WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV MOVIES SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC
PBS	3	5			Tiger	Donkey	Elinor	Clifford	Xavier	Sesame	Dinosaur	Varied Programs					Pink	Arthur	Odd	Wild Kratt	Varied Programs			
CBS	6	6	6	6	(7:00) CBS Mornings		Let's Make a Deal		The Price Is Right		Young & Restless		News	Bold	The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast	Blast	News	Paid Prog.	Days of our Lives		Blast	Varied	Ellen DeGeneres		KGW News at 4		News	News
CW	9	9	32	32	KOIN AM Extra		Tamron Hall		Maury		Steve Wilkos Show		Friends	Friends	King	King	Mom	Mom	Friends	Friends	Last Man	Last Man	Goldbergs	Goldbergs
FOX	12	12	12	12	Good Day Oregon		Good Day Oregon		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy	Jdg Judy	News	Varied	5 O'Clock News	
MNT	13	13	49	49	Good Day Oregon		Paid Prog.	Paid Prog.	Nick Cannon		The Real		Relative	Relative	Divorce	Divorce	Judge Mathis		Hot Bench	Hot Bench	Jdg Judy	Jdg Judy	FamFeud	You Bet
UNIV	22	22	16	47	(7:00) ¡Despierta América!						Como dice el dicho		Noticiero	Nosotr.	Hoy		Amor eterno		La madrastra		Gordo	Varied	Impacto	Varied
A&E	52	55	118	265	Parking	Parking	Parking	Parking	Varied Programs								First 48	Varied	First 48	Varied	First 48	Varied	First 48	Varied
AMC	60	45	131	254	Paid Prog.	Paid Prog.	Movie		Varied Programs								Movie		Varied Programs					
ANP	24	49	184	282	Treehouse Masters		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Lone Star Law		Varied Programs									
BET	4	72	124	392	Lv Single	Lv Single	black-ish	black-ish	Parkers	Parkers	Parkers	Parkers	Martin	Martin	Martin	Martin	Martin	Martin	Movie				Varied Programs	
BRAVO	54	65	129	237	Varied Programs																Below Deck		Below Deck	
CARTOON	25	59	177	297	Pocoyo	Pocoyo	Thomas	Thomas	Bing	(:20) Bing	Bing	Pocoyo	Caillou	Caillou	Mush	Mush	Gumball	Gumball	Gumball	Gumball	Craig	Craig	Craig	Teen
CBSSN	410	410	158	221	Varied Programs		The Jim Rome Show		Varied Programs				Tiki & Tierney		Varied Programs				Schein	Varied Programs				
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront		Anderson Cooper 360	
COM	77	56	107	249	Futurama	Futurama	South Pk	South Pk	South Pk	South Pk	Varied	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	Seinfeld	Seinfeld	Seinfeld	Seinfeld
COOK	123	123	113	232	Varied Programs																			
DISN	26	48	173	290	Varied	Squad	Spidey	Bluey	Bluey	Puppy	Bluey	Bluey	Ladybug	Ladybug	Ladybug	Big City	Big City	Big City	Varied Programs		Big City	Big City	Bunk'd	Bunk'd
E!	64	76	114	236	Varied Programs						Daily Pop		Varied Programs											
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportsCenter		This Just In		NBA Today		NFL Live		Around	Pardon	SportCtr	Varied Programs				
ESPN2	34	28	143	209	Get Up	Varied	First Take	Varied Programs			SportCtr	Varied Programs			Jalen	Football	NFL Live	Varied Programs						
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports With John Roberts				The Story		Neil Cavuto		The Five		Special Report		FOX News Primetime		Tucker Carlson	
FOOD	61	54	110	231	Varied Programs																			
FREE	32	33	180	311	black-ish	black-ish	The 700 Club		700 Club	Varied	Middle	Varied Programs					Movie	Varied Programs						
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself			Varied Programs			Hub	Varied Programs				
FX	65	24	136	249	Mom	Movie	Varied Programs								Movie	Varied Programs								
FXX	35	64	125	259	(7:00) Movie		Varied	Movie			Varied Programs						King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	Simpsons	Simpsons
GOLF	88	88	401	218	Varied Programs		Golf Today		Varied Programs		Golf Today				Golf C'tral	Varied Programs			Golf C'tral	Golf C'tral	Varied Programs			
HALL	87	87	185	312	Movie				Movie				Movie				Movie				Movie			
