

tonight's best



Boris Kodjoe

8 p.m. on ABC Station 19

Several relationships are sorely tested in "Phoenix From the Flame," the Season 5 premiere, in the aftermath of Sullivan's (Boris Kodjoe) actions at Maya and Carina's (Danielle Savre, Stefania Spampinato) wedding, which strained his own marriage to Andy (Jaina Lee Ortiz). Meanwhile, Dean (Okieriete Onaodowan) comes to terms with how he feels about Vic (Barrett Doss), as Travis (Jay Hayden) rekindles an old flame. Elsewhere, some reckless behavior by attendees at the annual Phoenix Festival challenges the teams at Station 19 and Grey Sloan Memorial Hospital.

9 p.m. on ABC Grey's Anatomy

Continuing a storyline introduced on sister show "Station 19," the longest-running American primetime medical drama series opens its 18th season with "Here Comes the Sun." After a season that saw several characters from the show's past resurface as visions in then-patient Meredith's (Ellen Pompeo) mind, two more return "for real" in these new episodes. Abigail Spencer is back in this premiere as Dr. Megan Hunt, while Kate Walsh will reappear at some point as Dr. Addison Montgomery. Kate Burton also returns in her role as Meredith's late mom, Dr. Ellis Grey.

10:01 p.m. on ABC Big Sky

Private detectives Jenny Hoyt and Cassie Dewell (Katheryn Winnick, Kylie Bunbury) reunite to investigate a car wreck outside of Helena, Mont., as this mystery series returns for its second season. As their probe slowly untangles the mystery behind the accident, their own path crosses those of a band of unsuspecting teenagers, a flirtatious face from Jenny's past and a vicious outsider determined to find some answers. Brian Geraghty, Dedee Pfeiffer, Omar Metwally, Anja Savcic, Scarlet Leyendecker and Janina Gavankar also star.

THURSDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

SEPTEMBER 30, 2021

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune (N)	Station 19 Travis rekindles an old flame.		Grey's Anatomy Bailey wants to hire new doctors.		(:01) Big Sky Jenny decides to rejoin the force.		KATU News at 11 (N) (Live)	(:35) Jimmy Kimmel Live!	
PBS	3	5			Curious Traveler	BBC World News Outside	PBS NewsHour (N)		Oregon Art Beat	Outdoor Idaho	Shakespeare and Hathaway -- Private Investigators		Inspector Morse "Who Killed Harry Field?" Morse probes the death of an art forger.				
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	Young Sheldon (N)	Young Sheldon	The Price Is Right Celebrates 50 years of the game show. (N)		50 Years Commemorating 50 "New World Order; The Outlaw Eddie Wagner" Stabler's loyalty is put to the test. (N)		KOIN 6 News at 11 (N)	Late Show-Colbert	
NBC	8	8	8	8	The Story with Dan Haggerty	KGW News at 6:30 (N)	The Good Stuff (N)	Inside Edition (N)	Law & Order: Special Victims Unit (N)		Law & Order: Organized Crime		Koin 6 News at 10p (N)		KGW News at 11 (N)	Tonight Show-J. Fallon	
CW	9	9	32	32	Young Sheldon	Young Sheldon	Modern Family	Modern Family	Coroner "Round and Round" A John Doe. (N)		The Outpost Talon learns about Aster's true plan. (N)		Seinfeld "The Junk Mail" Seinfeld "The Ticket"				
FOX	12	12	12	12	6 O'Clock News (N)		People (N)	Family Feud (N)	The Big Leap People join a reality dance show.		Our Kind of People Angela is thrust into a different world.		10 O'Clock News (N) 11 O'Clock News (N) (:35) People (N)				
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory	The Simpsons	Family Guy	Family Guy	
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univision (N)	¿Qué le pasa a mi familia? (N)		Diseñando tu amor Leonardo quiere vender las joyas. (N)		Si nos dejan Martin y Mabe encuentran un video. (N)		La desalmada Fernanda visita a Rafael. (N)		Noticias noroeste 11P	Noticiero Univision:	
A&E	52	55	118	265	The First 48		The First 48 "The Visitor"		The First 48: Deadly Defense		Kids Behind Bars		Kids Behind Bars		(:04) The First 48		
AMC	60	45	131	254	(5:00) *** "Lethal Weapon 2" (1989, Action) Mel Gibson, Danny Glover, Joe Pesci.		*** "Lethal Weapon 3" (1992, Action) Mel Gibson, Danny Glover, Joe Pesci. L.A. detectives and a wild woman crush a guns-to-gangs deal.								(:01) *** "Unstoppable" (2010, Action) Denzel Washington. Two men try to stop a runaway train carrying toxic cargo.		
ANP	24	49	184	282	(5:00) Deadliest Catch		(:01) Deadliest Catch		Deadliest Catch		Deadliest Catch A change in the Russian crab industry.		Deadliest Catch				
BET	4	72	124	392	* "Friday After Next" (2002, Comedy) Ice Cube, Mike Epps, John White.				Witherspoon.		* "The Wash" (2001) Dr. Dre. The assistant manager at a car wash alienates his lazy pals.						
BRAVO	54	65	129	237	Vanderpump Rules		Million Dollar LA		Million Dollar LA		Watch What		(:45) ** "Monster-in-Law" (2005) Jennifer Lopez.		Monster		
CARTOON	25	59	177	297	Teen Titans	Teen Titans	Apple & Onion	Apple & Onion	Apple & Onion	Apple & Onion	Bob's Burgers	Bob's Burgers	American Dad	American Dad	American Dad	Rick, Morty	
CNN	68	44	200	202	Cuomo Prime Time (N) (Live)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Anderson Cooper 360		Cuomo Prime Time		Don Lemon Tonight		
COM	77	56	107	249	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Daily Show	Charlamagne	
COOK	123	123	113	232	Bizarre Foods	Bizarre Foods	Man v. Food	Man v. Food	Man v. Food	Man v. Food	Delicious	Delicious	Bizarre Foods	Bizarre Foods	Man v. Food	Man v. Food	
DISN	26	48	173	290	Ladybug	Ladybug	Big City Green	Big City Green	Big City Green	Big City Green	Jessie	Jessie	Big City Green	Big City Green	Ladybug	Ladybug	
E!	64	76	114	236	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Cash at Door	Nightly Pop	
