

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC
PBS	3	5			Tiger Donkey		Elinor Clifford		Xavier Sesame		Dinosaur		Varied Programs				Pink Arthur		Odd Wild Kratt		Varied Programs			
CBS	6	6	6	6	(7:00) CBS Mornings		Let's Make a Deal		The Price Is Right		Young & Restless		News Bold		The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		2022 Winter Olympics						Ellen DeGeneres		News NBC		News Olympic		2022 Winter Olympics	
CW	9	9	32	32	KOIN AM Extra		Tamron Hall		Maury		Steve Wilkos Show		Friends Friends		King King		Mom Mom		Friends Friends		Last Man Last Man		Goldbergs Goldbergs	
FOX	12	12	12	12	Good Day Oregon		Good Day Oregon		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy		Jdg Judy		4 O'Clock News	5 O'Clock News
MNT	13	13	49	49	Good Day Oregon		Varied Programs		Nick Cannon		The Real		Relative Relative		Divorce Divorce		Judge Mathis		Hot Bench Hot Bench		Jdg Judy Jdg Judy		FamFeud You Bet	
UNIV	22	22	16	47	(7:00) Despierta América!				Como dice el dicho		Noticiero		Nosotr.		Hoy		Amor eterno				El gordo y la flaca		Primer impacto	
A&E	52	55	118	265	Parking Parking		Parking Parking		Varied Programs										First 48		Varied		First 48	Varied
AMC	60	45	131	254	Paid Prog. Paid Prog.		Movie Varied Programs						Movie				Varied Programs		Movie				Varied Programs	
ANP	24	49	184	282	My Cat From Hell		Animal Cries		Pit Bulls-Parole		Pit Bulls-Parole		Lone Star Law		Varied Programs									
BET	4	72	124	392	Lv Single Lv Single		black-ish black-ish		Parkers Parkers		Parkers Parkers		Martin Martin		Martin Martin		Martin Martin		Movie					
BRAVO	54	65	129	237	Below Deck		Below Deck						Below Deck				Varied Programs							
CARTOON	25	59	177	297	Love M Cailou		Thomas Thomas		Mush Care		Craig Craig		Craig Teen		Teen Teen		Gumball Gumball		Gumball Gumball		Total Craig		Craig Craig	Craig
CBS	410	410	158	221	Varied Basketball		The Jim Rome Show						Maggie and Perloff				Varied Programs		Schein Varied		College Basketball			
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront		Anderson Cooper 360	
COM	77	56	107	249	Cleveland Cleveland		South Pk South Pk		South Pk South Pk		South Pk South Pk		South Pk South Pk		South Pk South Pk		South Pk South Pk		South Pk South Pk		South Pk South Pk		South Pk South Pk	
COOK	123	123	113	232	Varied Programs																			
DISN	26	48	173	290	Bluey Mickey		Spidey Bluey		Bluey Alice's		Bluey Bluey		Ladybug Ladybug		Big City Ghost		Amphibia Big City		Varied Programs		Big City Big City		Raven Raven	
E!	64	76	114	236	Varied Programs				Daily Pop		Varied Programs													
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportsCenter		This Just In		NBA Today		NFL Live		Around Pardon		SportsCenter		Varied Programs			
ESPN2	34	28	143	209	(7:00) Get Up		First Take		Varied Programs		SportsCenter		This Just In		NFL Live		Varied		NFL Live		Daily Wager		College Basketball	Varied Programs
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports With John Roberts		The Story		Neil Cavuto		The Five				Special Report		Jesse Watters		Tucker Carlson	
FOOD	61	54	110	231	Varied Programs																			
FREE	32	33	180	311	black-ish black-ish		The 700 Club		700 Club Middle		Middle Middle		Varied Programs											
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself				Fox Bet		Varied		Hub		Varied Programs	
FX	65	24	136	249	Movie Varied Programs																			Movie
