WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV MOVIES SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC
PBS	3	5			Tiger	Donkey	Elinor	Clifford	Xavier	Sesame	Dinosaur	Varied Programs					Pink	Arthur	Odd	Wild Kratt	Varied Programs			
CBS	6	6	6	6	(7:00) CBS Mornings		Let's Make a Deal		The Price Is Right		Young & Restless		News	Bold	The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast	Blast	News	Paid Prog.	Days of our Lives		Blast	Varied	Ellen DeGeneres		KGW News at 4		News	News
CW	9	9	32	32	KOIN AM Extra		Tamron Hall		Maury		Steve Wilkos Show		Friends	Friends	King	King	Mom	Mom	Friends	Friends	Last Man	Last Man	Goldbergs	Goldbergs
FOX	12	12	12	12	Good Day Oregon		Good Day Oregon		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy	Varied	The People's Court		Jdg Judy	Jdg Judy	News	Varied	5 O'Clock News	
MNT	13	13	49	49	Good Day Oregon		Varied Programs		Nick Cannon		The Real		Relative	Relative	Divorce	Divorce	Judge Mathis		Hot Bench	Hot Bench	Jdg Judy	Jdg Judy	FamFeud	You Bet
UNIV	22	22	16	47	(7:00) ¡Despierta América!						Como dice el dicho		Noticiero	Nosotr.	Hoy		Amor eterno		La madrastra		El gordo y la flaca		Primer impacto	
A&E	52	55	118	265	Parking	Parking	Parking	Parking	Varied Programs															
AMC	60	45	131	254	Paid Prog.	Varied	Movie		Varied Programs												(:15) Movie			
ANP	24	49	184	282	Treehouse Masters		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Lone Star Law		Varied Programs									
BET	4	72	124	392	Lv Single	Lv Single	black-ish	black-ish	Parkers	Parkers	Parkers	Parkers	Martin	Martin	Martin	Martin	Martin	Martin	Movie				Varied Programs	
BRAVO	54	65	129	237	Varied Programs																Real Housewives		Real Housewives	
CARTOON	25	59	177	297	Pocoyo	Pocoyo	Thomas	Thomas	Bing	(:20) Bing	Bing	Pocoyo	Mush	Mush	Craig	Craig	Gumball	Gumball	Gumball	Gumball	Craig	Craig	Craig	Teen
CBSSN	410	410	158	221	Varied Programs		The Jim Rome Show						Tiki & Tierney						Schein	Varied Programs				
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront		Anderson Cooper 360	
COM	77	56	107	249	Futurama	Futurama	South Pk	South Pk	South Pk	South Pk	South Pk	Varied	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk
COOK	123	123	113	232	Varied Programs																			
DISN	26	48	173	290	Puppy	Varied	Spidey	Bluey	Bluey	Puppy	Bluey	Bluey	Ladybug	Ladybug	Ladybug	Big City	Ghost	Big City	Varied Programs		Big City	Big City	Bunk'd	Bunk'd
E!	64	76	114	236	Varied Programs						Daily Pop		Varied Programs											
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportsCenter		This Just In		NBA	Varied	NFL Live		Around	Pardon	SportsCenter		Varied Programs			
ESPN2	34	28	143	209	(7:00) Get Up		First Take		Varied Programs		SportsCenter		Varied Programs		Jalen	Varied	NFL Live		Daily Wager		College Basketball		Varied Programs	
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports With John Roberts				The Story		Neil Cavuto		The Five		Special Report		FOX News Primetime		Tucker Carlson	
FOOD	61	54	110	231	Varied Programs																			
FREE	32	33	180	311	Movie	Varied	The 700 Club		700 Club	Varied Programs										Movie	Varied Programs			
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd				Varied Programs		Speak for Yourself		Varied Programs									
FX	65	24	136	249	Mom	Varied Programs																		
FXX	35	64	125	259	(7:00) Movie		Movie		Varied Programs				King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	Futurama	Futurama	Futurama	Futurama	Simpsons	Simpsons
GOLF	88	88	401	218	Varied Programs		Golf Today		Varied Programs		Golf Today				Golf Central		Varied Programs		Golf C'tral	Varied Programs				
HALL	87	87	185	312	Movie				Movie				Movie				Movie				Movie			
HALLMM	86	86	187	565	M	"A Blue Ridge Mountain Christmas" (2019)			"Christmas Everlasting" (2018) Tatyana Ali.				"Just in Time for Christmas" (2015)				"Looks Like Christmas" (2016) Anne Heche.				"Holiday Hearts" (2019) Ashley Williams.			
