SUNDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV MOVIES SPORTS

JANUARY 16, 2022

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	(7:00) KATU News This Morning Sunday		Your Voice	Sharyl Attkisson	This Week W/ George Stephanopoulos		Paid Program	Paid Program	Women's College Gymnastics Alabama at Florida. (N) (Live)				Live Without Limits	Smiley Healthy	MyDestination.TV	Paid Program	Game Time	Sharyl Attkisson	KATU News at 5	World News
PBS	3	5			Hero Elementary	Elinor Wonders	R. Steves' Europe	R. Steves' Europe	Nature Octopus behavior.		NOVA Scientific secrets of butterflies.		Stars on Stage From Westport Country		In Concert at the Hollywood Bowl		Great Performances		Focus on Europe	GZERO World	To the Contrary	Washington Week	Firing-Hoover	NewsHour Wk
CBS	6	6	6	6	CBS News Sunday	Face the Nation (N)		Paid Program	Paid Program	To Be Announced		Paid Program	PBR Bull Riding (N)		The NFL Today (N)	NFL Football San Francisco 49ers at Dallas Cowboys. (N) (Live)							KOIN 6 News at 5	KOIN 6 News
NBC	8	8	8	8	Meet the Press (N)		Skiing U.S. Grand Prix. (Taped)			Freestyle Skiing From Deer Valley Resort, Utah. (Taped)			Figure Skating		Figure Skating U.S. Championships - Skating Spectacular. From Nashville, Tenn. (Taped)				Live Without Limits	Smiley Healthy	Grand Crew	Football Night	NFL Football: Steelers at Chiefs	
CW	9	9	32	32	Life Church	Robert Jeffress	Freethought	Northwest Politics	Christian Worship Hour		Get Home Title Lock	Bathroom?	Storage Wars	Storage Wars	Storage Wars	Storage Wars	The Goldbergs	The Goldbergs	Mom	Mom	Seinfeld	Seinfeld	KOIN 6 News	KOIN 6 News
FOX	12	12	12	12	FOX NFL Kickoff (N) (Live)		FOX NFL Sunday (N) (Live)		NFL Football Philadelphia Eagles at Tampa Bay Buccaneers. (N) (Live)						NFL Postgame	College Basketball Georgetown at St. John's. From Madison Square Garden in New York.				Go Nitro	Go Nitro	Go Nitro	5 O'Clock News (N)
MNT	13	13	49	49	(6:00) Good Day Oregon Sunday (N)		FOX News Sunday (N)		America's Heartland	Biz Kid$ (EI)	Dragon-FlyTV (N)	Think Big (EI)	Animal Rescue	Dog Tales (EI)	Paid Program	Paid Program	Storm of Suspicion "Snowy Suspicions"		Bull "Grey Areas" Bull helps a therapist.		Bull A celebrity sues Bull.		Bloodline Detectives (N)	
UNIV	22	22	16	47	Despierta América en domingo (N)				(9:55) Fútbol Mexicano Primera División (N) (Live)				(11:55) República deportiva (N) (Live)		(12:55) Al punto con Jorge Ramos (N)		(1:55) Aquí y ahora		(2:55) Fútbol Mexicano Primera División (N) (Live)				La fuerza de creer (N)	
A&E	52	55	118	265	(7:00) "Olympus Has Fallen"		★★★ "John Wick: Chapter 2" (2017) Keanu Reeves, Common.							King	King	King	King	King	King	King	The First 48		The First 48	
AMC	60	45	131	254	(6:41) ★★ "The Break-Up" (2006)		(:11) "Kindergarten Cop 2" (2016) Dolph Lundgren. A gruff FBI agent goes under cover as a school teacher.					(:26) ★★ "Kindergarten Cop" (1990, Comedy) Arnold Schwarzenegger, Penelope Ann Miller, Pamela Reed.					(1:56) ★★ "Deep Impact" (1998) Robert Duvall, Tea Leoni. A large comet is on a collision course with Earth.					(:26) ★★★★ "E.T. the Extra-Terrestrial" (1982) Henry Thomas.	
ANP	24	49	184	282	Tanked		North Woods Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law	
BET	4	72	124	392	Payne	Payne	Prince	Prince	Prince	Prince	Lv Single	Lv Single	Lv Single	Lv Single	★★ "The Equalizer" (2014, Action) Denzel Washington, Marton Csokas.							★★★ "Training Day" (2001)		
BRAVO	54	65	129	237	Housewives/OC		Housewives/OC		Housewives/OC		Housewives/OC		Housewives/OC		Housewives/OC		Housewives-Atlanta		Housewives-Atlanta		Housewives-Atlanta		Housewives-Atlanta	
CARTOON	25	59	177	297	Bears	Bears	Teen	Teen	Teen	Teen	Gumball	Gumball	Gumball	Gumball	Craig	Craig	Craig	Craig	Teen	★★★ "Shazam!" (2019) Zachary Levi, Mark Strong.				
