WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV MOVIES SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC
PBS	3	5			Tiger	Donkey	Elinor	Clifford	Xavier	Sesame	Dinosaur	Varied Programs					Pink	Arthur	Odd	Wild Kratt	Varied Programs			
CBS	6	6	6	6	(7:00) CBS Mornings		Let's Make a Deal		The Price Is Right		Young & Restless		News	Bold	The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast	Blast	News	Paid Prog.	Days of our Lives		Blast	Varied	Ellen DeGeneres		KGW News at 4		News	News
CW	9	9	32	32	KOIN AM Extra		Tamron Hall		Maury		Steve Wilkos Show		Friends	Friends	King	King	Mom	Mom	Friends	Friends	Last Man	Last Man	Goldbergs	Goldbergs
FOX	12	12	12	12	Good Day Oregon		Good Day Or.		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy	Varied	The People's Court		Jdg Judy	Jdg Judy	News	Varied	5 O'Clock News	
MNT	13	13	49	49	Good Day Oregon		Paid Prog.	Varied	Nick Cannon		The Real		Relative	Relative	Divorce	Divorce	Judge Mathis		Hot Bench	Hot Bench	Jdg Judy	Jdg Judy	FamFeud	You Bet
UNIV	22	22	16	47	(7:00) ¡Despierta América!						Como dice el dicho		Noticiero	Nosotr.	Hoy		Amor eterno		La madrastra		El gordo y la flaca		Primer impacto	
A&E	52	55	118	265	Parking	Parking	Parking	Parking	Varied Programs										First 48	Varied Programs			First 48	Varied
AMC	60	45	131	254	Paid Prog.	Paid Prog.	Movie	Varied Programs			Movie		Varied Programs									Movie	Varied Programs	
ANP	24	49	184	282	Treehouse Masters		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Lone Star Law		Varied Programs									
BET	4	72	124	392	Lv Single	Lv Single	black-ish	black-ish	Parkers	Parkers	Parkers	Parkers	Martin	Martin	Martin	Martin	Martin	Martin	Movie				Varied Programs	
BRAVO	54	65	129	237	Varied Programs																			
CARTOON	25	59	177	297	Pocoyo	Pocoyo	Thomas	Thomas	Bing	(:20) Bing	Bing	Pocoyo	Caillou	Caillou	Mush	Mush	Gumball	Gumball	Gumball	Gumball	Craig	Craig	Craig	Teen
CBSSN	410	410	158	221	Varied Programs		The Jim Rome Show		Varied Programs				Tiki & Tierney		Varied Programs				Schein	Varied Programs				
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront		Anderson Cooper 360	
COM	77	56	107	249	Futurama	Futurama	South Pk	South Pk	South Pk	South Pk	Varied Programs					South Pk	South Pk	Varied Programs			Seinfeld	Seinfeld	Seinfeld	Seinfeld
COOK	123	123	113	232	Varied Programs																			
DISN	26	48	173	290	Puppy	Squad	Spidey	Bluey	Bluey	Puppy	Bluey	Bluey	Ladybug	Ladybug	Ladybug	Big City	Big City	Big City	Varied Programs		Big City	Big City	Bunk'd	Bunk'd
E!	64	76	114	236	Varied Programs						Daily Pop		Varied Programs											
ESPN	33	27	140	206	(7:00) First Take		Varied Programs				This Just In		NBA Today		NFL Live		Around	Pardon	Varied Programs					
ESPN2	34	28	143	209	(7:00) Get Up		First Take			Varied Programs					Jalen	Football	Varied Programs		Daily Wager		Varied	Football	Varied Programs	
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports With John Roberts				The Story		Neil Cavuto		The Five		Special Report		FOX News Primetime		Tucker Carlson	
FOOD	61	54	110	231	Varied Programs																			
FREE	32	33	180	311	black-ish	black-ish	The 700 Club		700 Club	Middle	Varied Programs													
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself			Varied	Skip	Varied	Hub	Varied Programs				
FX	65	24	136	249	Mom	Varied	Movie		Varied Programs								Movie	Varied Programs						
FXX	35	64	125	259	(7:00) Movie		Movie	Varied Programs									King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	Simpsons	Simpsons
GOLF	88	88	401	218	Varied Programs		Golf Today		Varied Programs		Golf Today		Varied Programs		Golf Central		Varied Programs		Golf C'tral	Varied Programs				