					T	"Christmas Tree Lane" (2020) Alicia Witt.			"The Christmas Secret" (2014, Drama)				"The Christmas Note" (2015) Leah Gibson				"Finding Christmas" (2013) Tricia Helfer.				"Holiday for Heroes" (2019) Marc Blucas			
					W	"A Little Christmas Charm" (2020, Drama)			"Hats Off to Christmas!" (2013) Haylie Duff.				"Hearts of Christmas" (2016) Emilie Ullerup.				"Operation Christmas" (2016) Tricia Helfer.				"Return to Christmas Creek" (2018, Drama)			
					Th	"Meet Me at Christmas" (2020) Mark Deklin			"A Bramble House Christmas" (2017)				"Christmas Wonderland" (2018, Romance)				"Christmas Under the Stars" (2019)				"Rocky Mountain Christmas" (2017)			
					F	"Nostalgic Christmas" (2019, Romance)			★★ "Angels Sing" (2013, Children's)				"Christmas at Grand Valley" (2018)				"Angel Falls: A Novel Holiday" (2019)				"Christmas at Graceland" (2018, Romance)			
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	Movie				Movie				Movie				Movie				Movie			
MSNBC	71	67	209	356	Craig Melvin Reports		Andrea Mitchell		MTP Daily		Katy Tur Reports		Hallie Jackson		Deadline: White House				The Beat With		The ReidOut		All In With	
NBCSN	89	89	159	220	SKY Sports News				Varied Programs		Premier	Varied Programs					Goal Zone	Varied Programs						
NGEO	55	78	197	276	Paid Prog.	Varied Programs													Life Below Zero		Life Below Zero		Life Below Zero	
NICK	27	51	171	299	PAW	PAW	Peppa Pig	Peppa Pig	Bubble	Blaze	Blaze	Blaze	PAW	PAW	PAW	PAW	Sponge.	Varied Programs			Sponge.	Sponge.	Varied Programs	
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Court	Court	Court	Court	Court	Court	Dr. Phil		Dr. Phil	
OXY	30	69	127	251	Varied Programs																			
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men
ROOT	37	26	426	687	Varied	Paid Prog.	Varied Programs																	
SYFY	67	50	122	244	Movie	Varied Programs				Movie	Varied Programs													Movie
TCM	56	73	132	256	M	"Kansas City"		(:15) ★★★ "The Asphalt Jungle" (1950)			(:15) ★★★ "The Big Sleep" (1946)				(:15) ★★★★ "Out of the Past" (1947)				★★★ "Mildred Pierce" (1945, Drama)				"Stagecoach" (1939)	
					T	(7:45) "Three Daring Daughters"		(:45) ★★★ "A Ticklish Affair"			(:15) "The Courtship of Eddie's Father"				(:15) ★★★ "Promise Her Anything" (1966)				★★★ "Yours, Mine and Ours" (1968)				"The Doll" (1919)	
					W	(:15) ★ "The Big Punch"		(:45) ★★★ "They Drive by Night" (1940)				★★ "Impact" (1949) Brian Donlevy.				★★★ "The Gazebo" (1959)				(:15) ★★★ "Night Watch" (1973, Mystery)				★★★ "Indiscreet"	
					Th	(:15) "Ice Follies of 1939" (1939)		(:45) ★ "Snowed Under" (1936)			★★ "My Reputation" (1946)			(:45) ★★★ "Home Before Dark" (1958) Jean Simmons.				(:15) ★★ "The Frozen Dead" (1967)				"Dance Fools"	
					F	Harvey	"Rachel and the Stranger" (1948)			(:15) "Callaway Went Thataway"		(:45) ★★ "Four for Texas" (1963) Frank Sinatra.				★★★ "McLintock!" (1963) John Wayne.				(:15) MGM Parade			Movie
TDC	51	42	182	278	Varied Programs																			
TLC	49	62	183	280	Varied Programs																			
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Varied Programs											
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Ad. Ruins	Ad. Ruins	Jokers	Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes	Jokes	Jokes	Jokes
TVL	75	74	106	304	Paid Prog.	Paid Prog.	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.