ESPN	33	27	140	206	(4:30) College Football Virginia at Miami. From Hard Rock Stadium in Miami Gardens, Fla. (N)		SportsCenter With Scott Van Pelt (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		
ESPN2	34	28	143	209	WNBA Basketball		WNBA Basketball TBA at Las Vegas Aces. Semifinal, Game 2.		30 for 30		30 for 30		30 for 30		30 for 30		
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N) (Live)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		
FOOD	61	54	110	231	Halloween Baking		Halloween Baking		Halloween Baking		Halloween Baking		Halloween Baking Championship				
FREE	32	33	180	311	(5:00) *** "Mulan" (1998)		*** "Beauty and the Beast" (1991) Robby Benson		*** "The Lion King" (1994, Children's) Jeremy Irons				The 700 Club				
FS1	41	85	150	219	Fri. Night SmackDown		PokerStars Shark Cage (N)		PokerStars Shark Cage (N)		WWE Friday Night SmackDown		Undisputed				
FX	65	24	136	249	(5:00) ** "Fast & Furious Presents: Hobbs & Shaw" (2019, Action) Dwayne Johnson, Jason Statham, Idris Elba.				** "Zombieland: Double Tap" (2019) Woody Harrelson. Zombie slayers square off against the newly evolved undead.		What We Do		What We Do		What We Do	"Zombieland: Double Tap"	
FXX	35	64	125	259	The Simpsons	The Simpsons	The Simpsons	The Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Cake	Cake	Cake	Family Guy	
GOLF	88	88	401	218	PGA Tour Golf Sanderson Farms Championship, First Round.		PGA Tour Golf Sanderson Farms Championship, First Round.								Golf Central		
HALL	87	87	185	312	"Taking a Shot at Love" (2021, Romance) Alexa PenaVega. Sparks fly between a ballet instructor and a hockey player.		"Taking the Reins" (2021, Romance) Nikki DeLoach, Scott Porter. A writer rediscovered love after returning to her ranch.		The Golden Girls		The Golden Girls		The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	
HALLMM	86	86	187	565	(5:00) "The Christmas House" (2020) Robert Buckley.		"A Godwink Christmas: Second Chance, First Love" (2020, Drama) Sam Page, Brooke D'Orsay, Rhys Slack.		"Save the Wedding" (2021) Kasey Landoll, Travis Burns. Sparks fly between a best man and a maid of honor.						Murder, She Wrote Nurse loses two elderly patients.		
HGTV	62	57	112	229	Home Town		Home Town		Flipping 101 With Tarek		Flipping 101 With Tarek		Hunters	Hunters Int'l	Hunters	Hunters Int'l	
HIST	50	60	120	269	Pawn Stars		Pawn Stars		Pawn Stars		Pawn Stars		(:05) Pawn Stars	(:05) Pawn Stars	(:05) Pawn Stars	(:05) Pawn Stars	
LIFE	29	29	108	252	Rizzoli & Isles		Rizzoli & Isles "Virtual Love"		** "Madea's Witness Protection" (2012, Comedy) Tyler Perry, Eugene Levy, Doris Roberts.				(:03) "The Boy Next Door"				
MSNBC	71	67	209	356	The Rachel Maddow Show (N)		The Last Word		The 11th Hour		The Rachel Maddow Show		The Last Word		The 11th Hour		
NBCSN	89	89	159	220	American Ninja Warrior The first qualifying round.		American Ninja Warrior Razor's Edge and I-Beam Gap.								American Ninja Warrior "Denver Qualifiers"		
NBCSNW	426	37	424		Talk. Beavers	Road Trippin'	Outdoor GPS (N) (Live)		Talk. Beavers		Road Trippin'		The Bridge		Talkin' Ducks	Outdoor GPS	
NGEO	55	78	197	276	Wicked Tuna: Outer Banks		Life Below Zero		Life Below Zero "Cold Rage"		Life Below Zero (N)		(:15) Life Below Zero: Next Generation (N)		Life Below		
NICK	27	51	171	299	Despicable 2	SpongeBob	Young Dylan	That-Lay Lay	*** "The Croods" (2013) Voices of Nicolas Cage.		Friends "The Last One"		Friends		Friends		
OWN	40	41	189	279	20/20 on OWN		20/20: Homicide		48 Hours: Hard Evidence		20/20 on OWN		20/20 on OWN "Lost at Sea"		20/20 on OWN		
OXY	30	69	127	251	Buried in the Backyard		Buried in the Backyard		Buried in the Backyard An Ohio couple make a discovery. (N)				Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		
PARMT	42	43	241	241	Two/Half Men		Two/Half Men		** "Sweet Home Alabama" (2002) Reese Witherspoon, Josh Lucas.		** "Sweet Home Alabama" (2002) Reese Witherspoon, Josh Lucas.						
