

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC	
PBS	3	5			Tiger Donkey		Elinor Clifford		Xavier Sesame		Dinosaur		Varied Programs				Pink Arthur		Odd Wild Kratt		Varied Programs				
CBS	6	6	6	6	(7:00) CBS Mornings		Let's Make a Deal		The Price Is Right		Young & Restless		News Bold		The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News	
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast Blast		News Paid Prog.		Days of our Lives		Blast Varied		Ellen DeGeneres		KGW News at 4		News	News	
CW	9	9	32	32	KOIN AM Extra		Tamron Hall		Maury		Steve Wilkos Show		Friends Friends		King King		Mom Mom		Friends Friends		Last Man Last Man		Goldbergs Goldbergs		
FOX	12	12	12	12	Good Day Oregon		Good Day Oregon		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy Jdg Judy		News Varied		5 O'Clock News		
MNT	13	13	49	49	Good Day Oregon		Paid Prog. Paid Prog.		Nick Cannon		The Real		Relative Relative		Divorce Divorce		Judge Mathis		Hot Bench Hot Bench		Jdg Judy Jdg Judy		FamFeud You Bet		
UNIV	22	22	16	47	(7:00) Despierta América!				Como dice el dicho		Noticiero		Nosotr.		Hoy		Amor eterno		La madrastra		El gordo y la flaca		Primer impacto		
A&E	52	55	118	265	Parking	Parking	Parking	Parking	Varied Programs								First 48		Varied		First 48		Varied Programs		
AMC	60	45	131	254	Paid Prog.	Paid Prog.	Movie		Varied Programs																
ANP	24	49	184	282	Treehouse Masters		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Lone Star Law		Varied Programs										
BET	4	72	124	392	Lv Single	Lv Single	black-ish	black-ish	Parkers Parkers		Parkers Parkers		Martin Martin		Martin Martin		Martin Martin		Movie					Varied	
BRAVO	54	65	129	237	Housewives/OC		Housewives/OC		Housewives/OC		Housewives/OC		Housewives/OC		Housewives/OC		OC		Varied		Housewives/OC		Housewives/OC	Housewives/OC	
CARTOON	25	59	177	297	Pocoyo	Pocoyo	Thomas Thomas		Bing	(:20) Bing	Bing	Pocoyo	Mush	Mush	Craig Craig		Gumball		Gumball		Gumball		Gumball	Teen	
CBSSN	410	410	158	221	(7:00) Davis Cup Tennis										Tiki & Tierney				Schein		Varied Programs				
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront		Anderson Cooper 360		
COM	77	56	107	249	Futurama	Futurama	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	Varied	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	
COOK	123	123	113	232	Varied Programs																				
DISN	26	48	173	290	Varied	Squad	Spidey	Bluey	Bluey	Puppy	Bluey	Bluey	Varied Programs		Big City		Varied Programs		Bunk'd		Bunk'd		Varied Programs		
E!	64	76	114	236	Kardash	Varied	Kardash	Varied	Kardash	Varied	Daily Pop		Varied Programs												
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportsCenter		This Just In		NBA Today		NFL Live		Around Pardon		SportsCenter		Varied Programs				
ESPN2	34	28	143	209	(7:00) Get Up		First Take		Varied Programs		SportsCenter		Varied Programs		Jalen Football		NFL Live		Varied		Daily Wager		College Basketball		
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports With John Roberts		The Story		Neil Cavuto		The Five				Special Report		FOX News Primetime		Tucker Carlson		
FOOD	61	54	110	331	Varied Programs																				
FREE	32	33	180	311	Movie	Varied	700 Club	Varied	700 Club	Varied	Movie		Varied Programs												
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself				Fox Bet		Skip		Hub		Varied Programs		
FX	65	24	136	249	Mom	Mom	Varied Programs																		
FX	35	64	125	259	(7:00) Movie		Varied	Movie			Varied	Cleveland	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	Futurama	Futurama	Futurama	Futurama	Simpsons	Simpsons
GOLF	88	88	401	218	Varied Programs		Golf Today		Varied		Golf Today		Golf C'tral		Varied Programs				Golf Central		Varied Programs				
HALL	87	87	185	312	Movie		Movie		Movie		Movie		Movie		Movie		Movie		Movie		Movie		Movie		
HALLMM	86	86	187	565	M "Christmas in the Air" (2017) Catherine Bell.		"A Heavenly Christmas" (2016) Kristin Davis.		"A Nutcracker Christmas" (2016) Amy Acker.		"A Christmas Melody" (2015) Lacey Chabert.		"Magical Christmas Ornaments" (2017)		T "Lucky Christmas" (2011) Elizabeth Berkley.		"Hearts of Christmas" (2016) Emilie Ullerup.		"A Perfect Christmas" (2016) Dillon Casey		"Memories of Christmas" (2018, Drama)		"A Godwink Christmas: Meant for Love"		
					W "One Starry Christmas" (2014) Sarah Carter.		"Love at the Thanksgiving Day Parade"		"Fir Crazy" (2013) Sarah Lancaster.		"Charming Christmas" (2015) Julie Benz.		"A Gingerbread Romance" (2018, Romance)		Th "Dashing Through the Snow"		"A Godwink Christmas" (2018, Drama)		"Christmas Dance" (2012) Andrew McCarthy.		"Signed, Sealed, Delivered for Christmas"		"Christmas With Holly" (2012) Sean Faris.		
