

tonight s best



Annabelle Wallis

8 p.m. on FOOD Restaurant: Impossible

A new episode called “Out With the Old, In With the New” takes host and chef Robert Irvine to San Diego, where he hopes to save Kaiserhof, a German restaurant where the owner is afraid to make changes for fear of disturbing his beloved late father’s original design. Robert, however, flexes serious muscle to drag the restaurant into the present, helping the current owner understand that sometimes following tradition blindly can be fatal to a restaurant’s longevity.

9 p.m. on A&E After the First 48

This follow-up to the hit true-crime docuseries “The First 48,” which revisits some of that original series’ most compelling cases to reveal the whole story behind them, launches Season 7 with a premiere called “Crossroads.” The episode explores how two families in Tulsa, Okla., are torn apart by the brutal murder of a man who was gunned down and left to die alone in the street.

9 p.m. on STARZ Movie: Walkaway Joe

Actor Tom Wright made his feature directorial debut with this somewhat unevenly written 2020 yarn about an unlikely bond that develops between a wandering loner, “Walkaway Joe” Haley (David Strathairn), who is trying to escape his uneasy past, and a 14-year-old pool shark, Dallas McCarthy (Julian Feder), who is searching for his father, a swaggering hustler (Jeffrey Dean Morgan, “The Walking Dead”). Julie Ann Emery, Evan Gamble and Andrea Frankel also are featured.

10:05 p.m. on HBO Movie: Malignant

James Wan, creator of “The Conjuring” cinematic franchise, directed this 2021 psychodrama starring Annabelle Wallis (TV’s “Peaky Blinders”) as a woman who begins to have harrowing visions of people being violently murdered. Only belatedly does she realize the killings actually are happening in real life as well. Maddie Hasson, George Young, Michole Briana White, Jean Louisa Kelly, Susanna Thompson and Christian Clemenson also are featured.

