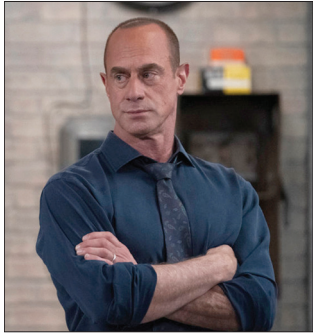


tonight's best



Christopher Meloni

7:30 p.m. on NICK
That Girl Lay Lay

Struggling to make her mark at school, Sadie (Gabrielle Nevaeh Green) starts to feel so lonely that she wishes Lay Lay, the avatar on her personal affirmation app, were a flesh-and-blood best friend. After Sadie officially makes that wish upon a star, her fantasy comes true in the form of a real companion (played by young rapper That Girl Lay Lay). The girls soon discover that together they can face any teen problem. Caleb Brown, Peyton Perrine III and Tiffany Daniels also star in this new comedy series.

8 p.m. on NBC
Law & Order: Special Victims Unit

This record-breaking crime drama returns for Season 23 with a two-hour premiere that starts as Benson's (Mariska Hargitay) loyalty to Garland (Demore Barnes) is tested when the investigation into a sex-for-housing scheme expands in "And the Empire Strikes Back." Ben Rappaport guest stars. Then, in "Never Turn Your Back on Them," the search for a missing witness leads Fin and Kat (Ice-T, Jamie Gray Hyder) down a dangerous path, and Chief McGrath (guest star Terry Serpico) pressures Benson and Garland to secure a conviction.

10 p.m. on NBC
Law & Order: Organized Crime

After taking down Wheatley's (Dylan McDermott) drug empire and discovering the identity of his wife's killer, Detective Elliot Stabler (Christopher Meloni) prepares to infiltrate a notorious crime family scheming to take over New York's cocaine trade as Season 2 opens. Meanwhile, Sgt. Bell (Danielle Moné Truitt) is forced to work with a rival colleague when their investigations intersect. Ainsley Seiger guest stars in "The Man With No Identity."

10 p.m. on WE
Notorious Queens

In the new episode "Pole Dance & Pop Off," Toni realizes her friendship with LaBritney may not be what it seems, so she sets out to confront her about it. Meanwhile, Meghan has to make a hard choice when her manifestation list doesn't have all her boxes checked. Later, the ladies take pole dancing lessons together, with some demonstrating a surprising affinity for this activity.

THURSDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

SEPTEMBER 23, 2021

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune (N)	Holey Moley (Season Finale) The winner is crowned. (N)		The Hustler Backstreet Boys, Tom Cruise. (N)		The Hustler Coffee beans; sausage; Goo Goo Dolls.		KATU News at 11 (N) (Live) (:35) Jimmy Kimmel Live!		
PBS	3	5			Curious Traveler	BBC World News Outside	PBS NewsHour (N)		Oregon Art Beat	Outdoor Idaho	Shakespeare and Hathaway -- Private Investigators		Inspector Morse "Fat Chance" Morse is attracted to a woman cleric.				
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	Big Brother A houseguest is evicted. (N Same-day Tape)		Kenny Rogers: All in for the Gambler (N)		Bull "A Friend in Need" Bull jeopardizes Benny's campaign.		KOIN 6 News at 11 (N) Late Show-Colbert		
NBC	8	8	8	8	The Story with Dan Haggerty	KGW News at 6:30 (N)	DePriest Awards	Inside Edition (N)	Law & Order: Special Victims Unit (Season Premiere) Benson's loyalty to Garland is tested. (N)		Law & Order: Organized Crime (Season Premiere) (N)		KGW News at 11 (N)		Tonight Show-J. Fallon		
CW	9	9	32	32	Modern Family "Whanex?"		The Goldbergs	The Goldbergs	Coroner Ross finds himself in an investigation. (N)		The Outpost Zed returns to the outpost. (N)		KOIN 6 News at 10p (N)		Seinfeld (Part 1 of 2) Seinfeld		
FOX	12	12	12	12	6 O'Clock News (N)		People (N)	Family Feud	The Masked Singer Group A returns; an unmasking. (N)		Alter Ego The avatar auditions continue. (N)		10 O'Clock News (N)		11 O'Clock News (N) (:35) People (N)		
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory	The Simpsons	Family Guy (Part 1 of 2) Family Guy		
UNIV	22	22	16	47	Noticias noro-este 6P	Noticiero Univisión (N)	¿Qué le pasa a mi familia? (N)		Diseñando tu amor Héctor es golpeado por Leonardo. (N)		Si nos dejan Sergio intenta disculparse con Alicia. (N)		La desalmada Rafael rechaza a Isabela. (N)		Noticias noro-este 11P Noticiero Univision:		
A&E	52	55	118	265	The First 48		The First 48 "Broad Daylight"		The First 48: Deadly Defense		Kids Behind Bars		Kids Behind Bars		(:04) The First 48		
AMC	60	45	131	254	(5:00) ** "Lethal Weapon 4" (1998, Action) Mel Gibson. Detectives Riggs and Murtaugh battle Chinese mercenaries.				*** "Cast Away" (2000, Drama) Tom Hanks, Helen Hunt, Nick Searcy. A courier company executive is marooned on a remote island.						*** "Forrest Gump" (1994) Tom Hanks.		
ANP	24	49	184	282	Deadliest Catch		Deadliest Catch Wild Bill overturns the Summer Bay.		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch		
BET	4	72	124	392	(5:30) *** "Coach Carter" (2005, Drama) Samuel L. Jackson, Robert Richardson, Rob Brown.		Million Dollar LA		Million Dollar LA		* "Juwanna Mann" (2002, Comedy) Miguel A. Núñez Jr., Vivica A. Fox. Martin		Watch What (:45) *** "Wedding Crashers" (2005) Owen Wilson, Vince Vaughn.				
BRAVO	54	65	129	237	Million Dollar LA		Million Dollar LA		Million Dollar LA		Watch What (:45) *** "Wedding Crashers" (2005) Owen Wilson, Vince Vaughn.						
CARTOON	25	59	177	297	Teen Titans	Teen Titans	Apple & Onion	Apple & Onion	Joe Pera	Joe Pera	Bob's Burgers	Thomas	American Dad	American Dad	American Dad	Rick, Morty	
CNN	68	44	200	202	Cuomo Prime Time (N) (Live)		Don Lemon Tonight (N) (Live)		Don Lemon Tonight (N) (Live)		Anderson Cooper 360		Cuomo Prime Time		Don Lemon Tonight		
COM	77	56	107	249	The Office	The Office	The Office	(:45) The Office	The Office		The Office	The Office	The Office	The Office	Daily Show	Charlamagne	
COOK	123	123	113	232	Bizarre Foods	Bizarre Foods	Man v. Food	Man v. Food	Man v. Food	Man v. Food	Delicious	Delicious	Bizarre Foods	Bizarre Foods	Man v. Food	Man v. Food	
DISN	26	48	173	290	Sydney-Max	Almost Never	Big City Green	Big City Green	Big City Green	Big City Green	Sydney-Max	Almost Never	Big City Green	Big City Green	Ladybug	Ladybug	
E!	64	76	114	236	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Cash at Door	Nightly Pop	
ESPN	33	27	140	206	(4:30) College Football Marshall at Appalachian State. (N) (Live)		SportsCenter With Scott Van Pelt (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		
