Mother's judgement hinders daughter's recovery



Dear Abby: I'm a woman in my mid-30s without much family. I'm an only child and have no relationship with my father. The relationship I have with my mother is extremely

I have suffered my entire life from a severe shopping addiction. I recently relapsed, and I'm trying to recover financially. I can't afford counseling right now, and I can't ask for

help from my mother because of how horribly she shames me about my addiction. In fact, I have realized that having her in my life at all is a massive trigger because she constantly puts me down for not being financially stable as an adult. She also constantly compares me not only to herself when she was my age, but to others in my generation.

How can I tell her I no longer want her in my life for the sake of my mental health and addiction recovery? — Pulling Back In Texas

Dear Pulling: I'm not sure if you are already aware of it, but many people use shopping as a

way of coping with depression. You may be one of them. Before taking on that difficult conversation, do some research and find out what county mental health services may be available in your area. They are usually offered on a sliding fee scale.

There are also 12-step programs for compulsive shoppers that you might find helpful. Please go online and research some of them as well.

As to what to say to your mother, try this: "Mom, I know I need help for my shopping addiction. I am seeking it now. While I am in recovery, you won't be hearing from me for a while,

so don't worry. We will talk eventually."

Dear Abby: I lost my best friend of 32 years in a car accident three months ago. She was the best friend a person could possibly have. She would not only give you the shirt off her back, but she would then ask what else you needed. We had been through so much together. This would be the kind of thing I would turn to her for comfort while going through. She was cremated, and I didn't see her before that, so I didn't get closure. I feel so empty and unfinished. What do I do? - Not Well In The South

Dear Not Well: Please accept my sympathy for the loss of your dear friend. The circumstances of your loss make it more difficult, but it is not insurmountable. Because there is no "place" you can go to mourn her, you might find closure by writing her a letter telling her all the things you weren't able to say before her death. Then choose a private site you both used to enjoy, read it aloud to her and burn it, knowing she will always be alive in your heart. If this is not sufficient, consider asking your physician or religious adviser about a grief support group to help you work this through.

NEWS OF THE WEIRD

Bosnian makes rotating house a monument of love for his wife

The Associated Press

SRBAC, Bosnia-Herzegovina — It's not exactly on par with India's Taj Mahal, but a family house in a small town in northern Bosnia is in its own way a monument to love.

The house in Srbac was designed and built by 72-year-old Vojin Kusic. With a green facade and red metal roof, it can rotate a full circle to satisfy his wife Ljubica's shifting desires as to what she would like to see when she looks out of its windows.

"After I reached an advanced age and after my children took over the family business, I finally had enough time to task myself with granting my wife her wish" to be able to change the position of rooms in her house whenever she wants, Kusic

Many years ago when they married, Kusic had built another, typical house for himself and his wife in which they raised their three children. At the time, his wife wanted their bedrooms to face the sun, so they did. But this meant their living room faced away from the road. After a while, he says his wife complained that "she could not see people entering our front yard" and Kusic had

to remodel everything. "I had to tear down the wall between our two bedrooms to turn them into a living room and move all (electrical) installations. It was a very demanding task, it took a lot from me, but I did what she wanted," he said.

Then six years ago, the

only one of Kusic's three children not to fly the nest, a son, got married and his parents decided to let him live on the top floor of their family house while they moved to the ground floor.

"Once again, this time on the ground floor, I had to start tearing down some walls, at which point, to not wait for her to change her mind again, I decided to build a new, rotating house so that she can spin it as she pleases," Kusic said.

Kusic, who did not have a chance to go to college, designed and built his rotating house by himself, using electric motors and the wheels of an old military transport vehicle.

"Now, our front door also rotates, so if she spots unwanted guests heading our way, she can spin the house and make them turn away," he joked.

In Bosnian, his wife's name means "loved one." She declined to be interviewed.

School unhappy after soccer opponent sets record for goals

KINGSLEY, Mich. — A high school soccer player in northern Michigan broke records for most goals in a game, but not everyone is cheering.

