WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV MOVIES SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC
PBS	3	5			Tiger	Donkey	Elinor	Clifford	Xavier	Sesame	Dinosaur	Varied Programs					Haunted	Varied	Wild	Varied Programs				
CBS	6	6	6	6	(7:00) CBS Mornings		Let's Make a Deal		The Price Is Right		Young & Restless		News	Bold	The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast	Blast	News	Paid Prog.	Days of our Lives		Blast	Varied	Ellen DeGeneres		KGW News at 4		News	News
CW	9	9	32	32	KOIN AM Extra		Tamron Hall		Maury		Steve Wilkos Show		Friends	Friends	King	King	Mom	Mom	Friends	Friends	Last Man	Last Man	Goldbergs	Goldbergs
FOX	12	12	12	12	Good Day Oregon		Good Day Or.		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy	Varied	The People's Court		Jdg Judy	Jdg Judy	News	Pregame	2021 World Series	
MNT	13	13	49	49	Good Day Oregon		Paid Prog.	Medicare	Nick Cannon		The Real		Relative	Relative	Divorce	Divorce	Judge Mathis		Hot Bench	Hot Bench	Jdg Judy	Jdg Judy	FamFeud	You Bet
UNIV	22	22	16	47	(7:00) ¡Despierta América!						Como dice el dicho		Noticiero	Nosotr.	Hoy		Amor eterno		La madrastra		El gordo y la flaca		Primer impacto	
A&E	52	55	118	265	Parking	Parking	Parking	Parking	Varied Programs						First 48	Varied	First 48	Varied	First 48	Varied Programs				
AMC	60	45	131	254	Paid Prog.	Paid Prog.	(:15) Movie		Varied Programs							Movie		Varied Programs						
ANP	24	49	184	282	Treehouse Masters		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Lone Star Law		Varied Programs									
BET	4	72	124	392	Parkers	Parkers	black-ish	black-ish	Lv Single	Lv Single	Lv Single	Lv Single	Lv Single	Lv Single	Martin	Martin	Martin	Martin	Movie				Varied Programs	
BRAVO	54	65	129	237	Varied Programs																			
CARTOON	25	59	177	297			Thomas & Friends: All Engines Go				Varied Programs		Caillou	Caillou	Mush	Mush	Varied Programs							
CBSSN	410	410	158	221	Varied Programs		The Jim Rome Show		Varied Programs				Tiki & Tierney		Varied Programs				Schein	Varied Programs				
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront		Anderson Cooper 360	
COM	77	56	107	249	Futurama	Futurama	South Pk	South Pk	South Pk	South Pk	South Pk	Varied Programs				South Pk	South Pk	South Pk	South Pk	South Pk	Seinfeld	Seinfeld	Seinfeld	Seinfeld
COOK	123	123	113	232	Varied Programs																			
DISN	26	48	173	290	Varied Programs		Spidey	Bluey	Bluey	Puppy	Bluey	Bluey	Ladybug	Ladybug	Ladybug	Big City	Big City	Big City	Jessie	Jessie	The Worst	The Worst	Bunk'd	Bunk'd
E!	64	76	114	236	Varied Programs						Daily Pop		Varied Programs											
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportsCenter		This Just In		NBA Today		NFL Live		Around	Pardon	SportsCenter		Varied Programs			
ESPN2	34	28	143	209	(7:00) Get Up		First Take				SportsCenter		This Just In		Jalen	Football	Baseball	Varied	Wager	Varied Programs				
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports With John Roberts				The Story		Neil Cavuto		The Five		Special Report		FOX News Primetime		Tucker Carlson	
FOOD	61	54	110	231	Varied Programs																			
FREE	32	33	180	311	black-ish	black-ish	The 700 Club		700 Club	Middle	Middle	Middle	Varied Programs											
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself				Fox Bet	Varied	NASCAR Race Hub		Varied Programs			
FX	65	24	136	249	Movie		Varied Programs													Movie	Varied Programs			Movie
FXX	35	64	125	259	(7:00) Movie		Movie	Varied Programs									King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	King/Hill	Simpsons	Simpsons
GOLF	88	88	401	218	(6:30) Ladies Euro Tour Golf			Varied Programs				College	Golf			Varied Programs			Golf Central		Varied Programs			
HALL	87	87	185	312	Movie				Movie				Movie				Movie				Movie			
HALLMM	86	86	187	565	M "A Nutcracker Christmas" (2016) Amy Acker.				"Holiday Engagement" (2011) Shelley Long				"Christmas in the Air" (2017) Catherine Bell.				"Magical Christmas Ornaments" (2017)				"Our Christmas Love Song" (2019)			
					T "A Perfect Christmas" (2016) Dillon Casey				"Fir Crazy" (2013) Sarah Lancaster.				"Lucky Christmas" (2011) Elizabeth Berkley.				"Time for Us to Come Home for Christmas"				"A Little Christmas Charm" (2020, Drama)			
					W "Entertaining Christmas" (2018, Romance)				"Christmas Encore" (2017) Maggie Lawson.				"One Starry Christmas" (2014) Sarah Carter.				"A Bramble House Christmas" (2017)				"Unlocking Christmas" (2020) Taylor Cole.			
