

tonight's best



Jake Herak

8 p.m. on FREE grown-ish

The police shooting of an unarmed Black man draws a surprisingly diverse range of reactions from Zoey (Yara Shahidi) and her crew in a new episode called "A Boy Is a Gun." Meanwhile, Doug (Diggy Simmons) clashes with his new romantic interest when she wants to use his party as a platform to raise the cultural and political awareness of his guests. Trevor Jackson and Francia Raisa also star.

8 p.m. on HIST Mountain Men

John battles a ferocious blizzard and an onslaught of equally fierce predators to protect his bison in the new episode "Winter's Fury." Elsewhere, a stranded pack mule in dire straits forces Kidd and Harry to navigate treacherous rapids in a risky rescue mission. Mike has a frighteningly close encounter with a bear while repairing an old mountain cabin, while Jake Herak responds to a mountain lion attack at a local ranch. Meanwhile, Tom and Nancy help open a new trading post.

8 p.m. on LMN Movie: Deadly Mom Retreat

Struggling yet fiercely determined to move on since her divorce, Jules (Lara Amersey) jumps at the chance to participate in a singles retreat with her new friend Marissa (Christina Cox). The word "retreat" takes on a different context, though, when a series of near-fatal accidents befall Jules almost immediately upon her arrival — and they all seem to involve a fellow visitor. Chris Violette, Rebecca LaMarche and Jon Welch also star in this 2021 thriller.

9 p.m. on CW The Outpost

As Garret (Jake Stormoen) leads a rebellion, Talon and Zed (Jessica Green, Reece Ritchie) track a Lu Qiri to find a new enemy in the new episode "Going to Meet the Gods." Elsewhere, Falista (Georgia May Foote) recruits Wren and Janzo (Izuka Hoyle, Anand Desai-Barochia) for a very specific mission. Meanwhile, Luna (Maeve Courrier-Lilley) faces her greatest challenge ever.

THURSDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

AUGUST 5, 2021

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