.m. on HIST
Alone

As Labrador's unsparing winter draws near, the survivalists split their time between building their permanent shelters and finding food to replenish their larders and nourish their overworked bodies in the new episode "The Law of the Land." While a few of them are able to settle in, others continue to struggle including one participant who lets an opportunity slip through their fingers and another who braces for a seemingly inevitable deadly encounter.

9 p.m. on MTV
Unplugged

The Grammy Award-winning duo Twenty One Pilots takes the stage in Los Angeles to perform stripped-back and reimagined versions of some of the biggest hits from their song catalog in this new music special. The band — featuring vocalist Tyler Joseph and drummer Josh Dun — recently performed their hit single "Saturday" during the 2021 MTV Video Music Awards and currently is gearing up for The Icy Tour, which will take them across the United States and Europe during this summer and fall.

10:57 p.m. on STARZ
Movie: Supercool

Best friends Neil and Gilbert (Jake Short, Miles J. Harvey) start their senior year of high school with serious goals in mind. Specifically, Neil wants to date his longtime crush, Summer (Madison Davenport), while Gilbert yearns to be an online superstar. After making a special wish, Neil wakes up the next morning in a new reality that is right out of his wildest dreams. Damon Wayans Jr., Iliza Schlesinger and Peter Moses co-star in Teppo Airaksinen's 2021 action comedy.