CBSSN	410	410	158	221	Other Pregame		Women's College Basketball				Women's College Basketball				Women's College Basketball: Eagles at Bison				College Basketball Holy Cross at Colgate. (N)				Bull Riding	
CNN	68	44	200	202	Reliable Source		State of Union		Fareed Zakaria GPS		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom	
COM	77	56	107	249	Seinfeld	Seinfeld	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office
COOK	123	123	113	232	Best Thing	Best Thing	Best Thing	Best Thing	Bizarre	Bizarre	Delicious	Delicious	Delicious	Delicious	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Man, Food	Carn Eats	Carn Eats	Cheat Day	Cheat Day
DISN	26	48	173	290	Big City	Big City	Big City	Ghost	Ladybug	Amphibia	Ghost	Ghost	Ladybug	Big City	Big City	Big City	Amphibia	Amphibia	Ghost	Ghost	New York-Heroez		Miraculous	
E!	64	76	114	236	(6:00) "Walk the Line"		"Legally Blonde 2: Red, White & Blonde"				★★★ "Walk the Line" (2005) Joaquin Phoenix, Reese Witherspoon.						★ "This Means War" (2012) Chris Pine				★★ "Legally Blonde" (2001, Comedy)			
ESPN	33	27	140	206	(7:00) Postseason NFL Countdown (N) (Live)				College Basketball Cincinnati at Wichita State. (N) (Live)				Women's College Basketball Kentucky at Tennessee. (N) (Live)				Women's College Basketball Michigan at Maryland. (N) (Live)				2022 Australian Open Tennis First Round. (N) (Live)			
ESPN2	34	28	143	209	Cornhole ACL National College Champion				ESPN FC	(:25) Spanish Super Cup Soccer Final.				Women's College Basketball				To Be Announced			High School Basketball			Basketball
FNC	66	25	205	360	MediaBuzz (N) (Live)		Fox News Live (N)		Fox News Live (N)		FOX News Sunday		Maria Bartiromo		Fox News Live (N)		The Big Sunday Show		Fox Report		Sunday Night		Life, Liberty & Levin	
FOOD	61	54	110	231	Valerie's	Valerie's	Pioneer	Pioneer	Pioneer	Pioneer	Girl-Farm	Giada	Delicious	Delicious	The Kitchen		Guy's Chance		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games	
FREE	32	33	180	311	Middle	black-ish	★★ "Little Giants" (1994) Rick Moranis, Ed O'Neill.					★★ "We Are Marshall" (2006, Drama) Matthew McConaughey.						★★ "Invincible" (2006) Mark Wahlberg. Premiere.					"Remember-Ttns"	
FS1	41	85	150	219	Motorcycle Race		College Basketball Butler at Villanova. (N)				Big East	Horse Racing America's Day at the Races. (N) (Live)							PBC Collection			PBC Collection		PBC
FX	65	24	136	249	Mom	Mom	Mom	★★ "Invincible" (2006, Biography) Mark Wahlberg, Greg Kinnear. The story of football's Vince Papale.					★★ "Any Given Sunday" (1999, Drama) Al Pacino, Cameron Diaz. A football coach copes with crises on and off the field.						★★ "Draft Day" (2014, Drama) Kevin Costner. The Cleveland Browns' GM goes after the top draft pick.					"Longest Yard"	
FXX	35	64	125	259	(7:00) ★★ "The Expendables 3"		★★★ "Deepwater Horizon" (2016) Mark Wahlberg.						King/Hill	King/Hill	King/Hill	King/Hill	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons
GOLF	88	88	401	218	(7:00) PGA Tour Golf Sony Open in Hawaii, Third Round.					PGA Tour Golf Sony Open in Hawaii, Third Round.							Golf Central Pregame		PGA Tour Golf Sony Open in Hawaii, Final Round. (N) (Live)					
HALL	87	87	185	312	Golden Girls	Golden Girls	Golden Girls	Golden Girls	"South Beach Love" (2021, Romance) Taylor Cole, William Levy, Jessica Pacheco.				"The Wedding Veil" (2022, Romance) Lacey Chabert, Autumn Reeser, Alison Sweeney.				"Her Pen Pal" (2021, Romance) Mallory Jansen, Joshua Sasse, Lachlan Nieboer.				"Snowkissed" (2021, Romance) Jen Lilley, Chris McNally, Amy Groening.			