THURSDAY EVENING

THURSDAY EVENING					LG - La Grande BC - Baker City D - DISH DTV - DirecTV					MOVIES		SPORTS		FEBRUARY 3, 2022									
	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30							
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)		Wheel of Fortune (N)		Soul of a Nation Presents: Screen Queens Rising (N)		Soul of a Nation-X/onerated -- The Murder of Malcolm X		Promised Land Mateo threatens to expose Joe's past.		KATU News at 11 (N) (Live)	(:35) Jimmy Kimmel Live!					
PBS	3	5			A Craftsman's Legacy		BBC World News Outside		PBS NewsHour (N)		Oregon Art Beat		Oregon Field Guide		Return to Cranford A surprise wedding causes tension.		Thou Shalt Not Kill A chef is found dead.		Atlantic Crossing on Masterpiece "The Giant Awakes"				
CBS	6	6	6	6	KOIN 6 News at 6 (N)		CBS Evening News		Extra (N)		Entertainment Tonight (N)		Young Sheldon (N)		(:31) Ghosts "Halloween"		(:01) Big Brother: Celebrity Edition (N)		Bull "Gone" Bull's daughter is kidnapped.	KOIN 6 News at 11 (N)	Late Show- Colbert		
NBC	8	8	8	8	(5:00) 2022 Winter Olympics Freestyle Skiing, Figure Skating. Coverage of qualifying in freestyle skiing, the team competition in figure skating and more. (N) (Live)							2022 Olympics		(:35) 2022 Winter Olympics Figure Skating. (N) (Live)		KGW News at 11 (N)		2022 Olympics					
CW	9	9	32	32	Young Sheldon		Young Sheldon		Modern Family		Modern Family		Walker Walker and Liam investigate a cold case.		Legacies Lizzie sets out to make things right.		KOIN 6 News at 10p (N)		Seinfeld "The Wait Out"		Seinfeld		
FOX	12	12	12	12	6 O'Clock News (N)		People (N)		Family Feud (N)		Joe Millionaire: For Richer or Poorer "Pool Party Paradise"		Call Me Kat (N)		(:31) Pivoting "D-Day" (N)		10 O'Clock News (N)		11 O'Clock News (N)		(:35) People		
MNT	13	13	49	49	Family Feud		Family Feud (N)		The Big Bang Theory		The Big Bang Theory		8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory		The Simpsons		Family Guy	Family Guy	
UNIV	22	22	16	47	Noticias noro-este 6P		Noticiero Univisión (N)		La rosa de Guadalupe Marina toma una decisión arriesgada.		Soltero con hijas Nico quiere demostrar su cariño. (N)		Vencer el pasado Alonso sospecha de Lisandro. (N)		Madre (N)		Noticias noro-este 11P		Noticiero Univision:				
A&E	52	55	118	265	The First 48		The First 48 "Among Friends"		The First 48 "Deadly Rap"		After the First 48		(:01) Taking the Stand (N)		(:04) The First 48 "Snatched"								
AMC	60	45	131	254	(5:00) ★★ "U.S. Marshals" (1998) Tommy Lee Jones, Wesley Snipes. Sam Gerard gets caught up in another fugitive case.				★★★ "Gran Torino" (2008, Drama) Clint Eastwood, Christopher Carley, Bee Vang. A veteran faces his longtime prejudices.				★★★ "Under Siege" (1992, Action) Steven Seagal, Tommy Lee Jones, Gary Busey.										
ANP	24	49	184	282	North Woods Law: Uncuffed		(:01) North Woods Law		(:10) North Woods Law		(:01) North Woods Law: Uncuffed "On Thin Ice"		(:01) North Woods Law										
BET	4	72	124	392	★ "No Good Deed" (2014) Idris Elba. A stranger terrorizes a woman and her children.				★★★ "Hustle & Flow" (2005, Drama) Terrence Howard, Anthony Anderson, Taryn Manning.				(:01) North Woods Law										
BRAVO	54	65	129	237	Project Runway "The Model as Muse"		Project Runway "The Sky Is the Limit"		Project Runway (N)				Watch What "Bad Moms										
CARTOON	25	59	177	297	Teen Titans		Teen Titans		Bears		Bob's Burgers		Bob's Burgers		Futurama		Futurama		American Dad		American Dad		
CBSN	410	410	158	221	College Basketball		College Basketball San Francisco at BYU. (N) (Live)		Basketball		Basketball		Basketball		Basketball		World Series of Poker						
CNN	68	44	200	202	Anderson Cooper 360 (N)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Anderson Cooper 360		Anderson Cooper 360		Don Lemon Tonight								
COM	77	56	107	249	The Office		(:45) The Office		The Office		The Office		The Office		The Office		Daily Show		South Park				
COOK	123	123	113	232	Good Eats (N)		Good Eats		Man v. Food		Man v. Food		Good Eats		Good Eats		Good Eats		Man v. Food		Man v. Food		
