

SUNDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

AUGUST 8, 2021

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30		
ABC	2	2	2	2	(7:00) KATU News This Morning Sunday	Your Voice	Sharyl Attkisson	This Week With George ...	30 for 30			ESPN Films				Paid Program	Best Hair Treatment	MyDesti-nation.TV	World News	MLB Baseball Chicago Cubs. From Wrigley Field in Chicago.	White Sox at Chicago					
PBS	3	5			Dinosaur Train (EI)	Arthur (EI)	R. Steves' Europe	R. Steves' Europe	Nature How big cats survive and thrive.	NOVA "Emperor's Ghost Army"	"River City Drumbeat" (2019, Documentary)		Great Performances Producer and director Harold Prince.		Focus on Europe	GZERO World	To the Contrary	Washing-ton Week	Firing-Hoover	NewsHour Wk						
CBS	6	6	6	6	CBS News	Face the Nation (N)	Bull Riding	PGA Tour Originals	PGA Tour Golf WGC/FedEx St. Jude Invitational, Final Round. (N) (Live)				Pet Vet-Team	All In With Laila Ali	H2O X5	Smiley Healthy	KOIN 6 News at 5	KOIN 6 News								
NBC	8	8	8	8	(6:00) KGW News at Sunrise (N)	Meet the Press (N)	2020 Tokyo Olympics	Cycling, Rhythmic Gymnastics, Handball, Water Polo, Volleyball. Track cycling (finals) rhythmic gymnastics, women's handball, men's water polo, women's volleyball. (N Same-day Tape)				KGW Special	Nightly News	Tokyo Gold (N)	2020 Tokyo Olympics Closing Ceremony.											
CW	9	9	32	32	Life Church	Robert Jeffress	Freethought	Skin Care	Christian Worship Hour	Mercy Ships	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Last Man Standing	Last Man Standing	The King of Queens	The King of Queens	Skin Care	Bath-room?	black-ish	black-ish			
FOX	12	12	12	12	(6:00) Good Day Oregon Sunday (N)	FOX News Sunday With Chris Wallace	Home Title Lock Pro- tects Your Title 24/7	*** "Losing Isaiah" (1995, Drama) Jessica Lange, Halle Berry, David Strathairn.	PBC Countdown (N)		Paid Program	Get Home Title Lock	*** "Toy Soldiers" (1991, Action) Sean Astin, Wil Wheaton, Keith Coogan.	5 O'Clock News (N)												
MNT	13	13	49	49	(6:00) Good Day Oregon Sunday (N)	Paid Program	Smiley Healthy	Get Home Title Lock	Whacked Out Spo.	Dragon- FlyTV (EI)	Think Big (EI)	Animal Rescue	Dog Tales (EI)	The Im- mortals	Get Home Title Lock	Smiley Healthy	Tummy Tuck	*** "Forces of Nature" (1999) Sandra Bullock, Ben Affleck, Maura Tierney.	2 Broke Girls	2 Broke Girls						
UNIV	22	22	16	47	Programa pagado	Programa pagado	Fútbol central	Fútbol Mexicano Primera División				República deportiva (N) (Live)	Al punto con Jorge Ramos (N)	Aquí y ahora "Nacida para vencer"	Como dice el dicho (N)	La Rosa de Guada- lupe (N)	La Rosa de Guada- lupe "El celular" (N)									
A&E	52	55	118	265	(7:00) "Unstoppable"	*** "The Bourne Supremacy" (2004) Matt Damon.	*** "The Bourne Ultimatum" (2007) Matt Damon.	*** "John Wick: Chapter 2" (2017) Keanu Reeves, Common.	The First 48																	
AMC	60	45	131	254	(5:30) "Jaws"	** "Jaws 2" (1978) Roy Scheider. Tourist town and police chief dread huge white shark at beach.	** "Above the Law" (1988, Action) Steven Seagal, Pam Grier, Henry Silva.	** "Hard to Kill" (1990, Action) Steven Seagal, Kelly LeBrock, Bill Sadler.	** "Out for Justice" (1991, Action) Steven Seagal, William Forsythe.	*** "The Rock" (1996) Sean Connery.																
