

WEDNESDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

JANUARY 19, 2022

tonight's best

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune (N)	The Goldbergs (N)	The Wonder Years (N)	The Conners (N)	(:31) Home Economics (N)	The Chase "It's Ladies' Night!" (N)	KATU News at 11 (N) (Live)	(:35) Jimmy Kimmel Live!	
PBS	3	5			The American Woodshop	BBC World News Outside	PBS NewsHour (N)		Animals With Cameras, A Nature Miniseries "Oceans"		NOVA Dinosaurs thrived in the Arctic Circle. (N)		Big Pacific "Voracious" The challenge of finding food.		Europe's New Wild Saving Europe's wild frontier.	
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	The Price Is Right at Night (N)		The Amazing Race (N)		Good Sam Griffith refuses to concede to her dad. (N)		KOIN 6 News at 11 (N)	Late Show-Colbert
NBC	8	8	8	8	KGW News at 6: The Story	KGW News at 6:30 (N)	The Good Stuff (N)	Inside Edition (N)	Chicago Med Blake's team mysteriously collapses. (N)		Chicago Fire Boden and Kidd protect one of their own. (N)		Chicago P.D. The team hunts for a gang leader. (N)		KGW News at 11 (N)	Tonight Show-J. Fallon
CW	9	9	32	32	Young Sheldon	Young Sheldon	Modern Family	Modern Family "Integrity"	DC's Legends of Tomorrow (N)		Batwoman Mary feels drawn by a powerful force. (N)		KOIN 6 News at 10p (N)		Seinfeld "The Secret Code"	Seinfeld "The Jimmy"
FOX	12	12	12	12	6 O'Clock News (N)		People (N)	Family Feud	I Can See Your Voice (N)		Next Level Chef The teams create a poultry dish. (N)		10 O'Clock News (N)		11 O'Clock News (N)	(:35) People
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory	The Simpsons	Family Guy "Meg Stinks!"	Family Guy
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univision (N)	¿Qué le pasa a mi familia? Lalo acepta el reto de Luz. (N)		La rosa de Guadalupe Brenda buscará paz en su vida. (N)		Vencer el pasado Mariluz podría rentar su vientre. (N)		Madre (N)		Noticias noroeste 11P	Noticiero Univision:
A&E	52	55	118	265	The First 48 "Missing"		The First 48		The First 48		The First 48: Wrong Place		(:01) The First 48		(:04) The First 48	
AMC	60	45	131	254	(5:30) ** "Jaws 2" (1978) Roy Scheider, Lorraine Gary. Tourist town and police chief dread huge white shark at beach.		*** "Beetlejuice" (1988) Michael Keaton, Alec Baldwin. Two ghosts try to scare away their home's new tenants.		*** "The Great Outdoors" (1988) Dan Aykroyd. Man and family camp with obnoxious brother-in-law and family.							
ANP	24	49	184	282	River Monsters: Deadliest		River Monsters		River Monsters		River Monsters: Deadliest Man-Eaters		River Monsters			
BET	4	72	124	392	** "White Chicks" (2004) Shawn Wayans. Two male FBI agents pose as female socialites.		Tyler Perry's Sistas (N)		First Wives Bigger (N)		Tyler Perry's Sistas					
BRAVO	54	65	129	247	Housewives/OC		Housewives/OC		Housewives/OC		Watch What Housewives/OC		Housewives			
CARTOON	25	59	177	297	Teen Titans	Teen Titans	Bears	Total Drama	King of Hill	King of Hill	Bob's Burgers	Bob's Burgers	Futurama	Futurama	American Dad	American Dad
CBSSN	410	410	158	221	College Basketball		College Basketball New Mexico at Colorado State. (N) (Live)		Basketball We Need to Talk				World Series of Poker			
CNN	68	44	200	202	CNN Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight	
COM	77	56	107	249	South Park	South Park	South Park	(:45) South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park
COOK	123	123	113	232	Carnival Eats	Carnival Eats	Food Paradise (N)		Food Paradise		Carnival Eats	Carnival Eats	Carnival Eats	Carnival Eats	Food Paradise	
DISN	26	48	173	290	Ladybug	Ladybug	Big City Green	Big City Green	Big City Green	Big City Green	Bunk'd	Bunk'd	Big City Green	Big City Green	Ladybug	Ladybug
E!	64	76	114	236	Chrissy	Chrissy	Relatively Famous: Ranch		Relatively Famous: Ranch		Relatively Famous: Ranch		Chrissy	Chrissy	Nightly Pop	Ac. Hollywood