					F "Hope at Christmas" (2018) Ryan Paevey		"Angel of Christmas" (2015, Romance)		"Magic Stocking" (2015) Bridget Regan.		"A Christmas to Remember" (2016, Drama)		"Christmas in Montana" (2019) Kellie Martin.												
HGTV	62	57	112	229	Varied Programs																				
HIST	50	60	120	269	Varied Programs																				
LIFE	29	29	108	252	Movie		Movie		Movie		Movie		Movie		Movie		Movie		Movie		Movie		Movie		
MSNBC	71	67	209	356	Craig Melvin Reports		Andrea Mitchell		MTP Daily		Katy Tur Reports		Hallie Jackson		Deadline: White House				The Beat With		The ReidOut		All In With		
NBCSN	89	89	159	220	Sports	Varied Programs																			
NGEO	55	78	197	276	Paid Prog.	Paid Prog.	Varied Programs																		
NICK	27	51	171	299	PAW	PAW	Peppa Pig	Peppa Pig	Bubble	Blaze	Blaze	Blaze	PAW	PAW	PAW	PAW	Sponge.	Varied Programs		Sponge.	Sponge.	Loud	Varied		
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Court		Court		Court		Court		Court	Dr. Phil	
OXY	30	69	127	251	Varied Programs																				
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom		Mom		Mom		Mom	Two Men	
ROOT	37	26	426	687	Paid Prog.	Paid Prog.	Varied Programs																		
SYFY	67	50	122	244	Movie	Varied Programs							Movie		Varied Programs		Movie		Varied Programs		Movie		Varied Programs		
TCM	56	73	132	256	M (:15) *** "Murder, She Said" (:45) ** "Lured" (1947) Lucille Ball		(:45) ** "Nancy Drew, Detective" ** "Deadline at Dawn" "Wanted: Jane" (:45) ** "The Big Steal" (1949) *** "Cabaret"		T "The White Tower" (:15) *** "Doctor Zhivago" (1965, Romance) Omar Sharif, Julie Christie.		(:45) ** "Little Women" (1949) June Allyson.		*** "Wuthering Heights" (1939) "Father Goose"		W Roberta (:45) *** "Follow the Fleet" (1936) (:45) *** "Shall We Dance" (1937) Fred Astaire.		"The Story of Vernon & Irene Castle" (1939) *** "The Barkleys of Broadway" (1949) *** "Gaslight"		Th (:15) *** "Walpurgis Night" (:45) ** "Intermezzo" (1936, Drama) *** "A Woman's Face" (1938, Drama) ** "Dollar" (1938, Comedy) *** "June Night" (1940, Drama) "No Man-Own"		F ** "Satan Met a Lady" (1936) ** "Madam Satan" (1930) Lillian Roth "Man Who Cheated" *** "Madeleine" (1950) Ann Todd. *** "The Strange Love of Martha Ivers" Archival Screening				
TDC	51	42	182	278	Varied Programs																				
TLC	49	62	183	280	Varied Programs																				
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Varied Programs												
TRAV	53	38	196	277	Varied Programs																				
TRUTV	73	75	242	246	Ad. Ruins	Ad. Ruins	Jokers	Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes		Jokes	Jokes	
TVL	75	74	106	304	Paid Prog.	Paid Prog.	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.		Andy G.	Andy G.	
