

WEDNESDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

MARCH 16, 2022

tonight s best

LG BC D DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30		
ABC	2 2 2 2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune (N)	The Goldbergs (N)	The Wonder Years (N)	The Conners (N)	(:31) Home Economics (N)	A Million Little Things "Little White Lies" (N)	KATU News at 11 (N) (Live)	(:35) Jimmy Kimmel Live!		
PBS	3 5	The American Woodshop	BBC World News Outside	PBS NewsHour (N)		Nature Observing pandas in the wild.		NOVA NASA launches the Mars 2020 Mission.		Expedition With Steve Backshall: Unpacked		Super Skyscrapers The Leadenhall Building in London.		
CBS	6 6 6 6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	Survivor "Good and Guilty" (N)		Beyond the Edge (Series Premiere) (N)		FBI "Trigger Effect" A mass casualty incident.		KOIN 6 News at 11 (N)	Late Show-Colbert	
NBC	8 8 8 8	KGW News at 6: The Story	KGW News at 6:30 (N)	The Good Stuff (N)	Inside Edition (N)	Chicago Med A new family is born out of tragedy. (N)		Chicago Fire Cruz forms a bond with an immigrant boy.		Chicago P.D. "Closer" Anna gets closer to her target. (N)		KGW News at 11 (N)	Tonight Show-J. Fallon	
CW	9 9 32 32	Young Sheldon	Young Sheldon	Modern Family	Modern Family	The Flash "Lockdown" A criminal invades the CCPD. (N)		Kung Fu Nicky and Evan follow a lead. (N) (Part 2 of 2)		KOIN 6 News at 10p (N)		Seinfeld "The Revenge"	Seinfeld	
FOX	12 12 12 12	6 O'Clock News (N)		People (N)	Family Feud	The Masked Singer Singers from Group A return. (N)		(:01) Domino Masters Holiday theme; custom elements. (N)		10 O'Clock News (N)		11 O'Clock News (N)	(:35) People	
MNT	13 13 49 49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory	The Simpsons	Family Guy	Family Guy	
UNIV	22 22 16 47	Noticias noroeste 6P	Noticiero Univision (N)	La rosa de Guadalupe Rosita está enamorada.		Soltero con hijas Rodrigo descubre que Calamal lo espía.		Mi fortuna es amarte "No se metan con mi familia" (N)		Madre (N)		Noticias noroeste 11P	Noticiero Univision:	
A&E	52 55 118 265	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam (N)	Court Cam (N)	Neighborhood	Neighborhood	Court Cam	Court Cam		
AMC	60 45 131 254	(5:30) *** "Die Hard 2" (1990, Action) Bruce Willis, Bonnie Bedelia. Police hero spots military terrorists at D.C. airport.		*** "Die Hard With a Vengeance" (1995, Action) Bruce Willis, Jeremy Irons, Samuel L. Jackson. A New York cop must stop a mad bomber's game of revenge.								*** "Live Free or Die Hard" (2007) Bruce Willis.		
ANP	24 49 184 282	River Monsters: Deadliest		Creatures-Forrest Galante		River Monsters		River Monsters: Deadliest Man-Eaters		Creatures-Forrest Galante				
BET	4 72 124 392	** "White Chicks" (2004) Shawn Wayans. Two male FBI agents pose as female socialites.		Tyler Perry's Sistats (N)		Tyler Perry's Sistats (N)		Tyler Perry's Sistats After		Tyler Perry's Sistats				
BRAVO	54 65 129 237	Housewives/OC		Housewives/OC		Housewives/OC		Housewives/OC		Temptation Island (N)		Watch What Housewives		
CARTOON	25 59 177 297	Teen Titans	Teen Titans	Bears	Total Drama	King of Hill	King of Hill	Bob's Burgers	Bob's Burgers	American Dad	American Dad	American Dad	Rick, Morty	
CBS	410 410 158 221	NCAA March Madness 360		UEFA Champions League Soccer		NCAA March Madness		2022 Tournament Rebound (N)						
CNN	68 44 200 202	CNN Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight		
COM	77 56 107 249	South Park	South Park	South Park	South Park	South Park (N)	Fairview (N)	South Park	South Park	South Park (N)	South Park	Daily Show	South Park	
COOK	123 123 113 232	Carnival Eats	Carnival Eats	Food Paradise "Dipped" (N)	Food Paradise	Carnival Eats	Carnival Eats	Carnival Eats	Carnival Eats	Carnival Eats	Carnival Eats	Food Paradise "Dipped"		
DISN	26 48 173 290	Ladybug	Ladybug	Big City Green	Big City Green	Big City Green	Big City Green	Raven's Home	Raven's Home	Big City Green	Big City Green	Ladybug	Ladybug	