ESPN	33	27	140	206	NBA Basketball Charlotte Hornets at Boston Celtics. (N)		(:05) NBA Basketball Los Angeles Clippers at Denver Nuggets. From Ball Arena in Denver. (N) (Live)		(:35) SportsCenter With Scott Van Pelt (N) (Live)		UFC		Around/Horn	Interruption	NBA Basketball	
ESPN2	34	28	143	209	2022 Australian Open Tennis Second Round. (N) (Live)		SportsCenter (N) (Live)		UFC		Around/Horn		Interruption	NBA Basketball		
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N) (Live)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity	
FOOD	61	54	110	231	Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games (N)		Worst Cooks in America "Beach Bites" (N)		Diners, Drive		Guy's Chance of a Lifetime	
FREE	32	33	180	311	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The 700 Club
FS1	41	85	150	219	College Basketball Xavier at DePaul. (N) (Live)		Big East		Skip and Shannon: Undisputed		TMZ Sports		NFL Presents	College Basketball		
FX	65	24	136	249	(5:00) ** "Pitch Perfect 3" (2017) Anna Kendrick.		*** "The Blind Side" (2009, Drama) Sandra Bullock, Tim McGraw, Quinton Aaron. A well-to-do white couple adopts a homeless black teen.		*** "The Blind Side" (2009) Sandra Bullock, Tim McGraw. A well-to-do white couple adopts a homeless black teen.							
FXX	35	64	125	259	The Simpsons	The Simpsons	The Simpsons	The Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Bob's Burgers	Bob's Burgers	Bob's Burgers	Bob's Burgers
GOLF	88	88	401	218	Golf Central	PGA Champions Preview	GOLF Films		School of Golf		Golf Central		DP Tour Golf			
HALL	87	87	185	312	"The Color of Rain" (2014, Drama) Lacey Chabert, Warren Christie. A widow and a widower grow close and fall in love.		"The Baker's Son" (2021) Brant Daugherty, Eloise Mumford. A man's true love helps him regain his knack for baking.		Emma Fielding Mysteries "More Bitter Than Death" Emma investigates a murder mystery.		The Golden Girls		The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls
HALLMM	86	86	187	565	(5:00) Emma Fielding Mysteries "Site Unseen"		Emma Fielding Mysteries "Past Malice" An estate that legends claim is cursed.		Emma Fielding Mysteries "More Bitter Than Death" Emma investigates a murder mystery.		Murder, She Wrote Reappearance of a missing heir.					
HGTV	62	57	112	229	Home Town	Property Brothers	Property Brothers		(:01) Home Inspector Joe		Hunters	Hunters	(:01) Moving for Love (N)			
HIST	50	60	120	269	Forged in Fire	Forged in Fire	Forged in Fire		Forged in Fire (N)		(:03) Forged in Fire					
LIFE	29	29	108	252	(5:00) "The Proposal" (2009)		Married-Sight	Married-Sight	Married at First Sight The remaining singles become married.		Leave It to Geeg (N)		(:03) Married at First Sight (N)			
MSNBC	71	67	209	356	The Rachel Maddow Show (N)		The Last Word		The 11th Hour (N) (Live)		The Rachel Maddow Show		The Last Word		The 11th Hour	
NBCSN	89	89	159	220	(Off Air)											
NGEO	55	78	197	276	To Catch a Smuggler: Brazil		To Catch a Smuggler: Brazil		To Catch a Smuggler: Brazil		Trafficked With Mariana		Trafficked With Mariana		To Catch A Smuggler: Rome	
NICK	27	51	171	299	Loud House	Loud House	NFL Slimetime	Nick News	*** "The SpongeBob Movie: Sponge Out of Water"		Friends		Friends	Friends	Friends	Friends
OWN	40	41	189	279	20/20 on OWN		20/20 on OWN "Captivity"		Love It or List It		Love It or List It		Love It or List It			
OXY	30	69	127	251	Dateline: Secrets Uncovered		Dateline: Secrets Uncovered Sarah Goode goes missing.		Dateline: Secrets Uncovered Sarah Goode goes missing.		Dateline: Secrets Uncovered Frigid currents took a life.		Dateline: Secrets Uncovered			
PARMT	42	43	241	241	Two/Half Men	Two/Half Men	*** "The Shawshank Redemption" (1994, Drama) Tim Robbins, Morgan Freeman.		*** "Air Force One" (1997) Harrison Ford, Gary Oldman.							
