

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC	
PBS	3	5			Tiger Donkey		Elinor Clifford		Xavier Sesame		Dinosaur		Varied Programs				Pink Arthur		Odd Wild Kratt		Varied Programs				
CBS	6	6	6	6	(7:00) CBS Mornings		Let's Make a Deal		The Price Is Right		Young & Restless		News Bold		The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News	
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast Blast		News Paid Prog.		Days of our Lives		Blast Varied		Ellen DeGeneres		KGW News at 4		News	NBC	
CW	9	9	32	32	KOIN AM Extra		Everyday Northwest		Tamron Hall		Steve Wilkos Show		Maury		King King		Mom Mom		Friends Friends		Last Man Last Man		Goldbergs	Goldbergs	
FOX	12	12	12	12	Good Day Oregon		Good Day Oregon		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Varied		The People's Court		Jdg Judy Jdg Judy		Last Man Last Man		Goldbergs	Goldbergs	
MNT	13	13	49	49	Good Day Oregon		Paid Prog. Paid Prog.		Nick Cannon		The Real		Relative Relative		Divorce Divorce		Judge Mathis		Hot Bench Hot Bench		Jdg Judy Jdg Judy		FamFeud	You Bet	
UNIV	22	22	16	47	(7:00) Despierta América!						Como dice el dicho		Noticiero Nosotr.		Hoy		Contigo si		S.O.S. me estoy		El gordo y la flaca		Primer impacto		
A&E	52	55	118	265	Parking Parking		Parking Parking		Varied Programs						First 48		Varied		First 48		Varied		First 48		Varied
AMC	60	45	131	254	Paid Prog. Paid Prog.		Stooges		Varied Programs																
ANP	24	49	184	282	Treehouse Masters		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Lone Star Law		Varied Programs										
BET	4	72	124	392	Martin Martin		Martin Martin		black-ish black-ish		Lv Single Lv Single		Prince Prince		Prince Prince		Prince Prince		Prince Prince		Movie		Varied Programs		
BRAVO	54	65	129	237	Varied Programs																				
CARTOON	25	59	177	297	Love M Caillou		Thomas Thomas		Mush Baby Lny. Craig		Craig Craig		Craig Craig		Gumball Gumball		Gumball Gumball		Gumball Gumball		Gumball Gumball		Craig Craig		Craig Craig
CBSN	410	410	158	221	Varied Programs		The Jim Rome Show		Varied Programs				Tiki & Tierney		Varied Programs				Schein		Varied Programs				
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		Varied Programs		Jake Tapper		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront		Anderson Cooper 360
COM	77	56	107	249	Cleveland Cleveland		South Pk South Pk		South Pk South Pk		South Pk Varied		South Pk South Pk		South Pk South Pk		Varied Programs		Seinfeld Seinfeld		Seinfeld Seinfeld		The Office	The Office	
COOK	123	123	113	232	Varied Programs																				
DISN	26	48	173	290	Bluey Mickey		Spidey Bluey		(:10) Bluey Alice's		Bluey Bluey		Ladybug Ladybug		Big City Amphibia		Big City Varied Programs		Ghost		Big City Big City		Big City	Ladybug	
E!	64	76	114	236	Varied Programs				Daily Pop		Movie		Varied Programs												
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportsCenter		This Just In		NBA Today		NFL Live		Around Pardon		SportsCenter		Varied Programs				
ESPN2	34	28	143	209	(7:00) Get Up		First Take		SportCtr		Varied Programs		Jalen This Just		NFL Live		Varied		Daily Wager		Varied Programs				
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports With John Roberts		The Story		Neil Cavuto		The Five		Special Report		Jesse Waters		Tucker Carlson				
FOOD	61	54	110	231	Varied Programs																				
FREE	32	33	180	311	black-ish black-ish		The 700 Club		700 Club Middle		Movie		Varied Programs								The Office		The Office	The Office	The Office
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd				Speak for Yourself		Skip		Varied		NASCAR Race Hub		Varied Programs						