E!	64 76 114 236	Chrissy	Chrissy	Chrissy	Chrissy	Chrissy	Chrissy	Chrissy	Chrissy	Temptation Island	Nightly Pop	Sex & the City		
ESPN	33 27 140 206	(4:30) NBA Basketball Dallas Mavericks at Brooklyn Nets.		(:05) NBA Basketball Boston Celtics at Golden State Warriors. From Chase Center in San Francisco. (N) (Live)		(:35) SportsCenter With Scott Van Pelt (N) (Live)		(:35) SportsCenter With Scott Van Pelt (N) (Live)		(:35) SportsCenter With Scott Van Pelt (N) (Live)		SportsCenter W/Van Pelt		
ESPN2	34 28 143 209	2022 NIT Basketball Tournament First Round: Teams TBA. (N)		SportsCenter (N) (Live)		SportsCenter		UFC Archival	Around/Horn	Interruption	NBA Basketball			
FNC	66 25 205 360	Hannity (N) (Live)		The Ingraham Angle (N) (Live)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		
FOOD	61 54 110 231	Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games (N)		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		
FREE	32 33 180 311	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Good Trouble (N)	The 700 Club			
FS1	41 85 150 219	Bowling		CONCACAF Champions League Soccer: Quarterfinal		NHRA Drag Racing		AMALIE Motor Oil NHRA Gatornationals.						
FX	65 24 136 249	"Now You See Me 2"	** "Transformers: The Last Knight" (2017, Action) Mark Wahlberg, Anthony Hopkins, Josh Duhamel. The war between Transformers and humans threatens Earth.		Snowfall An attack leaves the crew in chaos. (N)		(:01) Snowfall An attack leaves the crew in chaos.							
FXX	35 64 125 259	The Simpsons	The Simpsons	The Simpsons	The Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Bob's Burgers	Bob's Burgers	
GOLF	88 88 401 218	Masters Highlights		Masters Highlights		Golf Central		Masters Highlights		Masters Highlights		Masters Highlights		
HALL	87 87 185 312	"October Kiss" (2015, Romance) nanny teaches a man and his two kids a lot about life.		Ashley Williams, Sam Jaeger. A Sparks fly between a business owner and a single father.		"Feeling Butterflies" (2022) Kayla Wallace, Kevin McGarry.		The Golden Girls		The Golden Girls		The Golden Girls		
HALLMM	86 86 187 565	(5:00) "The Presence of Love" (2022) Eloise Mumford.		"Signed, Sealed, Delivered: One in a Million" (2016, Drama) Eric Mabius, Kristin Booth, Crystal Lowe.		"Signed, Sealed, Delivered: Lost Without You" (2016, Drama) Eric Mabius, Kristin Booth, Crystal Lowe.		Murder, She Wrote Discovery results in director's murder.						
HGTV	62 57 112 229	Property Brothers		Home Inspector Joe		Hunters		Hunters		Hunters		Hunters		
HIST	50 60 120 269	Forged in Fire		Forged in Fire		Forged in Fire		(:01) Forged in Fire		(:03) Forged in Fire		(:03) Forged in Fire		
LIFE	29 29 108 252	Castle "One Man's Treasure"		Castle "The Fifth Bullet"		Married at First Sight The couples celebrate anniversaries. (N)		Married-Sight		(:33) Married at First Sight				
MAGN	81 81 111 230	Fixer Upper: Welcome Home		Fixer Upper		Fixer Upper: Welcome Home		Fixer Upper		Fixer Upper		Fixer Upper		
MSNBC	71 67 209 356	The Rachel Maddow Show (N)		The Last Word		The 11th Hour-Stephanie		The Rachel Maddow Show		The Last Word		The 11th Hour-Stephanie		
NGEO	55 78 197 276	To Catch a Smuggler: Madrid		To Catch a Smuggler: Madrid		To Catch a Smuggler: Madrid		To Catch a Smuggler (N)		Locked Up Abroad: Breakout		To Catch a Smuggler: Madrid		
NICK	27 51 171 299	Loud House	Loud House	Side Hustle	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	
OWN	40 41 189 279	Fatal Vows		Fatal Vows		Love It or List It		Love It or List It		Love It or List It		Love It or List It		
OXY	30 69 127 251	Dateline: Secrets Uncovered "Deadly Twist"		Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		Dateline: Secrets Uncovered "Family Business"				Dateline: Secrets Uncovered		
PARMT	42 43 241 241	Two/Half Men	Two/Half Men	*** "Men in Black" (1997) Tommy Lee Jones, Will Smith.		** "Men in Black II" (2002, Action) Tommy Lee Jones, Will Smith, Rip Torn.		MIB 3						