ROOT	37	26	426	687	NBA Basketball		Postgame	Trail Blazers	NBA Basketball Portland Trail Blazers at Miami Heat.		Postgame		Hurd Mentality		World Poker	
SYFY	67	50	122	244	(:04) ** "The Accountant" (2016, Suspense) Ben Affleck, Anna Kendrick, J.K. Simmons.		** "Armageddon" (1998) Bruce Willis. A hero tries to save Earth from an asteroid.									
TCM	56	73	132	256	(5:00) *** "Mr. Smith Goes to Washington" (1939) James Stewart, Jean Arthur.		*** "Mr. Deeds Goes to Town" (1936, Comedy) Gary Cooper, Jean Arthur. A poet inherits an unwanted \$20 million.		*** "You Can't Take It With You" (1938, Comedy) Jean Arthur, Lionel Barrymore. Oscar-winning classic about a blissfully eccentric family.							
TDC	51	42	182	278	Moonshiners		Moonshiners: Outlaw Cuts (N)		Moonshiners Amanda helps Mark and Huck use science. (N)		(:02) Growing Belushi		Moonshiners: Master Distiller			
TLC	49	62	183	280	Untold Stories of the E.R.		Untold Stories of the E.R.		My 600-Lb. Life (N)		Too Large (Part 1 of 2)		Bones A Secret Service agent is found dead.		Bones A documentary crew follows the team.	
TNT	57	52	138	245	NHL Hockey Toronto Maple Leafs at New York Rangers.		NHL Hockey Colorado Avalanche at Anaheim Ducks. From the Honda Center in Anaheim, Calif. (N) (Live)									
TRAV	53	38	196	277	Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures		Demonic entity; dark paranormal energy.	
TRUTV	73	75	242	246	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Imp. Jokers	Imp. Jokers
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King
USA	58	39	105	242	Law & Order: SVU		9-1-1 "Trapped" (N)		9-1-1 "A Whole New You" (N)		9-1-1 "Under Pressure" (N)		9-1-1 "7.1" (N)		Law & Order: SVU	
WE	118	118	128	260	NCIS		NCIS "Defiance"		NCIS "Kill Screen"		NCIS "One Last Score"		NCIS		NCIS "Tell-All"	
WEATH	14	19	214	362	Highway Thru Hell		Highway Thru Hell		Jade Fever	Jade Fever	Jade Fever	Jade Fever	Mud Mountain Haulers		Mud Mountain Haulers	
WTBS	59	40	139	247	Big Bang	Big Bang	Big Bang	Big Bang	All Elite Wrestling: Dynamite (N Same-day Tape)		Go-Big Show		Sheldon		Sheldon	
HBO	518	518	303	504	(5:45) ** "The Next Three Days" (2010) Russell Crowe. A man plans to break his wife out of prison. 'PG-13'		*** "Blades of Glory" (2007) Will Ferrell. Rival male skaters compete as a pair. 'PG-13'		Somebody Somewhere		The Righteous Gemstones		(:45) Euphoria	(45) ** "Oblivion"		
MAX	531	531	311	516	(5:59) *** "My Cousin Vinny" (1992) Joe Pesci. An inept lawyer tries to free his cousin from a Dixie jail. 'R'		** "Snitch" (2013) Dwayne Johnson. A man infiltrates a drug cartel to save his son from prison. 'PG-13'		(9:54) * "The Legend of Hercules" (2014, Adventure) Kellan Lutz. 'PG-13'		(35) "The World's End"					
SHOW	578	578	319	546	(4:15) "Hereditary" (2018)		"Holler" (2020, Drama) Jessica Barden, Pamela Adlon, Gus Halper. 'R'		"The Dry" (2020, Crime Drama) Eric Bana, Genevieve O'Reilly. A federal agent investigates the death of a teenage girl. 'R'		"Ray Donovan: The Movie" (2022, Drama) Liev Schreiber, Eddie Marsan. 'NR'		(45) "Serpico" (1973)			
STARZ	621	621	351	526	(5:55) ** "Welcome Home Roscoe Jenkins" (2008, Comedy) Martin Lawrence, James Earl Jones. 'PG-13'		(7:52) Power Book II: Ghost "Forced My Hand"		(8:55) ** "Mystery Men" (1999, Fantasy) Hank Azaria. Substitute superheroes battle a nefarious criminal. 'PG-13'		Power Book II: Ghost Tariq seeks proof of his innocence.					
TMC	591	591	327	554	(5:55) "The Vanishing of Sidney Hall" (2017) Kyle Chandler. An enigmatic detective searches for a missing author. 'R'		"Becky" (2020) Kevin James. A rebellious girl turns the tables on a group of convicts. 'R'		(:35) *** "Ex Machina" (2015, Science Fiction) Domhnall Gleeson. A young coder interacts with a beautiful robot. 'R'		** "The Captive" 'R'					