FX	65	24	136	249	Movie		Varied Programs																		
FX	35	64	125	259	(7:00) Movie		Movie		Varied Programs				Cleveland Cleveland		Cleveland Cleveland		King/Hill King/Hill		King/Hill King/Hill		King/Hill King/Hill		Simpsons	Simpsons	
GOLF	88	88	401	218	Varied Programs		Golf Today		Varied		Golf		Varied Programs						Golf C'tral		Varied Programs				
HALL	87	87	185	312	Reba Reba		Gold Girls Gold Girls		Gold Girls Gold Girls		Gold Girls Gold Girls		Movie												
HALLMM	86	86	187	565	M Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk	Perfect Mysteries	
					T Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk	Aurora Teagarden	
					W Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk	Chronicle Mysteries	
					Th Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk	"A Winter Princess"	
					F Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk	"Better Life"	
HGTV	62	57	112	229	Varied Programs																				
HIST	50	60	120	269	Varied Programs																				
LIFE	29	29	108	252	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Castle		Castle		Castle		Castle		Castle		Castle		Castle		
MAGN	81	81	111	230	Varied Programs																				
MSNBC	71	67	209	356	MSNBC Reports		Andrea Mitchell		MTP Daily		Katy Tur Reports		Hallie Jackson		Deadline: White House		The Beat With		The ReidOut		All In With				
NGEO	55	78	197	276	Paid Prog. Paid Prog.		Varied Programs																		
NICK	27	51	171	299	PAW PAW		PAW PAW		PAW PAW		PAW PAW		Baby PAW		PAW PAW		Sponge. Sponge.		Movie		Varied Programs				
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Court Court		Court Court		Court Court		Court Court		Dr. Phil	Dr. Phil	
OXY	30	69	127	251	Varied Programs																				
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom Mom		Mom Mom		Mom Mom		Two Men Two Men	Two Men Two Men	
ROOT	37	26	426	687	Paid Prog. Paid Prog.		Varied Programs																	Mariners	
SYFY	67	50	122	244	Movie		Varied Programs		Movie		Varied Programs		Movie		Varied Programs										
TCM	56	73	132	256	M "Love-Afternoon" (:15) *** "Bringing Up Baby" (1938) *** "Green Mansions" (1959) *** "Wait Until Dark" (1967) Alan Arkin *** "The Philadelphia Story" (1940) *** "Dodge City" (:7:30) "Desperate Journey", War *** "Edge of Darkness" (1943, War) *** "Objective, Burma!" (1945, War) Errol Flynn. *** "The Dawn Patrol" "Churchill and the Movie Mogul" "In Which We Serve" (7:30) "The Big Steal" *** "She Couldn't Say No" (:45) *** "The Sundowners" (1960) Deborah Kerr. (:15) "The Good Guys and the Bad Guys" * "The Wrath of God" (1972, Western) * "Man-Gold Arm" Th ** "In the Cool of the Day" ** "Butterfield 8" (1960, Drama) ** "Of Human Bondage" (:15) "The Roman Spring of Mrs. Stone" *** "Dear Heart" (1965) Glenn Ford. "Conn. Yankee" F "The Badlanders" (:15) "Along the Great Divide" (:45) *** "Colorado Territory" (1949) ** "Black Patch" (1957) ** "Riding Shotgun" (1954) ** "Roughshod" (1949) "Paper Moon" (1973)																				
TDC	51	42	182	278	Varied Programs																				
TLC	49	62	183	280	Varied Programs																				
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Varied Programs										Pregame		NBA Basketball		
TRAV	53	38	196	277	Varied Programs																				
TRUTV	73	75	242	246	Ad. Ruins Ad. Ruins		Jokers Jokers		Carbonaro Carbonaro		Carbonaro Carbonaro		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Dumbest		Varied Programs		Jokes	Jokes	
TVL	75	74	106	304	Paid Prog. Paid Prog.		M*A*S*H M*A*S*H		M*A*S*H Bonanza		Varied Programs		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G. Andy G.		Andy G. Andy G.	Andy G. Andy G.	