THURSDAY EVENING

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JUNE 9, 2022

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune (N)	Station 19		Grey's Anatomy		(:01) Big Sky		KATU News at 11 (N) (Live)	(:35) Jimmy Kimmel Live!
PBS	3	5			A Craftsman's Legacy	BBC World News Outside	PBS NewsHour (N)		Rick Steves: Why We Travel		20 Things to Do in Midsomer ... Midsomer Murders anniversary.		Before You Die	Inside the Mind of Agatha Christie		The Queen's Garden
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	Young Sheldon (N)	(:31) United States of Al	(:01) Ghosts	B Positive	Bull "Confidence Man" Bull's legal troubles worsen.		KOIN 6 News at 11 (N)	Late Show-Colbert
NBC	8	8	8	8	KGW News at 6: The Story	KGW News at 6:30 (N)	The Good Stuff (N)	Inside Edition (N)	Law & Order		Law & Order: Special Victims Unit		Law & Order: Organized Crime		KGW News at 11 (N)	Tonight Show-J. Fallon
CW	9	9	32	32	Young Sheldon	Young Sheldon	Modern Family "Flip Flop"	Modern Family	Walker Cordell and James make a discovery. (N)		Legacies Hope presents a challenge to Ken. (N)		KOIN 6 News at 10p (N)		Seinfeld "The Clip Show"	Seinfeld "The Pool Guy"
FOX	12	12	12	12	6 O'Clock News (N)		Family Feud	Family Feud	MasterChef The three semifinalists go head-to-head. (N)		(:01) Don't Forget the Lyrics!		10 O'Clock News (N)		11 O'Clock News (N)	
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory	The Simpsons	Family Guy	Family Guy "Family Goy"
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univisión (N)	La rosa de Guadalupe Un niño sufre de abuso.		La mexicana y el güero Andrea pierde el control. (N)		Mi fortuna es amarte (N)		El último rey: El hijo del pueblo		Noticias noroeste 11P	Noticiero Univision:
A&E	52	55	118	265	The First 48		The First 48 "Fatal Mistake"		After the First 48 (N)		Accused: Guilty or Innocent?		(:01) Interrogation Raw (N)		(:04) The First 48	
AMC	60	45	131	254	(5:00) ★★ "Lethal Weapon 4" (1998, Action) Mel Gibson. Detectives Riggs and Murtaugh battle Chinese mercenaries.				★★ "The Great Outdoors" (1988) Dan Aykroyd. Man and family camp with obnoxious brother-in-law and family.				★★★ "Moneyball" (2011, Drama) Brad Pitt, Jonah Hill. A baseball manager challenges old-school traditions.			
ANP	24	49	184	282	Deadliest Catch		Deadliest Catch		Born Mucky: Life on the Farm		Deadliest Catch		Deadliest Catch		Deadliest Catch	
BET	4	72	124	392	Ambitions "Poison and Wine"		The Family Business		Celebrity Family Feud		★★ "Life" (1999, Comedy-Drama) Eddie Murphy, Martin Lawrence, Obba Babatundé.					
BRAVO	54	65	129	237	Below Deck Sailing Yacht		Below Deck Sailing Yacht		Below Deck Sailing Yacht		Southern Charm (N)		Watch What	★★★ "Pretty Woman" (1990) Richard Gere.		
CARTOON	25	59	177	297	Total Drama	Victor-Valent.	Victor-Valent.	Victor-Valent.	King of Hill	King of Hill	Bob's Burgers	Bob's Burgers	American	American	American	Rick, Morty
CBSSN	410	410	158	221	Concacaf World Cup		FIFA World Cup 2022 Qualifying				Post-Match	Karate Combat		FIFA World Cup 2022 Qualifying		
CNN	68	44	200	202	CNN Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight	
COM	77	56	107	249	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Daily Show	
COOK	123	123	113	232	Fire Masters		Bizarre Foods	Bizarre Foods	Delicious	Delicious	Fire Masters "Trial by Fire"		Fire Masters		Bizarre Foods	Bizarre Foods
DISN	26	48	173	290	Ladybug	Ladybug	Big City Green	Big City Green	Big City Green	Big City Green	Jessie	Jessie	Big City Green	Big City Green	Ladybug	Ladybug
E!	64	76	114	236	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Nightly Pop
ESPN	33	27	140	206	(5:00) NHL Hockey Tampa Bay Lightning at New York Rangers. (N) (Live)			SportsCenter With Scott Van Pelt (N) (Live)			SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)	
ESPN2	34	28	143	209	Women's College World		W. Studios	W. Studios	W. Studios	NFL Live		Blood, Sweat	Around/Horn	Interruption	UFC	W. Studios
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N) (Live)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity	
FOOD	61	54	110	231	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Restaurant: Impossible (N)		Beat Bobby	Beat Bobby	BBQ Brawl		Beat Bobby	Beat Bobby
FREE	32	33	180	311	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The 700 Club	
FS1	41	85	150	219	Bowling		WWE Friday Night SmackDown				UEFA Nations League Soccer Portugal vs Czech Republic.				TMZ Sports	Bowling
FX	65	24	136	249	(5:00) ★★ "Jurassic World: Fallen Kingdom" (2018, Adventure) Chris Pratt, Bryce Dallas Howard, Jeff Goldblum.				★★★ "Sing" (2016, Children's) Voices of Matthew McConaughey, Reese Witherspoon. Animated. Animals gather at a theater for a singing competition.					★★★ "Sing" (2016, Children's) Voices of Matthew McConaughey, Reese Witherspoon.		
FXX	35	64	125	259	The Simpsons	The Simpsons	The Simpsons	The Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy
GOLF	88	88	401	218	PGA Golf		PGA Tour Golf RBC Canadian Open, First Round.						Golf Central		DP Tour Golf	
HALL	87	87	185	312	"Very, Very, Valentine" (2018) Danica McKellar. Helen finds that her perfect man may already be right in front of her.				"Hidden Gems" (2022, Romance) Hunter King, Beau Mirchoff. Sparks fly between a woman and a scuba diver.				The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls
HALLMM	86	86	187	565	Monk Sharona keeps seeing a blood-soaked man.		"Deliver by Christmas" (2020, Romance) Alvina August, Eion Bailey, Fiona Vroom. A bakery owner is enchanted by a client.				"Rip in Time" (2022, Romance) Torrey DeVitto, Niall Matter. A farmer falls for a man who claims to be from 1787.				Murder, She Wrote "Capitol Offense"	
