

WEDNESDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

JANUARY 26, 2022

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune (N)	The Goldbergs	The Wonder Years	The Conners	(:31) Home Economics	The Chase Ken Jennings returns as the chaser.	KATU News at 11 (N) (Live)	(:35) Jimmy Kimmel Live!	
PBS	3	5			The American Woodshop	BBC World News Outside	PBS NewsHour (N)		Animals With Cameras, A Nature Miniseries "Australia"		NOVA Why the ancient Maya abandoned cities. (N)	Big Pacific "Passionate" The quest to multiply.	Europe's New Wild The species of the Danube Delta.			
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	Let's Make a Deal Primetime (N)	The Amazing Race (N)	Good Sam "Attachments" (N)		KOIN 6 News at 11 (N)	Late Show-Colbert		
NBC	8	8	8	8	KGW News at 6: The Story	KGW News at 6:30 (N)	The Good Stuff (N)	Inside Edition (N)	Chicago Med Charles helps Scott with a patient.	Chicago Fire Griffin learns the truth.	Chicago P.D. Halstead's past resurfaces.	KGW News at 11 (N)	Tonight Show-J. Fallon			
CW	9	9	32	32	Young Sheldon	Young Sheldon	Modern Family	Modern Family	DC's Legends of Tomorrow "The Fixed Point" (N)	Batwoman "Toxic" Batwoman races to save the city. (N)	KOIN 6 News at 10p (N)	Seinfeld "The Cadillac"	Seinfeld "The Face Painter"			
FOX	12	12	12	12	6 O'Clock News (N)		People (N)	Family Feud (N)	I Can See Your Voice Joel McHale; Alison Brie; Ashanti.	Next Level Chef Contestants prepare a next-level burger.	10 O'Clock News (N)		11 O'Clock News (N)	(:35) People		
MNT	13	13	49	49	Family Feud (N)	Family Feud (N)	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory	The Simpsons	Family Guy (Part 1 of 2)	Family Guy
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univision (N)	La rosa de Guadalupe (N)		Soltero con hijas Calamal amenaza a Nico. (N)		Vencer el pasado Renata confiesa lo que siente por Mauro.		Madre (N)		Noticias noroeste 11P	Noticiero Univision:
A&E	52	55	118	265	The First 48		The First 48 "Devil's Trail"		The First 48		The First 48: Wrong Place		(:01) The First 48		(:04) The First 48	
AMC	60	45	131	254	(5:00) ** "Midway" (2019, War) U.S. Navy and fighter pilots battle Japanese forces.		Ed Skrein, Patrick Wilson. The		** "Pearl Harbor" (2001, War) Ben Affleck, Josh Hartnett, Kate Beckinsale. Best friends become fighter pilots and romantic rivals in 1941.							
ANP	24	49	184	282	River Monsters: Deadliest		River Monsters		River Monsters "Demon Fish"		River Monsters: Deadliest Man-Eaters		River Monsters			
BET	4	72	124	392	*** "Training Day" (2001, Crime Drama) Denzel Washington, Ethan Hawke, Scott Glenn.		Tyler Perry's Sistas (N)		First Wives		Bigger (N)		Tyler Perry's Sistas			
BRAVO	54	65	129	237	Housewives of NJ		Vanderpump Rules		Vanderpump Rules (N)		Watch What		Vanderpump Rules		Ranch Rules	
CARTOON	25	59	177	297	Teen Titans	Teen Titans	Bears	Total Drama	King of Hill	King of Hill	Bob's Burgers	Bob's Burgers	Futurama	Futurama	American Dad	American Dad
CBSSN	410	410	158	221	(5:30) College Basketball VCU at Davidson.		Basketball		Athletes Unlimited Basketball (N) (Live)		Basketball		Basketball		World Series of Poker	
CNN	68	44	200	202	Anderson Cooper 360 (N)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Anderson Cooper 360		Anderson Cooper 360		Don Lemon Tonight	
COM	77	56	107	249	South Park	South Park	(4:45) South Park		South Park	South Park	South Park	South Park	South Park	South Park	Don Show	South Park
COOK	123	123	113	232	Carnival Eats	Carnival Eats	Food Paradise "Retro Remix"	Food Paradise "Smokin"	Carnival Eats	Carnival Eats	Carnival Eats	Carnival Eats	Carnival Eats	Carnival Eats	Food Paradise "Retro Remix"	
DISN	26	48	173	290	Ladybug	Ladybug	Big City Green	Big City Green	Big City Green	Big City Green	Bunk'd	Bunk'd	Big City Green	Big City Green	Ladybug	Ladybug