ANP	24	49	184	282	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	
BET	4	72	124	392	Payne	Payne	Prince	Prince	Fresh Prince	Prince	Prince	Celebrity Fam	Celebrity Fam	Celebrity Fam	Celebrity Fam	Celebrity Fam	Celebrity Fam	Celebrity Fam	Celebrity Fam	Celebrity Fam	Celebrity Fam	Celebrity Fam	Celebrity Fam	Celebrity Fam	Celebrity Fam	
BRAVO	54	65	129	237	"Harry Potter-Phoenix"	(:32) *** "Harry Potter and the Half-Blood Prince" (2009) Daniel Radcliffe.	(12:59) *** "Harry Potter and the Deathly Hallows: Part 1"	"Harry Potter and Deathly Hallows"																		
CARTOON	25	59	177	297	DC Girls	Teen	Teen	Teen	Craig	Craig	Craig	Craig	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Victor	Victor	Teen	Teen	Teen	Teen
CNN	68	44	200	202	Reliable Source	State-Union	Fareed Zakaria GPS	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	History of the Sitcom
COM	77	56	107	249	Parks	Parks	The Office (:45)	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	*** "Step Brothers" (2008) Will Ferrell.	Ride Along				
COOK	123	123	113	232	Best	Best	Best	Bizarre Foods	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious	Delicious
DISN	26	48	173	290	Big City	Big City	Big City	Big City	Owl Hse.	Ladybug	Ladybug	Ladybug	Gabby	Gabby	Bunk'd	Ladybug	Ladybug	Jessie	Jessie	Jessie	Bunk'd "Crushin' It"	Bunk'd	Bunk'd	Bunk'd	Bunk'd	
E!	64	76	114	236	"He's Just Not That Into You"	** "The Wedding Planner" (2001) Jennifer Lopez.	** "Monster-in-Law" (2005) Jane Fonda.	** "17 Again" (2009) Zac Efron, Leslie Mann.	** "The Intern" (2015)																	
ESPN	33	27	140	206	SportsCenter (N) (Live)	SportsCenter (N)	To Be Announced	ESPN Original Documentaries	Peyton's Places	Peyton's Places	Peyton's Places	Peyton's Places	Peyton's Places	Peyton's Places	Peyton's Places	Peyton's Places	Peyton's Places	Peyton's Places	Peyton's Places	Peyton's Places	Baseball: Sunday Night Countdown	2021 Pro Football Hall of Fame Enshrine- ment Ceremony (N) (Live)				
ESPN2	34	28	143	209	NFL's Greatest Games	Sup. Bowl	Cornhole 2021 ACL World Championships,	World of X Games	Profile	NBA Summer League Basketball	NBA Summer League Basketball	NBA Summer League Basketball	NBA Summer League Basketball	NBA Summer League Basketball	NBA Summer League Basketball	NBA Summer League Basketball	NBA Summer League Basketball	NBA Summer League Basketball	NBA Summer League Basketball	NBA Summer League Basketball	NBA Summer League Basketball	NBA Summer League Basketball	NBA Summer League Basketball	NBA Summer League Basketball	NBA Summer League Basketball	
FNC	66	25	205	360	MediaBuzz (N) (Live)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	Fox News Live (N)	
FOOD	61	54	110	231	Valerie's	Valerie's	Pioneer	Pioneer	Pioneer	Pioneer	Pioneer	Pioneer	Pioneer	Pioneer	Pioneer	Pioneer	Pioneer	Pioneer	Pioneer	Pioneer	Pioneer	Pioneer	Pioneer	Pioneer	Pioneer	
FREE	32	33	180	311	** "Diary of a Wimpy Kid" (2010)	(:10) ** "The Game Plan" (2007) Dwayne The Rock Johnson.	(12:50) *** "Up" (2009, Children's)	*** "Despicable Me" (2010, Children's)	*** "Despicable Me 2" (2010, Children's)																	
FS1	41	85	150	219	WSL	NASCAR Race Hub	NASCAR RaceDay	Horse Racing	Saratoga Live. (N) (Live)	*** "Seabiscuit" (2003, Drama) Tobey Maguire.																
FX	65	24	136	249	Mike & Molly	** "Mr. Deeds" (2002, Comedy) Adam Sandler, Winona Ryder, Peter Gallagher.	*** "21 Jump Street" (2012, Comedy) Jonah Hill. Young cops go under cover as high-school students.	*** "22 Jump Street" (2014, Comedy) Jonah Hill. Officers Jenko and Schmidt go under cover at a college.	** "Pixels" (2015, Comedy) Adam Sandler, Kevin James, Michelle Monaghan.																	