					Th "Christmas Dance" (2012) Andrew McCarthy.				"Dashing Through the Snow"				"Nostalgic Christmas" (2019, Romance)				"A Blue Ridge Mountain Christmas" (2019)				"Christmas With Holly" (2012) Sean Faris.			
					F "A Song for Christmas" (2017) Becca Tobin.				"A Godwink Christmas" (2018, Drama)				"Magic Stocking" (2015) Bridget Regan.				"USS Christmas" (2020, Romance) Jen Lilley.				"Time for You to Come Home"			
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		The Closer		The Closer		The Closer		Varied Programs						Castle	
MSNBC	71	67	209	356	Craig Melvin Reports		Andrea Mitchell		MTP Daily		Katy Tur Reports		Hallie Jackson		Deadline: White House				The Beat With		The ReidOut		All In With	
NBCSN	89	89	159	220	SKY Sports News				Varied Programs															
NGEO	55	78	197	276	Paid Prog.	Paid Prog.	Varied Programs																	
NICK	27	51	171	299	PAW	PAW	Peppa Pig	Peppa Pig	PAW	Blaze	Blaze	Blaze	PAW	PAW	PAW	PAW	SpongeBob SquarePants			Varied	Sponge.	Sponge.	Loud	Loud
OWN	40	41	189	279	Tamron Hall		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Court	Court	Court	Court	Court	Court	Varied Programs			
OXY	30	69	127	251	Dateline: Secrets		Dateline	Varied Programs			Dateline: Secrets		Varied Programs											
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men
ROOT	37	26	426	687	Medicare	Paid Prog.	Varied Programs																	
SYFY	67	50	122	244	Varied Programs				Movie		Varied Programs									Movie	Varied Programs			
TCM	56	73	132	256	M "Date-Falcon"		"The Last of Mrs. Cheyney"			(:45) ★★ "Jewel Robbery"			★ "Arsene Lupin" (1932)			★ "Arsene Lupin Returns"			★★★★ "The Rules of the Game" (1939)				"Honeysuckle Rose"	
					T (:15) ★★ "The Pack" (1977, Horror)				★★ "Rattlers" (1976, Horror)			(:45) ★ "Night of the Lepus" (1972, Horror)				★ "The Killer Shrews"			(:15) ★★★ "Them!" (1954) Edmund Gwenn				"Crazed Fruit" (1956)	
					W Hard Way	"Two Guys From Texas" (1948)			★★ "April Showers" (1948)			(:45) ★ "High Flyers" (1937)			★★ "Shine On, Harvest Moon" (1944)				(:15) ★★★ "Mr. and Mrs. Smith" (1941)				"Carl Laemmle"	
					Th Thin Man	(:45) ★★★ "After the Thin Man" (1936)				(:45) "The Adventures of Robin Hood" (1938)			(:45) ★★★ "Captain Blood" (1935) Errol Flynn.						★★★ "Pillow Talk" (1959) Doris Day			"Yours, Mine"	
					F (7:45) "Best Foot Forward"			"Having-Time"		(:45) ★★ "Lawless Valley"			★★ "The Boy From Oklahoma"			★★★ "A Lion Is in the Streets"			★★★ "Flamingo Road" (1949, Drama)				"Abominable Dr."	