ROOT	37 26 426 687	NBA Basketball		Postgame	Trail Blazers	NBA Basketball Portland Trail Blazers at New York Knicks.		Postgame		Bensinger		Sports Stars		
SYFY	67 50 122 244	(5:27) *** "2012" (2009) John Cusack. A global cataclysm nearly wipes out humanity.	Resident Alien (N)		Astrid & Lilly Save the World		** "2012" (2009, Action)							
TCM	56 73 132 256	(5:00) "Marty" (1955, Drama)	(:45) *** "Born Yesterday" (1950) Judy Holliday. A tycoon hires a tutor to teach his lover proper etiquette.	(:45) **** "Some Like It Hot" (1959, Comedy) Tony Curtis, Jack Lemmon. Two gangland murder witnesses disguise themselves as women.										
TDC	51 42 182 278	Moonshiners		Moonshiners: Outlaw Cuts (N)		Moonshiners "It Takes Amanda" Amanda helps with a recipe.		(:03) Bee Czar "Bee the Tree"		Moonshiners: Master Distiller				
TLC	49 62 183 280	Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper (N)		Dr. Pimple Popper "Cyst Pits"		Dr. Mercy		My Feet Are Killing Me		
TNT	57 52 138 245	(4:30) NHL Hockey Boston Bruins at Minnesota Wild. (N)		NHL Hockey Tampa Bay Lightning at Seattle Kraken. From Climate Pledge Arena in Seattle. (N)						*** "American Sniper" (2014, War) Bradley Cooper. Navy SEAL Chris Kyle logs an incredible number of kills.				
TRAV	53 38 196 277	Ghost Adventures Investigating a desecrated burial site. (N)		Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures Investigating a desecrated burial site.				
TRUTV	73 75 242 246	2022 NCAA Basketball Tournament First Four: Teams TBA. (N) (Live)		Inside March Madness (N)		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		
TVL	75 74 106 304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	
USA	58 39 105 242	Law & Order	Law & Order: SVU	Law & Order	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Temptation Island	The Courtship			
WE	118 118 128 260	NCIS "Baltimore"		NCIS "Swan Song"		NCIS "Pyramid"		NCIS "Nature of the Beast"		NCIS "Restless"		NCIS "The Penelope Papers"		
WEATH	14 19 214 362	Highway Thru Hell		Highway Thru Hell		Ice Pilots "A Ball O'Snags"		Ice Pilots "Second Chances"		Ice Pilots "Ice Jam"		Weird Earth		
WTBS	59 40 139 247	Big Bang	Big Bang	Big Bang	Big Bang	All Elite Wrestling: Dynamite (N Same-day Tape)		Go-Big Show		Sheldon		Sheldon		
HBO	518 518 303 504	Game Theory With Boman!	*** "Tenet" (2020, Action) John David Washington, Robert Pattinson. A secret agent embarks on a dangerous, time-bending mission. 'PG-13'		Phoenix Rising (Series Finale) (N) (Part 2 of 2)		The Gilded Age "Tucked up in Newport"		My Brilliant Friend					
MAX	531 531 311 516	(:05) *** "Let Him Go" (2020) Diane Lane. A couple must save their grandson from a dangerous family. 'R'		*** "Transformers" (2007, Action) Shia LaBeouf, Tyrese Gibson, Josh Duhamel. Two races of robots wage war on Earth. 'PG-13'		(:25) ** "Oblivion" (2013, Science Fiction) Tom Cruise, Morgan Freeman. 'PG-13'								
SHOW	578 578 319 546	(5:35) ** "Footloose" (1984, Drama) Kevin Bacon, Lori Singer, John Lithgow. 'PG'		* "Empire Records" (1995, Drama) Anthony LaPaglia, Rory Cochrane. 'PG-13'		*** "The Diary of a Teenage Girl" (2015, Drama) Bel Powley, Alexander Skarsgard. 'R'		(:45) "Mainstream" (2020) Andrew Garfield. A young woman finds a path to internet stardom.						
STARZ	621 621 351 526	Power Book IV: Force		(:42) "Allegiance" Jamie's first request as Indian Agent.		(7:57) ** "Mr. & Mrs. Smith" (2005) Brad Pitt. A husband and wife are assassins for rival organizations. 'PG-13'		Outlander Jamie's first request as Indian Agent.		(:15) Power Book IV: Force "This Is Who We Are"				
TMC	591 591 327 554	(:15) *** "The Parallax View" (1974, Suspense) Warren Beatty, Paula Prentiss, William Daniels. Premiere. 'R'		**** "Alien" (1979) Tom Skerritt, John Hurt. Premiere. A merciless horror stalks the crew of a deep-space freighter. 'R'		**** "Aliens" (1986, Science Fiction) Sigourney Weaver. Space Marines battle an army of deadly monsters. 'R'								



