Man's weight gain a turn-off for wife



DEAR ABBY: I'm in my late 30s and have been married for seven years. My husband and I have two young children, a beautiful home, good jobs, etc. However, over the last few years, I have lost my attraction to him.

I'm not superficial, but he has gained more than 40 pounds since we met, and he refuses to eat healthy or exercise. He watched me spend countless hours working out to lose all my baby weight. We are rarely intimate anymore, and when we are

I do it out of obligation.

I know these things happen, but he seems to be happy. I think if I told him I wanted to leave, he would be floored. Divorced friends of mine who have young children have advised me against it, and say my children's happiness should come before mine. Others say if I'm not happy, the kids won't be happy. I can manage living this life for them, but I feel like I'm too young to cheat myself out of some of my best years. Am I being selfish or smart? — WEIGHTY SUB-**JECT IN NEW YORK**

DEAR WEIGHTY SUB-JECT: Before your marriage deteriorates further, have a frank discussion with your husband. He seems to be happy because he doesn't know what's going on in your head. For reasons that go beyond animal attraction — including the welfare of his children — he needs to make some lifestyle changes and get a handle on his health. I am hoping that when you convey the message to him, he will be receptive. If not, please try marriage counseling before you consult a lawyer.

DEAR ABBY: I'm in my early 40s. A few months ago, I was diagnosed with stage 4 breast cancer. I keep reading the five-year survival rate is only 28%, and I'm concerned that

despite receiving treatment (hormone therapy injections), I don't have many years left. The cancer has been found in my spine and pelvis as well. I am a person of faith, so I'm not afraid of death. I'm just worried about leaving my daughter behind, along with friends and family.

My question is, should I make a will? I live in an apartment and don't have many assets except for some savings. I plan to start a trust, so my daughter will receive that money at the appropriate time. I have never had a reason in the past for a will. I don't know what sorts of things go into a will. I also have a 2-year-old cat, and now I'm worried he will outlive me. I don't want him to have to go back to the Humane Society if I pass on. He's like a child to me, and I only want the best for him. — MAKING PLANS FOR THE **FUTURE**

DEAR MAKING PLANS: Because you have financial assets, a daughter and a beloved pet you want to provide for in the event of your death, it's important that you consult an attorney now about any end-oflife documents you need to have in place. You may decide you need more directives than just a will, which will give you peace of mind and guarantee your wishes are carried out.

NEWS OF THE WEIRD

Sweet repeat: Brothers regift same hard candy for decades

The Associated Press

MANCHESTER, N.H. — Two New Hampshire brothers have gotten their holiday regifting skills down to an art — they've been passing the same hard candy back and forth for over 30 years.

It started in 1987, when Ryan Wasson gave a 10-roll Frankford "Santa's Candy Book" with assorted fruit flavors to his brother, Eric Wasson, as a joke for Christmas, knowing that Eric wouldn't like it.

"I didn't eat them," Eric

Wasson told WMUR-TV. "And so the next year I thought, 'Hey, I think I'm going to give it back to him. He'll never remember."

But Ryan immediately recognized it. They've been taking turns ever since, keeping a log of their exchanges. They've gotten creative about it.

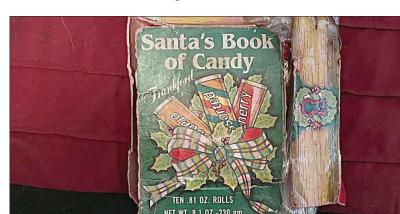
Ryan Wasson told the station the candy has been frozen in a block of ice and put in Jell-O, adding, "He one time sewed it into a teddy bear."

The tradition has also involved family members, co-workers and even a sheriff's department. Last

year, it was presented to Ryan Wasson on a silver platter at a restaurant.

This year, Ryan Wasson turned to a group on social media for ideas. Suggestions included having it arrive via a pizza delivery or Christmas carolers, hiding it in a book or cake, or holding a scavenger hunt with

"If you ask which one has ever done the best as far as giving these, we're both going to say it's ourself, right?" Ryan Wasson said. "We're never going to give in."



Ryan Wasson/Contributed Photo

This Ryan Wasson family photograph shows a box of "Santa's Book of Candy," which contains 10 rolls of candy, on Dec. 18, 2021, in Ossipee, N.H.



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***	ALTERNATION OF THE SECOND OF T	*	THE STATE OF THE S		<u>CO</u>	LD	CO	LD
TONIGHT	WED		THU		FRI		SAT	
Cold with a little snow	A little morning snow		Cloudy, flurries; chilly		Partly sunny; quite cold		Partly sunny; very cold	
Baker City 13	20	5	23	17	20	-1	16	10
Comfort Index [™] 0	0		0		0		0	
La Grande 20	23	4	31	18	23	-7	21	17
Comfort Index [™] 0	0		0		0		0	
Enterprise 16	20	7	28	18	19	-2	18	15
Comfort Index [™] 0	0)		0

Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

124 cfs

ALMANAC

TEMPERATURES	Baker City	La Grande	Elgiı				
High Sunday	29°	32°	31				
Low Sunday	10°	19°	24				
PRECIPITATION (inches)							
Sunday	Trace	Trace	0.0				
Month to date	0.36	0.79	4.49				
Normal month to dat	te 0.72	1.60	3.18				
Year to date	5.37	10.77	26.53				
Normal year to date	8.93	17.12	25.36				

AGRICULTURAL INFO.