FXX	35	64	125	259	"The Mountain Between Us"	*** "Deepwater Horizon" (2016) Mark Wahlberg.	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	
GOLF	88	88	401	218	2020 Tokyo Olympics	PGA Golf	Women's Golf U.S. Women's Amateur, Championship Match. (N)	U.S. Open Epics	PGA Tour Golf Barracuda Championship, Final Round. (N) (Live)																	
HALL	87	87	185	312	Golden Girls	Golden Girls	"Hearts Down Under" (2020, Romance-Comedy) Cindy Busby, Tim Ross.	"Love by Chance" (2016, Romance) Beau Garrett, Benjamin Ayres, Garwin Sanford.	"Love, for Real" (2021) Chloe Bridges. Best friends go on a reality dating show.	"Season for Love" (2018, Romance) Autumn Reeser, Marc Blucas.	"Don't Go Breaking My Heart" (2021)															
HALLMM	86	86	187	565	Monk	A murder on a nudists beach.	Murder, She Baked	A baker turns amateur sleuth.	Murder, She Baked	Hannah Swensen's cus- tomer was murdered.	Murder, She Baked	Hannah Swensen's cus- tomer was murdered.	Murder, She Baked	Hannah Swensen's cus- tomer was murdered.	Murder, She Baked	Hannah Swensen's cus- tomer was murdered.	Murder, She Baked	Hannah Swensen's cus- tomer was murdered.	Murder, She Baked	Hannah Swensen's cus- tomer was murdered.	Murder, She Baked	Hannah Swensen's cus- tomer was murdered.	Murder, She Baked	Hannah Swensen's cus- tomer was murdered.	Murder, She Baked	Hannah Swensen's cus- tomer was murdered.
HGTV	62	57	112	229	Home Town	Home Town	Home Town	Home Town	Home Town	Home Town	Home Town	Home Town	Home Town	Home Town	Home Town	Home Town	Home Town	Home Town	Home Town	Home Town	Home Town	Home Town	Home Town	Home Town	Home Town	
HIST	50	60	120	269	Cnt. Cars	Cnt. Cars	Counting Cars	Top Gear	The Food That Built America (Part 1 of 3)	The Food That Built America (Part 2 of 3)	The Food That Built America (Part 3 of 3)	The Food That Built America (Part 3 of 3)	The Food That Built America (Part 3 of 3)	The Food That Built America (Part 3 of 3)	The Food That Built America (Part 3 of 3)	The Food That Built America (Part 3 of 3)	The Food That Built America (Part 3 of 3)	The Food That Built America (Part 3 of 3)	The Food That Built America (Part 3 of 3)	The Food That Built America (Part 3 of 3)	The Food That Built America (Part 3 of 3)	The Food That Built America (Part 3 of 3)	The Food That Built America (Part 3 of 3)	The Food That Built America (Part 3 of 3)		
LIFE	29	29	108	252	Amazing	Jeremiah	J. Osteen	Paid Prog.	"Sleeping With Danger" (2020, Docudrama)	"Killer Under the Bed" (2018, Suspense)	"His Perfect Obsession" (2018, Suspense)	"Her Boyfriend's Secret" (2018, Suspense)														
MSNBC	71	67	209	356	The Sunday Show	Alex Witt Reports (N)	Alex Witt Reports (N)	Alex Witt Reports (N)	Yasmin Vossoughian	Yasmin Vossoughian	PoliticsNation (N)	American Voices	American Voices	American Voices	American Voices	American Voices	American Voices	American Voices	American Voices	American Voices	American Voices	American Voices	American Voices	American Voices	American Voices	
NBCSN	89	89	159	220	Monster Jam	Motorcycle Race	NASCAR-Countdown	NASCAR Cup Series	Go Bowling at The Glen. (N) (Live)	IndyCar	IndyCar	IndyCar	IndyCar	IndyCar	IndyCar	IndyCar	IndyCar	IndyCar	IndyCar	IndyCar	IndyCar	IndyCar	IndyCar	IndyCar	IndyCar	
NBCSNW	426	37	424		Outdoor GPS (N)	Outdoors	Bridge	Ab Squat	Relief	Ab Squat	Relief	Ab Squat	Relief	Ab Squat	Relief	Ab Squat	Relief	Ab Squat	Relief	Ab Squat	Relief	Ab Squat	Relief	Ab Squat	Relief	
NGEO	55	78	197	276	PIYo	MAXX	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna	Wicked Tuna		
NICK	27	51	171	299	Dino Fury	Sponge.	*** "Shrek 2" (2004) Eddie Murphy	Middle	** "Bee Movie" (2007, Children's)	Patrick	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	Loud	
OWN	40	41	189	279	Dr. Phil	Dr. Phil	Dr. Phil	Super Soul Sunday	Super Soul Sunday	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life		
