WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV MOVIES SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC
PBS	3	5			Tiger	Donkey	Elinor	Clifford	Xavier	Sesame	Dinosaur	Varied Programs					Pink	Arthur	Odd	Wild Kratt	Varied Programs			
CBS	6	6	6	6	(7:00) CBS Mornings		Let's Make a Deal		The Price Is Right		Young & Restless		News	Bold	The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast	Blast	News	Paid Prog.	Days of our Lives		Blast	Varied	Ellen DeGeneres		KGW News at 4		News	News
CW	9	9	32	32	KOIN AM Extra		Tamron Hall		Maury		Steve Wilkos Show		Friends	Friends	King	King	Mom	Mom	Friends	Friends	Last Man	Last Man	Goldbergs	Goldbergs
FOX	12	12	12	12	Good Day Oregon		Good Day Oregon		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy	Jdg Judy	4 O'Clock News		5 O'Clock News	
MNT	13	13	49	49	Good Day Oregon		Paid Prog.	Paid Prog.	Nick Cannon		The Real		Relative	Relative	Divorce	Divorce	Judge Mathis		Hot Bench	Hot Bench	Jdg Judy	Jdg Judy	FamFeud	You Bet
UNIV	22	22	16	47	(7:00) ¡Despierta América!						Como dice el dicho		Noticiero	Nosotr.	Hoy		Amor eterno		La madrastra		El gordo y la flaca		Primer impacto	
A&E	52	55	118	265	Parking	Parking	Parking	Varied Programs																
AMC	60	45	131	254	Paid Prog.	Paid Prog.	Movie	Varied Programs			Movie	Varied Programs			(:15) Movie		Varied Programs							
ANP	24	49	184	282	Varied Programs																			
BET	4	72	124	392	black-ish	black-ish	Varied Programs						Martin	Martin	Martin	Martin	Movie	Varied Programs						
BRAVO	54	65	129	237	Varied Programs																			
CARTOON	25	59	177	297	Pocoyo	Pocoyo	Thomas	Thomas	Bing	(:20) Bing	Bing	Pocoyo	Mush	Mush	Craig	Craig	Gumball	Gumball	Gumball	Gumball	Craig	Craig	Craig	Teen
CBSSN	410	410	158	221	Varied Programs		The Jim Rome Show		Varied Programs				Tiki & Tierney						Schein	2021	Varied Programs			
CNN	68	44	200	202	At This Hour-Kate		At This Hour-Kate		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Varied Programs		Situation Room		Erin Burnett OutFront		Anderson Cooper 360	
COM	77	56	107	249	Futurama	Futurama	South Pk	South Pk	South Pk	South Pk	South Pk	Varied	South Pk	South Pk	Varied	South Pk	South Pk	South Pk	Varied Programs					
COOK	123	123	113	232	Varied Programs																			
DISN	26	48	173	290	Mickey	Varied	Big City	Big City	Big City	Big City	Varied Programs													
E!	64	76	114	236	Varied Programs						Daily Pop		Varied Programs											
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportsCenter		This Just	Varied	NBA	Varied Programs										
ESPN2	34	28	143	209	(7:00) Get Up		First Take				Varied Programs								SportsCenter		Varied Programs			
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports With John Roberts				The Story		Neil Cavuto		The Five		Special Report		FOX News Primetime		Tucker Carlson	
FOOD	61	54	110	231	Varied Programs																			
FREE	32	33	180	311	Movie	Varied	700 Club	Varied	700 Club	Movie	Varied Programs						Movie			Varied Programs				
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself				Skip	Varied Programs		Basketball	Varied Programs			
FX	65	24	136	249	(:30) Mom	Varied Programs					Movie		Varied Programs			Movie		Varied Programs						
FXX	35	64	125	259	(7:00) Movie		Movie	Varied Programs				King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	Futurama	Futurama	Futurama	Futurama	Simpsons	Simpsons
GOLF	88	88	401	218	Varied Programs																			
HALL	87	87	185	312	Movie				Movie				Movie				Movie				Movie			
HALLMM	86	86	187	565	M	"A Godwink Christmas: Second Chance"			"Hearts of Christmas" (2016) Emilie Ullerup.				★★ "A Princess for Christmas" (2011)				"A Christmas to Remember" (2016, Drama)				"Journey Back to Christmas" (2016, Drama)			
					T	"A Dream of Christmas" (2016, Drama)			"Christmas Homecoming" (2017) Julie Benz.				"A Song for Christmas" (2017) Becca Tobin.				"Holiday Hearts" (2019) Ashley Williams.				★★ "The Christmas Card" (2006, Romance)			
					W	"A Godwink Christmas: Miracle of Love"			"Signed, Sealed, Delivered for Christmas"				"Holiday Engagement" (2011) Shelley Long				"Home for Christmas Day" (2017, Romance)				"Every Time a Bell Rings" (2021) Erin Cahill.			