HALLMM	86	86	187	565	Monk Monk must stop a killer at a wedding.		Monk "Mr. Monk and Little Monk"		Monk Poisoned wine for Capt. Stottlemeyer.		"Follow Your Heart" (2020, Romance) Galadriel Stineman, Kevin Joy.				"One Summer" (2021) Sam Page. Jack takes his children to his late wife's hometown.				"North to Home" (2022, Drama) Kimberley Sustad, Lyndsy Fonseca, Erica Durance.				"The Vows We Keep" (2021, Romance)	
HGTV	62	57	112	229	Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Home Town		Home Town		Home Town		Home Town		Home Town	
HIST	50	60	120	269	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Counting Cars		Modern Marvels		Modern Marvels		Modern Marvels		Modern Marvels		Modern Marvels		Modern Marvels		Modern Marvels	
LIFE	29	29	108	252	Amazing	Jeremiah	J. Osteen	Paid Prog.	★★★ "Twister" (1996, Action) Helen Hunt, Bill Paxton.					"Psycho Storm Chaser" (2021)			"Deadly Infidelity" (2022) Kate Watson.				"Safe Room" (2022) Nicole Ari Parker.			
MSNBC	71	67	209	356	The Sunday Show		Alex Witt Reports (N)		Alex Witt Reports (N)		Alex Witt Reports (N)		Yasmin Vossoughian		Yasmin Vossoughian		PoliticsNation (N)		American Voices		American Voices		Mehdi Hasan	
NBCSN	89	89	159	220	(Off Air)						(Off Air)													
NGEO	55	78	197	276	Paid Prog.	Paid Prog.	Shark Attack Files		Shark Attack Files		Shark Attack Files		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero (N)	
NICK	27	51	171	299	Sponge.	Sponge.	Sponge.	Sponge.	★★★ "Despicable Me 2" (2013, Children's)				Sponge.	Sponge.	Sponge.	Sponge.	Loud	Loud	The Loud House		Loud	NFL Wild Card Game		
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Super Soul Sunday		Super Soul Sunday		Love & Marriage		Love & Marriage		Love & Marriage		Love & Marriage		Love & Marriage	
OXY	30	69	127	251	Twisted Killers		Twisted Killers		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped	
PARMT	42	43	241	241	NCIS "Cloak"		NCIS "Dagger"		NCIS "Road Kill"		NCIS "Nine Lives"		NCIS "Silent Night"		NCIS "Caged"		★★★ "Grease" (1978, Musical) John Travolta.					★★★ "A League of Their Own"		
ROOT	37	26	426	687	Paid Prog.	Oxygen	Sporting	Sporting	Charlie	Endles	Golf Life	Bensinger	Sports	Blazers	College Basketball Gonzaga at Santa Clara.				College Basketball Pacific at Saint Mary's.				MASL	Kraken
SYFY	67	50	122	244	Twi. Zone	Twi. Zone	"Stickman" (2017, Suspense) Alanna Bale.				"Journey to the Center of the Earth" (2008)				★★ "Hotel Transylvania" (2012)				★★ "Hotel Transylvania 2" (2015)				"Train Dragon"	
TCM	56	73	132	256	"The Mob"	(:45) ★★★ "Anthony Adverse" (1936, Romance) Fredric March, Olivia de Havilland, Gale Sondergaard.					(:15) ★★ "That Uncertain Feeling" (1941) Merle Oberon.			(:45) ★★★ "All Fall Down" (1962) Warren Beatty. A reckless young man sparks tragedy.				(:45) ★★★★ "East of Eden" (1955) James Dean. Rebel Cal and twin Aron vie for their rigid father's love.				★★★ "The Barefoot Contessa" (1954)	
TDC	51	42	182	278	Saltwater	Sportsman	Gold Rush		Blind Frog Ranch		Mysteries of		Mysteries of		Mysteries of		Mysteries of		Mysteries of		Dirty Jobs		Dirty Jobs	
TLC	49	62	183	280	Say Yes to the Dress		Darcey & Stacey		Darcey & Stacey		90 Days	90 Days	My 600-Lb. Life "Julian's Story"				My 600-Lb. Life "Nathan's Journey"				1000-Lb. Sisters		1000-Lb. Sisters	
TNT	57	52	138	245	NCIS: New Orleans "Overlooked"		NCIS: New Orleans "Spies & Lies"		NCIS: New Orleans "Matthew 5:9"		★★ "Shaft" (2019, Action) Samuel L. Jackson, Jessie T. Usher, Richard Roundtree.				(:15) ★★ "Man on Fire" (2004) Denzel Washington, Dakota Fanning. A bodyguard takes revenge on a girl's kidnappers.					★★★ "Creed" (2015, Drama) Michael B. Jordan, Sylvester Stallone, Tessa Thompson.		