Kevin Hubbell of Benzie Central, one of the best players in the state, scored 16 goals against Kingsley. The Sept. 29 game was declared over at halftime a 17-0 wipeout of a winless

That's why some people are upset.

"To go after a personal record like that at the cost



Radivoje Pavicic/The Associated Press

Vojin Kusic's stands in front of his rotating house in a town of Srbac, northern Bosnia, Sunday, Oct. 10, 2021. The house designed and built by 72-year-old Vojin Kusic, with its green façade and red metal roof, can rotate a full circle to satisfy his wife's shifting desires as to what she should see when she looks out of the windows of her home.

of another team's dignity was a little uncalled for, Kingsley coach Tim Van-Wingerden said. "Soccer is not the right place for that. Soccer is a gentleman's sport."

The Kingsley school board planned to discuss the issue Monday night, the Traverse City Record-Eagle reported.

"If high school sports degenerates into, 'Let's try to hang the most points we can,' and taking advantage of people when they're down, we're really missing the mark and need to reevaluate why we're doing this," said Kingsley Superintendent Keith Smith.

The Stags have had a rough season: They were 0-15 after another loss last week, according to a summary of game results.

Hubbell easily broke

the Michigan high school record of 10 goals in a game set by Karl Trost of Cheboygan in 2003. He also set a national record, the Record-Eagle reported.

Hubbell and Benzie Central coach Chris Batchelder knew the records were possible and discussed them during the game.

"We are in a society

where negative speaks before positive," Batchelder said. "I knew everyone wouldn't agree when he broke the record. I knew there'd be some people upset with it."

If there's any criticism, he said it should be directed at him, not his player.

"I want this to stop, and I want to get back to appreciating soccer," Batchelder said. "All that noise is just noise."

Trost said he recalled criticism when he set the previous record during a 20-0 blowout game, but it was before social media.

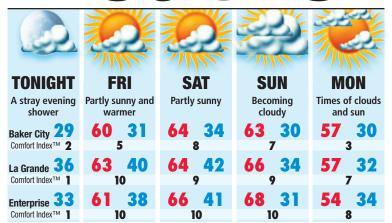
"People get on their computers or their phones and just go wild. It's really sad. I hate it for this kid," Trost said of Hubbell. "I really do. I wish it wasn't like this."

Hubbell figures his 16 goals will be surpassed at some point.

"That's going to be pretty incredible," he said. 'I just hope it doesn't happen too soon."

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Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable

45 cfs

54 cfs

3 cfs

Oct 20

ALMANAC

ALMANAU					
TEMPERATURES	Baker City	La Grande	Elgi		
High Tuesday	51°	53°	55		
Low Tuesday	27°	32°	17		
PRECIPITATION (inches)					
Tuesday	0.00	0.00	Trac		
Month to date	0.04	0.03	0.1		
Normal month to dat	e 0.20	0.42	0.5		
Year to date	3.62	7.41	16.5		
Normal year to date	7.06	12.42	17.4		

Umatilla River near Gibbon

Powder River near Richland

Minam River at Minam

AGRICULTURAL INFO.				
HAY INFORMATION FRIDAY	Υ			
Lowest relative humidity	30%			
Afternoon wind	S at 7 to 14 mph			
Hours of sunshine	3.9			
Evapotranspiration	0.11			
RESERVOIR STORAGE (throu	ugh midnight Wednesday			
Phillips Reservoir	N.A.			
Unity Reservoir	9% of capacity			
Owyhee Reservoir	10% of capacity			
McKay Reservoir	22% of capacity			
Wallowa Lake	2% of capacity			
Thief Valley Reservoir	0% of capacity			
STREAM FLOWS (through midnight Tuesday)				
Grande Ronde at Troy	568 cfs			
Thief Valley Reservoir near Nor	th Powder 1 cfs			
Burnt River near Unity	17 cfs			

THECDAY EVIDENCE

IUEJDAI	EVIUEIMES	
NATION (for the 48 contiguous states)		
High: 101°	Zapata, Texas	
Low: 11°	Bodie State Park, Calif.	
Wettest: 1.78"	Dodge City, Kan.	
OREGON		
High: 61°	Ontario	
Low: 16°	Meacham	
Wettest: 0.11"	Astoria	