E!	64	76	114	236	Relatively Famous: Ranch		Relatively Famous: Ranch		Relatively Famous: Ranch		Relatively Famous: Ranch		Relatively Famous: Ranch		Nightly Pop	Ac. Hollywood
ESPN	33	27	140	206	NBA Basketball: Grizzlies at Spurs		(:05) NBA Basketball Phoenix Suns at Utah Jazz. From Vivint Smart Home Arena in Salt Lake City. (N) (Live)		(:35) SportsCenter With Scott Van Pelt (N) (Live)		(:35) SportsCenter With Scott Van Pelt (N) (Live)		(:35) SportsCenter With Scott Van Pelt (N) (Live)		SportsCenter W/Van Pelt	
ESPN2	34	28	143	209	College Basketball		2022 Australian Open Tennis Women's Semifinals. (N) (Live)								NBA Basketball: Suns at Jazz	
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N) (Live)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity	
FOOD	61	54	110	231	Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games (N)		Worst Cooks in America (N)		Guy's Grocery Games		Guy's Grocery Games	
FREE	32	33	180	311	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Single-Female	Single-Female	The 700 Club	
FS1	41	85	150	219	Inside PBC	Inside PBC	PBC Collection		College Basketball San Diego State at Utah State. (N) (Live)		College Basketball Marquette at Seton Hall.					
FX	65	24	136	249	(4:30) *** "Once Upon a Time... In Hollywood" (2019, Comedy-Drama) Leonardo DiCaprio, Brad Pitt, Margot Robbie.		** "Thor: The Dark World" (2013, Action) Chris Hemsworth, Natalie Portman. Thor must save the Nine Realms from an ancient enemy.		** "Skyscraper" (2018, Action) Dwayne Johnson, Neve Campbell, Chin Han.							
FXX	35	64	125	259	The Simpsons	The Simpsons	The Simpsons	The Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Bob's Burgers	Bob's Burgers	Bob's Burgers	Bob's Burgers
GOLF	88	88	401	218	(5:30) PGA Tour Golf Farmers Insurance Open, First Round.		College Golf Southwestern Invitational, Final Round.									
HALL	87	87	185	312	"Bridal Wave" (2015, Drama) Arielle Kebbel. Just before her wedding, a woman meets a man who truly understands her.		"Sand Dollar Cove" (2021) Aly Michalka, Chad Michael Murray. A real estate developer falls for a local in a seaside town.		The Golden Girls		The Golden Girls		The Golden Girls		The Golden Girls	
HALLMM	86	86	187	565	(5:00) Fixer Upper Mysteries "Framed for Murder"		Fixer Upper Mysteries "Concrete Evidence" Shannon finds a human skull and a diary.		Fixer Upper Mysteries "Deadly Deed" Banker is found murdered inside a house.		Murder, She Wrote Jessica probes Nashville murder.					
HGTV	62	57	112	229	Property Brothers		Property Brothers		Property Brothers		Home Inspector Joe (N)		Hunters		Hunters	
HIST	50	60	120	269	Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire (N)		(:03) Forged in Fire		(:03) Forged in Fire	
LIFE	29	29	108	252	Rizzoli & Isles		Married-Sight		Married-Sight		Married at First Sight Five couples spend a night together. (N)		(:03) Leave It to Geegee (N)		(:03) Married at First Sight (N)	
MSNBC	71	67	209	356	The Rachel Maddow Show (N)		The Last Word		The 11th Hour (N) (Live)		The Rachel Maddow Show		The Last Word		The 11th Hour	
NBCSN	89	89	159	220	(Off Air)											
NGEO	55	78	197	276	To Catch a Smuggler		To Catch a Smuggler		To Catch a Smuggler		Trafficked With Mariana		Locked Up Abroad: Breakout		(:15) To Catch a Smuggler	
NICK	27	51	171	299	Loud House	Loud House	NFL Slimetime	Warped!	SpongeBob SquarePants	Friends	Friends	Friends	Friends	Friends	Friends	Friends
OWN	40	41	189	279	20/20 on OWN		20/20 on OWN		Love It or List It		Love It or List It		Love It or List It		Love It or List It	
OXY	30	69	127	251	Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		Dateline: Secrets Uncovered (N)							
PARMT	42	43	241	241	Two/Half Men	Two/Half Men	Movie									