Mariana van Zeller

8 p.m. on PBS
Animals With Cameras,
A Nature Miniseries

Wildlife cameraman Gordon Buchanan teams up with some pioneering animal scientists to explore stories of animals lives as "told" by the critters themselves, via cameras that are custom-built to fit unobtrusively on the animals. In part one, "Oceans," viewers are given a first-person look at the lives of ocean creatures including sharks, elephant seals, turtles and gannets. Part 2, "Australia," airs next Wednesday.

9 p.m. on PBS
NOVA

While many people associate dinosaurs with a lush, humid prehistoric climate, the new episode "Alaskan Dinosaurs" follows a team of intrepid paleontologists as they examine evidence indicating that some dinosaurs once thrived in the cold, dark winter landscape of the Arctic Circle. How were these creatures able to survive on this turf year-round and successfully raise their young in this hostile environment? The team risks its own safety to learn more about this lost northern world.

9 p.m. on FOOD
Worst Cooks in America

Kitchen boot camp transforms into a seaside resort for "Beach Bites," wherein chefs Anne Burrell and Cliff Crooks lead the recruits into an exploration of some iconic summer dishes and ingredients. After a head-to-head relay race to put together a basket for a beach picnic, the teams are tasked with preparing crab cakes with a sauce and salad. For the main dish round, the chefs fire up the grill to cook grilled fish dinners.

9 p.m. on N GEO
Trafficked
With Mariana van Zeller

The poverty-stricken favelas of Rio de Janeiro and the mountains of Colombia are considered hallowed ground to those inside the world of cocaine trafficking. Host Mariana van Zeller narrows her focus for a new episode called "Cocaine Queens," however, zeroing in not only on the drugs, but on the new breed of narco that is gaining power: "las jefas," or lady bosses.