HALL	87	87	185	312	Movie				Movie				Movie				Movie				Movie			
HALLMM	86	86	187	565	M "The Christmas Ornament" (2013, Romance)				★★★ "Christmas Song" (2012, Romance)				"Home for Christmas Day" (2017, Romance)				"Holiday for Heroes" (2019) Marc Blucas				"A Blue Ridge Mountain Christmas" (2019)			
					T ★★★ "A Boyfriend for Christmas" (2004)				"A Dream of Christmas" (2016, Drama)				"Once Upon a Christmas Miracle" (2018)				"A Christmas for the Books" (2018)				"A Christmas to Remember" (2016, Drama)			
					W "Deliver by Christmas" (2020) Alvina August.				"Just in Time for Christmas" (2015)				"Christmas at Graceland" (2018, Romance)				"Christmas on Honeysuckle Lane" (2018)				"Holly & Ivy" (2020, Drama) Janel Parrish.			
					Th "I'll Be Home for Christmas" (2016, Drama)				"Holiday Hearts" (2019) Ashley Williams.				"A Merry Christmas Match" (2019, Romance)				"Marry Me at Christmas" (2017, Romance)				"Our Christmas Love Song" (2019)			
					F "Christmas Incorporated" (2015) Steve Lund				"The Mistletoe Inn" (2017) Alicia Witt.				★★ "The Christmas Card" (2006, Romance)				"A Christmas Miracle" (2019) Kendall Cross				"Entertaining Christmas" (2018, Romance)			
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		The Closer		The Closer		The Closer		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Castle	
MSNBC	71	67	209	356	Craig Melvin Reports		Andrea Mitchell		MTP Daily		Katy Tur Reports		Hallie Jackson		Deadline: White House				The Beat With		The ReidOut		All In With	
NBCSN	89	89	159	220	SKY Sports News				Varied Programs															
NGEO	55	78	197	276	Paid Prog.	Paid Prog.	Varied Programs																	
NICK	27	51	171	299	PAW	PAW	Peppa Pig	Peppa Pig	Blaze	Blaze	Blaze	Blaze	PAW	PAW	Ryan's	PAW	SpongeBob		Varied Programs		Sponge.	Sponge.	Loud	Loud
OWN	40	41	189	279	Tamron Hall		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Court	Court	Court	Court	Court	Court	Dr. Phil		Dr. Phil	
OXY	30	69	127	251	Varied Programs																			
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men
ROOT	37	26	426	687	Medicare	Paid Prog.	Varied Programs																	
SYFY	67	50	122	244	Movie	Varied Programs															Movie	Varied Programs		
TCM	56	73	132	256	M Hold 'Em	★★ "College Coach" (1933)			★★★ "Trouble Along the Way" (1953)				(:15) ★★ "The Iron Major"			(:45) "The Cowboy Quarterback"			★★★ "Jim Thorpe, All American"				"Small Town Girl"	
					T Vacation	★★ "Maisie Goes to Reno"			(:15) ★★★ "The Women" (1939) Norma Shearer.					Romantic	★★ "Born to Kill" (1947)			(:45) ★★★ "The Misfits" (1961, Western) Clark Gable.				"Ashes-Diamond"	
					W (:15) "You Only Live Once"			(:45) ★★★ "They Live by Night" (1948)				★★★ "Gun Crazy" (1950)			★★★ "The Getaway" (1972) Ali MacGraw				(:15) ★★★ "Badlands" (1973)				"Maltese Falcon"	
					Th (7:15) "Torch Song"	★★★ "The Tunnel of Love" (1958)					"Girl-Everything"		(:15) "Holiday for Sinners" (1952)			(:45) ★★ "Arena" (1953)			(:15) ★★★ "A Ticklish Affair" (1963)				"Confess.-Nazi"	
					F (7:15) "For a Few Dollars More"			★★★ "A Fistful of Dollars"				Train Rob.	★★★ "Major Dundee" (1965) Charlton Heston.				★★★ "The Big Country" (1958) Gregory Peck, Jean Simmons.						"Start Cheering"	
TDC	51	42	182	278	Varied Programs																			
TLC	49	62	183	280	Varied Programs																			
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Varied Programs											
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Ad. Ruins	Ad. Ruins	Jokers	Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes	Jokes	Jokes	Jokes
TVL	75	74	106	304	Paid Prog.	Paid Prog.	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.