ROOT	37	26	426	687	Blazers Court	Trail Blazers	NBA Basketball Dallas Mavericks at Portland Trail Blazers. (N) (Live)		Postgame		Blazers Court	Trail Blazers	NBA Basketball			
SYFY	67	50	122	244	"Captain America: Civil War"		(6:50) *** "Doctor Strange" (2016) Benedict Cumberbatch.		Resident Alien "Old Friends"		Astrid & Lilly Save the World		(10:56) *** "Unstoppable"			
TCM	56	73	132	256	(5:00) *** "The Egg and I" (1947) Claudette Colbert.		*** "The Southerner" (1945) Zachary Scott, Betty Field. A poor sharecropper and his family try to eke out a living.		*** "Places in the Heart" (1984, Drama) Sally Field. A widowed mother fights for her cotton farm in 1930s Texas.							
TDC	51	42	182	278	Moonshiners "Hard Seltzer"		Moonshiners: Outlaw Cuts (N)		Moonshiners Tim treks to the town of Tequila. (N)		(:10) Growing Belushi (N)		Moonshiners: Master Distiller			
TLC	49	62	183	280	90 Day Fiancé: Before the 90		90 Day Fiancé: Before the 90		My 600-Lb. Life (N)		Too Large "Friends Over Fat"		Save My Skin (N)			
TNT	57	52	138	245	NHL Hockey Chicago Blackhawks at Detroit Red Wings.		NHL Hockey Boston Bruins at Colorado Avalanche. From Ball Arena in Denver. (N) (Live)		Snowpiercer Layton's pirate train looks for warmth.							
TRAV	53	38	196	277	Ghost Adventures A farm with paranormal activity. (N)		Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures A farm with paranormal activity.			
TRUTV	73	75	242	246	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Imp. Jokers	Imp. Jokers
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King
USA	58	39	105	242	9-1-1 "Stuck" (N)		9-1-1 "Awful People" (N)		9-1-1 "Dosed" (N)		Resident Alien "Old Friends"		Astrid & Lilly Save the World		(10:56) Resident Alien	
WE	118	118	128	260	NCIS		NCIS "Rekindled"		NCIS "Playing With Fire"		NCIS "Up in Smoke"		NCIS "Till Death Do Us Part"		NCIS "Extreme Prejudice"	
WEATH	14	19	214	362	Highway Thru Hell		Highway Thru Hell		Jade Fever		Jade Fever		Mud Mountain Haulers		Mud Mountain Haulers	
WTBS	59	40	139	247	Big Bang	Big Bang	Big Bang	Big Bang	All Elite Wrestling: Dynamite (N Same-day Tape)		Go-Big Show		Sheldon		Sheldon	
HBO	518	518	303	504	(:15) *** "The Queen" (2006) Helen Mirren. Queen Elizabeth II and Tony Blair struggle over a tragedy. 'PG-13'		The Gilded Age		(:25) *** "Nobody" (2021, Action) Bob Odenkirk, Connie Nielsen. 'R'		The Righteous Gemstones		(:40) Euphoria			
MAX	531	531	311	516	(5:58) *** "Rocky" (1976, Drama) Sylvester Stallone. A heavy-weight champ gives a club fighter a title shot. 'PG'		** "The Faculty" (1998, Horror) Jordana Brewster, Clea DuVall, Laura Harris. 'R'		(:45) ** "The Quiet Ones" (2014, Horror) Jared Harris. A university professor plans to create a poltergeist. 'PG-13'		(:25) ** "Admission"					
SHOW	578	578	319	546	** "Last Holiday" (2006, Comedy) Queen Latifah, LL Cool J. A terminally ill woman lives it up on vacation. 'PG-13'		*** "Lee Daniels' The Butler" (2013) Forest Whitaker. A White House butler serves many presidents over the years.		(:15) *** "Philadelphia" (1993, Drama) Tom Hanks. Fired by his firm, lawyer with AIDS fights back. 'PG-13'							
STARZ	621	621	351	526	(5:56) ** "Pauli" (2011, Comedy) Simon Pegg, Nick Frost, Voice of Seth Rogen. 'R'		(:44) Power Book II: Ghost "Drug Related"		(:45) ** "White House Down" (2013, Action) Channing Tatum, Jamie Foxx, Maggie Gyllenhaal. Paramilitary soldiers take over the White House. 'PG-13'		Power Book II: Ghost Davis helps Tariq protect himself.					
TMC	591	591	327	554	"Burden" (2018, Drama) Garrett Hedlund, Forest Whitaker. An ex-Klansman learns tolerance through love and faith. 'R'		*** "A Most Violent Year" (2014, Crime Drama) Oscar Isaac. A man tries to maintain his integrity amid corruption. 'R'		(:05) "Skin" (2018, Biography) Jamie Bell, Danielle Macdonald. A young man tries to leave a white supremacist gang. 'R'							