HALLMM	86	86	187	565	M "Angel of Christmas" (2015, Romance)				"Road to Christmas" (2018) Jessy Schram.				★★ "Angels Sing" (2013, Children's)				"Holly & Ivy" (2020, Drama) Janel Parrish.				"Once Upon a Christmas Miracle" (2018)			
					T "Love at the Thanksgiving Day Parade"				"Christmas in Conway" (2013) Andy Garcia.				"Christmas at Cartwright's" (2014, Drama)				"A Christmas Love Story" (2019) Scott Wolf				"Christmas on Honeysuckle Lane" (2018)			
					W "A Gingerbread Romance" (2018, Romance)				"Angel Falls: A Novel Holiday" (2019)				"A Homecoming for the Holidays" (2019)				"Christmas on My Mind" (2019, Romance)				"A Christmas Miracle" (2019) Kendall Cross			
					Th "Christmas Homecoming" (2017) Julie Benz.				"Holiday for Heroes" (2019) Marc Blucas				"Entertaining Christmas" (2018, Romance)				"A Veteran's Christmas" (2018) Sean Faris				"Time for Me to Come Home for Christmas"			
					F "Just in Time for Christmas" (2015)				"Christmas Everlasting" (2018) Tatyana Ali.				★★★ "Christmas Song" (2012, Romance)				"Fir Crazy" (2013) Sarah Lancaster.				★★★ "A Boyfriend for Christmas" (2004)			
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	Movie		Varied Programs		Movie		Varied Programs		Movie		Varied Programs		Movie		Varied Programs		Movie		Varied Programs	
MSNBC	71	67	209	356	Craig Melvin Reports		Andrea Mitchell		MTP Daily		Katy Tur Reports		Hallie Jackson		Deadline: White House				The Beat With		The ReidOut		All In With	
NBCSN	89	89	159	220	SKY Sports News				Varied Programs															
NGEO	55	78	197	276	Paid Prog.	Paid Prog.	Varied Programs																	
NICK	27	51	171	299	PAW	PAW	Peppa Pig	PAW	Bubble	Blaze	Blaze	Blaze	PAW	PAW	PAW	PAW	Varied Programs					Sponge.	Movie	Varied
OWN	40	41	189	279	Tamron Hall		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Court	Court	Court	Court	Court	Court	Dr. Phil		Dr. Phil	
OXY	30	69	127	251	Varied Programs														Dateline	Varied Programs				
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men
ROOT	37	26	426	687	Paid Prog.	Paid Prog.	Varied Programs																	
SYFY	67	50	122	244	Varied Programs		Movie	Varied Programs			Movie	Varied Programs			Movie	Varied Programs								
TCM	56	73	132	256	M "The Big Street"		"Nancy Drew"		(:15) ★ "Before Dawn"			★★★ "Shield for Murder"			★★ "The Long Night"			(:45) ★★ "Up the Down Staircase" (1967, Drama)					"The Band Wagon"	
					T (:15) ★★★★ "Sounder" (1972, Drama)				(:15) ★★ "Behave Yourself"			(:45) ★★★ "Lassie Come Home" (1943)			★★ "Son of Lassie" (1945)				(:15) ★★ "Challenge to Lassie" (1949)				★★★ "Walkabout"	
					W Bulldog	"Bulldog's Bride"	So You		"Arrest Bulldog"		"Bulldog Drmnd"		"Bulldog's Revenge"		"Bulldog Escapes"		Detective	"Bulldog Drum."		"Calling Bulldog Drummond"			"Flamingo Road"	
					Th (7:15) "Bombardier"		★★ "Torpedo Run" (1958)			(:45) ★★★ "Fighter Squadron" (1948, War)				★★★ "The Dirty Dozen" (1967, War) Lee Marvin.					(:15) ★★★★ "Paths of Glory" (1957, War)			"Best Yrs-Lives"	
					F Day-Glory	(:45) ★★★ "Experiment Perilous" (1944)				★★★★ "Out of the Past"			(:15) ★★ "Berlin Express" (1948)				★★ "Easy Living" (1949)			★★ "Wichita" (1955)		"Outsiders"	
TDC	51	42	182	278	Varied Programs																			
TLC	49	62	183	280	Varied Programs																			
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Varied Programs											
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Ad. Ruins	Ad. Ruins	Jokers	Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes	Jokes	Jokes	Jokes
TVL	75	74	106	304	Paid Prog.	Paid Prog.	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza	Varied	G'nsmoke	Varied	G'nsmoke	Varied	G'nsmoke	Varied	G'nsmoke	Varied	Andy G.	Andy G.	Andy G.	Andy G.