USA	58	39	105	242	Varied Programs																				
WE	118	118	128	260	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Criminal Minds		Criminal Minds		Criminal Minds		
WEATH	14	19	214	362	AMHQ		Weather Underground		Weather Underground		Weather Underground		Weather Underground		Storm Center		Storm Center		Storm Center		Storm Center		Storm Center	Varied Programs	
WTBS	59	40	139	247	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon	
HBO	518	518	303	504	M "In Heart of Sea" (:10) ** "The Fast and the Furious" (10:57) *** "Solaris" (2002) (:36) ** "Land" (2021) (:05) *** "The Wolverine" (2013, Action) (:15) Black and Missing Succes		T (7:25) "The Animal" (8:49) "Cloverfield" (:14) The 2021 Rock & Roll Hall of Fame Induction Ceremony Hard Knocks: Colts (:24) *** "In the Heights" (2021) Anthony Ramos. Black and Missing		W (7:25) "Jack the Giant Slayer" "Percy Jackson: Sea" (:10) *** "The Bourne Identity" (2002) (:10) ** "The Mummy" (1999) (:15) ** "Just Married" (2003) (4:50) We're Here		Th (:05) *** "Enough Said" (:40) ** "Chasing Mavericks" (2012) (:40) ** "Dinner for Schmucks" (2010) (:40) *** "Independence Day" (1996) Will Smith. (:10) Succession How to Insecure		F "Best Man Down" Autism (:44) "The Good Doctor" (2011) (:15) ** "Dante's Peak" (1997, Action) Hard Knocks: Colts (1:55) * "Max Steel" (2016) How to ** "The Photograph" (2020) Issa Rae.		M (7:45) *** "Antwone Fisher" (2002) (:9:47) *** "Blades of Glory" (:22) "The Legend of Hercules" (:02) *** "Trance" (2013) (:45) ** "Irresistible" (2020) Steve Carell. (:27) ** "My Blue Heaven" (2009)		T Hack saw (:29) ** "Snitch" (2013) Barry Pepper (:24) ** "This Must Be the Place" (:18) ** "Lay the Favorite" (1:54) *** "Gangs of New York" (2002) "Jay and Silent Bob"		W 4 Feath (:21) *** "Wall Street" (1987, Drama) "Leatherface: Chainsaw" (11:50) ** "Gang Related" (:43) ** "The X-Files" (1998) David Duchovny. (3:46) *** "Misery" (1990) Cinderella		Th (7:12) "The Clearing" "Dirty Dancing" (:14) *** "Final Analysis" (1992) Richard Gere. (:20) ** "Deadfall" (2012) (1:56) ** "Blood Ties" (2013) Clive Owen. (:07) *** "Kill Bill: Vol. 1" (2003, Action)		F Two Jakes (:38) ** "Stoker" (2013, Horror) (:19) ** "Point Break" (2015) (:15) ** "Black Christmas" (2019, Horror) (1:50) ** "Assassins" (1995, Action) (:05) *** "The Hours" (2002, Drama)		
MAX	531	531	311	516	M ** "Beauty Shop" (2005) (:45) "Barbershop 2: Back in Business" **** "Dances With Wolves" (1990) Kevin Costner. "Attica" (2021, Documentary) VICE Wakefield		T "Under Tuscan" (:15) "Senior Moment" (2021) Jean Smart "Queen Bees" (2021, Comedy) (:45) **** "When Harry Met Sally..." ** "Apollo 13" (1995) Tom Hanks, Bill Paxton. "Close Encounters"		W (7:25) "Aeon Flux" *** "The Natural" (1984, Drama) Robert Redford. (:20) *** "The Blues Brothers" (1980) (:35) ** "Blues Brothers 2000" (1998) (:45) ** "A Thousand Words" (2012) Scary Mv		Th Golden Passion Play: Russell Westbrook (:15) Kevin Garnett: Anything Is Possible (N) (:15) *** "Apollo 13" (1995) Tom Hanks. (:45) "Mine 9" (2019) Premiere. "JFK Revisited: Through the Looking Glass"		F *** "City Slickers" (1991) Billy Crystal. "City Slickers II-Curly's Gold" "National Lampoon's Animal House" (1978) ** "Last Holiday" (2006, Comedy) *** "Michael Jackson's This Is It" (2009)		M (7:09) *** "Braveheart" (1995) (:09) ** "Monster Hunter" (										