DISN	26	48	173	290	Jessie		Holly Hobbie		Holly Hobbie		Big City Green		Big City Green		Jessie		Jessie		Big City Green		Big City Green	Ladybug	Ladybug
E!	64	76	114	236	Mod Fam		Mod Fam		Mod Fam		Mod Fam		Mod Fam		Mod Fam		Mod Fam		Paris in Love		Nightly Pop		
ESPN	33	27	140	206	(5:00) College Basketball UCLA at Arizona. (N) (Live)		Women's College Basketball Pavilion in Los Angeles. (N) (Live)		SportsCenter With Scott Van Pelt (N) (Live)				SportsCenter (N) (Live)		SportsCenter (N) (Live)								
ESPN2	34	28	143	209	To Be Announced				College Basketball USC at Arizona State. (N) (Live)				Around/Horn		Interruption		NFL Live						
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N) (Live)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity								
FOOD	61	54	110	231	Beat Bobby		Beat Bobby		Restaurant: Impossible (N)		Beat Bobby		Throwdown		Beat Bobby		Beat Bobby		Beat Bobby				
FREE	32	33	180	311	The Office		The Office		The Office		The Office		The Office		grown-ish (N)		Single-Female		The 700 Club				
FS1	41	85	150	219	College Basketball		College Basketball Oregon at Colorado. (N) (Live)		NFL Presents		WWE Friday Night SmackDown				Basketball								
FX	65	24	136	249	(5:30) ★★ "The Hangover Part II" (2011) Bradley Cooper, Phil, Stu, Alan and Doug head to Thailand for Stu's wedding.				★ "Baywatch" (2017, Comedy) Dwayne Johnson, Zac Efron, Priyanka Chopra. Elite lifeguards must save the beach from a crime wave.				★★★ "Girls Trip" (2017, Comedy) Regina Hall, Queen Latifah, Jada Pinkett Smith.										
FX	35	64	125	259	The Simpsons		The Simpsons		The Simpsons		The Simpsons		Family Guy		Family Guy		Family Guy		Family Guy		Family Guy	Family Guy	
GOLF	88	88	401	218	PGA Golf		Golf Central		PGA Tour Golf AT&T Pebble Beach Pro-Am, First Round.				Golf Central										
HALL	87	87	185	312	"Winter Love Story" (2019) Jen Lilley, Kevin McGarry. A new author is paired on a tour with an established author.				"Butlers in Love" (2022, Romance-Comedy) Stacey Farber, Corey Cott. Sparks fly between royal butlers in training.				The Golden Girls		The Golden Girls		The Golden Girls		The Golden Girls				
HALLMM	86	86	187	565	(5:00) "Pumpkin Pie Wars" (2016) Julie Gonzalo.		"Jingle Bell Bride" (2020) Julie Gonzalo, Ronnie Rowe Jr. A wedding planner finds romance with a local in Alaska.		"Karen Kingsbury's A Time to Dance" (2016, Drama) Jennie Garth. A couple put their divorce on hold for their daughter.				Murder, She Wrote Photos and JFK assassination.										
HGTV	62	57	112	229	Flip or Flop		Flip or Flop		Flip or Flop		Flip or Flop		Married to Real Estate (N)		Hunters		Hunters Int'l		Hunters		Hunters Int'l		
HIST	50	60	120	269	Swamp People		Swamp People		Swamp People		Swamp People		Swamp People "Nothing but Bulls" (N)		(:33) Swamp People "Nothing but Bulls"								
LIFE	29	29	108	252	Castle "What Lies Beneath"		Castle "The Nose"		Killer Body, K. Michelle		Killer Body, K. Michelle		(:03) Wendy Williams: What a Mess!										
MSNBC	71	67	209	356	The Rachel Maddow Show (N)		The Last Word		The 11th Hour (N) (Live)		The Rachel Maddow Show		The Last Word		The 11th Hour								
NBCSN	89	89	159	220	(Off Air)																		
NGEO	55	78	197	276	Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		(:15) Port Protection Alaska (N)		Life Below Ze								
NICK	27	51	171	299	(5:00) "Hotel Transylvania"		Danger Force		Warped! (N)		That-Lay Lay		SpongeBob		★★ "Bee Movie" (2007) Voices of Jerry Seinfeld.		Friends		Friends				
OWN	40	41	189	279	20/20 on OWN		20/20 on OWN		48 Hours: Hard Evidence (N)		20/20 on OWN		20/20 on OWN		20/20 on OWN								
OXY	30	69	127	251	Snapped		Snapped "Shriya Patel"		Twisted Killers		Twisted Killers (N)		Dateline: Secrets Uncovered A couple's day turns deadly.										
PARMT	42	43	241	241	Two/Half Men		Two/Half Men		★★ "Twilight" (2008, Romance)		Kristen Stewart, Robert Pattinson, Billy Burke.		★★ "The Twilight Saga: New Moon" (2009, Romance)										