USA	58	39	105	242	Varied Programs																			
WE	118	118	128	260	Paid Prog.	Paid Prog.	Varied	Paid Prog.	Varied Programs															
WEATH	14	19	214	362	AMHQ		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather Underground		Weather Underground		Weather Underground		Weather Underground		Varied Programs	
WTBS	59	40	139	247	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon
HBO	518	518	303	504	M Last	(:35) ★★ "The Conspirator" (2010)				"The Personal History of David Copperfield"			(:40) ★★★ "King Kong" (2005, Adventure) Naomi Watts, Jack Black.								(3:55) ★★★ "The Queen"			Last
					T America	(:45) ★★ "Duplex" (2003)			(:15) ★★ "The Brothers Grimm" (2005)				(:15) ★★ "Disturbia" (2007, Suspense)				(:05) ★★ "The Day After Tomorrow"				Antlers	(:25) ★★ "Oblivion" (2013)		
					W Madea	(:20) The Perfect Weapon			(9:50) ★★★ "Solaris" (2002)			(:45) ★★ "The Next Three Days" (2010) Premiere.					★★★ "Transformers" (2007, Action) Shia LaBeouf.				Curb	(:25) "Wonder Woman 1984"		
					Th Burning	★★ "Rent" (2005) Rosario Dawson.				(:45) "Tyler Perry's Why Did I Get Married Too?" (2010)				(12:50) ★★ "10 Years"				(:35) ★★★ "Cloverfield" (2008)				(:45) ★★★ "Pride & Prejudice"		
					F My Favorite Shapes		★★ "View From the Top"			★★ "The Forgotten" (2004)			(:05) ★★ "In the Heart of the Sea"				(:10) ★★ "2 Fast 2 Furious" (2003) Tyrese				★★ "Mortal Kombat" (2021) Lewis Tan.			
MAX	531	531	311	516	M (7:46) ★★ "Uncle Buck"			(:28) ★★ "The High Note" (2020)				(:23) ★★★ "High Fidelity" (2000)				(:18) ★★★ "Billy Elliot" (2000)			(:10) ★★ "Butter" (2011)			(:42) ★★ "The Quiet Ones"		
					T (7:45) ★ "Leap Year" (2010)			(:25) ★★ "Jason's Lyric" (1994, Drama)				(:25) ★★★ "Colors" (1988) Sean Penn.				(:25) ★★ "The Purge" (2013)			(2:51) ★★ "Mimic" (1997)			(:38) ★★★ "Trance" (2013)		
					W (6:50) "Just Mercy"		"Tales From the Darkside"			(:42) ★★ "Hart's War" (2002, War) Bruce Willis.						(12:47) ★★ "Running Scared"		(:35) ★★ "At First Sight" (1999) Val Kilmer.				(:45) ★★★ "Thirteen" (2003)		
					Th Superstar	"Bill & Ted's Bogus Journey"			(:05) ★★★ "Gangs of New York" (2002) Leonardo DiCaprio.							(12:52) ★★★ "The East" (2013, Suspense)			(2:50) ★★ "Underwater" (2020)			"The X-Files: I Want to Believe"	
					F Bushwhck	★★★ "Blood and Wine" (1996)			(:12) ★★ "Two for the Money" (2005) Al Pacino.					(:16) ★★ "Child 44" (2015) Tom Hardy.				(:35) "40 Days and 40 Nights"			(:11) ★★ "Bandits" (2001) Bruce Willis.		