USA	58	39	105	242	NCIS		Varied Programs		Last Man		Varied Programs														
WE	118	118	128	260	Paid Prog. Varied Programs		Paid Prog. Law & Order		Law		Varied		Law		Varied		Law		Varied		Law		Varied Programs		
WEATH	14	19	214	362	AMHQ		Weather Underground		Weather Underground		Weather Underground		Weather Underground		Storm Center		Storm Center		Storm Center		Storm Center		Storm Center	Varied Programs	
WTBS	59	40	139	247	George George		Broke Girl Broke Girl		Broke Girl Broke Girl		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Sheldon Sheldon	Sheldon Sheldon	
HBO	518	518	303	504	M Last (:25) *** "School Ties" (1992) (:15) *** "Presenting Princess Shaw" "The League of Extraordinary Gentlemen" ** "Red" (2010, Action) Bruce Willis. (:25) ** "I, Robot" (2004) Will Smith. Last T (:15) *** "Moonrise Kingdom" (2012) (9:50) *** "The Freshman" (:35) ** "Jurassic Park III" (:10) *** "Dune" (2021, Science Fiction) Timothée Chalamet. (3:50) *** "The Many Saints of Newark" W Italian (:20) ** "Max Steel" (2016) (9:55) ** "Wonder Woman 1984" (2020, Action) * "R.I.P.D." (2013, Action) (:10) *** "Judas and the Black Messiah" (2021) (:20) "No Country for Old Men" Th (7:55) *** "Hugo" (2011, Adventure) (:05) ** "Red" (2010) Bruce Willis. ** "12 Strong" (2018, War) (:10) ** "Days of Thunder" (1990) REAL Sports "The Incredible Hulk" F "League of Extra. Gentlemen" (:40) ** "Land" (2021) (:10) "Percy Jackson: Sea of Monsters" "Ice on Fire" (2019) (:40) "Moonrise Kingdom" (2012) (:15) *** "King Richard" (2021) M (7:49) *** "Breakdown" (:24) ** "Domino" (2005) Keira Knightley. (:33) ** "Anger Management" (2003) (:20) *** "The Birdcage" (1996, Comedy) (:20) "The Amityville Horror" (4:50) "Gun Shy" T "The Flight of the Phoenix" (:25) *** "The Immigrant" (2013) "Popstar: Never Stop" (12:54) * "Just Married" (2003) *** "Basic Instinct" (1992) Sharon Stone (4:40) ** "Sliver" (1993)																				
MAX	531	531	311	516	W Igby Goes (:24) "I'm Gonna Git You Sucka" (9:55) "The Out-of-Towners" (:28) ** "Coneheads" (12:56) * "The Order" (2003) (:40) *** "The Untouchables" (1987) (:42) ** "Taken 2" (2012) Th Brothers (:45) ** "The Rocker" (2008, Comedy) (:29) ** "New in Town" (:07) ** "Gun Shy" (2000) (:40) ** "Take Me Home Tonight" (2011) (:18) * "Babylon A.D." "Darkness Falls" F (7:23) ** "J. Edgar" (2011) (:40) *** "Chinatown" (1974) Jack Nicholson. (11:51) ** "The Two Jakes" (1990) (:10) *** "The Witches of Eastwick" (:10) ** "Anger Management" (2003)																				
SHOW	578	578	319	546	M ** "Troop Beverly Hills" (1989, Comedy) "Support the Girls" (2018) (:45) ** "Flashdance" (1983, Drama) (:25) "Violet" (2021) Olivia Munn. *** "Whiplash" (2014) Miles Teller. The Cir Seabiscuit T (:05) *** "The Florida Project" (2017) *** "The Farewell" (2019) (:45) "Old Henry" (2021) Tim Blake Nelson. "Hide and Seek" (2021) ** "Shaft" (2000, Action) "Madrina: Savage Life" W Within (:45) "John and the Hole" (2021, Suspense) *** "The Green Knight" (2021) Dev Patel. (:40) ** "Shutter Island" (2010) Mark Ruffalo. *** "Ghost" (1990) Patrick Swayze. (:10) "C'mon C'mon" Th Mandela (:45) ** "Whiskey Tango Foxtrot" (:45) ** "Hollywoodland" (2006) Adrien Brody. *** "Bull Durham" (1988) Kevin Costner. ** "The Longest Yard" (2005) "Support the Girls" F (7:15) "Get Shorty" *** "Beverly Hills Cop" (:45) ** "Beverly Hills Cop II"																				