TDC	51	42	182	278	Varied Programs																			
TLC	49	62	183	280	Varied Programs																			
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Supernatural		Supernatural		Varied Programs							
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Ad. Ruins	Ad. Ruins	Jokers	Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes	Jokes	Jokes	Jokes
TVL	75	74	106	304	Paid Prog.	Paid Prog.	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.
USA	58	39	105	242	Varied Programs																			
WE	118	118	128	260	Paid Prog.	Paid Prog.	Varied	Paid Prog.	Varied Programs															
WEATH	14	19	214	362	AMHQ		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather Underground		Weather Underground		Weather Underground		Weather Underground		Varied Programs	
WTBS	59	40	139	247	George	George	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Sheldon	Sheldon
HBO	518	518	303	504	M Last		(:35) ★★ "The Man in the Iron Mask" (1998, Adventure)				(10:50) ★★★ "Dreamgirls" (2006)				Antlers	(:20) ★★★ "Dunkirk" (2017)			(:10) ★★ "Mama" (2013, Horror)				(4:50) Succession	
					T (7:43) ★★★ "All Is Lost"			(:29) ★★ "Proof" (2005)			(:10) The Day Sports Stood Still		(:35) ★★★ "Clueless" (1995)				(:15) ★★★ "The Dark Knight Rises" (2012, Action) Christian Bale.						Four Hours	
					W (7:30) "Bend It Like Beckham"		"League of Extra. Gentlemen"				(:15) ★★ "Dinner for Schmucks" (2010)		(:10) ★ "The Spirit" (2008, Action)						(2:55) "Moonrise Kingdom"			(:33) ★★ "The Photograph"	
					Th (7:25) "News of the World"			(:25) ★★ "Voyagers" (2021)			REAL Sports Gumbel		(:15) ★★ "I Am Number Four" (2011)				(:05) ★★★ "The Way, Way Back" (2013)				(:05) We're Here		"Those Wish"	
					F For Your		(:45) "The Hitchhiker's Guide to the Galaxy"			(:35) ★ "Envy" (2004)			(:15) ★★ "The Great Gatsby" (2013, Drama)					(:40) ★★★ "Jurassic Park" (1993) Sam Neill.				Unmother	Curb
MAX	531	531	311	516	M (7:23) ★★★ "Lincoln" (2012) Sally Field				(9:54) "Last Knights" (2015) Clive Owen.				(11:48) ★★★ "Kill Bill: Vol. 2" (2004)				(:06) ★★★ "The Blind Side" (2009, Drama)				(:15) ★★ "Blood Ties" (2013) Clive Owen.			
					T (6:58) "Hours" (2013)		(8:55) "Company Business"			(:35) ★★★ "The Italian Job" (2003)				(:27) ★★ "Black Christmas"			(:01) ★★ "12 Strong" (2018, War)				(:13) ★★ "Assassins" (1995, Action)			
					W "The Wedding Date"		(8:55) ★★ "Birthday Girl"			(:27) ★★ "Grand Canyon" (1991)				(:42) ★★★ "Primal Fear" (1996) Richard Gere.					(2:55) ★★ "Cruel Intentions"			(:35) ★★ "Gangster Squad"	
					Th (6:43) ★★★ "Amistad" (1997)			(:20) "Get a Job"		(:45) ★★ "Surrogates"			(:15) ★★ "Blood Ties" (2013) Clive Owen, Billy Crudup.					(:25) ★★★ "Argo" (2012) Ben Affleck.				(:26) ★★★ "The Way Back"	
					F Say Any...	(:23) ★★★★ "Once" (2006)			(9:50) ★★★ "Queen & Slim" (2019)				(:05) ★★ "The Clearing"			(:40) ★★ "Assassins" (1995, Action) Sylvester Stallone.				(3:53) ★★★ "The Italian Job"			Bourne
SHOW	578	578	319	546	M "Grace and Grit"		★★★ "The American President" (1995)				★★★ "United 93" (2006, Drama)				"Pixie" (2020) Olivia Cooke.			(:35) ★★ "Road House" (1989) Kelly Lynch			Buried			The Cir
					T (:05) ★ "Wild Hogs" (2007)			(:45) ★★ "Phenomenon" (1996) John Travolta.					★★★ "Scott Pilgrim vs. the World" (2010)				★★ "Four Brothers" (2005) Mark Wahlberg.				★★★ "Minari" (2020) Steven Yeun.			