ESPN2	34	28	143	209	WNBA Basketball		WNBA Basketball First Round: Teams TBA. (N)		E60		Around/Horn		Interruption		UFC 266 Countdown: Volka		
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N) (Live)		Gutfeld! (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		
FOOD	61	54	110	231	Beat Bobby	Beat Bobby	Halloween Wars		Halloween Wars		Halloween Wars "The Swarm"		Halloween Wars		Halloween Wars		
FREE	32	33	180	311	(4:30) Shrek	*** "Shrek 2" (2004) Voices of Mike Myers, Eddie Murphy.		*** "Monsters University" (2013) Voices of Billy Crystal, John Goodman.								The 700 Club	
FS1	41	85	150	219	*** "The Natural" (1984, Drama) Robert Redford, Robert Duvall.		WWE Friday Night SmackDown						NFL Presents		Breaking TMZ Sports		
FX	65	24	136	249	(5:30) *** "Venom" (2018, Action) Tom Hardy, Michelle Williams, Riz Ahmed.	*** "Deadpool 2" (2018, Action) Ryan Reynolds, Josh Brolin, Morena Baccarin. Deadpool joins forces with a team of mutants to fight Cable.		What We Do		What We Do		What We Do		What We Do		*** "Baby Driver"	
FXX	35	64	125	259	The Simpsons	The Simpsons	The Simpsons	The Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Cake	Cake	Cake	Family Guy	
GOLF	88	88	401	218	Live From the Ryder Cup												
HALL	87	87	185	312	"A Little Daytime Drama" (2021) Jen Lilley, Ryan Paevy. A writer must convince a couple to return to a soap opera.		"Raise a Glass to Love" (2021) Laura Osnes. An aspiring master sommelier meets an Argentinian winemaker.		The Golden Girls		The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	
HALLMM	86	86	187	565	(5:00) "Karen Kingsbury's A Time to Dance" (2016, Drama)	"Holly & Ivy" (2020, Drama) Janel Parrish, Jeremy Jordan. A contractor helps a woman renovate a home for two siblings.		"Finding Love in Mountain View" (2020, Romance) Danielle C. Ryan. An architect finds romance while caring for two children.		Murder, She Wrote Thoroughbred trainer's murder.							
HGTV	62	57	112	229	Love It or List It	Love It or List It	Flipping 101	Flipping 101	Flipping 101	Flipping 101	Hunters	Hunters Int'l	Hunters	Hunters Int'l	Hunters	Hunters Int'l	
HIST	50	60	120	269	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	(:05) Pawn Stars	(:05) Pawn Stars	(:05) Pawn Stars	(:05) Pawn Stars	(:05) Pawn Stars	(:05) Pawn Stars	
LIFE	29	29	108	252	Rizzoli & Isles	Rizzoli & Isles	Rizzoli & Isles	Rizzoli & Isles	Little Women: Atlanta	The cast of Little Women: Atlanta. (N)	(:03) Rizzoli & Isles	(:03) Rizzoli & Isles	(:03) Rizzoli & Isles	(:03) Rizzoli & Isles	(:03) Rizzoli & Isles	(:03) Rizzoli & Isles	
MSNBC	71	67	209	356	The Rachel Maddow Show (N)		The Last Word		The 11th Hour		The Rachel Maddow Show		The Last Word		The 11th Hour		
NBCSN	89	89	159	220	American Ninja Warrior Competitors take on six obstacles.		American Ninja Warrior The top 30 contestants compete.		American Ninja Warrior Competitors in Philadelphia.								
NBCSNW	426	37	424	Talk. Beavers	Road Trippin'	Outdoor GPS (N) (Live)	Talk. Beavers	Road Trippin'	The Bridge	Talkin' Ducks	American Ninja Warrior	Outdoor GPS	Outdoor GPS	Outdoor GPS	Outdoor GPS	Outdoor GPS	
NGEO	55	78	197	276	Running Wild With Bear Grylls	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	"Cold Rage"	Home Rediscovered (N)	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	
NICK	27	51	171	299	"SpongeBob Movie"		Young Dylan	That-Lay Lay	* "Alvin and the Chipmunks: The Road Chip" (2015)		Friends	Friends	Friends	Friends	Friends	Friends	
OWN	40	41	189	279	20/20 on OWN		20/20 on OWN		48 Hours: Hard Evidence		20/20 on OWN		20/20 on OWN		20/20 on OWN		
OXY	30	69	127	251	Buried in the Backyard		Buried in the Backyard		Buried in the Backyard (N)		Buried in the Backyard		Buried in the Backyard		Dateline: Secrets Uncovered		
PARMT	42	43	241	241	Two/Half Men	Two/Half Men	** "The Intern" (2015, Comedy-Drama) Robert De Niro, Anne Hathaway. Premiere.		*** "The Wedding Singer" (1998) Adam Sandler.								