					Th	"Holly & Ivy" (2020, Drama) Janel Parrish.			"The Mistletoe Inn" (2017) Alicia Witt.				"A Godwink Christmas" (2018, Drama)				"A Christmas Duet" (2019) Chaley Rose.				"A Blue Ridge Mountain Christmas" (2019)			
					F	"The Christmas Note" (2015) Leah Gibson			"A Cookie Cutter Christmas" (2014, Drama)				"A Godwink Christmas: Meant for Love"				"A Godwink Christmas: Second Chance"				"One Christmas Eve" (2014) Anne Heche.			
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	Movie				Movie				Movie				Movie				Movie			
MSNBC	71	67	209	356	Craig Melvin Reports		Andrea Mitchell		MTP Daily		Katy Tur Reports		Hallie Jackson		Deadline: White House				The Beat With		The ReidOut		All In With	
NBCSN	89	89	159	220	SKY Sports News		Varied Programs																	
NGEO	55	78	197	276	Paid Prog.	Paid Prog.	Varied Programs												Life Below Zero		Life Below Zero		Life Below Zero	
NICK	27	51	171	299	PAW	PAW	Blaze	Blaze	Bubble	PAW	Smurfs	Smurfs	Alvinnn!!!	Koral	Patrick	Sponge.	Varied Programs			Sponge.	Sponge.	Sponge.	Loud	Loud
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Court	Court	Court	Court	Court	Court	Varied Programs			
OXY	30	69	127	251	Varied Programs																			
PARMT	42	43	241	241	Movie					Movie	Varied Programs													
ROOT	37	26	426	687	Paid Prog.	Paid Prog.	Varied Programs																	
SYFY	67	50	122	244	Movie	Varied Programs																		
TCM	56	73	132	256	M	★★ "Cover Up" (1949)			★★ "Crooks Anonymous"		(:15) ★★ "Backfire" (1950) Virginia Mayo.				★★ "Mr. Soft Touch" (1949, Drama)				★★★ "Lady on a Train" (1945, Suspense)				"We're No Angels"	
					T	"A Christmas Carol"		★★ "Alias Boston Blackie"		★★★ "Room for One More" (1952)				★★ "Period of Adjustment" (1962)				★★★★ "The Lion in Winter" (1968) Peter O'Toole.				"Meet-St. Louis"	
					W	On Moon	(:45) ★★★ "Penny Serenade" (1941) Irene Dunne.				★★ "All Mine to Give" (1957, Drama)				★★ "Never Say Goodbye" (1946)				★★ "Good Sam" (1948) Gary Cooper.				"Christmas-Con."	
					Th	"World-Henry"		"Carol for Another Christmas"		(:45) ★★★ "Desk Set" (1957) Spencer Tracy.					★★ "Susan Slept Here" (1954) Dick Powell.				★★ "Bell, Book and Candle" (1958)				"It Happened"	
					F	"Pocket-Miracle"		(:15) ★★★ "Holiday Affair" (1949)			★★★ "The Shop Around the Corner"				★★ "Christmas in Connecticut" (1945)				★★★ "Meet Me in St. Louis" (1944)				"The Bishop's Wife"	
TDC	51	42	182	278	Varied Programs																			
TLC	49	62	183	280	Varied Programs																			
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Varied Programs											
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Ad. Ruins	Ad. Ruins	Jokers	Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes	Jokes	Jokes	Jokes
TVL	75	74	106	304	Paid Prog.	Paid Prog.	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Varied Programs		G'nsmoke	Varied	G'nsmoke	Varied	G'nsmoke	Varied	G'nsmoke	Varied	Andy G.	Andy G.	Andy G.	Andy G.