tonight s best



Jana Morrison (left) and Samantha Aucoin

9 p.m. on CW
Batwoman

Batwoman (Javicia Leslie) finds herself with a full plate as she tries to balance a new romantic entanglement with Jada's (Robin Givens) demands and Mary's (Nicole Kang) escalating power in the new episode "Toxic." Given those stakes, loyalties are tested and motives are called into question as Batwoman tries to save Gotham and those closest to her. Rachel Skarsten, Meagan Tandy, Camrus Johnson and Nick Creegan also are featured; Bridget Regan guest stars.

9 p.m. on NGE0
Trafficked With Mariana van Zeller

A sobering new episode called "Amazon Mafia" takes host Mariana van Zeller deep into the heart of the Amazon rainforest to expose the nefarious networks behind the illegal destruction of much of this jungle, accompanied by a sickening number of murders. In the process, she also tries to uncover an Amazon mafia that aims to profit from the mining of "dirty gold," as well as clandestine logging operations.

9 p.m. on SYFY, USA
Resident Alien

A breakout hit in its first season, thanks in large part to a virtuoso comedy performance by Alan Tudyk as stranded extraterrestrial Harry Vanderspeigle, this adaptation of a Dark Horse comics series returns for Season 2, which finds Harry bracing for inevitable consequences following his failure to destroy humanity. As his human emotions grow stronger, Harry struggles to cling to alien identity. Sara Tomko, Corey Reynolds and Levi Fiehrer also return for this sophomore season, which will have a mid-season finale in March, then resume in the summer.

10 p.m. on SYFY, USA
Astrid & Lilly Save the World

High school life can be challenging for any teenager, especially if they're social outcasts like BFFs Astrid and Lilly (Jana Morrison, Samantha Aucoin) in this new sci-fi comedy. Things get even trickier for the pair, though, when they accidentally open a portal to a terrifying alternate reality teeming with monsters. The rest of mankind may not know it, but their fate rests entirely in the hands of these reluctant heroines.