ROOT	37	26	426	687	Mariners Pre.	MLB Baseball	Seattle Mariners at Oakland Athletics.		Mariners Post.		Seahawks	Seahawks	Lines	Kickboxing	Kickboxing	Kickboxing	
SYFY	67	50	122	244	(:05) *** "Tombstone" (1993, Western) Kurt Russell, Val Kilmer, Michael Biehn.	** "Jack Ryan: Shadow Recruit" (2014) Chris Pine, Kevin Costner.		(15) * "Roller Boogie" (1979, Musical) Linda Blair, Jim Bray. Skaters band together to keep their roller-disco open.		(15) * "Solarbabs" (1986) Richard Jordan.							
TCM	56	73	132	256	(:15) *** "Kansas City Bomber" (1972) Raquel Welch, Kevin McCarthy. A roller derby queen races after romance.												
TDC	51	42	182	278	(5:00) Gold Rush	Gold Rush "Nuggets or Bust"	Gold Rush "Cornered"	Gold Rush	Gold Rush	Gold Rush	(:01) Gold Rush	(:02) Gold Rush	(:03) Gold Rush	(:03) Gold Rush	(:03) Gold Rush	(:03) Gold Rush	
TLC	49	62	183	280	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper	My 600-Lb. Life "Maja's Story"	Maja counts on herself.					
TNT	57	52	138	245	Bones A skull smashes the windshield of a car.	** "Solo: A Star Wars Story" (2018, Science Fiction) Alden Ehrenreich, Emilia Clarke, Donald Glover. Young Han Solo finds adventure with a band of smugglers.		** "Solo: A Star Wars Story" (2018) Emilia Clarke									
TRAV	53	38	196	277	Paranormal Caught- Camera		Unexplained: Caught on Cam		Unexplained: Caught on Cam		Paranormal Caught- Camera		Paranormal Caught- Camera		Unexplained: Caught on Cam		
TRUTV	73	75	242	246	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Inside Jokes	Tacoma FD	Imp. Jokers	Imp. Jokers	Imp. Jokers	
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	
USA	58	39	105	242	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Chrisley	Chrisley	Chrisley	Growing Up	Growing Up	Chrisley	Chrisley	Chrisley	
WE	118	118	128	260	Criminal Minds	Criminal Minds	Criminal Minds	Criminal Minds	Growing Up Hip Hop	Growing Up Hip Hop	Growing Up Hip Hop	Growing Up Hip Hop	Notorious Queens (N)	Growing Up Hip Hop	Growing Up Hip Hop	Growing Up Hip Hop	
WEATH	14	19	214	362	Weird Earth	Ice Pilots "A Ball O'Snags"	Ice Pilots "Second Chances"	Ice Pilots "Ice Jam"	Ice Pilots	Ice Pilots	Ice Pilots	Ice Pilots	Why Planes Crash	Why Planes Crash	Why Planes Crash	Why Planes Crash	
WBTS	59	40	139	247	American Dad	American Dad	American Dad	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Wipeout	Wipeout	Wipeout	Wipeout	
HBO	518	518	303	504	(3:20) "King Kong" (2005)	REAL Sports With Bryant Gumbel	Level Playing Field	Level Playing Field	*** "Jurassic Park" (1993) Sam Neill. Cloned dinosaurs run amok at an island-jungle theme park. 'PG-13'		(:10) Scenes From a Marriage Mira returns with a revelation.		(:15) ** "Magic Mike XXL" (2015) Channing Tatum.				
MAX	531	531	311	516	(4:40) "The High Note"	(:35) * "Swimfan" (2002, Suspense) Jesse Bradford, Erika Christensen. 'PG-13'	** "The Rules of Attraction" (2002) James Van Der Beek. Privileged collegians wallow in drugs and sex games. 'R'		(9:52) ** "Malice" (1993, Suspense) Alec Baldwin, Nicole Kidman, Bill Pullman. 'R'		(40) "A Hidden Life"						
SHOW	578	578	319	546	(5:30) ** "Old School" (2003)	Billions "Liberty" Axe makes a surprise announcement.	*** "Indiana Jones and the Last Crusade" (1989, Adventure) Harrison Ford, Sean Connery, Denholm Elliott. 'PG-13'		(07) ** "Indiana Jones and the Kingdom of the Crystal Skull" (2008, Adventure) Harrison Ford. 'PG-13'								
STARZ	621	621	351	526	(5:12) ** "Valyrie" (2008, Historical Drama) Tom Cruise, Kenneth Branagh. 'PG-13'	(:16) * "After Earth" (2013, Science Fiction) Jaden Smith, Will Smith. 'PG-13'	*** "Big" (1988, Children's) Tom Hanks. A wishing machine turns boy into a man with a job and girlfriend. 'PG'		(10:48) ** "Edtv" (1999) Matthew McConaughey.								
TMC	591	591	327	554	(4:30) "Ruby in Paradise"	(:25) *** "Smokey and the Bandit" (1977, Comedy) Burt Reynolds, Sally Field. 'PG'	** "The Current War: Director's Cut" (2019) Benedict Cumberbatch. 'PG-13'		(:45) *** "1917" (2019, War) George MacKay. Two soldiers must save a battalion during World War I. 'R'		(45) * "The Turning"						