USA	58	39	105	242	Varied Programs																			
WE	118	118	128	260	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Varied Programs					
WEATH	14	19	214	362	AMHQ		Weather Underground		Weather Underground		Weather Underground		Weather Underground		Storm Center		Storm Center		Storm Center		Storm Center		Varied Programs	
WTBS	59	40	139	247	George	George	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon
HBO	518	518	303	504	M	"Transhood" (2020)			(:40) "20 Feet From Stardom"		(:15) ★★★ "Bend It Like Beckham" (2002)				(:10) "The Out-of-Towners"			(:40) ★★ "Dinner for Schmucks" (2010)				Murders, Rock		Succes
					T	League	(:35) "The Good Doctor" (2011)		(:10) "Revolution Rent" (2019)			(:40) ★★★ "The Italian Job" (2003)				(:35) ★ "The Spirit" (2008, Action)				(:25) ★★★ "Limbo" (2020)		Hard	Adrienne	
					W	(:03) "Percy Jackson: Sea of Monsters"			(9:50) ★★ "Half Brothers"			★★★ "News of the World" (2020)				★★ "Brown Sugar" (2002) Taye Diggs.				(:20) ★★★ "Tenet" (2020) John David Washington.				
					Th	(:09) ★★ "She's All That" (1999)		(:45) ★★ "Best Man Down"			(:15) ★★★ "Clueless" (1995) Stacey Dash				(12:55) ★ "Just Married" (2003)		Hard Knocks: Colts		REAL Sports		(:20) "The Truman Show" (1998)		
					F	(7:45) ★★ "I Am Number Four"		Nightmare	(9:50) ★★ "All My Life"			★★ "The Great Gatsby" (2013) Leonardo DiCaprio.					(1:55) ★★★ "The Aviator" (2004) Leonardo DiCaprio.						(4:50) "Dunkirk", War	
MAX	531	531	311	516	M	"Fantastic Voyage"		"Dirty Dancing: Havana Nights"		(:32) "Down a Dark Hall" (2018)			(:10) ★★★ "Fatal Attraction" (1987)				(:10) ★★★ "Happy-Go-Lucky" (2008)				(:10) ★★ "Henry Poole Is Here" (2008)			
					T	"The King of Staten Island"		(:45) ★★ "American Gigolo" (1980, Drama)				(:42) ★★★ "Say Anything..." (1989)				(:24) "The Amityville Horror"			(2:55) ★★ "Repentance" (2013)			★★ "The Clearing" (2004)		
					W	"Black Christmas"		(8:47) ★★ "The Two Jakes" (1990)			(:07) ★★ "The Book of Eli" (2010)				(:07) ★★★ "Argo" (2012) Ben Affleck.				(:09) ★ "Babylon A.D."			(:41) ★ "Max Payne" (2008)		
					Th	"The Comebacks"		(:01) ★★ "Rat Race" (2001) John Cleese			(10:55) "Henry Poole Is Here"				(:35) "2 Minutes of Fame" (2020)		(:14) ★★ "Domino" (2005, Action) Keira Knightley.						(:23) ★★ "Gang Related" (1997)	
					F	Flight	(:23) ★★★ "War Horse" (2011) Emily Watson.				(10:52) ★★★ "Private Parts"				(:43) ★★★ "Doubt" (2008) Meryl Streep.			(:29) ★★★ "Final Analysis" (1992)					(:35) ★★★ "Rosewater" (2014)	
SHOW	578	578	319	546	M	(:15) ★★★ "1917" (2019, War)				(:15) "Six Minutes to Midnight" (2020)			★★ "The Gentlemen" (2020)					★★★ "Casino" (1995) Robert De Niro, Sharon Stone.					VICE	Dexter