USA	58	39	105	242	Varied Programs																			
WE	118	118	128	260	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Varied Programs															
WEATH	14	19	214	362	AMHQ		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather Underground		Weather Underground		Weather Underground		Weather Underground		Varied Programs	
WTBS	59	40	139	247	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon
HBO	518	518	303	504	M Last	Antlers	(8:55) ★★ "Anger Management"			(:45) ★★ "The Mummy" (1999) Brendan Fraser.					(12:55) ★★ "Le Divorce" (2003)				(2:55) ★★★ "Hotel Rwanda" (2004, Drama)				Last	Axios
					T "In the Heights"		(8:55) ★★ "2 Fast 2 Furious"			(:45) ★★★ "Cloverfield" (2008)			(:15) ★★ "The Transporter" (2002) Shu Qi				(1:50) ★★★ "King Kong" (2005) Naomi Watts, Jack Black.				Real Time, Bill Maher			
					W Ouija	(:45) ★★ "The Brothers Grimm" (2005)				(:44) ★★★ "Tenet" (2020) John David Washington.					(:15) ★★ "The Fast and the Furious"				(:05) ★★ "The Day After Tomorrow"				(:10) "Oblivion" (2013)	
					Th (7:35) "Words and Pictures"			(:35) ★★ "Employee of the Month" (2006)				(:25) ★★ "In the Heart of the Sea"				★★★ "Hotel Rwanda" (2004) Don Cheadle.				(:35) ★★ "Lady in the Water" (2006)				Transport
					F (7:45) ★★★ "13 Going on 30"		"Daddy's Little Girls"				(:10) ★★ "Godsend" (2004) Greg Kinnear.				(12:55) ★★★ "Keeping the Faith" (2000)				(:05) "Extremely Loud & Incredibly Close"				"News of the World"	
MAX	531	531	311	516	M Tuxedo	(:39) "The X-Files: I Want to Believe" (2008)			(:25) ★★★ "City Slickers" (1991, Comedy)				(:20) ★★★ "Swingers" (1996)				(1:57) ★★★ "Just Mercy" (2019, Drama)				(:15) ★ "Swimfan" (2002)			Child 44
					T Man Ldge	(:27) ★★★ "The Falcon and the Snowman"				(:38) ★ "How to Be a Player"			(:13) ★★ "The Perfect Man" (2005)				(1:55) ★★ "Evolution" (2001)		(:37) ★★★ "Man Up" (2015)			"Welcome-Col."	
					W Superstar	(:20) ★★★ "A Hidden Life" (2019) August Diehl.					(:15) ★★ "Lay the Favorite" (2012)				(12:50) ★★ "Jason's Lyric" (1994)				(2:50) ★★ "The Quiet Ones"				★ "College" (2008) Drake Bell.	