FX	35	64	125	259	(7:00) Movie		Varied Programs						Cleveland Cleveland		Cleveland Cleveland		King/Hill King/Hill		King/Hill King/Hill		King/Hill King/Hill		Simpsons Simpsons	
GOLF	88	88	401	218	Varied Programs		Golf Today		Golf Today		Varied Programs		Varied Programs		Golf C'tral		Varied Programs		Golf C'tral		Varied Programs		PGA Tour Golf	
HALL	87	87	185	312	Reba Reba		Gold Girls Gold Girls		Gold Girls Gold Girls		Gold Girls Gold Girls		Movie				Movie							
HALLMM	86	86	187	565	M Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk	"After All Years"
					T Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk	Martha's Vineyard
					W Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk	"The Good Witch"
					Th Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk	"Cut, Color, Murder"
					F Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Monk		Monk		Monk	"Love Under"
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		The Closer		The Closer		The Closer		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles	Castle
MSNBC	71	67	209	356	Craig Melvin Reports		Andrea Mitchell		MTP Daily		Katy Tur Reports		Hallie Jackson		Deadline: White House				The Beat With		The ReidOut		All In With	
NBCSN	89	89	159	220	(Off Air)				(Off Air)															
NGEO	55	78	197	276	Paid Prog. Paid Prog.		Varied Programs																	
NICK	27	51	171	299	PAW PAW		Blaze Blaze		Bubble Bubble		PAW PAW		Varied Blaze		PAW PAW		Sponge. Sponge.		Sponge. Sponge.		Sponge. Sponge.		Loud Loud	
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Court Court		Court Court		Court Court		Court Court		Dr. Phil	
OXY	30	69	127	251	Varied Programs																			
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom Mom		Mom Mom		Mom Mom		Two Men Two Men	
ROOT	37	26	426	687	Oxygen Paid Prog.		Varied Programs																	
SYFY	67	50	122	244	Movie Varied Programs																			
TCM	56	73	132	256	M (7:45) "Violent Road" (:15) *** "Corvette Summer" (1978) (:15) *** "Bullitt" (1968) Steve McQueen. *** "Speedway" (1968) (:15) ** "Spinout" (1966) Elvis Presley. "The Divorcee"		T "A Guy Named Joe" Inflation (:45) *** "Angels in the Outfield" (1951) **** "The Seventh Seal" (:15) ** "Clash of the Titans" (1981) (:15) *** "Oh, God!" (1977) John Denver "Mister Roberts"		W (7:15) "Thousandes Cheer" (1943) ** "Lovely to Look At" (1952) *** "Seven Sweethearts" (:15) ** "Grounds for Marriage" (1950) ** "Show Boat" (1951) Howard Keel "When-Kings"		Th (7:15) "Cornered" (:15) *** "Nocturne" (1946) (:45) ** "Angel Face" (1952) *** "While the City Sleeps" (:15) *** "Journey Into Fear" (:15) *** "Crossfire" (1947) "Twentieth Century"		F (:15) *** "The Outriders" (1950, Western) *** "Three Little Words" (:45) ** "Inside Straight" (1951) ** "Watch the Birdie" ** "She Played With Fire" (1958) "Planet of the Apes"											
TDC	51	42	182	278	Varied Programs																			
TLC	49	62	183	280	Varied Programs																			
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Supernatural		Supernat. Varied Programs									
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Ad. Ruins Ad. Ruins		Jokers Jokers		Carbonaro Carbonaro		Carbonaro Carbonaro		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes Jokes		Jokes Jokes	
TVL	75	74	106	304	Paid Prog. Paid Prog.		M*A*S'H M*A*S'H		M*A*S'H M*A*S'H		Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G. Andy G.		Andy G. Andy G.	