USA	58	39	105	242	Varied Programs																			
WE	118	118	128	260	Paid Prog.	Paid Prog.	Oxygen	Varied	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Criminal Minds		Criminal Minds		Criminal Minds	
WEATH	14	19	214	362	AMHQ		Weather Underground		Weather Underground		Weather Underground		Weather Underground		Storm Center		Storm Center		Storm Center		Storm Center		Varied Programs	
WTBS	59	40	139	247	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon
HBO	518	518	303	504	M	★★★ "Enough Said" (2013)		(:35) ★★★ "Independence Day" (1996) Will Smith.					★★ "Jack the Giant Slayer" (2013)				(1:55) ★★★ "The Italian Job"			(:45) Music Box			Insecure	Succes
					T	Moonrise	(:40) ★ "Envy" (2004) Ben Stiller.			(:20) ★★★ "Matchstick Men" (2003)				(:20) "Bend It Like Beckham"		Nightmare	Axios	★★ "The Campaign" (2012)			Hard Knocks: Colts	How to	
					W	(6:50) "Greenland"		(8:50) ★★ "Chasing Mavericks" (2012)			(10:50) "Diego Maradona" (2019) Pelé				★★★ "The Bourne Legacy" (2012) Jeremy Renner.				(:20) ★★ "Jurassic Park III"			Insecure	Land	
					Th	"I Am Number Four"		(:08) ★★ "The Photograph" (2020)			(10:57) ★★★ "Dreamgirls" (2006)					Nightmare	Hard	"The League of Extraordinary Gentlemen"			Black and Missing		Black and Missing	
					F	(7:15) "Brown Sugar"		(:05) ★★★ "Best in Show"		(:35) ★★ "Land" (2021)			(:05) "Percy Jackson: Sea of Monsters"				(1:55) ★★★ "Super 8" (2011) Elle Fanning				(3:50) ★★ "A Perfect Murder"			Nightmare
MAX	531	531	311	516	M	(7:33) "Nobody's Fool" (1994)		(:25) "Last Knights" (2015) Clive Owen.				(:20) ★★ "Bad Words"			(12:51) ★ "The Comebacks"			(:21) ★★★ "The King of Staten Island"				(:40) ★★ "Kin" (2018)		
					T	Primal	(:19) ★★★ "Fatal Attraction" (1987)			(:21) "2 Minutes of Fame" (2020)			★ "The Ladies Man" (2000)			(:26) ★★ "Phantom" (2013)			(:07) "Down a Dark Hall" (2018)			(:45) ★★ "Deadfall" (2012)		
					W	"Kill Bill: Vol. 2"		(:02) ★★★ "Adventureland" (2009)			(10:51) ★★★ "Altered States"			(:36) ★★ "Stop-Loss" (2008, Drama)				★★★ "The River Wild" (1994, Action)			(:23) ★★ "Repentance" (2013)		
					Th	Lincoln	★★★ "Fierce People" (2005) Diane Lane.			"Revenge of the Nerds II"			(11:53) ★ "Cats" (2019)			(:44) ★ "Norbit" (2007) Eddie Murphy.				(:27) ★★★ "Cinderella Man" (2005) Russell Crowe.				