HGTV	62	57	112	229	Love It or List It		Love It or List It		Love It or List It		Windy City Rehab (N)		Hunters	Hunters Int'l	Hunters	Hunters Int'l
HIST	50	60	120	269	Alone: The Beast		Alone "Drop Shock"		Alone "Consequences"		Alone Participants prepare for winter. (N)			(:34) Kings of Pain (N)		Mountain Men
LIFE	29	29	108	252	Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		(:03) Rizzoli & Isles		(:03) Rizzoli & Isles	
MAGN	81	81	111	230	Barnwood Builders (N)		Barnwood Builders		Barnwood Builders		Barnwood Builders		Barnwood Builders		Barnwood Builders	
MSNBC	71	67	209	356	MSNBC Prime (N) (Live)		The Last Word With		The 11th Hour-Stephanie		MSNBC Prime		The Last Word With		The 11th Hour-Stephanie	
NGEO	55	78	197	276	Life Below Zero		Life Below Zero		Life Below Zero: First Ala		Life Below Zero: First Ala		Life Below Zero: First Ala		Life Below Zero: First Ala	
NICK	27	51	171	299	(5:00) "Despicable Me" (2010)		Danger Force	Side Hustle	SpongeBob	SpongeBob	★★★ "The SpongeBob SquarePants Movie"			SpongeBob	Friends	Friends
OWN	40	41	189	279	20/20 on OWN		20/20 on OWN		48 Hours: Hard Evidence		20/20 on OWN		20/20 on OWN		20/20 on OWN "The Hustlers"	
OXY	30	69	127	251	Killer Couples		Buried in the Backyard		Buried in the Backyard		Dateline: Secrets Uncovered "In Cold Blood"				Dateline: Secrets Uncovered	
PARMT	42	43	241	241	Two/Half Men	Two/Half Men	Two/Half Men	Two/Half Men	★★★★ "Goodfellas" (1990) Robert De Niro. An Irish-Italian hood joins the 1950s New York Mafia.							Heat (1995)
ROOT	37	26	426	687	Pro Footvolley	Mariners Pre.	MLB Baseball Seattle Mariners at Houston Astros. From Minute Maid Park in Houston.						Mariners Post.	Mariners	Sports Stars	Bensinger
SYFY	67	50	122	244	(3:55) 300	(:25) ★★ "xXx: Return of Xander Cage" (2017) Vin Diesel.				★★ "The Mechanic" (2011) Jason Statham, Ben Foster.				★★ "Dredd" (2012, Action) Karl Urban.		
TCM	56	73	132	256	"Ride the High Country"	(:45) ★★ "The Ballad of Cable Hogue" (1970, Comedy) Jason Robards, Stella Stevens. A prostitute joins a loner in his search for the good life.					★★★★ "The Wild Bunch" (1969, Western) William Holden, Ernest Borgnine, Robert Ryan. Aging outlaws become involved with Mexican revolutionaries.					"Pat Garr.-Billy"
TDC	51	42	182	278	Mysteries of the Abandoned		Mysteries of the Abandoned		Mysteries of the Abandoned		Mysteries of the Abandoned		Mysteries of the Abandoned		Mysteries of the Abandoned	
TLC	49	62	183	280	The Family Chantel		Seeking Sister Wife		1000-Lb. Sisters		1000-Lb. Sisters		1000-Lb. Sisters		1000-Lb. Sisters	
TNT	57	52	138	245	(4:58) ★★★ "Star Wars: The Last Jedi" (2017, Science Fiction) Mark Hamill, Carrie Fisher, Adam Driver.				(:15) ★★ "Star Wars: The Rise of Skywalker" (2019, Science Fiction) Carrie Fisher, Mark Hamill, Adam Driver. Rey and her allies battle Kylo Ren and the First Order.							"Star Wars: A New Hope"
TRAV	53	38	196	277	Paranormal Caught- Camera		Paranormal Caught- Camera		Paranormal Caught- Camera		Paranormal Caught- Camera		Paranormal Caught- Camera		Paranormal Caught- Camera	
TRUTV	73	75	242	246	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King
USA	58	39	105	242	Chicago Fire		Chicago Fire		★★★ "John Wick: Chapter 3 -- Parabellum" (2019) Keanu Reeves.					(:45) "John Wick: Chapter 3 -- Parabellum"		
WE	118	118	128	260	Criminal Minds "Tabula Rasa"		Criminal Minds "Lo-Fi"		Marriage- Reality Stars		Brat Loves Judy		Commit or Quit (N)		For the Love of Jason (N)	
WEATH	14	19	214	362	Highway Thru Hell		Heavy Rescue: 401		Weather Gone Viral		World's Deadliest Weather		World's Deadliest Weather		Top Weather Destinations	
WTBS	59	40	139	247	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Rat in the Kitchen (N)		Full Frontal	Full Frontal	Sheldon	Sheldon
HBO	518	518	303	504	(5:00) "The New Mutants"	(:35) The Time Traveler's Wife "Episode Four"		(:25) Barry	★★ "Fantastic Beasts: The Secrets of Dumbledore" (2022, Fantasy) Eddie Redmayne. Newt Scamander battles the evil Gellert Grindelwald. 'PG-13'					(:25) Irma Vep "The Severed Head"		(:25) The Baby "The Curse"
MAX	531	531	311	516	(5:50) ★★★ "Inside Man" (2006, Suspense) Denzel Washington, Clive Owen. A cop matches wits with a bank robber. 'R'				★★ "The Day After Tomorrow" (2004) Dennis Quaid. Global warming leads to worldwide natural disasters. 'PG-13'				(:05) ★★ "Deep Impact" (1998, Drama) Robert Duvall. A large comet is on a collision course with Earth. 'PG-13'			
SHOW	578	578	319	546	(:15) ★ "Demonic" (2021, Science Fiction) Carly Pope. A young woman unleashes terrifying demons. 'R'				★★★ "Lamb" (2021, Horror) Noomi Rapace. A couple find a strange and unnatural newborn in their barn. 'R'				The Man Who Fell to Earth "Changes"		Desus & Mero (N)	Ziwe "Gay Pride!"
STARZ	621	621	351	526	(5:20) ★★ "Here Today" (2021, Comedy-Drama) Billy Crystal, Tiffany Haddish. 'PG-13'			(:20) ★★ "American Wedding" (2003, Comedy) Jason Biggs, Alyson Hannigan. 'R'			★★ "American Reunion" (2012, Comedy) Jason Biggs, Alyson Hannigan, Chris Klein. Premiere. 'R'				(10:57) "Supercool" (2021) Jake Short. Premiere. 'NR'	
TMC	591	591	327	554	(5:25) "Forgiven" (2016)	(:45) "Small City" (2021, Suspense) Ediro Strong, Isabella Nefar, Morgan Watkins. 'NR'			★★★ "Moonlight" (2016, Drama) Mahershala Ali. Three defining chapters in the life of a young black man. 'R'				"The Long Shadow" (2020, Mystery) Aasha Davis, Yetide Badaki, Tess Harper. 'NR'			(:35) "Rafiki" (2018) 'NR'