					T	(7:20) "Dirty Tricks"		Passion Play: Russell Westbrook		(:45) "Hitsville: The Making of Motown"			(:45) ★★★ "Lee Daniels' The Butler" (2013)						★★★ "The Last of the Mohicans" (1992)				★★ "Aeon Flux"	
					W	City		"City Slickers II-Curly's Gold"			"Mine 9" (2019) Terry Serpico.		★★★ "The Guest" (2014)			(:40) "The Kill Team" (2019, War)			(:10) ★★★ "The Talented Mr. Ripley" (1999)				Black	
					Th	(:15) ★★★ "Moonlight" (2016, Drama)				(:05) "Barbershop 2: Back in Business"			"Queen Bees" (2021, Comedy)			(:45) "Senior Moment" (2021) Jean Smart			"The Real Charlie Chaplin" (2021) Jo Price			Humans	
					F	(:05) ★★★ "1917" (2019, War)				(:05) "The Last Black Man in San Francisco"			(:15) ★★ "Four Brothers" (2005)				(:15) ★★ "Reindeer Games" (2000)				★★★ "The Last of the Mohicans" (1992)		
STARZ	621	621	351	526	M	(7:12) "The Unholy"		(8:55) "The Kid Detective" (2020)		Power Book II: Ghost		(:43) ★★★ "Captain Phillips" (2013) Tom Hanks.					(:02) "Paranormal Activity" (2007)		(:32) Hightown		(:26) ★★★ "This Is the End"		
					T	Am Hustle	(:20) ★★★ "Julie & Julia" (2009)			Power Book II: Ghost		★★ "What Lies Beneath" (2000)				(:43) "On These Grounds" (2021)				(:28) ★★★ "Big Fish" (2003) Albert Finney			Hightown	
					W	(7:10) "The Grudge"		(8:47) ★★ "Here Today" (2021) Billy Crystal.			(10:48) ★★ "12 Mighty Orphans" (2021)				Power Book II: Ghost		(1:53) Hightown		(2:46) ★★ "The Chamber"		(:41) ★★ "Miami Vice"		
					Th	"Stomp the Yard"		"Stomp the Yard: Homecoming"		(:44) "The Devil Has a Name" (2020)			(:25) ★★★ "State of Play" (2009)					(:35) "This Is the Year" (2020) Premiere.			(:16) ★★ "Filly Brown" (2012)		
					F	(7:51) ★★ "Into the Blue" (2005)		(:45) ★★ "The Stepford Wives" (2004)				(:21) ★★ "The Craft" (1996)			(:06) ★★ "The Craft: Legacy"			(:44) ★★ "Liar Liar" (1997)		(:14) ★★ "Christmas With the Kranks"			
TMC	591	591	327	554	M	(7:15) ★★★ "Reign Over Me"		(:20) "Babe: Pig in the City"			"Anywhere With You" (2018)			★★★ "Mid90s" (2018)			★★★★ "American Beauty" (1999)				(:05) "No Man's Land" (2021) Frank Grillo.			
					T	Golden	(:35) ★★★ "Young Adult"		(:15) "S...house" (2020) Cooper Raiff.				★★★ "United 93" (2006, Drama)				"Close Encounters of the Third Kind"					★★★ "Revolver" (2005)		
					W	Turning	(:45) ★★ "A Case of You" (2013)			(:25) ★★ "A Perfect Man"			★★★ "Pleasantville" (1998, Comedy)				(:05) ★★ "Broken Arrow" (1996, Action)				(3:55) ★★ "Phenomenon" (1996, Drama)		
					Th	Reign Ovr	Bowie	"JFK Revisited: Through the Looking Glass"			★★★ "Dark Waters" (2019, Drama)				(:10) "Inside the Rain" (2019)		(:45) "Coming From Insanity" (2019)				"No Man's Land" (2021, Western)			
					F	★★★★ "Milk" (2008) Sean Penn.			(:10) ★★ "Forces of Nature" (1999)				"The Last Right" (2019) Brian Cox.				★★ "Falling" (2020) Viggo Mortensen.				★★★ "The Best Man" (1999) Taye Diggs.			