ROOT	37	26	426	687	NHL Preseason Hockey Seattle Kraken at Calgary Flames.		Seahawks		Seahawks	Seahawks	Seahawks	Seahawks	NHL Preseason Hockey Seattle Kraken at Calgary Flames.				
SYFY	67	50	122	244	*** "Beetlejuice" (1988) Michael Keaton, Alec Baldwin.		** "Friday the 13th" (1980) Betsy Palmer, Adrienne King.		* "Friday the 13th, Part 2" (1981, Horror) Amy Steel.								
TCM	56	73	132	256	(5:00) *** "An Affair to Remember" (1957, Romance)		(:15) *** "The Grass Is Greener" (1960) Cary Grant. A millionaire duels for the hand of a married Englishwoman.		(:15) *** "From Here to Eternity" (1953, Drama) Burt Lancaster, Montgomery Clift. Lives intertwine at a Pearl Harbor base before the attack.						*** "Quo Vadis" (1951)		
TDC	51	42	182	278	Alaskan Bush People		Alaskan Bush People		Alaskan Bush People "Destined to Live Wild" A wildfire sweeps through the mountain. (N)						Alaskan Bush People		
TLC	49	62	183	280	Dr. Mercy "Mercy Mercy Me"		Dr. Mercy		Dr. Pimple Popper (N)		My Feet Are Killing Me (N)		My 600-Lb. Life		Brianne begins a weight-loss journey.		
TNT	57	52	138	245	NHL Preseason Hockey: Flyers at Bruins		Golden Knights at Los Angeles Kings. From Vivint Smart Home Arena in Salt Lake City. (N) (Live)						Tacoma FD		(:33) ** "A Knight's Tale" (2001, Action) Heath Ledger, Mark Addy, Rufus Sewell.		
TRAV	53	38	196	277	Paranormal Caught- Camera		Unexplained: Caught on Cam		Unexplained: Caught on Cam		Paranormal Caught- Camera		Paranormal Caught- Camera		Unexplained: Caught on Cam		
TRUTV	73	75	242	246	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Tacoma FD	Imp. Jokers	Imp. Jokers	Imp. Jokers	
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	
USA	58	39	105	242	Law & Order: SVU		Law & Order: SVU		Chrisley	Chrisley	Chrisley	Growing Up	Chrisley	Chrisley	Chrisley	Chrisley	
WE	118	118	128	260	Love- Lockup	Love After Lockup	Love After Lockup		Love After Lockup		Love- Lockup		Notorious Queens		Love After Lockup		
WEATH	14	19	214	362	Mayday: Air Disaster		Mayday: Air Disaster		Why Planes Crash		Why Planes Crash		Why Planes Crash		Why Planes Crash		
WTBS	59	40	139	247	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Rhodes to the Top		
HBO	518	518	303	504	(5:05) ** "Lady in the Water" (2006) Paul Giamatti.		(6:55) Scenes From a Marriage		Scenes From a Marriage		** "Seeking a Friend for the End of the World" (2012) Steve Carell. 'R'		(:45) Nuclear Family		"Young Woman"		
MAX	531	531	311	516	(5:12) *** "Gangs of New York" (2002, Historical Drama) Leonardo DiCaprio, Daniel Day-Lewis. 'R'		*** "City of God" (2002) Alexandre Rodrigues. Two young Cariocas deal drugs, kill and steal. (Subtitled) 'R'		(:11) *** "Pariah" (2011, Drama) Adepero Oduye, Pernell Walker, Aasha Davis. 'R'		"The Rules of Attraction" 'R'						
SHOW	578	578	319	546	(4:55) The Show		*** "Platoon" (1986, War) Tom Berenger, Willem Dafoe. A soldier embarks on a yearlong tour of duty in Vietnam. 'R'		** "Walking Tall" (2004) The Rock. A sheriff and a deputy try to rid their town of thugs.		Billions "Victory Smoke" Wags prepares for a big day.		American Rust The sheriff gets an anonymous tip.				
STARZ	621	621	351	526	(4:48) ** "White House Down" (2013, Action) 'PG-13'		(:03) ** "The Eagle" (2011, Action) Channing Tatum. A Roman soldier sets out to restore his father's honor. 'PG-13'		** "Fighting" (2009, Drama) Channing Tatum, Terrence Howard. becomes a champion street brawler. 'PG-13'				Zulay Henao. A young man				
TMC	591	591	327	554	(5:05) "It Cuts Deep" (2020)		(:25) *** "Blazing Saddles" (1974, Comedy) Cleavon Little, Gene Wilder. 'R'		* "Half Baked" (1998, Comedy) Guillermo Diaz, Jim Breuer. 'R'		Dave Chappelle, ** "First Sunday" (2008, Comedy) Ice Cube, Katt Williams, Tracy Morgan. 'PG-13'		(:10) "Mob Town" (2019) David Arquette. 'R'				