					Th "Killer Klowns From Space"			(:22) ★★ "Warm Bodies"			(:01) ★★ "The Hundred-Foot Journey"				(:05) "The Legend of Hercules"			(:45) ★★★ "High Fidelity" (2000)					(:40) "40 Days and 40 Nights"	
					F (6:55) "All the President's Men"			(:16) ★★ "Admission"			(:04) ★★ "At First Sight" (1999) Val Kilmer.				(:13) ★ "Just Before I Go"			(:45) ★★ "Save the Last Dance" (2001)					(:40) ★★ "One More Time"	
SHOW	578	578	319	546	M Anaconda	(:45) ★ "Alex Cross" (2012) Tyler Perry.				★★★★ "The Godfather, Part II" (1974) Al Pacino, Robert Duvall.							"Godfather, Coda: The Death of Michael Corleone"					The Cir	(:10) Wakefield	
					T "Before Sunrise"		★★★★ "Milk" (2008) Sean Penn.				(:15) ★★★ "Boy" (2010)			(:45) ★★ "21 Bridges" (2019, Action)				★★★ "Crash" (2004) Sandra Bullock.				★★★ "Death Becomes Her"	
					W Victoria	★★ "Beauty Shop" (2005, Comedy)				"Songs My Brothers Taught Me"			(:15) ★★★ "Silver Linings Playbook" (2012)				(:25) ★★ "The Gentlemen" (2020)					(:25) ★★★ "1917" (2019)	
					Th (7:15) "Hoosiers"		(:15) ★★★★ "When Harry Met Sally..."				★★ "Last Holiday" (2006, Comedy)				More Funny Women		(:15) ★★ "The Yards" (2000) Premiere.				(:15) ★★★ "Nightcrawler" (2014, Suspense)			
					F Fury of Rick James		(:15) ★★ "Why Did I Get Married?"				(:15) "Queen Bees" (2021) Ellen Burstyn.				★★★ "Gloria Bell" (2018)		(:45) Passion Play: Russell Westbrook				(:40) "The Talented Mr. Ripley"		
STARZ	621	621	351	526	M "Sleepy Hollow"		(:03) ★★ "Devil" (2010, Horror)		(:27) ★ "The Unholy" (2021)				(:10) ★★ "Piranha 3D"			(:41) "The Misfits" (2021) Pierce Brosnan.				(:19) ★★ "Spanglish" (2004) Téa Leoni			Hightown
					T (7:25) ★★★ "Narc"		(:14) ★★ "The Lone Ranger" (2013) Johnny Depp, Armie Hammer.						"The House: Meet the Blacks 2"			"Spiral: From the Book of Saw"		(:04) ★★★ "Narc" (2002) Ray Liotta.				(:01) Hightown	
					W Legally Bl	"Legally Blonde 2"			(:15) "House at the End of the Street" (2012)				(11:58) ★★ "Stepmom" (1998, Drama)				(:06) ★★★ "Iron Man 3" (2013) Robert Downey Jr.				(:20) Hightown		City Lies
					Th Mona Lisa	(:32) "The Good Dinosaur" (2015)		(:08) ★ "Head Over Heels"			(:37) ★★★ "Starship Troopers" (1997) Dina Meyer						(1:50) ★★ "Monster Hunter"		(:36) ★★ "Godzilla" (1998) Matthew Broderick.					
					F (7:08) ★★★ "Little Women"		"Dr. Seuss' The Cat in the Hat"			(10:51) ★★ "Godzilla" (1998) Jean Reno			(:13) ★★★ "Big Miracle" (2012) Premiere.					(:03) ★★★ "Little Women" (2019) Saoirse Ronan.					Craft	
TMC	591	591	327	554	M Testa	"Rose: A Love Story" (2020)			★★★ "Panic Room" (2002) Jodie Foster.				★★★ "Byzantium" (2012) Gemma Arterton.				★★ "The Ring Two" (2005) Naomi Watts.				"Master and Commander: The Far Side"			
					T Woman	(:45) "The Carnivores" (2020)			(:05) ★★ "Blown Away" (1994) Jeff Bridges.				(:05) ★★ "Demolition Man" (1993)				★★★ "The American President" (1995)				★★ "Stone" (2010) Robert De Niro.			
					W "Slap Shot 3: Junior League"		(:40) ★★ "Game 6" (2005)			(:05) ★★★ "Michael Jackson's This Is It"				★★ "Road House" (1989) Patrick Swayze.				★★★ "Out of the Furnace" (2013)					"Chinatown" (1974)	
					Th ★★ "Mamma Mia!" (2008) Meryl Streep.				★★★ "Shampoo" (1975) Warren Beatty.				(11:50) ★★ "The Odessa File" (1974)				★★ "Act of Valor" (2012) Roselyn Sánchez.		(3:50) ★★ "Blown Away" (1994, Suspense)					
					F "Testament-Yth"		(:15) ★★ "Van Helsing" (2004) Hugh Jackman.					"Pixie" (2020) Olivia Cooke.			(:05) "Burn After Reading" (2008)		(:45) ★ "Rollerball" (2002) Chris Klein.				★★ "Head of State" (2003)			