					W "Yours, Mine & Ours"		(:15) ★★ "The War With Grandpa" (2020)			(10:50) ★★ "Mercury Rising"				(:45) ★★★ "Before Sunrise" (1995)				★★★ "Before Sunset" (2004)			★★★ "Before Midnight" (2013)			
					Th War-	"Senior Moment" (2021)			(:05) ★★★ "Ruthless People"			(:45) The Show				Access	★★★ "Open Water" (2003)			(:20) ★★★ "Hereditary" (2018, Horror)			Scary	
					F Apollo 13	★★ "Walking Tall" (2004)			★★★ "G.I. Jane" (1997) Demi Moore.				(:05) ★★★ "Enemy of the State" (1998) Will Smith.					(:20) ★★★ "Crash" (2004)			(:15) ★★★ "The Big Lebowski" (1998)			
STARZ	621	621	351	526	M "Adv of Tintin"		(:01) ★★ "You Got Served"		(:39) BMF			(:34) ★★★ "Heat" (1995) Al Pacino, Robert De Niro, Val Kilmer.					(:27) Hightown			(:24) ★★★ "Good Will Hunting" (1997)			Tintin	
					T (7:58) ★★ "Jumanji: The Next Level"				(:05) ★★ "The Craft: Legacy"			(:43) BMF		(:38) ★ "The Unholy" (2021, Horror)			(:21) ★★ "The Black Dahlia" (2006)					"The Broken Hearts Gallery"	
					W (7:59) ★ "The Grudge"			(:37) ★★★ "Detroit" (2017) John Boyega, Will Poulter.					(:04) BMF		Hightown			"Spiral: From the Book of Saw"		(:35) ★★★ "Good Will Hunting" (1997)			Elysium	
					Th "Beautiful Day Neighborhood"			(:37) ★★ "McFarland, USA" (2015) Kevin Costner.					(11:49) ★ "The Grudge"			(:26) "The Misfits" (2021, Action)			(:04) ★★ "White House Down" (2013) Channing Tatum.					Beautiful
					F (:02) ★★ "White House Down" (2013) Channing Tatum.				(:18) ★★ "Blade: Trinity" (2004)				(:15) BMF		(:10) ★★★ "The Abyss" (1989) Ed Harris.					(:35) ★★ "French Exit" (2020)			Father
TMC	591	591	327	554	M Boiler Rm	(:35) ★★ "Con Air" (1997) Nicolas Cage.			(:35) ★★★ "The Rock" (1996, Action) Sean Connery.						★★ "Cadillac Man" (1990)			(:40) "Dead in Tombstone" (2013, Western)			★★ "Into the Blue" (2005)			
					T Step Up	(:40) "The Hole in the Ground"			(:15) ★★ "Welcome to the Punch" (2013)				★★ "Ronin" (1998) Robert De Niro.				(:05) ★★★ "First Reformed" (2017)				★★★ "First Cow" (2019) John Magaro.			
					W (7:30) "Crisis" (2021, Suspense)		"Dreamland" (2019, Drama)				(:15) ★★★ "Munich" (2005, Suspense) Eric Bana, Daniel Craig.						★★★★ "Platoon" (1986) Tom Berenger.				"Burden" (2018, Drama) Garrett Hedlund.			
					Th ★★★ "Laggies" (2014)			(:40) ★★★ "Blue Jasmine" (2013, Drama)				(:20) ★★ "Cadillac Man"			★★ "U-571" (2000) Bill Paxton				"Unearth" (2020) Marc Blucas			(:35) ★ "Java Heat" (2013)	
					F Blues2000	(:45) ★★★★ "The French Connection"				★★ "RocknRolla" (2008) Gerard Butler.				★ "Wild Hogs" (2007)			(:10) ★★ "Into the Blue" (2005, Adventure)				★★ "Hot Summer Nights" (2017) Alex Roe			