ROOT	37	26	426	687	Kraken		Kraken 101		MASL		Mark Few		College Basketball Saint Mary's at Portland. (N) (Live)		Hurd Mentality		College Basketball Saint Mary's at Portland.						
SYFY	67	50	122	244	★★★ "The Fifth Element" (1997, Science Fiction)		Bruce Willis, Gary Oldman.		★★★ "The Maze Runner" (2014, Science Fiction)		Dylan O'Brien. Premiere.		★ "Bangkok Dangerous"										
TCM	56	73	132	256	(5:00) ★★★ "Born Yesterday" (1950) Judy Holliday.		★★ "Big House, U.S.A." (1955, Crime Drama) Broderick Crawford, Ralph Meeker.		★★★ "Down Three Dark Streets" (1954) Broderick Crawford, Ruth Roman.		(:15) ★★ "Convicted" (1950, Drama) Glenn Ford. DA becomes warden, crusades for the man that he convicted.												
TDC	51	42	182	278	BattleBots "Out with the Old"		BattleBots "Out with the Old"		BattleBots "Let's Uppercut to the Chase!" The march toward The Giant Nut. (N)				BattleBots										
TLC	49	62	183	280	Too Large		Too Large "Fat Girl's Dream"		My 600-Lb. Life With bonus scenes. (N)				1000-Lb. Sisters (N)		Hoarding: Buried Alive								
TNT	57	52	138	245	(4:30) NBA Basketball Phoenix Suns at Atlanta Hawks. (Live)		NBA Basketball Los Angeles Lakers at Los Angeles Clippers. From Crypto.com Arena in Los Angeles. (N Subject to Blackout) (Live)				Inside the NBA (N) (Live)		NBA Basketball Los Angeles Lakers at Los Angeles Clippers.										
TRAV	53	38	196	277	Paranormal Caught on Camera (N)				Paranormal Caught- Camera		Paranormal Caught- Camera		Paranormal Caught on Camera										
TRUTV	73	75	242	246	Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Fast Foodies		Imp. Jokers		Imp. Jokers						
TVL	75	74	106	304	Andy Griffith		Andy Griffith		Andy Griffith		Raymond		Raymond		Raymond		King		King				
USA	58	39	105	242	2022 Olympics		2022 Winter Olympics: Mixed Doubles Curling		(:10) 2022 Winter Olympics Women's Hockey -- ROC vs Switzerland.				2022 Winter Olympics		Last-Standing								
WE	118	118	128	260	Criminal Minds "Doubt"		Criminal Minds		Growing Up Hip Hop														
WEATH	14	19	214	362	Frozen Gold "Storm Struck"		Top Ten		Mayday: Air Disaster														
WTBS	59	40	139	247	Big Bang		Big Bang		Big Bang		Big Bang		Go-Big Show (N)		Full Frontal		Go-Big Show		Full Frontal				
HBO	518	518	303	504	(:10) ★★ "The Photograph" (2020) Issa Rae. A woman develops an unexpected romance with a journalist. 'PG-13'				Euphoria "Ruminations: Big and Little Bulls"		Euphoria "Episode 4"		(:05) ★★ "Malignant" (2021) Annabelle Wallis. Premiere. A woman's shocking visions become terrifying realities. 'R'										
MAX	531	531	311	516	"Master and Commander"		(:25) ★★★ "Haywire" (2011, Action) Gina Carano, Michael Fassbender. 'R'		★★★ "Bug" (2006) Ashley Judd. Paranoia envelops lost souls at a rundown desert motel.		(:43) ★★ "Stoker" (2013, Horror) Mia Wasikowska. A friendless teen becomes infatuated with her weird uncle. 'R'		(:23) "The Untouchables"										
SHOW	578	578	319	546	(:3:15) "Titanic" "Sisters With Transistors" (2020) Narrated by Laurie Anderson. Premiere. 'NR'				★★★ "Let the Right One In" (2008, Horror) Kare Hedebrand. A lonely misfit finds a soul mate in a vampire child. 'R'		Billions "Lyn' Eyes" Chuck goes after the billionaire class.		Best of-Boxing 2021		The Best of All the Smoke								
STARZ	621	621	351	526	(:5:30) ★★ "Escape Room: Tournament of Champions"		(:03) ★★ "Kingpin" (1996) Woody Harrelson. A washed-up bowler takes on an Amish farmer as a protege. 'PG-13'		"Walkaway Joe" (2020, Drama) Jeffrey Dean Morgan. Premiere. 'NR'		David Strathairn, 'NR'		(:33) ★ "The Unholy" (2021, Horror) Jeffrey Dean Morgan, Cricket Brown. 'PG-13'										
TMC	591	591	327	554	(:10) ★★★ "The Guest" (2014, Action) Dan Stevens, Maika Monroe. Mysterious deaths follow in a houseguest's wake. 'R'				★★★ "Chicago" (2002) Catherine Zeta-Jones. Rival entertainers vie for the spotlight from behind bars. 'PG-13'				★★★ "The Talented Mr. Ripley" (1999) Matt Damon. A young man murders then impersonates a wealthy playboy. 'R'										