TRAV	53	38	196	277	Food Paradise		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Monsters Caught	
TRUTV	73	75	242	246	World's Dumbest ...		World's Dumbest ...		Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Tacoma	Tacoma	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers
TVL	75	74	106	304	Cleveland	Cleveland	Gold Girls	Gold Girls	(:12) The Golden Girls		Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls
USA	58	39	105	242	Premier	Last Man	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
WE	118	118	128	260	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		NCIS		NCIS		NCIS "Short Fuse"	
WEATH	14	19	214	362	Weekend Recharge		Weekend Recharge		Uncharted Adventure		Uncharted Adventure		Weird Earth		Weird Earth		Heavy Rescue: 401		Heavy Rescue: 401		Highway Thru Hell		Highway Thru Hell (N)	
WTBS	59	40	139	247	Amer. Dad	Amer. Dad	Amer. Dad	Friends	Friends	Friends	Friends	Friends	★ "Bride Wars" (2009) Kate Hudson.				★★ "50 First Dates" (2004) Adam Sandler.				★★ "Made of Honor" (2008) Premiere.			
HBO	518	518	303	504	(7:10) ★★★ "Extremely Loud & Incredibly Close" (2011) 'PG-13'		(:20) ★★ "Greenland" (2020, Action) Gerard Butler, Morena Baccarin. 'PG-13'					(:20) ★★ "Next" (2007, Science Fiction) Nicolas Cage. 'PG-13'			(12:57) ★★ "Oblivion" (2013, Science Fiction) Tom Cruise, Olga Kurylenko. 'PG-13'				(:02) ★★ "Godzilla vs. Kong" (2021, Science Fiction) Alexander Skarsgard. 'PG-13'				(4:57) "The Hitman's Wife's Bodyguard"	
MAX	531	531	311	516	(7:33) ★★★ "Pariah" (2011, Drama) 'R'		★★ "Butter" (2011, Comedy) Jennifer Garner, Ty Burrell. 'R'			(:32) ★★★ "Chasing Amy" (1997, Romance-Comedy) Ben Affleck, Joey Lauren Adams. 'R'				(:27) ★★ "Jay and Silent Bob Strike Back" (2001) Ben Affleck.			(:13) ★ "Baggage Claim" (2013, Romance-Comedy) Paula Patton. 'PG-13'				(3:51) ★★★ "My Cousin Vinny" (1992, Comedy) Joe Pesci, Marisa Tomei. 'R'		
SHOW	578	578	319	546	(7:00) ★★★ "Misery" (1990, Horror) 'R'		Yellowjackets "Pilot"		Yellowjackets "F Sharp"		Yellowjackets "The Dollhouse"		Yellowjackets The girls play with guns.		Yellowjackets "Blood Hive"		Yellowjackets The birds and the bees.		Yellowjackets "No Compass"		Yellowjackets "Flight of the Bumblebee"		Yellowjackets "Doomcoming"	
STARZ	621	621	351	526	(7:13) ★★ "Demolition Man" (1993) 'R'		(:12) ★★ "White House Down" (2013) Channing Tatum. Paramilitary soldiers take over the White House. 'PG-13'					(:27) ★★★ "Narc" (2002, Crime Drama) Ray Liotta, Jason Patric, Chi McBride. 'R'				(:16) ★★ "John Carpenter's Vampires" (1998) James Woods.			(:07) "The Birthday Cake" (2021, Suspense) Shiloh Fernandez. 'R'			(:43) ★★ "White House Down" (2013) Channing Tatum. 'PG-13'		
TMC	591	591	327	554	(7:45) ★★ "Equals" (2015) Kristen Stewart, Guy Pearce. 'PG-13'			"Broken Diamonds" (2021, Comedy-Drama) Ben Platt. 'PG-13'			★★ "The Gentlemen" (2020, Crime Drama) Matthew McConaughey. 'R'				(12:55) ★★ "The Golden Child" (1986) Eddie Murphy. 'PG-13'			"Before the Fire" (2020, Action) Jenna Lyng Adams. 'NR'			★★★ "A Most Violent Year" (2014, Crime Drama) Oscar Isaac, Jessica Chastain. 'R'		