					F	Downhill	(:33) ★★★ "Breakdown" (1997)		(:07) ★★ "Blood Ties" (2013) Clive Owen, Billy Crudup.					(:17) ★★★ "Drumline" (2002) Nick Cannon.			(:17) ★★ "The Relic" (1997)			(:08) ★ "Deception" (2008, Suspense)				
SHOW	578	578	319	546	M	(7:50) ★★★ "The Natural" (1984)			(:15) "My Salinger Year" (2020, Drama)				★★★ "Scary Movie" (2000)				★★ "The Change-Up" (2011, Comedy)			VICE	Wakefield		Dexter: New Blood	
					T	(7:45) "Last Call" (2021, Comedy)		"The Humans" (2021) Richard Jenkins.				★★★ "Fruitvale Station"			★★★ "Minari" (2020) Steven Yeun.				"Cut Bank" (2014, Suspense)		(:45) ★★★ "Gloria Bell" (2018)		
					W	Call Spy	"JFK Revisited: Through the Looking Glass"		★★★ "Apollo 13" (1995) Tom Hanks, Bill Paxton.					★★ "Last Holiday" (2006, Comedy)					★★★ "The Blues Brothers" (1980)				Video Music Box	
					Th	(7:00) "Waves" (2019, Drama)		★★ "Queenpins" (2021) Kristen Bell.				★★ "Why Did I Get Married?" (2007)				★★★ "The Talented Mr. Ripley" (1999) Jude Law				★★ "Reindeer Games" (2000)			Silver Lng
					F	Master	★★ "The Gentlemen" (2020)			★★★★ "L.A. Confidential" (1997) Kevin Spacey.					★★ "The Change-Up" (2011, Comedy)				★★ "Road House" (1989) Patrick Swayze.			★★★ "Casino"	
STARZ	621	621	351	526	M	(:02) ★★ "Booty Call" (1997)		(:25) ★ "The New Daughter" (2009)				(:18) ★ "The Grudge" (2020)			Power Book II: Ghost		(1:58) ★★ "The Broken Hearts Gallery"				(3:50) Hightown		"Men of Honor"	
					T	Revolt	(:18) "How to Deter a Robber"		"Sin City: A Dame to Kill For"			Power Book II: Ghost	(:34) ★★ "Here Today" (2021) Billy Crystal.					(:35) ★★★ "Juno" (2007)			(:15) ★★ "Hannibal" (2001, Suspense)			
					W	(7:26) "Blind" (2017)		(:14) ★ "Your Highness" (2011, Comedy)			(10:59) ★★★ "This Is the End" (2013)				★★ "The Replacement Killers"			Power Book II: Ghost		(:21) Hightown		(:21) ★ "Your Highness"	
					Th	White 2	★★ "3 Days to Kill" (2014) Kevin Costner.			★★ "No Good Deed" (2002)			(:11) ★ "The Grudge" (2020, Horror)				(1:48) "Where's the Money"			(:17) "Jumanji: Welcome to the Jungle"			Half Nelsn
					F	"Dick and Jane"		(8:56) ★★ "Tomorrowland" (2015)				(:09) "Hours" (2013, Drama) Paul Walker.			(12:50) ★★ "12 Mighty Orphans" (2021)				(2:51) "Jumanji: Welcome to the Jungle"			"Jumanji: Next"	
TMC	591	591	327	554	M	(:05) "The Get Together" (2020)		(:20) ★★★ "Before Sunrise"				(:05) ★★★ "Nebraska" (2013, Drama)				"The Nest" (2020) Jude Law, Carrie Coon.			(2:50) "A Thousand Words"			★★★ "Blue Caprice" (2013)	
					T	(:05) ★★ "Kindergarten Cop" (1990)			★★ "The Hollars" (2016)			★★ "A Case of You" (2013)			(:05) ★★ "Forces of Nature" (1999)				★★★ "Before Sunset" (2004)			(:20) "Six Minutes to Midnight"	
					W	(7:20) "Blue Jasmine"	★ "Anaconda" (1997) Ice Cube		★ "American Psycho 2" (2002)				★★ "Falling" (2020) Viggo Mortensen.				"No Man's Land" (2021) Frank Grillo.				★★ "The Chronicles of Riddick" (2004)			
					Th	(:15) ★★★ "Babe: Pig in the City" (1998)			(9:55) ★★★★ "Milk" (2008) Sean Penn.				(:05) ★★★★ "American Beauty" (1999)			Grant	(:35) "Grace and Grit" (2021) Mena Suvari.			"Paradise Cove" (2021)			
					F	Antiqui	(:35) "Anywhere With You"		(:05) "Windows on the World" (2019, Drama)				★★★ "Dark Waters" (2019, Drama)				(:15) ★★★ "Revolver" (2005) Ray Liotta				★★★ "Scott Pilgrim vs. the World" (2010)			