SHOW	578	578	319	546	M The Cir	Access	Dexter "It's Alive!"		Dexter		Dexter		Dexter		Dexter		Dexter		Dexter		Dexter		Dexter	
					T ★★ "The Gentlemen" (2020)				Dexter "Our Father"		Dexter		Dexter		Dexter		Dexter		Dexter "Si Se Puede"		Dexter "Easy as Pie"		Dexter	
					W (7:00) ★★★★ "The Godfather" (1972)				Dexter		Dexter		Dexter		Dexter		Dexter "Dirty Harry"		Dexter		Dexter "Slack Tide"		Dexter "Road Kill"	
					Th (7:30) "No Man's Land" (2021)			★★ "Walking Tall" (2004)			Dexter "My Bad"		Dexter "Hello Bandit"		Dexter		Dexter		Dexter "First Blood"		Dexter		Dexter "Circle Us"	
					F Dexter		Dexter		Dexter		Dexter		Dexter "Just Let Go"		Dexter "Nebraska"		Bellator MMA Bellator MMA 270: Queally vs. Pitbull 2. (N)					Access	Dexter	
STARZ	621	621	351	526	M Untra	(:33) ★★★ "Elizabeth" (1998)				(:40) ★★ "Elizabeth: The Golden Age"				(:38) BMF		(:33) ★★ "The Last Shift"			(:07) ★★ "The Grudge" (2004)			(:42) Hightown		Beautiful
					T (7:57) ★★ "The Last Shift"			(:31) "A Crime on the Bayou"			(:06) BMF		(:01) "School's Out Forever" (2021)				(1:50) ★★★ "A Beautiful Mind" (2001)			(:09) ★★★ "The Ides of March" (2011)				
					W (:13) ★★★ "Public Enemies" (2009) Johnny Depp.					(:35) "The Birthday Cake" (2021)			(:11) BMF		(:04) Hightown		(:03) ★★ "Godzilla" (1998) Matthew Broderick.					(:25) "Forgetting Sarah Marshall"		
					Th (5:40) "Me, Myself and Irene"			(:31) Biggie: The Life of Notorious B.I.G.				(:36) ★★ "Tyler Perry's Good Deeds"				(:42) ★ "The Unholy" (2021, Horror)				(:25) ★ "Mortdecai" (2015, Comedy) Johnny Depp.			
					F Chasing	(:37) ★★ "You, Me and Dupree" (2006)			★★ "Death Race" (2008) Jason Statham.					(:18) ★★ "The Lone Ranger" (2013) Johnny Depp.			(2:51) ★★ "28 Days" (2000)				(:38) "Something's Gotta Give"		
TMC	591	591	327	554	M ★ "Mallrats" (1995, Comedy)			(:35) ★★★ "The China Syndrome"				(:40) ★★★ "Apollo 13" (1995) Tom Hanks.					★★ "A Call to Spy" (2019) Stana Katic				(:05) ★★★ "G.I. Jane" (1997) Demi Moore.			
					T (:15) ★★ "The Ring Two" (2005, Horror)				(:05) ★★★ "Ruthless People"			"Master and Commander: The Far Side of the World"					★★ "Mercury Rising" (1998) Bruce Willis.				★★ "Road House" (1989) Patrick Swayze.			
					W Big Liar	★★ "Mamma Mia!" (2008) Meryl Streep.				(:25) ★★★ "Mighty Aphrodite"			★★ "Act of Valor" (2012) Roselyn Sánchez.					★★★ "Dangerous Liaisons" (1988)				★ "The Haunting" (1999) Liam Neeson.		
					Th "Rose: A Love Story"	★★ "Dark Skies" (2013)				(:40) "Swallow" (2019) Haley Bennett.				(:20) "Burn After Reading" (2008)				★★★ "Out of the Furnace" (2013)			"Cold Comes the Night" (2013)		Stone	
					F (:10) ★★★ "Apollo 13" (1995) Tom Hanks.					"Made in Italy" (2020)			(:05) ★★ "Mamma Mia!" (2008)				Me, Sugar	Joan Kiss.	"Signature Move" (2017)			★★★ "Ruthless People" (1986)		