Mauro Ranallo

8 p.m. on CW
The Flash

Barry and Kramer (Grant Gustin, guest star Carmen Moore) are forced to trust each other and work together after a criminal invades the local police department in the new episode "Lockdown." Elsewhere, Caitlin (Danielle Panabaker) learns a valuable lesson while out with Snow (also Panabaker) and Mark (guest star Jon Cor). Jesse L. Martin, Candice Patton and Kayla Compton also star.

9 p.m. on CBS
Beyond the Edge

Showtime sports announcer Mauro Ranallo hosts this new reality series from the producers of "Naked and Afraid," in which nine celebrities give up their usual luxurious lifestyle to live (fully clothed) in the dangerous jungles of Panama. There are no judges or eliminations, but for two weeks the stars must cope with torrential downpours, torrid heat and potentially deadly wildlife to earn money for their favorite charities. The group includes country music stars Lauren Alaina and Craig Morgan, actress Jodie Sweetin and supermodel Paulina Porizkova.

9 p.m. on CW
Kung Fu

In the middle of Chinatown's Lunar New Year festivities, Nicky (Olivia Liang) tries to help her recently discovered cousin Mia (guest star Vanessa Yao) understand her new reality in "Year of the Tiger: Part 2." Later, Henry (Eddie Liu) keeps an eye on Mia at the community center while Nicky and Evan (Gavin Stenhouse) follow a lead involving one of Russell Tan's (recurring guest star Kee Chan) mercenaries. Elsewhere, Ryan (Jon Prasad) meets Sebastian (guest star JB Tadena), the new line cook at Harmony Dumpling. Ludi Lin and Annie Q also guest star.

10 p.m. on FREE
Good Trouble

Callie and Mariana (Maia Mitchell, Cierra Ramirez) get an unexpected visit from their moms (guest stars Sherri Saum and Teri Polo, reprising their "The Fosters" roles) and brother Jude (guest star Hayden Byerly, ditto) in the new episode "Kiss Me and Smile for Me." Meanwhile, Davia (Emma Hunton) is forced to deal with some personal and professional pressures, while the journalist Joaquin (Bryan Craig) tries to dig into the history of the Coterie.