Minam River at Minam

Powder River near Richland

HAY INFORMATION WEDNESDAY					
Lowest relative humidity	45%				
Afternoon wind	NW at 4 to 8 mph				
Hours of sunshine	0.5				
Evapotranspiration	0.02				
RESERVOIR STORAGE (through midnight Monday)					
Phillips Reservoir	1% of capacity				
Unity Reservoir	21% of capacity				
Owyhee Reservoir	16% of capacity				
McKay Reservoir	16% of capacity				
Wallowa Lake	15% of capacity				
Thief Valley Reservoir	16% of capacity				
STREAM FLOWS (through midnight Sunday)					
Grande Ronde at Troy	1050 cfs				
Thief Valley Reservoir near No	rth Powder 0 cfs				
Burnt River near Unity	15 cfs				
Umatilla River near Gibbon	17/1 cfc				

SIINDAY FXTREMES

JUILDAL LA	LINENIES
NATION (for the 48 co	ontiguous states)
High: 92°	Graham, Texas
Low: -24°	Crosby, N.D.
Wettest: 0.71"	Crescent City, Calif.
OREGON	
High: 42°	North Bend
Low: 10°	Burns
Wettest: 0.86"	Sexton Summit

WEATHER HISTORY

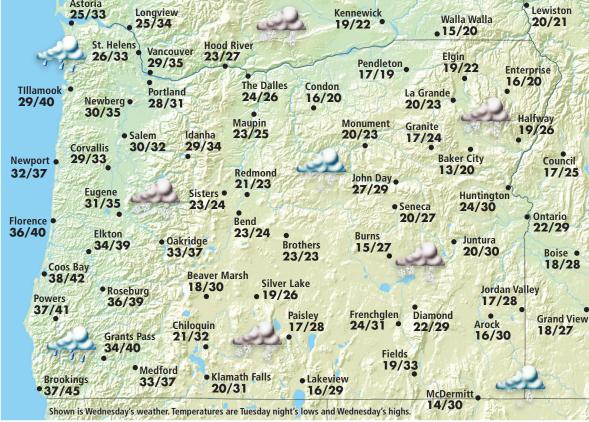
Brownsville, Texas, had 2 inches of snow on Dec. 28, 1880. As the storm moved eastward, Montgomery, Ala., got 5 inches of snow. Parts of South Carolina had over

SUN & MOON

		TUE.	WED.		
Sunrise	7	':31 a.m.	7:31 a.m.		
Sunset	4	l:17 p.m.	4:18 p.m.		
Moonrise	1	:19 a.m.	2:36 a.m.		
Moonset	12	2:40 p.m.	1:05 p.m.		
MOON PHASES					
New	First	Full	Last		
New	First	Full	Last		

AROUND OREGON AND THE REGION

Forecasts and graphics provided by AccuWeather, Inc. ©2021



REGIONAL CITIES

	WED.	THU.		WED.	THU.	
City	Hi/Lo/W	Hi/Lo/W	City	Hi/Lo/W	Hi/Lo/V	
Astoria	33/26/pc	44/31/sn	Lewiston	21/12/c	26/19/9	
Bend	24/14/sn	41/24/sf	Longview	34/22/pc	38/24/s	
Boise	28/13/sn	28/23/sn	Meacham	21/3/sn	30/16/9	
Brookings	45/32/pc	44/38/sh	Medford	37/24/pc	38/30/s	
Burns	27/7/sn	30/16/sf	Newport	37/26/pc	44/38/s	
Coos Bay	42/30/pc	45/39/sh	Olympia	32/22/pc	39/26/s	
Corvallis	33/25/pc	40/31/sn	Ontario	29/13/sn	27/21/9	
Council	25/8/sn	22/16/sf	Pasco	24/15/c	28/16/p	
Elgin	22/1/pc	31/14/sf	Pendleton	19/5/sn	30/14/9	
Eugene	35/26/sf	40/33/sn	Portland	31/23/pc	39/29/s	
Hermiston	24/13/pc	27/19/c	Powers	41/28/pc	41/38/s	
Hood River	27/11/sn	43/24/sn	Redmond	23/10/sn	38/22/	
Imnaha	27/11/sn	31/23/sf	Roseburg	39/31/sf	41/35/	
John Day	29/21/sn	36/26/sf	Salem	32/26/pc	39/33/s	
Joseph	21/9/sn	30/18/sf	Spokane	8/3/c	16/-1/s	
Kennewick	22/14/c	26/19/pc	The Dalles	26/16/sn	37/24/s	
Klamath Falls	31/14/sn	32/21/sn	Ukiah	18/5/sn	32/13/9	
Lakeview	29/13/sn	29/15/sf	Walla Walla	20/10/sn	27/15/9	
Weather(W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain,						

sf-snow flurries, sn-snow, i-ice

RECREATION FORECAST WEDNESDAY

PHILLIPS LAKE

ANTHONY LAKES