USA	58	39	105	242	Olympics Varied Programs												2022 Winter Olympics					Varied	Varied	
WE	118	118	128	260	Varied Programs				Law & Order		Law & Order		Varied Programs						Criminal Minds		Criminal Minds		Criminal Minds	
WEATH	14	19	214	362	AMHQ		Weather Underground		Weather Underground		Weather Underground		Weather Underground		Storm Center		Storm Center		Storm Center		Storm Center		Storm Center	Varied Programs
WTBS	59	40	139	247	George George		Broke Girl Broke Girl		Broke Girl Broke Girl		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Sheldon Sheldon	
HBO	518	518	303	504	M Princess (:25) *** "Clueless" (1995) (:04) ** "Reminiscence" (2021) "A Choice of Weapons" (:35) ** "After the Sunset" (2004) (:35) *** "Promising Young Woman" Some		T (:15) *** "News of the World" (2020) (:15) *** "Independence Day" (1996) Will Smith. (:45) Kareem: Minority of One (:15) ** "Mortal Kombat" (2021) (:05) The Gilded Age "Godzilla vs. Kong"		W (7:30) "Dinner for Schmucks" "Incredible Burt Wonderstone" (:06) ** "Stuck on You" (2003) "A Choice of Weapons" (:35) *** "The Way, Way Back" (2013) (:35) *** "The Aviator"		Th (7:40) "Down a Dark Hall" (2018) (:20) "Moonrise Kingdom" (2012) Between World & Me (:15) The Gilded Age "The League of Extraordinary Gentlemen" (:10) *** "3:10 to Yuma" (2007, Western) Antlers Gemstone		F Br English (:20) "The Truman Show" (1998) (:05) *** "Independence Day" (1996) Will Smith. *** "Dreamgirls" (2006) Jamie Foxx. (:40) ** "The Photograph" (2020) The Gilded Age Hitman		M (6:37) "War Horse" (:05) ** "Fatale" (2020) Hilary Swank. (:10:49) *** "Kajillionaire" (:35) "The Amityville Horror" (:06) "The Butterfly Effect 2" (:40) *** "Cinderella Man" (2005) Russell Crowe.		T (:02) "Endings, Beginnings" (2019, Drama) (9:55) "Chasing Papi" (:15) ** "Down With Love" (2003) (:12:58) ** "Sunshine Cleaning" ** "The Brothers Grimm" (2005, Fantasy) (:31) ** "Old Dogs" (2009)		W (6:51) "The Core" (:06) *** "Fatal Attraction" (1987) (:07) *** "Red Dragon" (2002, Suspense) (:12) *** "Bug" (2006) Ashley Judd. (:2:55) * "The Prince" (2014) (:27) "The Untouchables" (1987)		Th Longest (:36) *** "Broadcast News" (1987) William Hurt. "The X-Files: I Want to Believe" (:35) *** "Changeling" (2008, Drama) Angelina Jolie. (:2:57) ** "Point Break" (2015, Action) "Laws of Attraction"		F "Cinderella Man" (8:58) *** "Life of Pi" (2012) Tabu. (:05) *** "Ted" (2012) Mark Wahlberg. "The Man With the Iron Fists" (:28) ** "Anger Management" (:15) *** "The 40-Year-Old Virgin" (2005)	
SHOW	578	578	319	546	M (:15) ** "Woman Walks Ahead" (2017) "Sophie Jones" (2020, Drama) *** "Delivery Man" (2013) Black Famous (:15) "Jules of Light and Dark" (:45) ** "Failure to Launch" (2006) Support		T (:15) ** "Proof" (2005) Premiere. (9:55) *** "House of Sand and Fog" *** "The English Patient" (1996) Ralph Fiennes. (:45) *** "Titanic" (1997) Leonardo DiCaprio, Kate Winslet, Billy Zane.		W Wedding ** "The Captive" (2014) Ryan Reynolds. *** "Road to Perdition" (2002) Jude Law ** "The Gentlemen" (2020) *** "Total Recall" (1990) Rachel Ticotin (:25) ** "Scream 4" (2011)		Th Bling Ring (:45) ** "Before I Fall" (2017, Drama) "The Humans" (2021) Richard Jenkins. *** "Alien" (1979) Tom Skerritt. *** "Aliens" (1986) Sigourney Weaver. "Barbershop 2"		F *** "Chicago" (2002) Premiere. ** "The Rental" (2020) *** "Misery" (1990, Horror) James Caan. "The Ballad of Lefty Brown											