WEATHER HISTORY

On Oct. 14, 1984, 42 separate accidents occurred on I-94 around Milwaukee, Wis., in dense fog. A cloak of fog combined with impatience on highways can be

SUN & MOON

		THU.	FRI.
Sunrise		:07 a.m.	7:09 a.m.
Sunset		:09 p.m.	6:07 p.m.
Moonrise	4	:05 p.m.	4:35 p.m.
Moonset	12	:14 a.m.	1:27 a.m.
MOON PI	HASES		
Full	Last	New	First
	4		

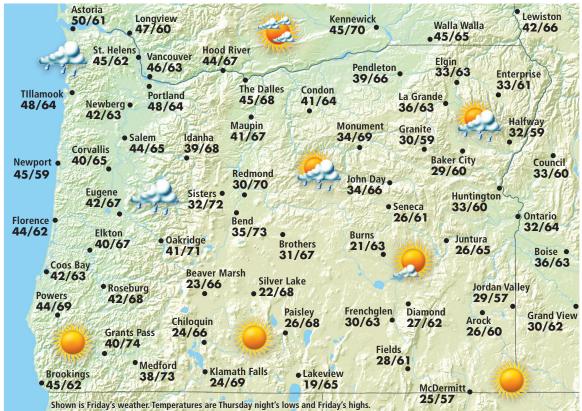
Nov 4

Nov 11

Oct 28

OREGON AND THE REGION

Forecasts and graphics provided by AccuWeather, Inc. ©2021



REGIONAL CITIES					
	FRI.	SAT.		FRI.	SAT.
City	Hi/Lo/W	Hi/Lo/W	City	Hi/Lo/W	Hi/Lo/W
Astoria	61/51/c	64/49/c	Lewiston	66/43/pc	72/45/pc
Bend	73/41/pc	78/41/pc	Longview	60/45/c	66/48/c
Boise	63/39/s	67/44/s	Meacham	62/35/pc	65/40/pc
Brookings	62/46/s	64/47/pc	Medford	73/41/s	77/43/s
Burns	63/24/s	69/27/s	Newport	59/47/c	61/48/c
Coos Bay	63/44/pc	65/47/pc	Olympia	59/48/c	67/47/c
Corvallis	65/40/pc	69/45/pc	Ontario	64/34/s	66/38/s
Council	60/30/s	63/36/s	Pasco	68/38/pc	71/41/pc
Elgin	63/34/pc	67/36/pc	Pendleton	66/41/pc	74/44/pc
Eugene	67/43/pc	70/47/pc	Portland	64/48/c	69/50/c
Hermiston	68/40/pc	73/40/pc	Powers	69/42/pc	73/47/pc
Hood River	67/44/c	69/46/pc	Redmond	70/35/pc	78/37/pc
Imnaha	63/45/pc	69/50/pc	Roseburg	68/43/pc	73/45/pc
John Day	66/36/s	70/43/pc	Salem	65/45/c	69/49/pc
Joseph	59/40/s	66/46/pc	Spokane	54/38/c	64/43/0
Kennewick	70/39/pc	72/40/pc	The Dalles	68/45/c	71/45/pc
Klamath Falls	69/25/s	74/31/s	Ukiah	64/34/pc	71/38/pc
Lakeview	65/24/s	72/27/pc	Walla Walla	65/46/pc	70/49/pc
Weather(W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice					

RIDAY LAKE

RECREATION FOR ANTHONY LAKES Not as cold	ORECAST FRIDAY PHILLIPS LAKE Milder
42 32	59 34
MT. EMILY REC. Partly sunny; cool	BROWNLEE RES. Mostly sunny
51 36	63 35
EAGLE CAP WILD. Mostly sunny	EMIGRANT ST. PA Milder
44 33 🏖	57 31
WALLOWA LAKE Milder	MCKAY RESERVO Milder
59 40 2	* 69 49

THIEF VALLEY RES.

Mostly sunny

31 SERVOIR 42

> **RED BRIDGE ST. PARK** Warmer 63

ST. PARK