OXY	30	69	127	251	Charmed to Death	Charmed to Death	Charmed to Death	Charmed to Death	Charmed to Death	Charmed to Death	Charmed to Death	Charmed to Death	Charmed to Death	Charmed to Death	Charmed to Death	Charmed to Death	Charmed to Death	Charmed to Death	Charmed to Death	Charmed to Death	Charmed to Death	Charmed to Death	Charmed to Death	Charmed to Death		
PARMT	42	43	241	241	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue		
ROOT	37	26	426	687	Relief	LitiGIANT	Mariners	Mariners	MLB Baseball Seattle Mariners at New York Yankees. (N) (Live)	Mariners	Mariners	MLB Soccer	Timbers	Golf Life	Sporting	Sporting	Sporting	Sporting	Sporting	Sporting	Sporting	Sporting	Sporting	Sporting		
SYFY	67	50	122	244	Twi. Zone	Twi. Zone	"Zombie Shark" (2015) Cassie Steele.	* "The Host" (2013) Saoirse Ronan, Jake Abel.	** "Robin Hood" (2010) Russell Crowe, Cate Blanchett.	** "Bad Boys"																
TCM	56	73	132	256	(7:00) *** "Nep- tune's Daughter"	** "Duchess of Idaho" (1950) Esther Wil- liams, Van Johnson, John Lund.	** "On an Island With You" (1948, Musical) Esther Williams, Peter Lawford.	** "Take Me Out to the Ball Game" (1949) Gene Kelly, Frank Sinatra.	*** "Million Dollar Mermaid" (1952, Biograp- hy) Esther Williams, Victor Mature.	*** "Thrill of a Romance" (1945)																
TDC	51	42	182	278	It's How	Destroyed	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid		
TLC	49	62	183	280	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes to the Dress	Darcey & Stacey	Darcey & Stacey	Darcey & Stacey	Darcey & Stacey	Darcey & Stacey	Darcey & Stacey	Darcey & Stacey	Darcey & Stacey	Darcey & Stacey	Darcey & Stacey	Darcey & Stacey	Darcey & Stacey	Darcey & Stacey	Darcey & Stacey	Darcey & Stacey		
TNT	57	52	138	245	(6:16) ** "Star Wars: Attack of the Clones" (2002)	(:25) *** "Star Wars: Revenge of the Sith" (2005, Science Fiction) Ewan McGregor, Natalie Portman, Hayden Christensen.	**** "Star Wars: A New Hope" (1977) Mark Hamill. Young Luke Skywalker battles evil Darth Vader.	(:15) *** "Star Wars: The Empire Strikes Back" (1980, Science Fiction) Mark Hamill, Harrison Ford, Carrie Fisher.																		
TRAV	53	38	196	277	Caribbean Beaches	Monsters Atta.	Mountain Monsters	Mountain Monsters	Mountain Monsters	Mountain Monsters	Mountain Monsters	Mountain Monsters	Mountain Monsters	Mountain Monsters	Mountain Monsters	Mountain Monsters	Mountain Monsters	Mountain Monsters	Mountain Monsters	Mountain Monsters	Mountain Monsters	Mountain Monsters	Mountain Monsters	Mountain Monsters		
TRUTV	73	75	242	246	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	Videos	Videos	Jokers	Jokers	Bar Wars	Bar Wars	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers		
TVL	75	74	106	304	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls		
USA	58	39	105	242	Olympics	2020 Tokyo Olympics	Coverage of the final events of the Tokyo Olympics. (N Same-day Tape)				To Be Announced															
WE	118	118	128	260	Outages	PIYo	MAXX	Paid Prog.	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS		
WEATH	14	19	214	362	Weekend Recharge	Weekend Recharge	Weather Gone Viral	Weather Gone Viral	Weather Gone Viral	Weather Gone Viral	Weather Gone Viral	Weather Gone Viral	Weather Gone Viral	Weather Gone Viral	Weather Gone Viral	Weather Gone Viral	Weather Gone Viral	Weather Gone Viral	Weather Gone Viral	Weather Gone Viral	Weather Gone Viral	Weather Gone Viral	Weather Gone Viral	Weather Gone Viral		
WTBS	59	40	139	247	Miracle	Miracle	Miracle	Miracle	MLB Baseball New York Mets at Philadelphia Phillies. (N) (Live)	George	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld		
HBO	518	518	303	504	(7:05) *** "Life of Pi" (2012)	News, World	*** "War Horse" (2011) Emily Watson. A horse sees joy and sorrow during World War I. 'PG-13'	Between the World and Me	(:25) Tig Notaro: Drawn	(:20) *** "The Aviator" (2004, Biography) Leonardo DiCaprio																